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**Physical Education
District Questionnaire**

School Health Policies and Programs Study 2006
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Physical Education District Questionnaire

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Special Instructions

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED TELEPHONE INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, "I DON'T KNOW"), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your district's policies and practices regarding physical education.
2. When I use the word "policy," I mean any law, rule, regulation, administrative order, or similar kind of mandate issued by the local school board or other local agency with authority over schools in your district. I am most interested in what is required by the district, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.
3. If a district policy is worded in such a way that it requires schools to develop and adopt their own policies on a given topic, for the purpose of this questionnaire please consider it the same as a district-wide requirement.
4. I recognize that the district may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice.
5. Please do not consider school practices or policies when answering the questions. We will ask about school practices and policies when we collect information from schools across the country.
6. Please do not include policies that are solely related to instruction on physical activity topics provided within health education curricula.
7. Unless the question specifically asks about regularly scheduled recess periods, do not include recess periods when answering questions about physical education.

Standards/Guidelines

The first questions ask about your district's standards or guidelines for teaching physical education. These standards or guidelines might cover topics such as the goals and objectives of physical education or expected student outcomes.

1. Has your district adopted a policy stating that schools will follow any national, state, or district physical education standards or guidelines?

Yes1 →SKIP TO Q3
No.....2

2. Has your district adopted a policy encouraging schools to follow any national, state, or district physical education standards or guidelines?

Yes1
No.....2 →SKIP TO THE
INTRODUCTION TO Q9

3. Are these physical education standards or guidelines based on the National Standards for Physical Education from the National Association for Sport and Physical Education?

Yes1
No.....2

4. Are these physical education standards or guidelines based on the Guidelines for School and Community Programs to Promote Lifelong Physical Activity among Young People from the Centers for Disease Control and Prevention or CDC?

Yes1
No.....2

The next questions ask about methods your district might use to improve school compliance with these physical education standards or guidelines.

5. To improve compliance with physical education standards or guidelines, does your district use staff development for physical education teachers?

Yes1
No.....2

6. Does your district use written reports from schools to document compliance with physical education standards or guidelines?

Yes1
No.....2

7. To improve compliance with physical education standards or guidelines, does your district use teacher evaluations or classroom monitoring?

Yes1
No.....2

8. To improve compliance with physical education standards or guidelines, does your district use teachers to mentor other teachers?

Yes1
No.....2

Sample Copy-Do Not Complete

Elementary School Instruction

Now I'm going to ask you about elementary school instruction.

9. Has your district adopted goals, objectives, or expected outcomes for elementary school physical education?

Yes1
No.....2 →SKIP TO Q11

The next questions ask about student outcomes.

10. Do the goals and objectives adopted by your district for elementary school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?	1.....	2.....
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities?	1.....	2.....
c. Regular participation in physical activity?	1.....	2.....
d. Achievement and maintenance of a health-enhancing level of physical fitness?	1.....	2.....
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....	1.....	2.....
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?	1.....	2.....

11. Has your district adopted a policy stating that elementary schools will teach physical education?

Yes1
No.....2 →SKIP TO THE
INTRODUCTION
TO Q15

12. Districts use many ways to describe how much physical education students are required to receive while in elementary school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the elementary school level?

Yes1
 No.....2

13. Has your district adopted a policy describing reasons that elementary school students may be exempted from physical education?

Yes1
 No2 →SKIP TO THE INTRODUCTION TO Q15

14. Has your district adopted a policy stating that elementary school students can be exempted from physical education requirements for one grading period or longer for...

	Yes	No
a. Religious reasons?	1.....	2
b. Long-term physical or medical disability?	1.....	2
c. Cognitive disability?	1.....	2
d. High physical competency test score?	1.....	2
e. Participation in school activities other than sports, such as band or chorus?	1.....	2
f. Participation in community sports activities?	1.....	2
g. Participation in community service activities?	1.....	2

The next questions ask about curricula used by elementary schools for physical education. By curriculum, I mean a written course of study that generally describes what students will know and be able to do by the end of a single grade or multiple grades and for a particular subject area. It is often presented through a detailed set of directions, strategies, and materials to facilitate student learning and teaching of content.

