

2nd Edition

Guidebook for California Incarcerated Veterans

Notes:

TABLE OF CONTENTS

SECTION I: USING THE GUIDE AND SEEKING HELP	1-2
SECTION II: PREPARING FOR YOUR RELEASE	3-7
Preparing for Release from Incarceration	3
Planning Your Return Home	5
Inventory of needs	7
SECTION III: HELP FOR VETERANS	8-13
Toll-Free Numbers/ Where to Start	8
Housing	9
Finding & Keeping a Job	9-10
Health Care	11
Mental Health Services	11
Alcohol - Substance Abuse Treatment & Counseling	11
Financial Help	12
Legal Help	12
Women Veterans	12-13
SECTION IV: SEEKING FEDERAL BENEFITS	14-17
Eligibility for Benefits While Incarcerated	14
Benefits Payments while Incarcerated	15
Family Benefits - Apportionment	15
Help Seeking Benefits	16-17
SECTION V: RESOURCES	18-51
VA Locations, Websites and Phone Numbers	18-23
Resources by County	24-51

FORWARD

This handbook is for people who have served in the armed forces and currently incarcerated. The primary objective is to provide you with information to prepare for your release. Action steps begin in the last six months of incarceration. With a little planning, many of the challenges facing you at release can be sorted out before you leave. Begin by enrolling with VA and learning what resources will be available in the region of your Parole. With proper planning and good use of community resources this can be the last time, you are incarcerated. This handbook also provides information about benefits available while incarcerated.

This information specifically addresses veterans incarcerated in California. Although the primary focus is preparing for release the Guidebook has valuable information for those veterans just entering incarceration as well as veterans with long sentences. The first sections of this Guidebook focuses on what you can do while incarcerated with later sections focusing on information you will need after release. This is your book. Take notes as you look through it to remind you of things you want to work on. When you are released bring this book with you many of your needs can be addressed from the resources and services listed. Your library can provide you with access to the Internet and many of the phone numbers listed will open the door to help.

We would like to recognize and thank: 1) the National Coalition for Homeless Veterans which provided basic concepts and core information for this guide through its "Planning for Your Release" guide funded by the U.S. Department of Labor; 2) the Veterans Incarcerated Workgroup of Walla Walla, Washington, for the concept of state-specific information in its "Guidebook for Incarcerated Veterans" and for allowing the use of its guide as a template for this publication; 3) Vietnam Veterans of America, Inc. for developing the first incarcerated veterans guidebook, which has inspired and informed subsequent efforts; the California Department of Veterans Affairs and 4) appreciate any public domain and agency resources included in the guidebook.

Information listed in the Guidebook is current as of April 2007. While incarcerated we strongly recommend utilizing the counselors and teachers trained to assist you prepare for release. Feedback, contributions and updates are welcome. Send your comments to:

VA Long Beach Healthcare System
5901 E. 7th Street
Long Beach California
Bldg 128 K245
Re-Entry Specialist

DVAPAHCS
795 Willow Road
Bldg 347 (180 D)
Menlo Park, CA 94025
Re-Entry Specialist

Date last revised: July 23, 2007

SECTION I

USING THIS GUIDE AND SEEKING HELP

This guide will help you to plan for release from incarceration with the help of VA resources. VA, the California Department of Veterans Affairs and other veterans groups are working with the California Department of Corrections and Rehabilitation to assist you. Ask about veterans programs at your prison; they can help you with access to veteran's benefits and resources. This Handbook also explains how to arrange for VA resources by mail if you decide to proceed independently.

While incarcerated take time to read this guide and prepare for your release. The Case Counselors (CC1), the Parole Service Associates and Pre-Release Teachers can be good resources as you near your release date. They can be helpful for arrangements with VA including having many of the forms mentioned in this booklet.

Begin thinking about what specifically you will need upon release. Make a list of your needs. Included find a Needs Inventory Tool to help your organize. Add items to your needs list as you look through this handbook. You will likely need a number of sources for help. Keep notes, write down names, dates and contact information. It will help to keep all your information in this handbook. Community resources are located in the last section for you reference when you get released.

After you are enrolled with VA and are within six months of release, start planning and make arrangements with the VA in your area. Counselors in the prison will assist you with making contact. If you are writing to your local VA without program help address it to the Re-Entry Specialist and include the following information:

- Your name and complete return address.
- Including Inmate #, return address, release date, Parole requirements and/or restrictions, and the county of your Parole.
- Specific needs, i.e.: medical care and medications or wheelchair accessibility.
- Identify your purpose for writing and what you hope to accomplish by this contact.
- If an official at the prison is helping you plan for release speak with them about your completing Release of Information form 10-5345 to give your permission for VA to speak with them.

Section II of this guide is VA enrollment. We strongly recommend completing enrollment six months prior to release so you can know what's available when you return to the community. Section III has many resources of information and resources to look at once you are in the community. Section IV covers basic information about seeking VA / Federal benefits and what to do if incarcerated while collecting VA benefits.. Section V includes Resources.

Notes

SECTION II PREPARING FOR YOUR RELEASE VA ENROLLMENT

Steps To Enroll With VA

If you are already enrolled with VA refer to the next page under the heading Already VA Enrolled. If you have never applied for VA Healthcare benefits, the following information is important for you to know. Learning your eligibility for VA Healthcare is easy to do by completing the VA application (10-10EZ). This form is available in each prison. You may find it in the library or with program staff. If you have identified yourself as a veteran or have military experience you may be approached by program staff willing to assist you. VA is working in partnership with the prisons to arrange for VA benefits before release. If you prefer to enroll with VA without help, you can also enroll by mail. The 10-10EZ is available in every prison or requested by writing to VA see Section V.

Enrollment (Form 10-10 EZ)

Complete this form if any of the following applies to you:

- I have never applied for VA Healthcare benefits
- I will be going to a different VA when released. If already enrolled at a different VA please provide name, SSN, gender and date of birth.
- I haven't been to VA for more than one year. If last visit exceeds one year, a 10-10EZ is required. Update address if necessary.
- I was not eligible for VA because my income was above the threshold.

Completing this application several months before release is highly recommended. VA Services are available to all veterans. If you can send a copy of your DD-214 with your application your eligibility can be determined. Without a DD-214 eligibility can be delayed. Occasionally, Regional Office will provide military information for veterans upon request.

All fields of the 10-10 EZ must be answered. If question does not apply write N/A (Not Applicable). Fields requesting information you don't know please write (unknown). Financial information must have a dollar figure; list \$0 (zero) to indicate zero income. Fields not answered could prevent processing of the application and delay your eligibility for VA services.

Income information is for the previous calendar year. Most veterans incarcerated within the past year meet requirements for VA services. If your income exceeds the financial threshold, inquire to your nearest VA about a Request for Hardship based on your recent incarceration.

The application requests contact information. It is very important that an accurate mailing address be included on the application of where you can be reached for several months. If you are released prior to receiving a response, contact the VA Business Office directly to learn the status of your application.

Send the completed application to the VA closest to where you will be paroled. VA addresses are located in Section 5. If you are working with prison program staff, your

application may be mailed to a VA collection center. Either arrangement will produce a determination of your VA eligibility and a letter will be sent to the permanent address listed on Form 10-10EZ notifying you of enrollment status.

DD-214

If you have your DD-214 (Report of Separation) include a copy with your VA application 10-10EZ. The DD-214 is not required to enroll but can expedite your application process. We recommend you request a copy of your DD-214 if you don't have one in your possession. The application for your DD-214 (Form 180) may be in your library or sent to you by a mailed request. As with all VA forms be careful to write legibly and answer every blank with complete information. Items left blank could slow the response to your application.

Already VA Enrolled

If you have a Veteran Identification Card (VIC) and will be returning to the same VA facility where you previously received Health Services you do not need to complete the 10-10 EZ. If you will be utilizing a different VA facility please complete the 10-10EZ so that VA is prepared to assist you.

Correction of Military Record and Upgrade of Discharge

Many variables are involved in determining eligibility and you are encouraged to apply for benefits to allow the Department of Veterans Affairs to sort through all of the contributing factors, such as period of service, length of active duty service, and participation in combat. The character of your discharge can reflect on the benefits you may receive. Honorable, General and Discharge under Honorable Conditions will all reflect favorably on your eligibility for all benefits and services. Other Discharges are also eligible for some benefits and services. Submitting the 10-10EZ Form will determine what is available to you.

If your application for VA Medical Benefits is denied you will receive an explanation. Often complete information about your military history was unavailable and your DD-214 is required. If the denial was based on the character of Discharge you will want to review your DD-214 and circumstances that brought about the less than favorable military separation status.

Each branch of the military has a Review Board designed to receive appeals to erroneous information on the DD-214 (Form DD-149) and reconsideration of Discharge status (Form DD-293). Depending on the circumstances unique to your case you may want to receive guidance from a Veteran's Service Officer or legal counsel in preparing your appeal.

Education Benefits

The Application for VA Education Benefits is (Form 22-1990). This benefit is time limited beginning with first day after military separation.

Pension and Compensation

If you were awarded a Pension or Compensation before your incarceration the benefits must be reactivated at your release. It is very important to complete Form (21-4193)

Penal Institution Release Form and bring it with you to VA. The second portion of this form must be completed and signed by an official at the prison. The information confirms your date of release allowing VA to reactivate your Pension or Compensation. See Section IV for important information about Service Connected Compensation while incarcerated.

