A person suffering from memory loss may not be able to judge temperature and may not react quickly enough to hot or cold to prevent an accident. It is important to have thermometers, programmable thermostats, and thermostat guards installed to prevent your loved one from becoming too hot or too cold.

14. Temperature Regulators

THERMOSTATS



5+2 day Programmable Thermostat Energy Star by Hunter \$20-\$25

This thermostat allows caregivers to set room temperatures in advance.

- Compatible with most furnaces and cooling systems
- Up-opening door for easy reference to instructions
- Pre-programmed
- Soft-touch key pad

Available at Lowe's and other stores.

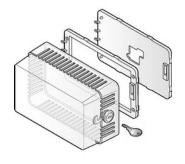


7-day Programmable Thermostat by Rite Temp \$45-\$50

This thermostat has an easy-toread digital display. The 7-day programming allows you to set different schedules for each day of the week.

Available at The Home Depot and other stores.

THERMOSTAT GUARD



Clear Plastic Thermostat Guard by Honeywell \$12-\$15

This guard encloses and protects a wall thermostat against tampering, damage, and unauthorized adjustment of thermostat settings. This guard works with many different brands of thermostats.

Available at The Home Depot and other stores.

LOW-VISION BOLD INDOOR/OUTDOOR THERMOMETER



by Sunbeam **\$5**—**\$10**

This 12" thermometer features a white face with big, bold, black numbers. This instrument can be mounted indoors or outdoors to help remind the individual with memory loss of the conditions around them.

Available from MaxiAids and other stores.

Contact information for stores and store websites can be found on pages 100 through 108.