

Sample 5: Community Beverages Assessment Form (blank)

	A Excellent	B Very Good	C Fair	D <u> </u>	F Failing
<p>Healthy Beverage Choices</p> <p>Are there more healthy options (waters, low fat milks and 100% fruit juices) than there are sodas, energy drinks, sports drinks, sweet teas? Are healthy beverages as accessible and available as sodas?</p>					
<p>Healthy Choices: Portions</p> <p>What are the sizes of beverages offered – for example, ½ cup fruit juice, 1 cup milk, 12 ounce cans, 20 ounce bottles, “super sizes”, “big gulps”?</p>					
<p>Healthy Choices: Prices</p> <p>How are the healthy choices priced compared to other beverages? Are waters, juices, and low fat milks cheaper, more expensive, or equal in price compared to sugary sodas.</p>					
<p>Healthy Choices: Visibility</p> <p>Are there visible vending machines, snack bars, tribal events offering healthy choices? When can children get healthy beverages; i.e. School meals, school snacks, snack bars, markets, tribal events?</p>					
<p>Advertising and Promotion</p> <p>What are the messages at schools, sports fields, banners, tribal sponsored events advertising beverages? Do they promote healthy beverage choices such as waters, juices and milks?</p>					