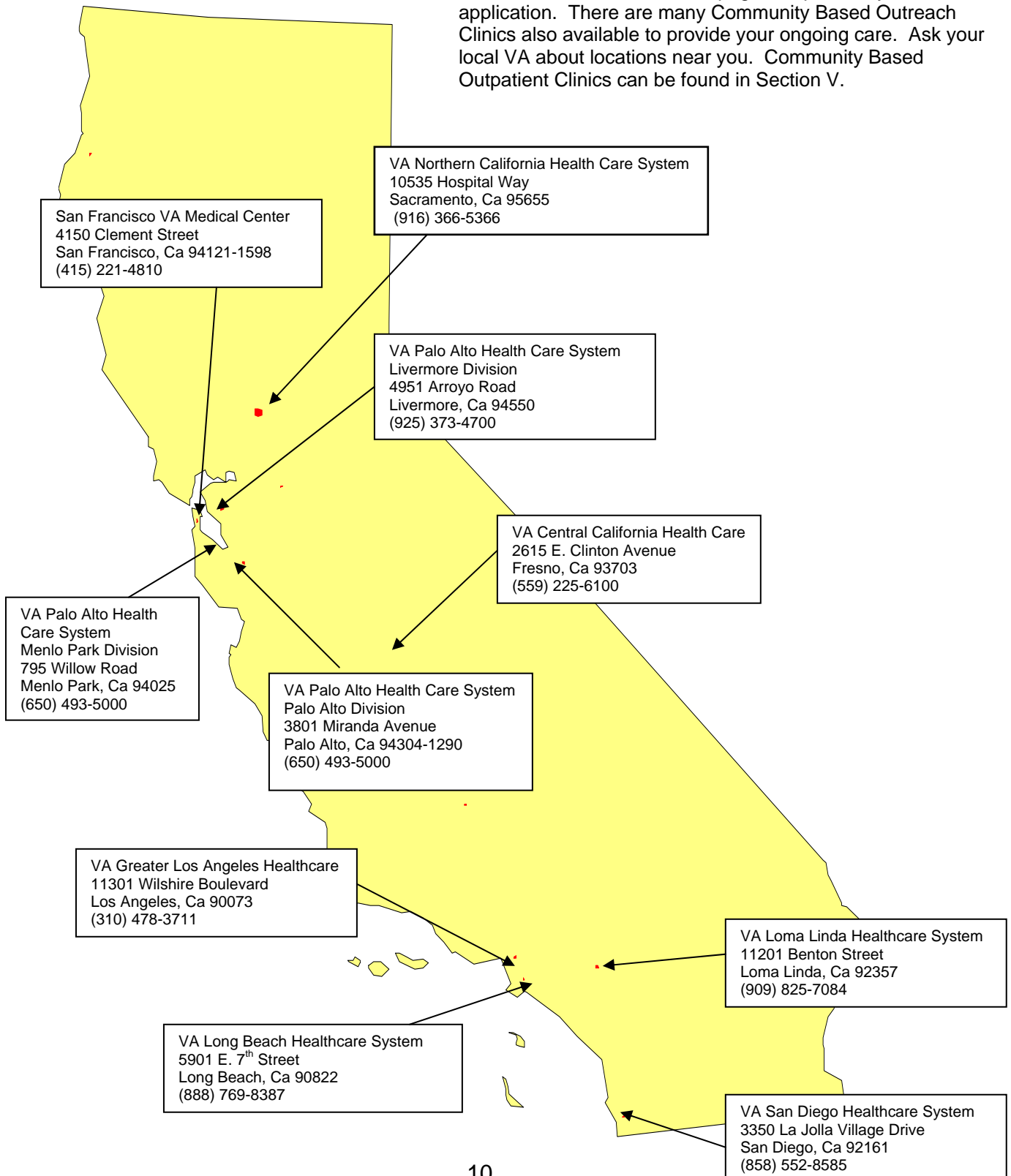
PLANNING YOUR RETURN HOME

Six Months Before Release

- If you do not have a copy of your DD-214, complete VA Form SF-180 (Request Pertaining to Military Records). The SF-180 may be available in the library. The address to send the completed form depends on your branch of the military and when you served. That information is found on page 3 of the SF-180. Your DD-214 can take up to six weeks to arrive.
- Begin work on the Inventory of Needs form included in this Handbook. This information will also guide your discussions with the personnel at the prison to best prepare for your release.
- **Complete the 10-10EZ. FILL IT OUT CAREFULLY.** Information should be printed and answer each blank fully. If a question does not apply answer with a N/A or not applicable. If the question asks for an amount of money be sure to answer with a number. If the answer is zero say 0. Section V on the Form 10-10EZ gives you a YES/NO option about reporting financial information. VA is currently not enrolling veterans who decline to provide financial information unless other special eligibility factors exist. Please be aware if you are enrolled without completing Sections VII, VIII, IX, and X you may be assigned to pay applicable VA co-pay.
- Many of the California Prisons have staff designated to help you with arrangements as you prepare for release. Identify your veteran status to a teacher, Parole Service Associate or other program staff and ask if there is someone designated to help veterans make arrangements with VA.
- You can mail the 10-10EZ and your DD-214 if available directly to VA. If you choose to mail your application find the nearest VA on the following page. The results are mailed to the address you indicate on your 10-10EZ Form.
- Request your medical records from the prison infirmary if you have medical needs requiring follow-up at VA. Bring them with you to VA.

VA Medical Centers

The VA facilities listed on this page can process your application. There are many Community Based Outreach Clinics also available to provide your ongoing care. Ask your local VA about locations near you. Community Based Outpatient Clinics can be found in Section V.



Inventory of Needs

You face many challenges when leaving prison. Success within the community is accomplished by resolving the barriers. VA can be one source for addressing some of the problems. You can use this checklist to identify your needs. The resources identified in this Handbook and personnel at your VA can help direct you to resources and supports.

Immediate Concerns

Describe

Which county will you Parole?	
Date of Release	
Housing	
Clothing	
Transportation to Parole	
Medication	
ID	
Paroled to unfamiliar location w/ few supports	

Financial

Describe

Employment	
Child Support/Alimony	
Credit Debt	
Disability/Pension Money	
Motor Vehicle fines	
Debt/Credit Issues	

Health

Describe

Medical Concerns	
Addictions Treatment	
Mental Health Needs	
Barriers to Working	

Legal

Describe

Traffic	
Child Custody	
Restitution	
Marital Status	
Anger Management Classes	
Domestic Violence Classes	
Parole Registering Restrictions	

Other:

SECTION III HELP FOR VETERANS

ARRIVING AT YOUR VA

Planning for your return home is the most important factor to assure success. Where you will live, who can help you get settled and avoid the people, places and things you know can cause you trouble.

VA urges you to check-in with Parole as soon as you arrive to town and then head straight for VA. Unless other arrangements have been made for you go to the VA Patient Business Office first. Bring any VA letters, your DD-214 if available and any ID or prison release paperwork to help with enrollment. If you were already verified VA eligible the Business Office will take your picture for your VA Identification card (available in seven to ten business days). VA identification can be helpful if you have to replace lost identification, such as state identification and Social Security Card. If you haven't yet submitted your 10-10EZ application, the Patient Business Office will guide you through the enrollment process

If you participated in release planning while incarcerated, arrangements can often be made in preparation for your arrival. Many VA's have staff designated to help you at release; remember to bring your Inventory of Needs list (found two pages back). If you were receiving medical treatment or medication while incarcerated be sure to request your infirmary medical records to bring with you. Your VA Primary Care Physician needs previous medical records if you are wanting immediate refills of prescriptions.

Toll Free Numbers

- Crisis and other toll-free numbers are often listed in the front cover or first few pages of the phone book. You may also want to check under "Social Services" in the blue or yellow pages for hotlines and local numbers.
- US Department of Veterans Affairs — www.va.gov
- Benefits: 1-800-827-1000,
- Medical Centers: 1-877-222-8387, or www.visn21.med.va.gov ,
www.visn22.med.va.gov
- Persian Gulf War Helpline: 1-800-749-8387
- Focus On Recovery Helpline - A 24-hour national alcohol and drug abuse addiction and treatment hotline: 1-800-888-9383
- National AIDS Hotline - Talk to someone who knows about HIV / AIDS and can tell you about AIDS services in your city or state: 1-800-822-7422
- National Coalition for Homeless Veterans — www.nchv.org, 1-800-838-4357
- National Suicide Support Number - 1-888- 784-2433 (1-888-SUICIDE)

Parole

VA recognizes California Parole supervises most individuals released from incarceration. VA supports your efforts to comply with Parole and encourages you to fulfill your Parole responsibilities. When you come for VA Health Services discuss with the VA Counselor about your options for involving VA in your community re-entry arrangements to inform your Parole Officer.

Parole requires your attendance in a meeting shortly after your release called the PACT Meeting. At this meeting, Parole has assembled many community providers to speak about their services and resources available to help you. VA encourages your participation at your PACT Meeting. VA has many resources to help you and with collaboration from additional community resources you will find most or all of your immediate needs will be addressed.

Housing

Every VA Medical Center has a Health Care for Homeless Veterans (HCHV) Coordinator who is responsible for helping homeless veterans access VA and community-based care. Some VA's have a Homeless Grant & Per Diem (GPD) program providing support services to help you gain independence with temporary housing. This program can be a good start when you are first released. You are encouraged to ask if Grant and Per Diem is available in your area.

Arranging for a healthy and secure place to live is vital toward rebuilding your life and ending your legal troubles. If you come to VA, and don't have a good place to live ask for the HCHV Social Worker to discuss living options. VA has created a specialized position called a Re-Entry Specialist designated to help veterans during their release from prison. Watch for when they are coming to your prison so you can meet with them to discuss release planning arrangements.

VA Grant and Per Diem Program (G&PD)

Many VA's have G&PD programs to help veterans return to work. Job counseling and case management are required for temporary housing. This provides veterans ready to return to work the support needed to find employment. Veterans ineligible for VA Healthcare benefits may be eligible for G&PD benefits and should ask the VA Re-Entry Specialist or VA HCHV staff at their VA.

California has 58 diverse counties each having some resources available to help you at the time of your release. Be sure to check for the Veteran Service Offices, Social Services, Employment Development Department (EDD), library, spiritual centers, and resource call centers (dial 211 is available in many counties).

Finding & Keeping a Job

Department of Veterans Affairs' Compensated Work Therapy Program (CWT) is available to some veterans. CWT offers structured work opportunities and supervised therapeutic housing for at-risk and homeless veterans with physical, mental health and addictions problems. VA contracts with private industry and the public sector for work by these veterans, who learn job skills, re-learn successful work habits, and regain a sense of self-esteem. Veterans are paid for their work and given assistance with employment in the community. Contact the local VA Medical Center to see if you qualify. Call 1-877-222-8387 to find the medical center nearest you

Homeless Veterans' Reintegration Projects (HVRP)

HVRP assists veterans with job search preparation, vocational counseling, occupational skills training, on-the-job training, trade skills certification and licensing, and job placement assistance and referral to supportive services. Below is a list of these services by location.

City of Sunnyvale	Sunnyvale	408-730-7481
Mental Health Systems	San Diego	858-565-2510
New Directions, Inc.	Los Angeles	310-914-4045
North County Interfaith Council	Escondido	760-489-6380
P.A.T.H.	Los Angeles	323-644-2200
The Salvation Army - Los Angeles	Los Angeles	213-626-4786
Swords to Plowshares	San Francisco	415-252-4788
The Salvation Army - Los Angeles	Los Angeles	213-553-3253
U.S. Vets Initiative - Inglewood	Inglewood	310-348-7600
Vietnam Veterans of California	Sacramento	707-578-2785
Vietnam Veterans of California, Inc.	Eureka	707-578-2785
Vietnam Veterans of San Diego, Inc.	San Diego	619-393-2026
Vietnam Vets of North San Diego	San Diego	619-497-0142
Volunteers of America - Los Angeles	Los Angeles	213-622-3540
Joint Efforts, Inc.	San Pedro	310-831-2358

Department of Labor: Employment Development Department.

Veterans receive priority in job and training referrals and other employment related services. All Job Services Offices have specially trained staff to ensure veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Services can include counseling, labor market information, job referrals, job search workshops, and job development with potential employers.

Disabled Veterans Outreach Program specialists (DVOPs) and Local Veterans Employment Representatives (LVERs)

Job and training opportunities, with emphasis on veterans with service-connected disabilities. DVOP specialists provide outreach and offer assistance by promoting community and employer support, including apprenticeship and on-the-job training. LVERs primary duties are conducting outreach to employers, facilitating job search workshops, and providing employment and training services to veterans

Department of Rehabilitation Services (DORS)

Every county in California has a DORS program that helps people with disabilities find and keep jobs. Apply for these services immediately after your release. Look in the phone book blue pages under "Department of Vocational Rehabilitation," or search the Internet for "Vocational Rehabilitation" in your state.

Other Resources to Explore

This section includes resources worth exploring after release. Check your local resource center/library/hotline or the phone book for local, county, and state agencies that know what services are available in your area. The people answering the phone are trained to help you sort out problems by recommending resources and options. Try calling a few of the numbers to find out about supports you may not have known existed and are available to you.

