

NHANES Open Space

September 11-12, 2003

Session Title: Diet Attitude, Knowledge, Behavior

Session Headlines:

CSFI from early 1990's, phone survey-1 adult per household which evaluates issues about nutrition education/policy Survey would give information about dietary guidelines and food pyramid to government (not funded to continue currently).

Should we add questions/modules about diet attitudes, knowledge, and behavior (DHK) DHK survey has not been done since 1994. Add questions to NHANES about DHK

USDA thinking of developing DKA survey, but need to time it with new dietary guideline recommendations.

Need questions about dietary supplements and fortified foods.

Need questions on new food labeling and dietary supplement labeling-attitudes about taking dietary supplements.

Have a rotating questionnaire for DHK, have some basic questions and then have a different focus every year.

Have questions focusing on obesity and related issues.

Next Steps/Action Items:

1. NHANES needs more questions on Diet knowledge, attitudes and behaviors. NHANES evaluates how people are (health). NEED to evaluate why people are the way they are.

This is a way to develop/revise nutrition policies/intervention strategies.

Ideas for subjects/questions for NHANES:

- Focus questions regarding knowledge of dietary guidelines, food pyramid and food labeling issues
- Need questions that evaluate why people take dietary supplements/fortified foods
- Questions need to have a focus around obesity
- If add questions, what questions could be deleted/ what questions are already on the survey to help answer knowledge and attitudes?
- Barriers to “good behaviors” –why don’t they eat right?

2. Convene a group to develop questions for this section