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Appendix A: Other Additional Resources

"Reducing Soda Pop Consumption in American Indian and Alaska Native Communities", DHHS, Washington, D.C., June 01, 2005. (22-page report)

The Oral Health of Native Americans: A Chart Book of Recent Findings, Trends and Regional Differences, by William Niendorff, DDS, MPH, Dental Field Support and Program Development Section, Indian Health Service, Albuquerque, NM. 1991

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Caffeine Content of Popular Drinks" 14 June 2006 Wilstar 2006.

http://wilstar.com/caffeine.htm "Caffeine Content of Foods and Drugs." 12 June 2006 Nutrition Action Health letter 1996.

http://www.cspinet.org/nah/caffeine/caffeine_content.htm

<u>Appendix B</u>: PowerPoint Presentation Visuals and Speaker Notes – 14 visuals, "Healthy Beverages Action in American Indian and Alaska Native Communities". (adapted from "Taking the Fizz out of Soda Contracts, California Project LEAN)

PA Department of Agriculture "Healthy Beverage Tool Kit" The Food Trust, 2004 Philadelphia, PA. www.Thefoodtrust.org

2006 The StayWell Company, San Bruno, CA, www.krames.com
A Healthy Weight for Your Preteen: Helping your child make good choices and Say No to TV Zombies and Soda Monsters, The Choice is Yours!

Watch Out for TV Zombies and Soda Monsters. Eat Healthy. Play Healthy. Stay Healthy. and Helping Your Child Maintain a Healthy Weight: A Parent's Guide for Food and Fun (each booklet is designed for 2 audiences: children and parents/caregivers.