15. Does your district require or recommend that schools use one particular curriculum for elementary school physical education?

- Require.....1
- Recommend2
- Neither.....3 →SKIP TO THE INTRODUCTION TO Q17

16. Who developed that curriculum?
MARK ALL THAT APPLY

- State education agency.....1
- Other state agency.....2
- School district3
- Commercial company4
- Academic institution5
- State-level organization or coalition.....6
- Other7

The next questions ask about information and materials that your district may have provided for elementary school physical education.

17. During the past two years, has your district provided...

- | | Yes | No |
|---|--------|--------|
| a. A list of one or more recommended elementary school physical education curricula? | 1..... | 2..... |
| b. An elementary school physical education curriculum? | 1..... | 2..... |
| c. A chart describing the scope and sequence of instruction for elementary school physical education? | 1..... | 2..... |
| d. Lesson plans or learning activities for elementary school physical education?..... | 1..... | 2..... |
| e. Plans for how to assess or evaluate students in elementary school physical education?..... | 1..... | 2..... |

The next questions ask about elementary school student assessment that your district requires or recommends.

18a. Does your district require or recommend that elementary schools give written tests of students' knowledge related to physical education?

- Require.....1
- Recommend2
- Neither.....3

18b. What about skill performance tests related to physical education?

- Require.....1
- Recommend2
- Neither.....3

19. Does your district require or recommend that elementary schools test students' fitness levels?

- Require.....1
- Recommend2
- Neither.....3

→SKIP TO THE INTRODUCTION TO Q21

The next questions ask about specific fitness tests.

20. Does your district require or recommend that elementary schools use...

	Require	Recommend	Neither
a. Fitnessgram?	1.....	2.....	3
b. The Physical Fitness Test, from the President's Challenge?.....	1.....	2.....	3
c. The Health Fitness Test, from the President's Challenge?.....	1.....	2.....	3
d. The Youth Fitness Test, from the YMCA?.....	1.....	2.....	3
e. Any other fitness test?.....	1.....	2.....	3

The next questions ask about staffing for elementary school physical education in your district.

21. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in elementary school?

Yes1
No.....2

22. Has your district adopted a policy stating that newly hired staff who teach physical education at the elementary school level will have undergraduate or graduate training in physical education or a related field?

Yes1
No.....2

23. Has your district adopted a policy stating that newly hired staff who teach physical education at the elementary school level will be certified, licensed, or endorsed by the state to teach physical education?

Yes1
No.....2
State does not offer certification, licensure,
or endorsement to teach physical
education at the elementary school level3

Now I'm going to ask about elementary school recess and physical activity breaks.

24. Does your district require or recommend that elementary schools provide students with regularly scheduled recess?

Require.....1
Recommend2
Neither.....3 →SKIP TO Q26

25. How many minutes per day of recess are required or recommended for elementary school students?

- Less than 10 minutes per day1
- 10 to 19 minutes per day2
- 20 to 29 minutes per day3
- 30 or more minutes per day4
- No specified time requirements or recommendations5

26. Does your district require or recommend that elementary schools provide regular physical activity breaks, outside of physical education class and recess, during the school day? Please answer “require,” “recommend,” or “neither.”

- Require1
- Recommend2
- Neither.....3

My next questions are about excluding students from recess as punishment for bad behavior.

27. Has your district adopted a policy that prohibits elementary schools from excluding students from all or part of recess as punishment for bad behavior?

- Yes1 →SKIP TO THE INTRODUCTION TO Q29
- No.....2

28. Does your district actively discourage elementary schools from excluding students from all or part of recess as punishment for bad behavior?

- Yes1
- No.....2

Middle or Junior High School Instruction

Now I'm going to ask you about middle or junior high school instruction.