Health Care

If ineligible for veteran's benefits, free or low-cost health care may be available from the following sources:

- National Health Care for the Homeless Council has a list of health care providers working with homeless people across the nation. For a list of providers in your state, go to www.nhchc.org.
- Free clinics are run by many local organizations and communities. Look in the phone book blue pages under "Public Health" to contact local government office for clinics in your area.

Special Health Information for Veterans

Individuals housed in confinement are often at greater risk of contracting health conditions such as Hepatitis. When you are seen by a medical clinician be sure to mention your exposure to potential health problems so they can evaluate if you are in need of treatment.

Mental Health Services

If eligible for veterans' benefits

- Contact the Homeless Veteran Services Coordinator at the local VA Medical Center. Call 1-877-222-8387 to find the medical center nearest you.
- For readjustment counseling, contact your local Vet Center.

If not eligible for veterans' benefits

- National Alliance for the Mentally Ill lists community mental health services providers at: www.nami.org, or call 1-800-950-6264.
- National Mental Health Association offers support groups, rehabilitation, socialization, and housing services. Call 1-800-969-NMHA, or find a local office online at www.nmha.org.

Substance Abuse Services

If eligible for veterans' benefits

- Contact the Addictions Treatment Center at the local VA Medical Center. Call 1-877-222-8387 to find the medical center nearest you.

If not eligible for veterans' benefits

- The Department of Health and Human Services Drug and Alcohol Treatment Referral Routing Service. Call 1-800-662-4357.
- Focus On Recovery Helpline - A 24-hour national alcohol and drug abuse addiction and treatment hotline: 1-800-888-9383
- Alcohol and Drug Abuse Support groups:
- Alcoholics Anonymous (AA)
http://www.alcoholics-anonymous.org/default/US_CtrOffice/ca.html

Financial Help

- The American Legion provides Temporary Financial Assistance, (TFA) from its national headquarters to help maintain a stable environment for children of veterans. To obtain an application, look in the phone book to contact a local post.
- If you are unemployed with little or no income, you may be able to get food stamps. Applications must be submitted only after your release. A person may normally qualify for \$85 to \$100 worth of food stamps per month. Call the toll-free information number at 1-800-221-5689, or find a list of food stamp hotlines for each state at www.fns.usda.gov/fspl_contact_info/hotlines.htm. You can also contact the local Department of Human Services, many drop-in shelters, or legal aid services to ask for an application.
- Supplemental Security Income (SSI) benefits can be applied for before your release, though you won't receive the benefits until after you are released. Food Stamps can be applied for together with SSI. It takes about three months to review an application, so apply well before your release date. It is best to get help filling out the application. For detailed information or assistance, call 1-800- 772-1213 or go to: www.ssa.gov
- Federal Emergency Management Agency (FEMA) has a program called Emergency Food and Shelter Program to help prevent homelessness. Contact the local Office of the Mayor or United Way to find out about the particulars.

Legal Help

Veteran status issues

- Speak with a Veterans Advocate Service Officer for help with discharge upgrades, seeking benefits, and filing a VA claim. Call the nearest VA and request a veterans service officer.
- To request your military records, go to the website: vetrecs.archives.gov
- Other legal issues:
- Most law is state-specific. Most common legal problems are governed by the law in the state where you live or where the problem occurred. When looking for legal help, make sure that information you find applies to your state, or that the lawyer or other service provider is qualified to work in your state.
- The American Bar Association has a web site with guidelines about free legal services and links to directories of legal aid offices and pro-bono programs. Go to: www.abanet.org
- Legal Services or Legal Aid offices have staff lawyers to provide free legal help to poor clients. The lawyers are usually experts in the types of problems that poor clients often have. Look in the yellow pages for a local Legal Aid office or check online for the program, nearest you.
- Pine Tree Legal Assistance has an online list of organizations across the nation that provides free legal help to clients who qualify. Go to www.ptla.org/links/services.htm.
- Lawyers in private practice sometimes volunteer in "pro-bono" programs to take cases for poor clients free of charge. Check the yellow pages to contact your Local Bar Association to learn if there is a pro-bono program in your community, or go to www.abanet.org/barserv/stlobar.html.

Women Veterans

- Most VA Medical Centers and readjustment offices have a designated Women Veterans Coordinator to assist women veterans in accessing VA benefit programs and healthcare services. Call 1-877-222-8387 for the medical center nearest you.

- Many women in prison had similar histories, problems, and personal issues before their arrest and conviction. Mentors with Women in Community Service (WICS) help women preparing to leave prison. WICS' prison programs help women think about their behavior, gain job skills, and build self-esteem. Go to <http://www.wics.org> to find the nearest WICS program.

SECTION IV SEEKING FEDERAL BENEFITS

The Department of Veterans Affairs publishes a booklet called "Federal Benefits for Veterans and Their Dependents" that describes the types of benefits available and lists the addresses and phone numbers for VA facilities nationwide. Write the VA Regional Office (VARO) to request a copy.

U.S. Dept Of Veterans Affairs - Regional Offices
Los Angeles
11000 Wilshire Blvd
Los Angeles, CA 90024
800-827-1000

San Diego Regional Office
8810 Río San Diego Drive
San Diego, CA 92108
800-827-1000

Oakland Regional Office
1301 Clay Street, Rm 1300 North
Oakland, CA 94612
800-827-1000

Eligibility for VA Benefits During Incarceration

Veterans incarcerated and incarcerated dependents may apply for the same compensation, dependency and indemnity compensation (DIC) – service connected death benefits – and pension benefits as veterans who are not incarcerated. However, Congress restricts the amount of benefits that may be paid to a veteran or dependent while he or she is incarcerated. These benefits are institutionalized as part of law: 38 U.S.C Sec 5313 (a), 38 C.F.R., Sec. 3.665 (a), (d), which reads as follows:

If a veteran is incarcerated as the result of a “felony” conviction as defined by law: “Any offense punishable by death or imprisonment for a term exceeding one year, unless specifically categorized as a misdemeanor under the law of the prosecuting jurisdiction,”

Then, the amount paid to a veteran incarcerated for a service-connected disability is generally limited by law to the 10 percent disability rate, or half the amount of the ten percent rate if the veteran’s disability rating is 10 percent. (If the veteran is rated before incarceration as 20 percent disabled or higher, he will receive only the amount payable to a 10 percent disabled veteran.) Incarcerated DIC recipients will receive one-half the amount paid to a veteran receiving compensation payments for a 10 percent-rated disability.

A veteran may not receive non-service connected VA pension benefits, or any portion of these benefits, while incarcerated for a felony. However, his family may receive an apportionment of such benefits under the procedure described above. (See 38 C.F.R. Sec.3.666)

One important requirement for eligibility for VA benefits is that the veteran has to have been issued either an honorable or general discharge, or would have received one if not for re-enlisting. If a veteran had two periods of service, one honorable and the other less than honorable, he may still be eligible for VA benefits based on the honorable period of service.

VA Medical Care can not be provided to veterans in prison, but VA health facilities may provide care to you after your release. Contact 1-877-222-8387 to find the medical center nearest you.

Benefits Payments While Incarcerated

There is a 60-day "grace period" following a conviction when you may still receive full benefits. To avoid an overpayment, it is important that you notify the VARO immediately when you go to prison if you are receiving payments. If you do not notify the VA and receive overpayment, you and your family will lose all financial payments until the debt is paid.

For example, Joe is a veteran who receives a VA pension of \$807 per month. He commits a crime and is incarcerated, but doesn't tell the VA right away and keeps getting paid for 6 months. Joe is overpaid a total of \$4,872. After serving his sentence of 18 months, he is released and applies to the VA to have his pension restarted. The new pension rate is \$830 per month, but the VA will use that amount to start repaying the \$4,872 debt. Joe's first real check will start 5 months after he is released and will be for \$30! Joe has to go at least 5 months without that income.

Your award for compensation or pension benefits should resume from the date you are released, as long as the VA receives notice of release within one year. Form 21-4193, Notice to Department of Veterans Affairs of Veteran or Beneficiary Incarcerated in Penal Institution, available through your counselors should be completed before release, signed by a prison official and submitted to VA Benefits Administration.

Apportionment

Although legally, the veteran can only receive a portion of the full amount payable for his or her disability rating, the remaining balance may be "apportioned to the individual's dependent family". To apply for apportionment, send a letter to the VA Regional Office (VARO) that has jurisdiction over the veteran's case (see Section 5 for address). VA regulations clearly specify this apportionment amount will only go to family members if they can show financial need for such amount. This applies to the spouse, children, or dependent parents who are involved in the application.

In deciding whether any apportionment is appropriate, the amount of the apportionment, and to whom it will go, the following factors are considered:

- The family member's income and living expenses;
- The amount of compensation available to be apportioned;
- The needs and living expenses of other family members; and
- Special needs of any of the family members.

For example: a veteran incarcerated rated as 80 percent disability can only receive the amount he or she would get if he or she were 10 percent disabled. However, his or her family may be apportioned up to 70 percent, the difference of the 80 percent rating. (DIC may also be apportioned with similar restrictions.)

There is a 60-day “grace period” following conviction where the veteran, or Dependency or Indemnity Compensation (DIC) recipient, may still receive full benefits. If the veteran continues to receive benefits after the 60-day period, it will result in an “over-payment”. The VA considers it to be the recipient’s responsibility and fault if this occurs because the recipient failed to notify the VA of his or her incarceration. Attempts to obtain a waiver in these situations of overpayment are often unsuccessful. As a rule, the veteran loses most, if not all, financial benefits until the VA recovers the entire overpayment. It has also been a standard procedure that the family will not be entitled to receive an apportionment until the debt is completely recovered.

For more information concerning VA debt collection rules that may affect the veteran incarcerated, telephone: 1-800-827-1000 and request a Veterans Service Organization representative or, write to a Veterans Service Organization (see Section 5).

It is important that each disabled veteran receiving compensation or DIC payments promptly notify the VARO. Regular full benefit payments should begin upon release, providing the VA is notified of the veteran’s release, including placement within a community treatment center or halfway house in the community, within one year of release.

One other relevant restriction on veteran’s incarcerated eligibility for service connected disability compensation is that: “No total disability rating based on un-employability, may be assigned to an incarcerated veteran”.

It is important to remember that most VA decisions, including those on apportionment, can be appealed to the Board of Veterans Appeals and, if need be, to the Court of Appeal for Veterans Affairs.

Seeking Help After Release

If you would like to get benefits or think you have a pending claim before the VA, it is best to get professional help to assist you.

Many Veterans Service Organizations (VSO’s) have trained staff who can help you with your VA claim, and can legally represent your claim before the VA. Some also help homeless and at-risk veterans find the support services they need. You can contact any VSO listed in Section V to learn an office near you.

Seeking Benefits On Your Own

Although we encourage you to seek the aid of a service representative, you may choose to apply for VA benefits on your own. Write your local VA Regional Office or find the forms online at: www.vba.va.gov/pubs/forms1.htm. You can also apply for certain benefits online at: <http://vabenefits.vba.va.gov/vonapp/main.asp>.

Below are brief descriptions of forms needed to file for certain VA benefits. Be sure you use a return address where mail will get to you as quickly as possible. Make photocopies of all forms for your records before sending your packet to the VARO nearest you.

