

Healthy Beverage Team Leaders

Jean Charles-Azure, MPH,
RD
IHS Principal Nutrition
Consultant
Rockville, MD
Phone: 301-443-0576
Jean.Charles-Azure@ihs.gov

Elaine Little, MS, RD
LCDR USPHS
Public Health Nutritionist
IHS Phoenix Area,
Phoenix, AZ
Phone: 602-364-7755
Elaine.Little@ihs.gov

Brenda Broussard, RD
MPH MBA BC-ADM
CDE
Health Care Consultant
Albuquerque, NM
Phone: 505-792-0065
Brenda@BroussardConsulting.com

Healthy Beverage Team

Mary Altenberg, MS, CHES
Program Director, Dental Support Center,
Albuquerque Area
Phone: 505-922-4246
Mary.Altenberg@ihs.gov

Kathy Charles, MPH, RN
Public Health Educator,
Lummi Tribe of Washington
Phone: 360-384-2386
Kathyc@lummi-nsn.gov

Alberta Becenti,
IHS Health Promotion and Disease
Prevention (HP DP) Consultant
Rockville, MD
Phone: 301-443-4305
Alberta.Becenti@ihs.gov

Mary McEnergy, DDS
Pediatric Dentist,
Lame Deer, MT
Phone: 406-477-4400
MMcEnergy@mail.ihs.gov

Robert Bialas, R.S.
Commander, USPHS
IHS - Head Start Program
Bremerton, WA 98310
Phone: 360-792-1235, ext. 116
robert.bialas@ihs.gov

CDR Delores E. Starr BS, RDH
Area Dental Prevention Officer
Aberdeen Area, Pine Ridge Hosp
Pine Ridge, SD 57770
Delores.starr@ihs.gov

Patrick Blahut, DDS,
IHS Dental Program, HQE
Rockville, MD,
Patrick.Blahut@ihs.gov

Cheryl Wilson, MS
Director, IHS Head Start Program,
Albuquerque, NM
Phone: 505-248-7771
Cheryl.Wilson@ihs.gov

Tammy Brown, MPH RD BC-ADM, CDE
IHS Nutrition Consultant, Diabetes,
Treatment & Prevention, Albuquerque, NM
Phone: 505-248-4182
Tammy.brown@ihs.gov

Ellie Zephier, MPH, RD
IHS Nutrition Consultant, Aberdeen Area
Aberdeen, SD
Phone: 605-226-7458
Ellie.Zephier@ihs.gov