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VISIT WWW.CDC.GOV/HEALTHYOUTH
OR CALL 800-CDC-INFO (800-232-4636).

DASH

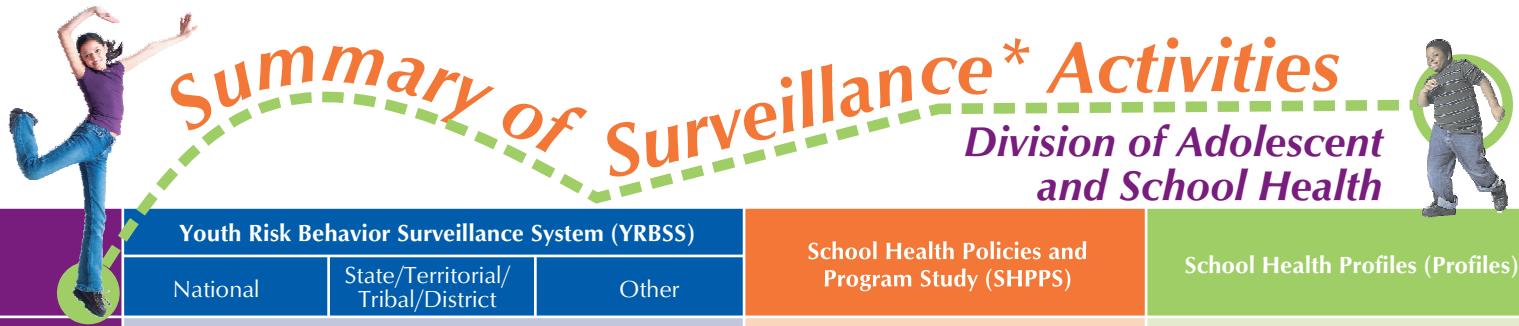
Division of Adolescent and School Health



DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



**DIVISION OF ADOLESCENT
AND SCHOOL HEALTH (DASH)**



Summary of Surveillance* Activities

Division of Adolescent and School Health

	Youth Risk Behavior Surveillance System (YRBSS)			School Health Policies and Program Study (SHPPS)	School Health Profiles (Profiles)
	National	State/Territorial/Tribal/District	Other		
Purpose	<ul style="list-style-type: none"> ■ To determine the prevalence of health-risk behaviors among students ■ To assess trends in these behaviors ■ To examine the co-occurrence of health-risk behaviors 			To provide national data on eight components of a school health program at the state, school district, school, and classroom levels	To provide data on school health policies and practices at schools among states, territories, tribal governments, and large urban school districts
Content	<ul style="list-style-type: none"> ■ Unintentional injuries and violence ■ Tobacco use ■ Alcohol and other drug use ■ Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection ■ Unhealthy dietary behaviors ■ Physical inactivity 			<ul style="list-style-type: none"> ■ Health education ■ Physical education and activity ■ Health services ■ Mental health and social services ■ Nutrition services ■ Healthy and safe school environment ■ Faculty and staff health promotion ■ Family and community involvement 	<ul style="list-style-type: none"> ■ School health education requirements and content ■ Physical education requirements ■ Health services ■ Nutrition-related policies and practices ■ Family and community involvement in school health programs ■ School health policies on HIV and AIDS prevention, tobacco-use prevention, and physical activity ■ Professional preparation and staff development for lead health education teachers
Sample	Nationally representative sample of public and private high school students	Representative sample of public high school students in each jurisdiction	Representative sample of students in: <ul style="list-style-type: none"> ■ Middle schools ■ Alternative schools ■ Juvenile justice facilities 	<ul style="list-style-type: none"> ■ All states ■ Nationally representative sample of school districts ■ Nationally representative sample of public and private elementary schools, middle schools and high schools 	Representative sample of public middle schools and high schools in a state, territory, tribal government, or school district
Methods	Self-administered paper-and-pencil questionnaire, conducted in classrooms			Computer-assisted telephone and personal interviews and self-administered, mailed questionnaires	Self-administered, mailed questionnaires
Timing	Biennially, since 1991		Varied	Every 6 years, since 1994	Biennially, since 1994
Example Statements	In 2007, 57.3% of Hispanic female high school students in the U.S. attended physical education classes on 1 or more days in an average week when they were in school.	In 2007, 24.4% of female high school students in Kentucky attended physical education classes on 1 or more days in an average week when they were in school.	In 2007, 87.4% of middle school students in Wyoming attended physical education classes on 1 or more days in an average week when they were in school.	<p>State: In 2006, 70.5% of states required districts or schools to follow national or state physical education standards or guidelines.</p> <p>District: In 2006, 68.9% of districts had someone oversee or coordinate physical education.</p> <p>School: In 2006, 78.3% of schools required students to take some physical education.</p>	In 2006, 60.1% of secondary schools in Alabama required students to take 2 or more physical education courses.
Ownership of Data	CDC	States, territories, tribal governments, and districts	Varied	CDC	States, territories, tribal governments, and districts
Contractor	ORC Macro	Westat, Inc., plus companies hired by states, territories, tribal governments, and districts	Varied	ORC Macro	Westat, Inc., plus companies hired by states, territories, tribal governments, and districts
Web Site	www.cdc.gov/yrbss			www.cdc.gov/shpps	www.cdc.gov/healthyyouth/profiles

*Surveillance is the ongoing collection, analysis, and interpretation of data from generalizable samples.