

A Proposal for a Healthy Beverage Policy

Steps to a Policy

- Step 1: Build a partnership of individuals in agreement.
- Step 2: Look at your school's current beverage policy and find out what types of beverages are sold in schools.
- Step 3: Develop and promote a draft beverage policy like the example of the (Lummi Resolution) page 36.
- Step 4: Meet with school, health care providers, and tribal health directors to discuss the draft policy.
- Step 5: Contact the local newspaper or radio stations.
- Step 6: Inform tribal health directors, the issue and your proposed policy.
- Step 7: Call for a meeting on school beverage policy.
- Step 8: Emphasize through the media and other approaches
- Step 9: New policy is adopted.