- VA Form 21-526 - Application for Compensation or Pension- must be filed to apply for compensation -or pension. Mail your DD-214 and the following forms to the VARO nearest your release destination 30 to 45 days before our release.

- VA Form 21-4138 - Statement in Support of Claim - lets you explain why you deserve the benefits you are asking for because of your disability or disorder. It is best to have an experienced service representative help you complete' the form.
- VA Form 21-4142 - Authorization for Release of Information - If you have received medical or mental health care, that may be relevant to your claim, from anyone other than a VA Medical Facility, you need to fill out a VAF 21-4142 giving permission for release of medical records to the VA..
- VA Form 10-10EZ - Enrollment for Medical Benefits - is used by the VA to determine if you can receive medical benefits. Complete the form and bring it with you to the VA medical facility where you will seek evaluation for treatment.
- VA Form 28-1900 - Vocational Rehabilitation for Disabled Veterans - is needed to apply for the vocational rehabilitation program to help veterans who were disabled during their service reach maximum independence in daily living, to learn the skills needed to get a job, and to find and keep a job. Send Form 28-1900 to the VARO in your area 10 to 15 day's before your release.
- VA Form 70-3288 - Request for and Consent to Release of Information from Claimant's Records - is used to get records relevant to your claim from VA facilities (regional offices, medical centers, outpatient clinics, and vet centers). Request a fee waiver under section 38 C.F.R. Sec.1.526 (h), which requires the VARO to provide a veteran with one set of his or her records free of charge.

SECTION V RESOURCES

VA MEDICAL CENTERS

VA Palo Alto Health Care System Palo Alto Division	3801 Miranda Avenue Palo Alto, CA 94304-1290	(650) 493-5000 or 800-455-0057
VA Palo Alto Health Care System Menlo Park Division	795 Willow Road Menlo Park, CA 94025	(650) 493-5000
VA Palo Alto Health Care System Livermore Division	4951 Arroyo Road Livermore, CA 94550	(925) 373-4700
VA Central California Health Care System	2615 E. Clinton Avenue Fresno, CA 93703	(559) 225-6100 or (888) 826-2838
VA Northern California Health Care System	10535 Hospital Way Sacramento, CA 95655	800-382-8387 or 916-366-5366
San Francisco VA Medical Center	4150 Clement Street San Francisco, CA 94121-1598	(415) 221-4810 or (800) 733-0502
VA Greater Los Angeles Healthcare System (GLA)	11301 Wilshire Boulevard Los Angeles, CA 90073	(310) 478-3711 or (800) 952-4852
VA Loma Linda Healthcare System	11201 Benton Street Loma Linda, CA 92357	(909) 825-7084 or (800) 741-8387
VA Long Beach Healthcare System	5901 E. 7th Street Long Beach, CA 90822	(562) 826-8000 or (888) 769-8387
VA San Diego Healthcare System	3350 La Jolla Village Drive San Diego, CA 92161	(858) 552-8585 or (800) 331-8387

Mailing Address for 10-10EZ, Application for Health Benefits

If you are applying for VA enrollment independently mail your application to the VA closest to where you will be when released from incarceration.

VA Central California Health Care System
Enrollment (136)
2615 E Clinton Ave
Fresno, CA 93703

VA Loma Linda Medical Center
Public Affairs Office/VANS Program – (002PAO)
11201 Benton Street
Loma Linda, CA 92357
Office number (909) 825-7084 X2306

VA Palo Alto Health Care System
3801 Miranda Avenue
Palo Alto, CA 94304
ATTN: 136A Admissions & Eligibility
Mail code is 0404/BO.

VA Long Beach Healthcare System
5901 E. 7th Street
Long Beach, California 90822
0404/BO

Kathy Gotschall
Supervisor, Benefits Section (136A)
VA Medical Center
4150 Clement St.
San Francisco, CA 94121

Department of Veterans Affairs
Greater Los Angeles Healthcare System (04E)
11301 Wilshire Blvd
Los Angeles, CA 90073

Department of Veterans Affairs
Sacramento Medical Center
10535 Hospital Way
Mather, CA 95655-1200
ATTN: Enrollment/Eligibility T-5

VA San Diego Healthcare System
3350 LaJolla Village Drive
San Diego, California 92161
Attn: Member Services 04-C4

Benefits

If you are receiving a Service Connection Compensation, VA Pension or Dependency or Indemnity Compensation benefit and are incarcerated you must notify the closest regional office of your incarceration. You can request a continuation of 10% to continue to you during your incarceration and the remainder to legal dependents. This office can also reactivate your benefits by submitting Form 21-4193 at the time of your release from incarceration.

Oakland Regional Office	1301 Clay Street, Rm. 1300 Oakland, CA 94612	1-800-827-1000
LA Regional Office	Federal Building, 11000 Wilshire Boulevard Los Angeles, CA 90024	1-800-827-1000
San Diego Regional Office	8810 Rio San Diego Drive San Diego, CA 92108	1-800-827-1000

Government Benefit Programs Available To Help You

GovBenefits.gov will help you answer that question. Our online screening tool is free, easy-to-use, and completely confidential. We do not require your name, phone number, Social Security number, or any other information that could be used to identify you. You answer a series of questions about yourself, and then GovBenefits.gov returns a list of government benefit programs you may be eligible to receive along with information about how you can apply.

- VA Web site- www.va.gov
- California Department of Veterans Affairs- www.cdva.ca.gov

THE CALIFORNIA BENEFITS YOU HAVE EARNED

College Tuition Fee Waiver

Waiver of mandatory system wide tuition and fees at any State of California Community College, California State University or University of California campus.

- Plan A: The spouse, registered domestic partner, child (under the age of 27) or unmarried surviving spouse of a veteran who is totally service-connected disabled, or who has died of service-connected causes, may qualify.
- Plan B: The child of a veteran who has a permanent service- connected disability. The child's income and the value of support provided by a parent cannot exceed the national poverty level. *Note that all students must meet California residency requirements.

Non-Resident College Fee Wavier

Wavier of non-resident fees (pay at California resident rate) at all State of California Community Colleges, California State University or University of California campuses. There is a 1-year limit for graduate level studies.

Disabled Veterans Business Enterprise Opportunities

Certified veteran owned businesses can participate in the state goal of awarding 3% of all state contracts to disabled veterans through the Disabled Veteran Business Enterprise (DVBE) Program.

Veterans Homes of California

Professional and low cost residential, assisted living, and medical care facilities throughout California.

Motor Vehicle Registration Fees Waived

Waiver of registration fees and free license plates for one passenger motor vehicle, or one motorcycle, or one commercial motor vehicle of less than 8001 pounds unladen weight.

Disabled Veteran License Plates

- Waiver of registration fees and free “DV” handicap parking license plates for one passenger motor vehicle, motorcycle, or commercial motor vehicle of less than 8001 pounds unladen weight.
- Free License Plates:
- Free specialized license plates.

Veterans Preference in California Civil Service Examinations

- Additional points added to the final score of a civil service examination as follows:
- Open Entrance Exams-15 points for a disabled veteran and 10 points for other veterans and surviving spouses.
- Open Nonpromotional Entrance Exams-10 points for disabled veterans and 5 points for other veterans.

California Veterans Cemetery

- Complete, professional burial services at no cost to veterans (\$500 fee for spouses or dependents).
- Veterans Claims Representation:
- Professional, accredited, United States Department Veterans Affairs claims and ratings review, and representation in appellate processes.

Fishing and Hunting Licenses

- Reduced annual fees for fishing and hunting licenses.

Employment and Unemployment Insurance Assistance

- Assistance in obtaining training and employment as well as assistance in obtaining unemployment insurance.

CALVET - Farm and Home Loans:

- Direct loans from the State of California, highly competitive rates, quick processing, unbeatable earthquake and disaster coverage, and proven ability to work well with our homeowner veterans.

State Parks and Recreation Pass:

- A lifetime State of California Parks pass for only \$3.50.

Business License, Tax and Fee Waiver:

- Waiver of municipal, county, and state business license fees, taxes and fees, for veterans who hawk, peddle or vend any goods, wares or merchandise owned by the veteran, except spirituous, malt, vinous or other intoxicating liquor, including sales from a fixed location.

Property Tax Exemptions

Property tax exemptions for calendar year 2007 on the assessed values of a home of:

- Up to \$107,613 if the total household income from all sources is over \$48,325 per year.
- Up to \$161,420 if the total household income from all sources is under \$48,325 per year.

For questions about eligibility or how to apply for these benefits contact your local County Veterans Service Officer (located in the county government section of your telephone book or at: www.cacvso.org).

California Association of County Veteran Service Officers, INC. (CACVSO).

20100 Cedar Road North, Suite A

Sonoma, CA 95370

Phone: 209-533-6880

Fax: 209-533-6884

To locate your local County Veterans Service Officer log onto the web site below.

<http://www.cacvso.org/ContentPage.asp?ContentID=71>

For questions about benefits contact the Veteran Services Division.

California Department of Veterans Services

Headquarters, Veteran Services Division

1227 O Street, Room 105

Sacramento, CA 95814

(916) 653-2573

(800) 952-5626

For questions about and assistance for applying for United States Department of Veteran Affairs Benefits contact one of the regional offices below or your local County Veterans Service Officer.

Veteran Services Division – San Diego

8810 Rio San Diego Drive, Room 1122

San Diego, CA 92108

(619) 400-0070

Fax (619) 400-0071

Veteran Services Division – Los Angeles

11000 Wilshire Blvd, Room 5203

P.O. Box 24010

Los Angeles, CA 90024

(213) 620-2755

(310) 235-7155

Fax (310) 575-3852

Veteran Services Division – Oakland

1301 Clay Street, Room 1130 N

Oakland, CA 94612

(510) 286-0627

Fax (510) 286-0653

County Veteran Service Officers: Monday - Friday, 9:00 AM - 4:00 PM (PST)

California Association of County Veteran Service Officers, INC. (CACVSO).

20100 Cedar Road North, Suite A

Sonora, CA 95370

Phone: 209-533-6880

Fax: 209-533-6884

To locate your local County Veterans Service Officer log onto the web site below.

<http://www.cacvso.org/ContentPage.asp?ContentID=71>

For admission into a California Veterans Home, please contact one of the Homes listed below:

Veterans Home of California
Yountville Campus (Napa County)
Attn: Admissions
180 California Drive
P. O. Box 1200
Yountville, CA 94599

Veterans Home of California
Barstow Campus (San Bernardino County) Attn: Admissions
100 E. Veterans Parkway
Barstow, CA 92311
(800) 746-0606

Veterans Home of California
Chula Vista Campus (San Diego County)
Attn: Admissions
700 East Naples Court
Chula Vista, CA 91911
(888) 857-2146

Veterans Homes In Development

- West Los Angeles
- Lancaster, Los Angeles County
- Saticoy, Ventura County
- Fresno Fresno County
- Redding, Shasta County

Veteran Service Organizations

Many veteran organizations are recognized as advocates for veterans and can assist you in submitting your claims for VA Benefits. You will find these organizations listed in the phone book and are also available at your VA Medical Centers.

<http://www1.va.gov/vso/index.cfm?template=view&SortCategory=0>

Social Security Administration-
www.ssa.gov

Apply or replace your Social Security Number identification card or submit a claim for disability. Locating your closest Social Security Administration is easy to do. The personnel there can assist you with applying for benefits 1-800-772-1213.

