

The Following Is An Example Of A Community Action.



A community action can be used to gather feedback and build support for improvements. Get feedback and suggestions from the community and encourage a discussion to be included in your action plan.

- **Develop a questionnaire.**

The results will help you assess the amount of support behind improving the healthy beverage environment in your community. You can present this to draw attention.

- **PowerPoint presentation** (Sample included in the Appendix)
Present success stories and activities that you would like to share and the benefits of healthy beverages in schools.

- **Flyers and Fact Sheets**

Create your own or adapt handouts and fact sheets on Healthy Beverages. Distribute at community meetings or events and post with permission at public locations.

- **Letter templates**, (See sample)

- **Media materials**

Call your local community newspaper and ask for a reporter who covers child obesity or nutrition. To publicize your press release template, send in out early or according to the newspaper policy. Follow up with a reminder via phone call before the event.

- **Recommendations for building support**

- **Other resources**