

Marlene B. Schwartz, Ph.D.

Interim Executive Director

Dr. Marlene Schwartz is Co-Director of the Yale Center for Eating and Weight Disorders and Research Director for the Rudd Center for Food Policy and Obesity at Yale. As a clinician, she provides individual and group therapy for individuals with anorexia nervosa, bulimia nervosa, binge eating disorder and obesity. She also provides clinical and research supervision to graduate students in the Psychology doctorate program at Yale.

Her research bridges the fields of eating disorders and obesity. She has published papers on the assessment and specific psychopathology of binge eating disorder, and documenting and understanding the stigma of obesity.

Her current research focuses on how the environment and parenting strategies impact childhood eating behaviors. She is presently collaborating with the Connecticut Department of Education on a large study to examine the impact of removing unhealthful beverages and foods from school cafeterias and vending machines. Data from this study on the poor eating behaviors of Connecticut school children were used in the spring of 2005 to support legislative efforts to remove soft drinks and unhealthful snacks from all Connecticut public schools.

Dr. Schwartz serves as co-chair of the Weight Bias Task Force of NAASO, The Obesity Society. She is also one of the authors of a book for parents of children with eating disorders entitled *Helping Your Child Overcome an Eating Disorder: What You Can Do at Home* (New Harbinger Press, 2003) and an editor in the upcoming book, *Weight Bias: Nature, Extent, and Remedies* (Guilford Press, 2005).