29. Has your district adopted goals, objectives, or expected outcomes for middle or junior high school physical education?

Yes1
No.....2 →SKIP TO Q31

The next questions ask about student outcomes.

30. Do the goals and objectives adopted by your district for middle or junior high school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?	1.....	2.....
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performance of physical activities?	1.....	2.....
c. Regular participation in physical activity?	1.....	2.....
d. Achievement and maintenance of a health-enhancing level of physical fitness?.....	1.....	2.....
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....	1.....	2.....
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?.....	1.....	2.....

31. Has your district adopted a policy stating that middle or junior high schools will teach physical education?

Yes1
No.....2 →SKIP TO Q35

Middle or Junior High School Instruction

32. Districts use many ways to describe how much physical education students are required to receive while in middle or junior high school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the middle or junior high school level?

Yes1
 No.....2

33. Has your district adopted a policy describing reasons that middle or junior high school students may be exempted from physical education?

Yes1
 No.....2 →SKIP TO Q35

34. Has your district adopted a policy stating that middle or junior high school students can be exempted from physical education requirements for one grading period or longer for...

	Yes	No
a. Religious reasons?	1.....	2.....
b. Long-term physical or medical disability?	1.....	2.....
c. Cognitive disability?	1.....	2.....
d. High physical competency test score?	1.....	2.....
e. Participation in school activities other than sports, such as band or chorus?	1.....	2.....
f. Participation in community sports activities?	1.....	2.....
g. Participation in community service activities?	1.....	2.....
h. Enrollment in other courses, such as math or science?	1.....	2.....
i. Participation in school sports?	1.....	2.....
j. Participation in vocational training?	1.....	2.....

35. Does your district require or recommend that schools use one particular curriculum for middle or junior high school physical education?

- Require.....1
- Recommend2
- Neither.....3 →SKIP TO THE INTRODUCTION TO Q37

36. Who developed that curriculum?
MARK ALL THAT APPLY

- State education agency.....1
- Other state agency.....2
- School district3
- Commercial company4
- Academic institution.....5
- State-level organization or coalition6
- Other7

The next questions ask about information and materials that your district may have provided for middle or junior high school physical education.

37. During the past two years, has your district provided...

	Yes	No
a. A list of one or more recommended middle or junior high school physical education curricula?.....1.....2		
b. A middle or junior high school physical education curriculum?.....1.....2		
c. A chart describing the scope and sequence of instruction for middle or junior high school physical education?.....1.....2		
d. Lesson plans or learning activities for middle or junior high school physical education?.....1.....2		
e. Plans for how to assess or evaluate students in middle or junior high school physical education?.....1.....2		

Middle or Junior High School Instruction

Now I will ask about middle or junior high school student assessment that is required or recommended by your district.

38a. Does your district require or recommend that middle or junior high schools give written tests of students' knowledge related to physical education?

- Require.....1
- Recommend2
- Neither.....3

38b. What about skill performance tests related to physical education?

- Require.....1
- Recommend2
- Neither.....3

39. Does your district require or recommend that middle or junior high schools test students' fitness levels?

- Require.....1
- Recommend2
- Neither.....3

→SKIP TO THE
INTRODUCTION TO Q41

The next questions ask about specific fitness tests.

40. Does your district require or recommend that middle or junior high schools use...

- | | Require | Recommend | Neither |
|--|---------|-----------|---------|
| a. Fitnessgram? | 1..... | 2..... | 3 |
| b. The Physical Fitness Test, from the President's Challenge?..... | 1..... | 2..... | 3 |
| c. The Health Fitness Test, from the President's Challenge?..... | 1..... | 2..... | 3 |
| d. The Youth Fitness Test, from the YMCA?..... | 1..... | 2..... | 3 |
| e. Any other fitness test?..... | 1..... | 2..... | 3 |

Middle or Junior High School Instruction

The next questions ask about staffing for middle or junior high school physical education in your district.

