

If You Have Hepatitis C, DON'T

- Drink alcohol.
- Donate blood.
- Be ashamed.
- Think you're alone.
- Take iron supplements, unless prescribed.



If You Have Hepatitis C, DON'T

- Share drug-use paraphernalia (works) like needles or straws.
- Share razors or toothbrushes.
- Have sex when blood or open sores are present on or near genitals.



Department of
Veterans Affairs



www.hepatitis.va.gov

June 2005

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