California Employee Development Department

www.edd.ca.gov/

All EDD Job Service offices have specially-trained staff to ensure veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Services can include counseling, labor market information, job referrals, job search workshops, and job development with potential employers.

Many areas within California provide free resource referral by dialing 211; try it to see if the service is available in your area. The following resources are a partial list provided for you to try when you arrive to your community. The organizations listed may have changed or no longer have the resources listed. Your local library or Social Service Agency will have additional resources for you to try as well.

COMMUNITY RESOURCES

The following is a partial listing of community resources available to community members living in that region. You will find many resources when you are released and are encouraged to participate in the Parole PACT Meeting where local services will come to offer their help.

SAN FRANCISCO BAY AREA RESOURCES

Employment

CalWORKS, PeninsulaWORKS:

Comprehensive employment and training services to job seekers. Four locations:

271 92nd Street
Daly City, CA 94015
(650) 301-8440

2500 Middlefield Road
Redwood City, CA 94063
(650) 367-0190

550 Quarry Road
San Carlos, CA 94070
(650) 596-1035

1200 O'Brien Drive
Menlo Park, CA 94025
(650) 330-6490
<http://www.peninsulaworks.org/>

Next Step Center

Full array of career exploration, job skills and resume development, and job acquisition services.

795 Willow Rd. Menlo Park 94025
(650) 566-0240

Palo Alto VA Health Care System, Compensated Work Therapy (CWT)

Provides therapeutic work experiences that assist veterans in returning to competitive employment in the community. Veterans must be referred by a health care provider at

the VAPAHCS, meet eligibility requirements and be actively engaged in appropriate inpatient or outpatient treatment.

795 Willow Rd., Menlo Park 94025
(650) 493-5000 x 22219

California Department of Rehabilitation

Services and advocacy for employment, independent living and equality for individuals with disabilities. Multiple sites in multiple counties within the San Francisco District. Call for other local offices.

San Francisco District Office
301 Howard Street, Suite 700, San Francisco 94105-6604
(415) 904-7100 (VOICE & TTY)
(415) 904-7138 (TTY)
<http://www.rehab.cahwnet.gov/>

Employment Development Department (EDD)

Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Multiple Locations include:

Campbell
2450 S. Bascom Avenue
(408) 369-3606

Oakland
675 Hegenberger Rd.
(510) 563-5200

Concord
4071 Port Chicago Hwy #250
(925) 602-0869

San Francisco
801 Turk Street
(415) 749-7503

Capitola
2045 40th Ave., Suite B
(831) 464-6286

San Rafael – N. Bay Job Svc
120 North Redwood Drive
(415) 473-3330

Hayward
24100 Amador St, 3rd Floor
(510) 259-3500

SWORDS TO PLOWSHARES

Job training and employment placement.
1060 Howard St.
San Francisco, 94103
(415) 252-4788

Financial

General Assistance

Financial assistance to low-income singles, by county:

San Francisco County
1235 Mission St.
San Francisco, 94103
(415) 558-1000

Santa Clara County

1670 Las Plumas Ave. Suite A
San Jose, CA 95133
(408) 928-3700

550 Quarry Road
San Carlos, CA 94070
(650) 596-1025

SAN MATEO COUNTY

TANF/CalWORKS and Food Stamps
170 Otis St., San Francisco, 94103
(415) 557-5723

Veterans Benefits Administration

Compensation and pension information.

1301 Clay St. Rm 1300N Oakland, 94612
1-800-827-1000

Veterans Service Office

50 counties have a veteran's service office that provides assistance with claims and services involving federal, state and local veteran's benefits. For complete listing visit:
<http://www.cdva.ca.gov/links/states.asp>

Alameda County
6955 Foothill Blvd, Ste 300
Oakland, 94605
(510) 577-3547

Monterey County
1200 Aguajito Road, Rm 102
Monterey, 93940
(831) 647-7610

Contra Costa County
10 Douglas Drive, #100
Martinez, 94553-4078
(925) 313-1481

San Francisco County
875 Stevenson St., Suite 250
San Francisco, 94103
(415) 554-7100
CA only: 800-807-5799

Marin County
10 North San Pedro Rd.,
San Rafael, 94903
(415) 499-6193

San Mateo County
550 Quarry Road
San Carlos, 94070
(650) 802-6598

Santa Clara County
68 North Winchester Blvd.
Santa Clara, 95050
(408) 553-6000

Food and Clothing

Second Harvest Food Bank of Santa Clara and San Mateo Counties
Food distribution to low-income individuals and families. To request food call:
1-800-984-3663

Santa Clara County:
750 Curtner Ave, San Jose,
95125
(408) 266-8866

San Mateo County:
1051 Bing Street, San Carlos,
94070-5320
(650) 610-0800

Samaritan House
Free clothing distribution for Samaritan House clients
1515 S. Claremont St.
San Mateo, CA 94402
(650) 341-8309

Housing

ALAMEDA COUNTY

Operation Dignity
Transitional housing for veterans.
805 Jefferson St. Oakland, CA 94620
(510) 827-2182

CONTRA COSTA COUNTY

Concord Shelter
Emergency shelter for the homeless.
2047-C Arnold Industrial Way, Concord 94520
925-646-5082

MARIN COUNTY

Center Point
This non-profit organization provides comprehensive social, educational, vocational, medical, psychological, housing and rehabilitative services to combat social problems including substance abuse, poverty, unemployment and homelessness.
135 Paul Drive, San Rafael, 94903
(415) 492-4444; www.cpinc.org

Homeward Bound of Marin
Night-to-night, long-term and transitional housing with case management to move toward permanent housing.
199 Greenfield Ave, 2nd Floor
San Rafael, CA 94901-2622
(415) 457-9651

SAN FRANCISCO COUNTY

Shelter Resigration for San Francisco

Mission Neighborhood
165 Capp St.

(415) 869-7977

Bay View Hunters Point
2111 Jennings
(415) 671-1100

McMillan Drop-in
39 Fell St.
(415) 241-1180

Tenderloin AIDS
187 Golden Gate Ave
(415) 923-6987

Glide
330 Ellis St.
(415) 674-6033

Swords to Plowshares

Provides transitional housing, counseling, case management, employment and training, and legal assistance to veterans.

1060 Howard St., San Francisco, 94103
(415) 252-4788

SAN MATEO COUNTY

Homeless Veterans Emergency Housing Facility
Transitional housing on the Menlo Park VA campus.
795 Willow Road. Menlo Park, CA 94025
(650) 493-5000 x 22044

Clara Mateo Alliance

Provides emergency and transitional housing with case management services to individuals, couples, and families with children.

795 Willow Road Bld 232D, Menlo Park 94025
(650) 853-7065

SANTA CLARA COUNTY

The Emergency Housing Consortium

Emergency and transitional housing as well as a homeless drop in resource center.

2011 Little Orchard Street, San Jose, 95124
(408) 294-2100

InnVision

Emergency and transitional housing.

2011 Little Orchard St. San Jose, CA 95125
(408) 292-4286

The Shelter Bed Hotline

Telephone access to emergency housing from just South of San Francisco to San Jose.

(800)-7-SHELTER

Legal

Legal Aid Society of Santa Clara County

Free civil legal services for low-income persons.

480 N. First Street, San Jose, 95103
(408) 989-5200

Bay Area Legal Aid

Legal assistance with housing, domestic violence, public benefits, employment and health access.

50 Fell St. 1st Flr., San Francisco, 94012
(415) 982-1300

Homeless Advocacy Project

Free legal assistance.

1360 Mission St. 2nd Flr, San Francisco, 94105
(800) 405-4HAP

Swords to Plowshares

Legal unit helps veterans apply for benefits, appeal denials, and pursue upgrade in discharge status.

1060 Howard St., San Francisco, 94103
(415) 252-4788

Medical and Mental Health

Palo Alto VA Health Care System

Full service hospital with divisions and/or outpatient clinics at the following locations:

Palo Alto
3801 Miranda Ave., 94304
(650) 493-5000

Menlo Park
795 Miranda Ave., 94025
(650) 493-5000

Livermore
4951 Arroyo Rd. 94550
(925) 373-4700

Capitola
1350 N. 41st St., Ste 102 95010
(831) 464-5519

Modesto
1524 McHenry Suite 315
95350
(209) 557-6200

Monterey
3401 Engineer Lane
Seaside, 93955
(831) 883-3800

San Jose
80 Great Oaks Blvd., 95119
(408) 363-3000

Sonora
19747 Greenley Rd. 95370
(209) 588-2600

Stockton
500 W. Hospital Rd, (co-located
with San Joaquin General
Hospital) 95231
(209) 946-3400

SF VA Health Care System

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

San Francisco Medical Center
4150 Clement St., 94121
(415) 221-4810

Eureka OPC
714 F. st., 95501

(707) 442-5335
Santa Rosa OPC
3315 Chanate Rd., 95404
(707) 570-3855

Ukiah OPC
630 Kings Ct., 95482
(707) 468-7700

Northern California VA Health Care System
Full service hospital with outpatient clinics (OPC) in the San Francisco Bay Area at the following locations:

Oakland, Mental Health Clinic,
Army Base OPC
2505 W 14th St., 94607
(510) 587-3400

Oakland OPC
2221 Martin Luther King Jr. Way
94612
(510) 267-7820

San Francisco General Hospital
Psychiatric Emergency Services (PES)
1001 Potrero Ave., San Francisco, CA. 94110
(415) 206-8125

The Coming Home Project

Free and confidential counseling, as well as support and stress reduction workshops, for family, friends and extended family members of military personnel who are serving, preparing to serve, or have served in Operation Iraqi Freedom or Operation Enduring Freedom.

121 Clement Street, San Francisco, CA 94118
(415) 387-0800 www.cominghomeproject.net

Vet Centers

Counseling for veterans with PTSD and/or who experienced military sexual trauma.
Multiple locations:

505 Polk St.
San Francisco, CA 94102
(415) 441-5051 ext. 6931

2946 Broadway St.
Redwood City 94062
(650)299-0672

1504 Franklin St., 200
Oakland, CA 94612
(510) 763-3904

278 N. 2nd St.
San Jose 95112
(408) 993-0729

Substance Abuse Treatment

Palo Alto VA Health Care System, Menlo Park Campus

Multiple treatment options:

All located at: 795 Willow Rd., Menlo Park 94025

- Homeless Veterans Rehabilitation Program
180-day residential program to address homelessness and all related issues, including substance dependence issues as relevant.
(800) 848-7254

- Addiction Consultation and Treatment (ACT)
Substance abuse treatment services to veterans in both outpatient and residential treatment settings. Two residential treatment options:
(866) 717-1978
- First Step
90-day residential program to address substance dependence and all related issues.
- Foundation of Recovery
30-day residential program to address substance dependence and all related issues

SF VA Hospital Substance Abuse Program
Outpatient substance abuse treatment is accessed through the Mental Health Service Access Center
4150 Clement St. Bld 8, San Francisco, 94121
(415) 750-6674

Haight Ashbury Free Clinics
21 day outpatient medical detox, counseling and outpatient treatment groups.
529 Clayton St. San Francisco, 94117
(415) 565-1908

McMillan Resource Center
Substance abuse detox.
39 Fell St. San Francisco, 94102
(415) 241-1180

Salvation Army Adult Rehab Center
Spiritually based 12 step recovery program with strong work component.
1500 Valencia St., San Francisco, 94110
(415) 643-8028

Salvation Army Harbor Light Detox
1275 Harrison St. San Francisco
(415) 503-3000

Alcoholics Anonymous
(415) 674-1821

Narcotics Anonymous
(415) 621-8600

Northern California VA Health Care System, Oakland Army Base
Outpatient relapse prevention treatment.
2505 W 14th St, 94607
(510) 587-3400

CENTRAL CALIFORNIA RESOURCES

Employment

Employment Development Department (EDD)
Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Multiple locations, including:

Lodi
631 E. Oak Street
(209) 333-5319

Modesto
629 12th Street
(209) 576-6118

Marysville
1114 Yuba Street
(530) 741-4218

Sacramento
2901 50th Street
(916) 227-0301

Manteca
302 Northgate Drive
(209) 825-1300

Stockton
135 W. Fremont Street
(209) 948-7856

Merced
1205 West 18th Street
(209) 726-5407

West Sacramento
500 A Jefferson Blvd, Ste 110
(916) 375-6300

Woodland
25 North Cottonwood Street
(530) 661-2600

Sacramento Veterans Resource Center
Employment readiness programs and career counseling for unemployed or homeless veterans.