- 41. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in middle or junior high school?
Yes1
No.....2

- 42. Has your district adopted a policy stating that newly hired staff who teach physical education at the middle or junior high school level will have undergraduate or graduate training in physical education or a related field?
Yes1
No.....2

- 43. Has your district adopted a policy stating that newly hired staff who teach physical education at the middle or junior high school level will be certified, licensed, or endorsed by the state to teach physical education?
Yes1
No.....2
State does not offer certification, licensure, or endorsement to teach physical education at the middle/junior high school level3

The next question asks about middle or junior high school physical activity breaks.

- 44. Does your district require or recommend that middle or junior high schools provide regular physical activity breaks, outside of physical education class, during the school day?
Require.....1
Recommend2
Neither.....3

Senior High School Instruction

Next I'm going to ask you about senior high school instruction.

45. Has your district adopted goals, objectives, or expected outcomes for senior high school physical education?

Yes1
No.....2 →SKIP TO Q47

The next questions ask about student outcomes.

46. Do the goals and objectives adopted by your district for senior high school physical education specifically address...

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?.....1.....2		
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities?1.....2		
c. Regular participation in physical activity?1.....2		
d. Achievement and maintenance of a health-enhancing level of physical fitness?.....1.....2		
e. Responsible personal and social behavior that respects self and others in physical activity settings?.....1.....2		
f. Value for physical activity for health, enjoyment, challenge, self expression, and/or social interaction?.....1.....2		

47. Has your district adopted a policy stating that senior high schools will teach physical education?

Yes1
No.....2 →SKIP TO Q51

48. Districts use many ways to describe how much physical education students are required to receive while in senior high school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the senior high school level?

Yes1
No.....2

49. Has your district adopted a policy describing reasons that senior high school students may be exempted from physical education?

- Yes1
- No.....2 →SKIP TO Q51

50. Has your district adopted a policy stating that senior high school students can be exempted from physical education requirements for one grading period or longer for...

	Yes	No
a. Religious reasons?	1	2
b. Long-term physical or medical disability?	1	2
c. Cognitive disability?	1	2
d. High physical competency test score?	1	2
e. Participation in school activities other than sports, such as band or chorus?.....	1	2
f. Participation in community sports activities?	1	2
g. Participation in community service activities?	1	2
h. Enrollment in other courses, such as math or science?	1	2
i. Participation in school sports?	1	2
j. Participation in vocational training?	1	2

51. Does your district require or recommend that schools use one particular curriculum for senior high school physical education?

- Require.....1
- Recommend2
- Neither.....3 →SKIP TO THE INTRODUCTION TO Q53

52. Who developed that curriculum?
MARK ALL THAT APPLY

- State education agency.....1
- Other state agency.....2
- School district3
- Commercial company4
- Academic institution5
- State-level organization or coalition6
- Other7

53. The next questions ask about information and materials that your district may have provided for senior high school physical education. During the past two years, has your district provided...

	Yes	No
a. A list of one or more recommended senior high school physical education curricula?	1	2
b. A senior high school physical education curriculum?	1	2
c. A chart describing the scope and sequence of instruction for senior high school physical education?	1	2
d. Lesson plans or learning activities for senior high school physical education?	1	2
e. Plans for how to assess or evaluate students in senior high school physical education?.....	1	2

The next questions ask about senior high school student assessment that is required or recommended by your district.

54a. Does your district require or recommend that senior high schools give written tests of students' knowledge related to physical education?

Require	1
Recommend	2
Neither.....	3

54b. What about skill performance tests related to physical education?

Require	1
Recommend	2
Neither.....	3

55. Does your district require or recommend that senior high schools test students' fitness levels?

Require	1
Recommend	2
Neither.....	3

→SKIP TO THE
INTRODUCTION TO Q57

The next questions ask about specific fitness tests.

