

# What is in this Toolkit?

- ❑ PowerPoint presentations that you can edit and make your own. This will provide you with a wealth of information that you can utilize in your efforts to replace soda and other sweetened beverages with water, 100% juice and low-fat milk.
- ❑ Sample Disks: Healthy Beverages Action in American Indian and Alaska Native Communities.
  - “Strengthen the Family Circle” – One pager emotion based behavior change strategy
- ❑ “Honoring the Gift of Children” – One pager emotion based behavior change strategy.

