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Karen S. Regan joined the NIH Division of Nutrition Research Coordination (DNRC) in a position jointly funded with the Office of Dietary Supplements (ODS) in September 2002. Her responsibilities include the coordination of the Computer Access to Research on Dietary Supplements (CARDS) database for ODS.

Before joining the DNRC/ODS, Ms. Regan worked at the USDA National Agricultural Library's Food and Nutrition Information Center managing the Healthy School Meals Resource System database and acting as a Nutrition Information Specialist. She has a master's degree in nutrition from the University of Maryland, and she is a registered dietitian.