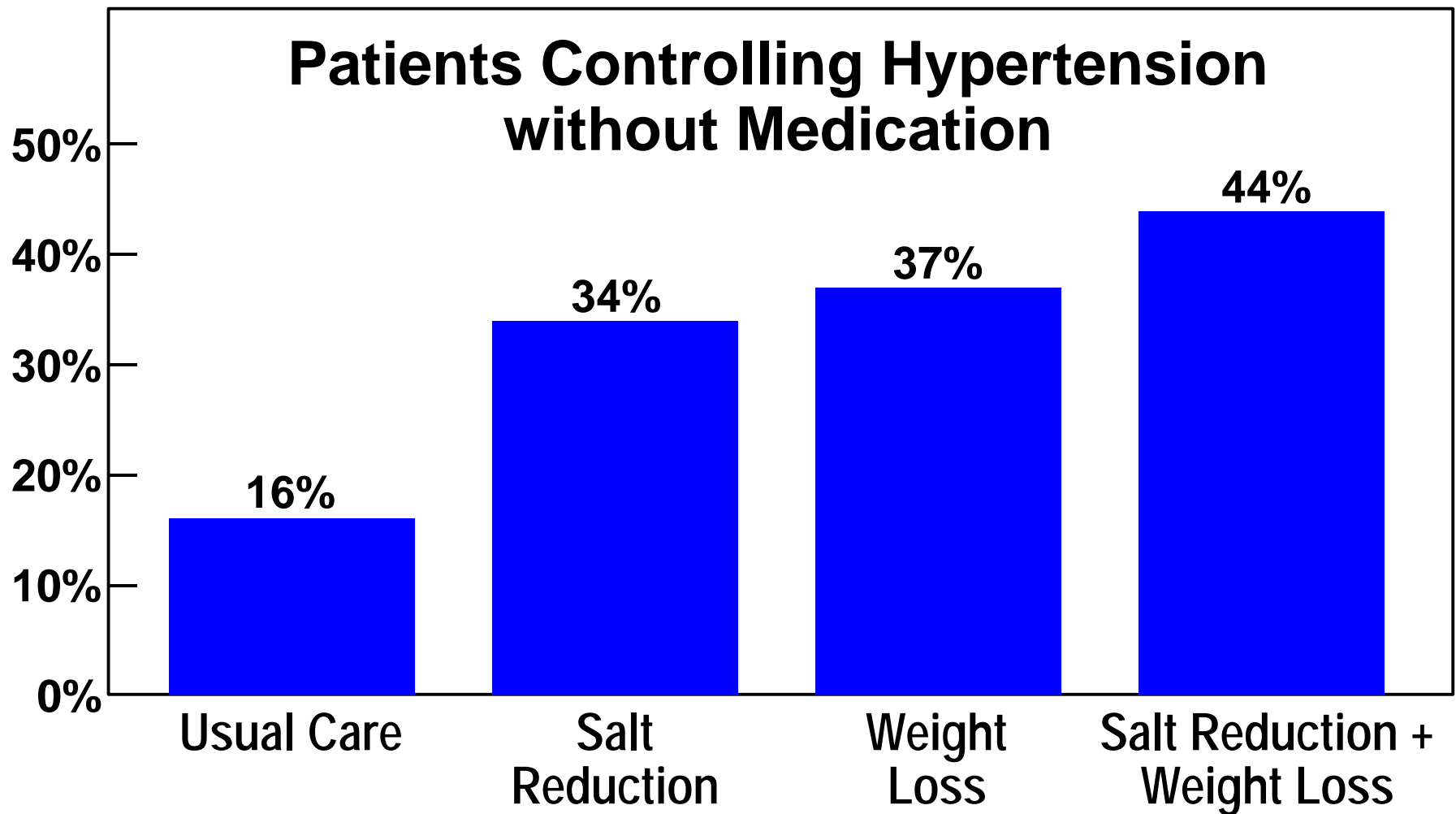


# Lifestyle Changes Can Lower Need for Hypertension Medication in Older Persons

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*JAMA (279) 1998*