#### SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

# Resources for Module 6: School Counseling, Psychological, and Social Services

## Materials/Publications

## General

Facts for Families, American Academy of Child & Adolescent Psychiatry, http://www.aacap.org/publications/factsfam/

Guidelines for Protecting Confidential Student Health Information, National Task Force on Confidential Student Health Information, Kent, OH: American School Health Association, 2000, www.ashaweb.org (item #MSN09)

Health Counseling, Balbu MB, Petter MP, Saleh KP, Litwack L, Kent: OH, American School Health Association, 1992, www.ashaweb.org (Click on "Publications" and then "Education/Health Materials")

School Counseling, Psychological, and Social Services, Adelman H, chapter in *Health Is Academic: A Guide to Coordinated School Health Programs*, Marx E, Wooley SF, Northrop D, editors, New York, NY: Teachers College Press, 1998, www.teacherscollegepress.com/

The National Standards for School Counseling, Campbell CA, Dahir CA, Alexandria, VA: American School Counselor Association, 1998, www.schoolcounselor.org (Click on "About ASCA" and then "National Standards")

#### Nutrition

Eating Disorders: Facts About Eating Disorders and the Search for Solutions, National Institute of Mental Health, 2001, http://www.nimh.nih.gov/publicat/eatingdisorders.cfm

Helping Your Overweight Child, National Institute of Diabetes and Digestive and Kidney Diseases, 1997, http://win.niddk.nih.gov/publications/over\_child.htm

Resources from the Center for Weight and Health, University of California, Berkeley.

http://nature.berkeley.edu/cwh/resources/weight mng.sht

# **Tobacco**

Treating Tobacco Use and Dependence: Clinical Practice Guideline, U.S. Department of Health and Human Services, 2000, www.surgeongeneral.gov/tobacco

Special issue on youth tobacco cessation, *American Journal of Health Behavior*, 27(2):S99-S184, 2003, www.aahb.siu.edu/ajhb/

Youth Tobacco Cessation: A Guide for Making Informal Decisions, Centers for Disease Control and Prevention, Office on Smoking and Health, 2004, (770)488-5705 (Press #3)

# Unintentional Injury and Violence

Crisis Communications Guide and Toolkit, National Education Association, 2000, www.nea.org/crisis Connecting the Dots to Prevent Youth Violence, Knox, L, American Medical Association, 2002, www.ama-assn.org/ama1/pub/upload/mm/386/youthviolenceguide.pdf

Managing Sudden Traumatic Loss in the Schools: New Jersey Adolescent Suicide Prevention Project, Underwood MM, Dunne-Maxim K, Piscataway, NJ: University of Medicine and Dentistry of New Jersey, University Behavioral Health Care, 1997

Mental Health: A Report of the Surgeon General, U.S. Department of Health and Human Services, 1999, www.surgeongeneral.gov/library/mentalhealth/home.html

Mental Health in Schools: Guidelines, Models, Resources, & Policy Considerations, Policy Leadership Cadre for Mental

Health in Schools, Center for Mental Health in Schools, 2001,

www.smhp.psych.ucla.edu/pdfdocs/policymakers/cadreguidelines.pdf

National Strategy for Suicide Prevention: Goals and Objectives for Action, U.S. Department of Health and Human Services, Public Health Service, 2001,

http://www.mentalhealth.samhsa.gov/publications/allpubs/SMA01-3517/



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- Preparing for Crises in the Schools: A Manual for Building School Crisis Response Teams, Brock SE, Sandoval J, Lewis S, Indianapolis, IN: Wiley Publishing, 2001, www.wiley.com/WileyCDA/Section/id-2852.html ("Product Search" by title)
- Safe School Initiative: The Final Report and Findings of the Safe School Initiative, U.S. Secret Service National Threat Assessment Center, U.S. Department of Education, National Institute of Justice, 2002, www.treas.gov/usss/index.shtml
- Sharing Information: A Guide to the Family Educational Rights and Privacy Act and Participation in Juvenile Justice Programs, U.S. Department of Justice, U.S. Department of Education, 1997, publication no. (NCJ) 163705, www.ncjrs.org/pdffiles/163705.pdf

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