7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387

Financial

Sacramento County Department of Human Assistance
Administers public welfare, including CalWORKS and food stamps, for the County of Sacramento. Main office:

2433 Marconi Ave., Sacramento 95821
(916) 875-3601

Salvation Army
Financial assistance with utility bills and rental assistance.

1200 North B St., Sacramento 95814
(916) 442-0303

Veterans Service Office – Sacramento County
50 counties have a veteran's service office that provides assistance with claims and services involving federal, state and local veteran's benefits. For complete listing visit:
<http://www.cdva.ca.gov/links/states.asp>

Sacramento County
2007 19th St.
Sacramento 95818
(916) 874-6811

Fresno County
3845 N Clark St Ste 101, Fresno 93726
(559) 454-5436

Food and Clothing

Elk Grove Community Food Bank Services

Three day supply of food distributed on walk-in basis, once a month, with verification of current address.

8820 Elk Grove Blvd. Elk Grove, 95624
(916) 685-8453

Loaves and Fishes Dining Room

Free daily hot lunch.

1321 North C St. Sacramento 95814
(916) 446-0874

Sacramento Food Bank Services

Distributes three day supply of food at three locations. Also provides clothing and shoes for men, women, children and infants. Main office:

3333 Third Ave. Sacramento 95817
(916) 456-1980
www.sfbs.org

Salvation Army, Sacramento

Food closet provides food boxes up to 6 times per year.

1200 North B St., Sacramento 95814
(916) 442-0303

Emergency Food Bank

Free food distribution.

7 West Scotts Ave., Stockton 95203
(209) 464-7369

Salvation Army, Modesto

Emergency Food Assistance provides canned food stuffs to those in need.

625 I St., Modesto 96353
(209) 522-3209

Salvation Army, Fresno

Emergency Food Assistance provides canned food stuffs to those in need.

811 S. Parallel Avenue
Fresno 93721
(559) 233-0138

FRESNO COUNTY

Povarello House

Shelter and full service agency for homeless persons.

412 F St., Fresno 93726
(559) 498-6988

Fresno Rescue Mission

Emergency shelters and homeless services for men and families, and residential drug and alcohol rehabilitation program for men.

310 G Street, Fresno 93706 (559) 268-0839

KERN COUNTY

Veterans Assistance Foundation
Supportive housing for homeless veterans.
1120 Golden State Highway, Bakersfield, CA 93301
(661)-868-7300

SACRAMENTO COUNTY

Infoline-Sacramento
Information on available housing and other social services.
(916) 455-2160

Sacramento Area Emergency Housing Center
Emergency and transitional housing for men and women.
2925 34th St., Sacramento, CA
(916) 455-2160

Sacramento Self Help Housing
Housing counseling and referral for low income persons.
1422 C Street, Sacramento 95814
(916) 444-8216 or 448-1074; www.sacselfhelp.org

Sacramento Veterans Resource Center
Provides counseling, supportive housing, and employment assistance services.
7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387; www.vietvets.org

Salvation Army
Homeless shelter and support services for single men and women for up to 30 days.
1200 North B St., Sacramento 95814
(916) 442-0331

WEAVE, Women Escaping a Violent Environment
Temporary shelter and support services to victims of domestic violence.
1900 K St., Sacramento 95814
(916) 920-2952 – 24 hour crisis line
(916) 448-2321 – General

SAN JOAQUIN COUNTY

Gospel Center Rescue Mission
Emergency housing for homeless, single men. Provides food, clothing and shelter during an incidence of homelessness. Family transitional housing program available for single women and children.
445 S. San Joaquin St., Stockton 95203

(209) 466-2138
Stockton Shelter for the Homeless
Emergency housing and food, clothing and case management for homeless men,
women and families.
611 W. Church St. Stockton 95203
(209) 466-2605 www.stocktonshelter.com

STANISLAUS COUNTY

Central Valley Veterans Shelter
Emergency shelter for homeless veterans. Up to 30 day stay.
664 Paradise Rd., Modesto 95351
(209) 522-4355

Community Housing & Shelter Services
Resources for the homeless.
823 15th St., PO. Box 881 Modesto, CA 95353
(209) 574-1149

Gospel Mission, Modesto
Emergency shelter for the homeless.
1400 Yosemite Blvd, Modesto, CA 95354
(209) 529-8259

Pathways
Provides housing referral assistance.
700 Norwegian Ave, Modesto, CA 95350
(209) 526-3809

Legal

HICAP
Health insurance counseling and advocacy.
2862 Arden Wy Ste 200, Sacramento
(916) 973-3148

Legal Hotline
Free legal services for seniors.
444 N. 3rd St. Ste 312, Sacramento
(800) 222-1753

Legal Services of Northern California
Legal aid to low income persons in 23 Northern California counties: Sacramento, Placer,
Amador, Calaveras, El Dorado, Nevada, Sierra, Solano, Yolo, Butte, Plumas, Glenn,
Tehama, Colusa, Mendocino, Lake, Del Norte, Humboldt, Lassen, Modoc, Shasta,
Siskiyou, & Trinity.

Sacramento location:
515 12th St. Sacramento 95814
(916) 551-2150

Central California Legal Services

Free legal assistance to low income families in the following counties: Fresno, Kings, Mariposa, Merced, Tulare, and Tuolumne.

Greater Bakersfield Legal Assistance
Inc.
615 California Avenue
Bakersfield, CA 93304
(805) 325-5943

Central California Legal Services
2014 Tulare Street Suite 600
Fresno, CA 93721
(559) 570-1200
<http://www.centralcallegal.org/>

Medical and Mental Health Services

Loaves & Fishes Genesis Mental Health Services

Free mental health program for homeless persons with no insurance and who are not otherwise qualified for publicly funded services.

1400 North C St., Sacramento 95814
(916) 669-1536

Northern California VA Medical Center

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

Mather Field Hospital
10535 Hospital Way,
Sacramento 95655
(916) 843-7000

Martinez Division
150 Muir Rd.,
Martinez, 94553
(925) 372-2000

Fairfield OPC
103 Bodin Cir., Building 778,
Travis AFB 94535
(707) 437-1800

McClellan OPC
5342 Dudley Blvd.,
McClellan, 95652
(916) 561-7400

Mare Island OPC
201 Walnut Ave.,
Mare Island 94592
(707) 562-8200

Redding OPC
351 Hartnell Ave.,
Redding, 96002
(530) 226-7555

Fresno VA Health Care System

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

Fresno VA Medical Center
2615 E. Clinton Ave.,

Fresno, 93703
(553)-225-6100

Castle OPC
3605 Hospital Road, Suite D
Atwater, 95301-5140
(209) 381-0105

South Valley OPC
1050 N. Cherry Street,
Tulare, 93274
(559) 684-8703

Vet Centers

Individual, couples, group and family PTSD counseling for war zone veterans and any veteran who experienced sexual trauma while serving in the military, as well as bereavement counseling to family members who are not veterans. Multiple locations:

Chico
280 Cohasset Rd., Suite 100,
Chico 95926
(530) 899-8549

Fresno
3636 N. 1st St. Suite 112, Fresno, 93726
(559) 487-5660

Rohnert Park
6225 State Farm Dr., Suite 101, Rohnert
Park 94928
(707) 586-3295

Sacramento
1111 Howe Ave., Suite 390,
Sacramento, 95825
(916) 566-7430

Substance Abuse Treatment

Options for Recovery – Sacramento County
Referral to chemical dependence recovery programs for men and women.
4875 Broadway, Suite 129, Sacramento, CA 95820
(916) 874-9890

Sacramento Veterans Resource Center
Residential drug and alcohol program.
7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387

New Life Program
Six-month drug and alcohol dependency program for men or women.
Gospel Center Rescue Mission
445 S. San Joaquin St., Stockton 95203
(209) 466-2138

New Directions
Short and long-term residential substance abuse treatment.
P.O. Box 5070, Stockton CA 95205
(209) 870-6500

Fresno VA
Outpatient substance abuse treatment.
2615 E. Clinton Ave., Fresno 93703
(559) 225-6100

Salvation Army/ The ARC
Drug and alcohol rehabilitation for men and women.
811 S. Parallel Avenue, Fresno 93721
(559) 490-7020

SANTA BARBARA COUNTY

The Salvation Army
Santa Barbara Hospitality House
423 Chapala Street
Santa Barbara, California
(805) 962-6281

SOUTHERN CALIFORNIA RESOURCES

SAN LUIS OBISPO COUNTY

San Luis Obispo - Pacific Medical Plaza
1288 Morro Street, Ste.200
San Luis Obispo, CA 93401
Phone: (805) 543-1233
Fax: (805) 547-1179

VENTURA COUNTY

VA Oxnard Community Based Clinic
250 W. Citrus Grove Avenue, Suite 150
Oxnard , CA 93030

Catholic Charities Service sites

- Community Services, 303 N. Ventura Ave., Ventura, CA, 93001; 805-643-4694
- 80 E. Hillcrest Dr., Ste. 206B, Thousand Oaks, CA, 91360; 805-496-1113
- Community Services, 30 Flory Ave., Moorpark, CA, 93021; 805-529-0720
- Community Services, 402 N. "A" St., Oxnard, CA, 93030; 805-486-2900

OASIS/Aging (Male only), 2532 Ventura Blvd., Camarillo, Ca, 93010
805-987-2083; Fax: 805-383-1318

St. Mary Magdalen Church, corner of Las Posas Rd. and Crestview.

Senior Services (OASIS) 60+, 5649 Pittman St., Simi Valley, CA, 93063
805-526-3009; Fax: 805-526- 4231

Commission on Human Concerns Service Sites:

- CalWORKs Community Service Program
129 Dean Dr., Santa Paula, CA, 93060; 805-525-0270; Fax: 805-525-1621
- CONVIVIR Program 940 E. Main St., Santa Paula, CA; 805-525-6616
- The Goldberg House, 946 East Thompson, Ventura, CA, 93001; 805-648-60888

HELP of Ojai, Inc.

