

Resources for Module 2: Health Education

Materials/Publications

General

- A Competency-based Framework for Professional Development of Certified Health Education Specialists*, New York: National Commission for Health Education Credentialing, 1996, www.nchec.org
- Assessing Health Literacy: A Guide to Portfolios*, Council of Chief State School Officers-State Collaborative on Assessment and Student Standards (SCASS) Health Education Project, Santa Cruz, CA: ToucanEd Publications, 1999, www.toucaned.com/inside/products.html
- Assessing Health Literacy: Assessment Framework*, Council of Chief State School Officers-State Collaborative on Assessment and Student Standards (SCASS) Health Education Project, Santa Cruz, CA: ToucanEd Publications, 1998, www.toucaned.com/inside/products.html
- Community Agency and School Collaboration to Enhance Health Education: Putting Together the Pieces*, Brothen K, Anderson BJ, 1997, Minnesota Department of Children, Families and Learning, education.state.mn.us/stellent/groups/public/documents/translatedcontent/pub_mde_home.jsp
- Cultural Awareness and Sensitivity: Guidelines for Health Educators*, Reston, VA: American Association for Health Education, 1994, www.aahperd.org (Click on "Online Store")
- Educating for Health: A Guide to Implementing a Comprehensive Approach to School Health Education*, Marx E, Northrop D, editors, New York, NY: Education Development Center Inc., 1995, www.edc.org (Click on "Publications," then on "Promoting Health")
- Manual on Responsibilities and Competencies of Teachers of Young Adolescents for Promoting Healthy Development*, Reston, VA: American Association for Health Education, 1998, www.aahperd.org (Click on "Online Store")
- National Health Education Standards: Achieving Health Literacy*, American Association for Health Education, American Cancer Society, American School Health Association, Atlanta, GA: American Cancer Society, 1995, www.aahperd.org (Click on "Online Store")
- Personal and Social Skills* (3 volumes), Fetro JV, Scotts Valley, CA: Education, Training and Research Associates, 1999, www.etr.org
- Step by Step to Peer Health Education Programs: A Planning Guide*, Goldsmith M, Reynolds ST, Scotts Valley, CA: Education, Training and Research Associates 1996, www.etr.org/ (Click on "Search and Order")

Nutrition

- JumpSTART Program. National Heart, Lung, and Blood Institute. www.nhlbi.nih.gov/health/prof/heart/other/jumpstrt.htm
- Nutrition Literacy Toolkit*, Colorado Department of Education, 2000, www.cde.state.co.us/cdenutritran/nutritoolkit.htm
- Resources for Teachers*, U.S. Department of Agriculture/Team Nutrition, www.fns.usda.gov/tn/Educators/index.htm
- Strategies for Success II: Enhancing Academic Performance and Health Through Nutrition Education*, California Department of Education/Nutrition Education and Training Program, 2001, <http://www.cde.ca.gov/ls/nu/he/documents/strategy2.pdf>
- Team Nutrition Days and Beyond: How-to Kit*, U.S. Department of Agriculture/Team Nutrition, 1997, www.fns.usda.gov/tn/Resources/howtokit.html
- Team Nutrition School Activity Planner: A How-to Guide for Team Nutrition Schools and Supporters*, U.S. Department of Agriculture/Team Nutrition, 1997, www.fns.usda.gov/tn/Resources/activityplanner.pdf
- The Power of Choice. Helping Youth Make Healthy Eating and Fitness Decisions: A leaders guide*. US Department of Agriculture and US Department of Health and Human Services, 2003

Tobacco

- Exemplary & Promising Safe, Disciplined, and Drug-free Schools*, U.S. Department of Education, Safe and Drug-free Schools Program, 2001, www.ed.gov/admins/lead/safety/exemplary01/exemplary01.pdf
- Making the Grade: A Guide to School Drug Prevention Programs*, Washington DC: Drug Strategies, 2000, www.drugstrategies.com/pubs.html

SCHOOL HEALTH INDEX – ELEMENTARY SCHOOL

SAMHSA Model Programs: Effective Substance Abuse and Mental Health Programs for Every Community, Substance Abuse and Mental Health Services Administration, 2003, http://www.modelprograms.samhsa.gov/template_cf.cfm?page=pubs_cate
Research-tested Intervention Programs, National Cancer Institute, <http://cancercontrol.cancer.gov/rtips/index.asp>
Preventing Drug Use Among Children and Adolescents: A Research Based Guide, National Institute on Drug Abuse, National Institutes of Health, www.nida.nih.gov/Prevention/Prevopen.html

Unintentional Injury and Violence

Basic Emergency Lifesaving Skills (BELS): A Framework for Teaching Emergency Lifesaving Skills to Children and Adolescents, Health Resources and Services Administration, Newton, MA: Children's Safety Network, Education Development Center, Inc., 1999, www.childrenssafetynetwork.org
Blueprints for Violence Prevention, Elliot DS, Center for the Study and Prevention of Violence, Institute of Behavioral Sciences, University of Colorado at Boulder, 1998, www.colorado.edu/cspv/blueprints
Children and Agriculture: Opportunities for Safety and Health, National Committee for Childhood Agricultural Injury Prevention, Marshfield, WI: Marshfield Clinic, 1996, www.cdc.gov/niosh/childag/ChildAghome.html
Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students, American College of Obstetricians and Gynecologists, 2000, www.acog.org/from_home/publications/drawingtheline
Safe Work/Safe Workers: A Guide for Teaching High School Students About Occupational Safety and Health, Occupational Health Surveillance Program, Massachusetts Department of Public Health, Children's Safety Network at Education Development Center, Inc., 2001, <http://www.mass.gov/dph/bhsre/ohsp/teens/sw.htm>
Systematic Reviews of Childhood Injury Prevention Interventions, Harborview Medical Center Injury Prevention and Research Center, University of Washington, 2000, <http://depts.washington.edu/hiprc/practices>
What Works in Preventing Unintentional Injuries in Children and Young Adolescents? An Updated Systematic Review, Towner E, Dowswell T, Mackereth C, Jarvis S, Health Development Agency, 2001, www.hda-online.org.uk/downloads/pdfs/prevent_injuries.pdf

Asthma

Asthma Awareness Curriculum for the Elementary Classroom. National Institutes of Health, National Asthma Education and Prevention Program, 1993, www.nhlbi.nih.gov/health/prof/lung/asthma/school/index.htm
Breath of Life Exhibit. National Library of Medicine, <http://www.nlm.nih.gov/hmd/breath/breathhome.html>
Implementation Guide, Quest for the Code: An Adventure Game about Managing Asthma for Children. STARBRIGHT Foundation, 2003, <http://www.starbright.org/schoolasthma>
Meet Disease Detective, Dr. Asthma. Centers for Disease Control and Prevention, http://www.bam.gov/detectives/meet_redd.htm
National Asthma Educator Certification Board, <http://www.naecb.org>
Open Airways for Schools, an Education Program for Students with Asthma. American Lung Association, 2003, <http://www.lungusa.org/site/pp.asp?c=dvLUK900E&b=44142>
Roaring Adventures of Puff: Childhood Asthma Education Program. Alberta Asthma Centre, 2000, <http://www.stjosham.on.ca/sjhh/pdf/RAP.pdf>
Tobacco Information and Prevention Source: Education Materials. Centers for Disease Control and Prevention, Office on Smoking and Health, <http://www.cdc.gov/tobacco/edumat.htm>
Tips 4 Youth. Centers for Disease Control and Prevention, Office on Smoking and Health, <http://www.cdc.gov/tobacco/tips4youth.htm>