



About the Photos



The photos in this curriculum are of Native women who either had diabetes or got checked for diabetes while pregnant. Each woman was concerned about her baby and took steps to take care of herself and her baby.

They worked hard to:

- eat low-fat and low-sugar food
- check their blood sugar
- walk to be active
- take insulin
- keep appointments with their health care team

These photos show that having diabetes and having a healthy baby is possible! Thank you to the women who came forward to share their photos and their stories. It is their hope that many others learn that they too can have diabetes and have healthy babies.

Front Cover: Marilyn Huggins (Miccosukee) and daughter Kendrick Osceola

Page 1, Session #1: Jolene Garcia (Isleta) and son Santiago Angelo Tewahaftewa (left)
Bertina Salazar (Isleta) and son Joseph Raymond James Garcia (right)

Page 15, Session #2: Victoria Dawahoya (Pima) and daughter Erica Dawahoya

Page 37, Session #3: Stacey Norvell (Isleta) and daughter Tyler Norvell-Olguin

Page 49, Session #4: Adrienne Lee Beaulieu (Red Lake Band of Chippewa) and son Matthew Brian Maxwell

Page 59, Session #5: Heather Sun Rhodes (Northern Arapaho/Jemez) and son Jayce Old Coyote

Page 71, Session #6: Leona Aragon (Isleta) and daughter Alexandria Aragon

Page 89, Session #7: Carmen Washakie (Northern Arapaho), son Hunter Washakie and daughter Isabella Washakie