- BUSINESS ADDRESS: 212 Fox St., Ojai, CA, 93023; 805-640-3320; Fax: 805-640-3322;
Emergency Shelter Program-Sunshine Mission for Women
- BUSINESS ADDRESS: 2600 S. Hoover St., Los Angeles, CA, 90007; 213-747-7419; Fax:
213-747-8816; 9 am - 5 pm, M - F

Homeless Information and Referral Program
2220 Ventura Blvd., Camarillo, CA, 93010; 805-987-6712

RIVERSIDE COUNTY

Employment Services
Assists Parolees to Obtain Employment

Fresh Start
4344 Latham (Riverside)
951-781-0655

Harvest House
(Riverside)
951-683-2676

Work Force Development Center
1151 Spruce (Riverside)
951-955-3100

Noble House
(Riverside)
909-376-8889

Labor Ready
833 B N. Main (Corona)
951-280-9297

U.S. Vets
(March Air reserve Base)
951-656-6894

Victory Outreach
(Corona) 951-734-6212

Education

Riverside Community Collage
(Riverside) 951-222-8402
(Norco) 951-372-7052

Riverside Adult School
(Riverside) 951-788-7185

ROP Regional Occupation Program
(Riverside) 951-826-6450

Housing

Action Alliance
(Riverside)
951-662-9909

Full Circle Outreach
(Norco)
951-737-6199

Grace House
(Riverside)
951-368-7073

Hacienda Christian Living
(Perris)
951-657-3041

Dual Diagnosis Treatment

Riverside Adult Systems of Care
1695 Spruce (Riverside)
951-358-7650

Riverside County Mental Health
4275 Lemon (Riverside)
951-955-8540

Transitional Services
1495 Columbia Ave. (Riverside)
951-686-5484

Substance Abuse Treatment

California Recovery Clinics
(Corona) 951-549-8888

California Rehabilitation Center
(Norco) 951-737-2683

Substance Abuse Program
(Corona) 951-737-2962

MFI Recovery Center
(Riverside) 951-683-6596

Riverside Treatment Services
(Riverside) 951-784-8010

Food and Clothing

Arlington Temporary Services
4510 Van Buren (Riverside)
951-689-5620

Community Settlement Assistance
4366 Bermuda (Riverside)
951-686-6266

Settlement House
507 S. Vicentia (Corona)
951-737-3504

Salvation Army
1024 S. Main (Corona)
951-738-8686

Health and Dental

Eastside Health Services
1970 University (Riverside)
951-276-0661 (Health)
951-276-0668 (Dental)
County of Riverside Health Services
(Family Planning)
1-888-728-1113

Inland AIDS Project
3758 Elizabeth (Riverside)
951-683-4022

Counseling

ABC Counseling
2200 Hammer (Norco)
951-734-3399

A.C.T.S.
7250 Mission (Riverside)
951-681-3115

Faith

Full Circle Outreach
(Corona) 951-545-2965

Path of Life Ministries
(Riverside) 951-786-9048

Victory Outreach Special Services
(Corona) 909-737-9745

Other Helpful Numbers

Child Protective Services
1-800-442-4918

Homeless Emergency Shelter
951-278-2215

Social Security / SSI
1-800-772-1213

Unemployment Insurance Claims
1-800-326-8937

Veterans Affair / New Start Program
909-503-2903

Riverside County Child Support
951-955-8163

Inland AIDS Project
951-683-4022

Riverside County Mental Health
951-955-8000

Riverside County Social Services
951-955-6400

Riverside City Collage
951-222-8402

Department of Motor Vehicles
1-800-777-0133

SAN BERNARDINO COUNTY

Social Services
Arrowhead Regional Medical Center
(909) 580-1000

Child Support Services
Loma Linda, CA
(909) 799-1790

Rancho Cucamonga, CA
(909) 945-4342

Department of Motor Vehicles
(800) 777-0133

Department of Rehabilitation
464 W. 4th Street
San Bernardino, CA
(909) 383-4401
Assist those with disabilities

Inland County Legal Services
(909) 980-0982
(800) 977-4257

Office of District Attorney Victim Witness
316 N. Mt. View Ave.
San Bernardino, CA
(909) 387-6540

MIA/CMSP
(800) 442-4978
Medical insurance for low income county residents

San Bernardino County Alcohol Drug Services (ADS)
700 Gilbert Street
San Bernardino, CA
(909) 387-0489

Social Security Administration
605 N. Arrowhead Ave. Ste. 101
San Bernardino, CA
(800) 772-1213

Community Services
2-1-1
(888) 435-7565
Health care, counseling, food, support groups, clothing, housing, employment and many more

California Vision Foundation
(800) 877-5738
Free eye exam and low cost glasses

Catholic Charities
(909) 880-3725
Utility assistance, housing, food, family support and HIV/AIDS services

Central City Lutheran Mission
1354 North G Street
San Bernardino, CA 92405
(909) 381-6921
Transitional housing for homeless, food and HIV/AIDS services

Children's Network
385 N. Arrowhead Ave. (2nd floor)
San Bernardino, CA
(909) 387-8966
Child healthcare, child abuse and child safety

Colton Clinical Services
2275 E. Cooley Dr.
Colton, CA
(909) 370-1777

Community Action Partnership
696 S. Tippecanoe

San Bernardino County Department of Public Health (800) 255-6560	San Bernardino, CA (909) 723-1500 Food bank, family development program, HEAP and food stamps voucher program
San Bernardino County Recorder and County Clerks Office 222 W. Hospitality Lane San Bernardino, CA (909) 387-8314 Birth, death and marriage certificates	Cornerstone Church 903 E. 3 rd Street San Bernardino, CA (909) 856-1574 Food distribution, clothing and showers
Diocese of San Bernardino Sister Carmel Crimmins 1201 E. Highland Ave. San Bernardino, CA (909) 475-5475 Spiritual assistance and social services	The Rock Church 2345 S. Waterman Ave. San Bernardino, CA (909) 825-8887 Parolee outreach ministry and other social services
Frazee Center 1140 W. Mill Street San Bernardino, CA (909) 889-4424 Hot meals, clothing and emergency shelter	SAC Norton Clinic 1455 E. 3 rd Street San Bernardino, CA (909) 382-7102 Dental, medical and substance abuse
Gang Reduction Intervention Team (G.R.I.T) Joseph Rodriguez (909) 794-1148 Assist parolees in getting out of gangs/24 hour response team	Vista Resource Center 955 N. D Street San Bernardino, CA (909) 885-4645 Showers and laundry
Hotline for Food 351 N. Mountain View Ave. San Bernardino, CA (909) 387-6861 Information about food programs or emergency food in San Bernardino County	Volunteers of America Family Resource Center 720 South E Street San Bernardino, CA (909) 885-0471 Employment assistance, GED & ESL classes, anger management, domestic violence support group, parenting classes, and prenatal education (Free services for parents of a child who is 5 or younger)
The House of Blessing 9269 Utica Ave. Ste. 105 Rancho Cucamonga, CA (909) 987-7110 x.241	
Mary's Mercy Center 641 N. Roberts Ave. San Bernardino, CA (909) 889-2558 Hot meals, clothing and showers	The Way Outreach 310 W. 4 th Street San Bernardino, CA (909) 884-7117 Food baskets and lunches

Pastor for Parole Community Services Division
Ray Miller
(909) 383-4694

A.C.T.S. Alcohol Chemical Treatment Services
Rev. Patrick Garret
1123 Cactus Ave.
Rialto, CA
(909) 820-2393
Free substance abuse treatment

Alcoholics Anonymous
(909) 628-4428
(909) 825-4700

Compass Intervention Programs
(909) 790-0161
Anger management and domestic violence
classes

Dual Diagnosis Anonymous
201 W. Mill Street
San Bernardino, CA
(909) 888-9282
Substance abuse treatment and mental health
issues

Family Services Agency
1669 N. E Street
San Bernardino, CA
(909) 886-6737
Mental health evaluations, parenting classes
anger management and batterers program

Female Treatment Employment Program
(FOTEP) Region IV
(909) 476-9624

Inland Behavioral & Health Services
1963 N. E Street
San Bernardino, CA
(909) 881-6146
Substance abuse treatment, mental health
issues and anger management

Narcotics Anonymous
Tom Kanavos
(951) 965-4708

** Parole Outpatient Clinic
Carolyn Riordan
San Bernardino Parole Complex
303 W. 5th Street
San Bernardino, CA
(909) 383-4694 x.2057
Mental health treatment, referral through
parole agent*

People's Choice Outpatient Substance Abuse
Treatment Center
1505 N. Highland Ave
San Bernardino, CA
(909) 889-6600 x.232

SAC Health System
1454 E. Second Street
San Bernardino, CA
Linda War
(909) 382-7152
Alcohol and drug outpatient treatment

Salvation Army Rehabilitation
303 S. Doolittle Rd.
San Bernardino, CA
(909) 889-9605

SASCA-Region IV
(909) 520-0415
Parolee must have attended a substance
abuse program while in prison. They may
qualify for aftercare through SASCA.

** Substance Abuse Treatment and Recovery
(STAR)
Dorothy Whittington
San Bernardino Parole Complex
303 W. 5th Street
San Bernardino, CA
(909) 383-4694 x.2016*

Vista Recovery Center
939 N. D Street
San Bernardino, CA
(909) 381-5100

ORANGE COUNTY

VA Community Based Outpatient Clinics
 Anaheim Professional Center
 1801 W. Romneya Drive
 Suite 303 Anaheim, CA 92801
 Phone: (714) 780-5400

Bristol Medical Center
 2740 S. Bristol Street, Suite 110
 Santa Ana, CA 92704
 Phone: (714) 825-3500

10210 Orr & Day Road
 Santa Fe Springs, CA 90670
 Phone: (562) 864-5565
 Office Hours: 8:00am - 4:30pm Mon - Fri

Resources for Homeless

Aids Services Foundation	Financial, Rent, Utilities	Orange County	949-809-5700
Mercy House Center	Prescriptions, DMV funds, bus vouchers, hygiene	Santa Ana (only)	714-836-7188
Emmanuel House	Shelter	Santa Ana	714-836-7188
First Southern Baptist Church	On-site meals, groceries, counsel	Buena Park	714-522-7201
Friendship Shelter	Shelter for men and women	Laguna Beach	949-494-6928
O.C. Rescue Mission	Shelter	Santa Ana	888-946-4671
Orange Coast Interfaith	Families shelter	Costa Mesa	800-775-7213
Precious Life Shelter	Pregnant women 18+	Los Alamitos	562-431-5025
Salvation Army Hospitality House	7 day Shelter for ind. Or family	Santa Ana	714-54-29576
Toby's House	Pregnant women 18+	South Orange County	949-661-4408
Anaheim Interfaith Shelter	Family Shelter	Anaheim	714-774-8502
Serving People in Need	Homeless Families, 2 year program, 1 adult must be FT employed	Costa Mesa	714-751-1101
Shelter for the Homeless SRO	Single employed	Midway City	714-897-3221
Fullerton City Lights SRO	Adults w/ children	Fullerton	714-52-54751
Irvine Inn SRO	Single Adults	Irvine	949-551-7999
Park Place Village SRO	Single Adults	Costa Mesa	949-646-7804
Families Forward	Low income housing for families	Irvine	949-552-2727
Friendship Shelter	Single men, single women	Laguna Beach	949-494-6928

John Henry Foundation	Seriously Mentally Ill	Santa Ana	714-480-0025
Interfaith Shelter Network	Single, employable	Fullerton	714-738-0534

Veteran's Services

VA Healthcare Long Beach	Full Service Medical Center	Long Beach	562-826-8000
Veteran's First	Shelter Program 40% of income, assistance to return to independence	Santa Ana	714-547-0615
Veteran's Service Office	Claims Assistance	Santa Ana	714-567-7450

Vocational Rehabilitation

U.S. Vets/ Villages at Cabrillo	Transitional Housing, case management assistance	Long Beach	562-388-8000
Anaheim Veterans Center	Counseling (specific to combat), job referral services	Anaheim	714-776-0161
Goodwill Industries	Employment assistance disabled	Tustin	714-547-6301
Project Independence	Employment assistance disabled	Costa Mesa	714-549-3464
Rehabilitation Institute of Southern Orange County – Rio Orange	Employment assistance disabled	Orange	714-680-6060
California Dept of Rehabilitation	Employment assistance disabled	Anaheim	714-991-0800

Financial Assistance

Catholic Charities	Advice, guidance, some financial	Santa Ana	714-668-1130
Community Action Partnership	Advice, guidance, some financial	Garden Grove	800-660-4232
Fish of the Harbor	Advice, guidance, some financial	Newport Beach	949-642-6060
Consumer Credit Counseling	Financial problem solutions	Santa Ana	714-547-2227
Social Services Agency	Advice, guidance, some financial	Santa Ana	714-834-8899

SAN DIEGO COUNTY

<p>Alpha Project 3737 5th Ave. Ste. 203 S.D., CA 92103 (619) 233-3432 Main (619) 233-7022 Fax</p>	<p>Family Healthcare Centers of S.D. 1809 National Ave S.D. CA 92113 (619) 515-2398 Tel (619) 702-8536 Fax</p>	<p>Presbyterian Crisis Center 2459 Market St. S.D., CA 92101 (619) 232-2753 Tel (619) 238-5211 Fax</p>
<p>Areta Crowell Center 531 16th St. S.D., CA 92102 (619) 233-3432 Main (619) 233-7022 Fax</p>	<p>Family Healthcare 1145 Broadway S.D., CA 92101 (619) 515-2417 Tel</p>	<p>Salvation Army STEPS Program 730 F St. S.D., CA 92101 (619) 446-0451 Tel (619) 235-8856 Fax</p>
<p>Catholic Charities Rachel's Women's Center 759 8th St. S.D., CA 92101 (619) 231-6153 Tel (619) 236-9074 Main (619) 696-0873 Main (619) 696-9042 Fax</p>	<p>Friend-to-Friend 1009 G St. Ste. A S.D., CA 92101 (619) 238-2711 Tel (619) 238-1127 Fax</p>	<p>Salvation Army Homeless Outreach 825 7th Ave S.D., CA 92101 (619) Main (619) 699-2213 Tel (619) 235-8856 Fax</p>
<p>City of San Diego Homeless Services 1200 Third Ave MS- 51F/Ste. 924 S.D., CA 92101 (619) 533-6525 Tel (619) 236-5596 Fax</p>	<p>Homeless Outreach Team 4439 Olney Street S.D., CA 92109 (858) 490-3850 Main (858) 490-3852 Tel</p>	<p>Salvation Army STEPS 825 7th Ave S.D., CA 92101 (619) 231-6000 Main (619) 235-8856 Fax (619) 699-2213 Tel</p>
<p>Crisis House 1034 N. Magnolia El Cajon, CA 92020 (619) 444-1194 Tel (619) 444-1422 Fax</p>	<p>Interfaith Community Services 550 West Washington Ave., Ste. Escondido, CA 92025 (760) 489-6380 Tel (760) 740-0837 Fax</p>	<p>San Diego Housing Commission 1625 Newton Ave San Diego, CA 92113</p>
<p>Disabled American Veterans 8810 Rio San Diego Dr. Ste.1160 S.D., CA 92108 (619) 299-6916 Tel (619) 299-7092 Fax</p>	<p>Ladle Fellowship 320 Date St. S.D., CA 92101 (619) 232-7513 Tel (619) 232-8489 Fax</p>	<p>San Diego Urban League 720 Gateway Center Dr. S.D., CA 92102 (619) 266-6272 Main</p>
<p>Downtown Family Health</p>	<p>Neil Good Day Center</p>	<p>Second Chance</p>

Center 1145 Broadway S.D., CA 92101 (619) 575-2417 Tel	299 17th St. S.D., CA 92101 (619) 234-3041 Tel	505 16th St. S.D., CA 92101 (619) Main (619) 239-1904 Fax
Vietnam Veterans of S.D. 4141 Pacific Hwy S.D., CA 92110 (619) 497-0263	New Resolve 1207 Escondido Blvd. Escondido, CA 92025 (760) 745-7829 Main (760) 740-2090 Tel	St. Vincent de Paul Village 1501 Imperial Ave. S.D., CA 92101 (619) 233-8500 Main

LOS ANGELES COUNTY

VA Community Based Outpatient Clinics

420 W. Las Tunas Drive San Gabriel, CA 91776 Phone: (626) 289-5973	547 West Lancaster Boulevard Lancaster, CA 93536 Phone: (661)729-8655 or (800) 515-0031 Fax: (661) 729-8656
5426 E. Olympic Boulevard City of Commerce, CA 90040 Phone: (323) 725-7557 Fax: (323)725-7577	1251 Redondo Beach Blvd, 3rd Floor Gardena, CA 90247 Phone: (310) 851-4705 Fax: (310) 851-4719
3737 Martin Luther King Blvd. Suite 515 Lynwood, CA 90262 Phone: 310-537-6825 Fax: 310-537-7496	

Shelter and Housing

Harbor View House 921 S. Beacon St. San Pedro, CA 90731 310-547-3341	Rainbow Services Ltd. 453 W. 7th St. San Pedro, CA 90731-3207 310-547-9343	Multi-Service Center 1301 W. 12th St. Long Beach, CA 90813 562-436-3533
National Mental Health Association Greater Los Angeles 456 Elm Ave. Long Beach, CA 90802 562-437-6717	Long Beach Family Shelter for the Homeless 123 E. 14th St. Long Beach, CA 90813 562-591-1351	Beacon Light Mission 525 N. Broad Ave. Wilmington, CA 90744 310-830-7063
Wecan House 505 S. Pacific Ave. San Pedro, CA 90731 310-784-0194	Salvation Army Corps Community Center - Compton 736 E. Compton Blvd. Compton, CA 90221 310-639-0362	Bell Shelter Salvation Army 736 E. Compton Blvd. Compton, CA 90221 310-639-0362

Floodgates of Faith Christian Ministries (Women w/ children) 2515 N. Santa Fe Ave. Compton, CA 90222	Salvation Army Westwood Transitional Village 1401 S. Sepulveda Blvd. Los Angeles, CA 90025 310-477-9539	US Veterans Initiative Inc Villages of Cabrillo 2001 River Avenue Long Beach, CA 90810 (562) 388-8000
US Veterans Initiative Inc. Westside Residence Hall 627 Hindry Ave Inglewood, CA 310-348-7600	California Council for Veterans' Affairs, Inc. (women's) 2501 W. Florence Ave. Los Angeles, CA 90043 323-750-9967	Friends Helping Friends Sober and Transitional Living, Inc. 3701 Cherrywood Ave. Los Angeles, CA 90018 323-293-9778
African Community Resource Inc. 3540 Wilshire Blvd., Ste. 806 Los Angeles, CA 90010 800-496-2525	YMCA Hollywood 1553 N. Schrader Blvd. Hollywood, CA 90028 323-467-2901	First Step Sober Living Foundation 6214 S. Western Ave. Los Angeles, CA 90047 323-971-2287
Our Saviour Center 4368 Santa Anita Ave. El Monte, CA 91731 626-579-0290	Hospitality House – Whittier 7926 S. Pickering Ave. Whittier, CA 90602 562-698-8348	Gospel Missions of America 1803 Nausika Ave. Rowland Heights, CA 91748 626-965-8922
West Covina Community Services Center 415 S. Glendora Ave., Ste. F West Covina, CA 91790	St. Joseph Homeless Service Center 373 Rose Ave. Venice, CA 90291 310-399-6878	American Philanthropy Association - Don King Shelter 8770 S. Broadway Los Angeles, CA 90003 323-971-4432

Essential Needs

Long Beach Department of Health and Human Services 2525 Grand Ave. Long Beach, CA 90815 888-942-2229	Salvation Army Family Service Office - Long Beach 455 E. Spring St. Long Beach, CA 90806 562-426-7637	Catholic Charities Community Services of Long Beach 123 E. 14th St. Long Beach, CA 90813 562-591-1354
Bureau of Workforce Services 923 E. Redondo Blvd. Inglewood, CA 90302 310-419-5650	Bureau of Workforce 17600-A Santa Fe Ave. Rancho Dominguez, CA 90221 310-349-5691	Whittier Area First Day Coalition 12426 Whittier Blvd. Whittier, CA 90602 562-693-4097
St. Mark's Evangelical Lutheran Church 3651 S. Vermont Ave. Los Angeles, CA 90007 323-731-2157	Social Services at Blessed Sacrament 6636 Selma Ave. Los Angeles, CA 90028 323-731-2157	Weingart Access Center 506 S. Main St. Los Angeles, CA 90013 213-624-3370
St. Vincent's Cardinal Manning Center 231 Winston St. Los Angeles, CA 90013 213-229-9963	Cathedral of Our Lady of the Angels Charities Program 555 W. Temple St. Los Angeles, CA 90012 213-680-5231	Safe Harbor Women's Clinic 721 E. 5th St. Los Angeles, CA 90013 213-622-5253

Brownson House Community Center 1307 Warren St. Los Angeles, CA 90033 323-264-8700	Bureau of Workforce Services 813 E. 4th Place Los Angeles, CA 90013 213-974-9192	Bureau of Workforce Services 2855 E. Olympic Blvd. Los Angeles, CA 90023 323-260-2941
Lutheran Social Services of Southern California 1611 Pine Ave. Long Beach, CA 90813 562-599-1321	St. Francis Center 1041 E. 7th St. Long Beach, CA 90813 562-599-6474	Christian Outreach in Action 515 E. 3rd St. Long Beach, CA 90802 562-432-1440
Clothes the Deal 9525 Imperial Hwy. Downey, CA 90242 562-922-8635	Eastmont Community Center 701 S. Hoefner Ave. Los Angeles, CA 90022 323-726-7998	Salvation Army Corps Community Center - Huntington Park 2965 E. Gage Ave. Huntington Park, CA 90255 323-587-4221
Eastmont Community Center 701 S. Hoefner Ave. Los Angeles, CA 90022 323-726-7998	Compton Welfare Rights 528 W. Almond St. Compton, CA 90220 310-603-7412	Fruit of the Vine Ministries 3002 W. Florence Ave. Los Angeles, CA 90043 323-758-3698
California Council for Veterans Affairs, Inc. 2501 W. Florence Ave. Los Angeles, CA 90043 323-750-9967	Beyond Shelter - Broadway Village 7826 S. Broadway Los Angeles, CA 90003 323-565-2703	Ascension Church Food Program 518 W. 111th Place Los Angeles, CA 90044-4262 323-754-2978