56. Does your district require or recommend that senior high schools use...

	Require	Recommend	Neither
a. Fitnessgram?	1.....	2.....	3.....
b. The Physical Fitness Test, from the President's Challenge?.....	1.....	2.....	3.....
c. The Health Fitness Test, from the President's Challenge?.....	1.....	2.....	3.....
d. The Youth Fitness Test, from the YMCA?.....	1.....	2.....	3.....
e. Any other fitness test?.....	1.....	2.....	3.....

The next questions ask about staffing for senior high school physical education in your district.

57. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in senior high school?

Yes	1
No.....	2

58. Has your district adopted a policy stating that newly hired staff who teach physical education at the senior high school level will have undergraduate or graduate training in physical education or a related field?

Yes	1
No.....	2

59. Has your district adopted a policy stating that newly hired staff who teach physical education at the senior high school level will be certified, licensed, or endorsed by the state to teach physical education?

Yes	1
No.....	2

State does not offer certification, licensure,
or endorsement to teach physical
education at the senior high school level3

The next question asks about senior high school physical activity breaks.

60. Does your district require or recommend that senior high schools provide regular physical activity breaks, outside of physical education class, during the school day?

- Require.....1
- Recommend2
- Neither.....3

Sample Copy-Do Not Complete

Students with Disabilities

My next questions ask about physical education for students with long-term physical, medical, or cognitive disabilities, such as Down’s Syndrome or conditions that require permanent use of a wheelchair.

61. Based on policies adopted by your district, will schools meet the physical education needs of students with long-term physical, medical, or cognitive disabilities by...

	Yes	No
a. Providing adapted physical education as appropriate?.....	1	2
b. Mainstreaming into regular physical education as appropriate?	1	2
c. Using modified equipment or facilities in regular physical education?.....	1	2
d. Using teaching assistants in regular physical education?	1	2
e. Including physical education in 504 plans or Individualized Education Programs, or IEPs?.....	1	2
f. Using modified assessment?.....	1	2

Use of Protective Gear

The next questions are about your district's policies on the use of protective gear.

62a. Has your district adopted a policy requiring that students wear appropriate protective gear during physical education?

Yes1
No.....2

62b. What about when engaged in intramural activities or physical activity clubs?

Yes1
No.....2

62c. What about when engaged in interscholastic sports?

Yes1
No.....2

Sample Copy-Do Not Complete

Physical Activity and Discipline

My next questions are about the use of physical activity as punishment for bad behavior and excluding students from physical education as punishment for bad behavior.

63. Has your district adopted a policy that prohibits schools from using physical activity, for example laps or push-ups, to punish students for bad behavior in physical education?

Yes1 →SKIP TO Q65
No.....2

64. Does your district actively discourage schools from using physical activity to punish students for bad behavior in physical education?

Yes1
No.....2

65. Has your district adopted a policy that prohibits schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes1 →SKIP TO Q67
No.....2

66. Does your district actively discourage schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes1
No.....2

67. Has your district adopted a policy that prohibits schools from excluding students from all or part of physical education as punishment for bad behavior in another class?

Yes1 →SKIP TO THE
INTRODUCTION TO Q69
No.....2

68. Does your district actively discourage schools from excluding students from all or part of physical education to punish students for bad behavior in another class?

Yes1
No.....2

Sample Copy-Do Not Complete

Staffing and Staff Development

Now I'm going to ask you several questions about staffing and staff development in your district.

69. Has your district adopted a policy stating that those who teach physical education will earn continuing education credits on physical education topics?

Yes1
 No.....2

70. Has your district adopted a policy stating that each school will have someone to oversee or coordinate physical education at the school, for example a department chair?

Yes1
 No.....2

My next questions are about staff development for those who teach physical education. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

71. During the past two years, has your district provided funding for or offered staff development to those who teach physical education on...

	Yes	No
a. Methods to increase the amount of class time students are physically active?.....	1.....	2.....
b. Methods to promote gender equity in physical education and sports?.....	1.....	2.....
c. Using technology such as computers or video cameras for physical education?.....	1.....	2.....
d. Using physical activity monitoring devices, such as pedometers or heart rate monitors for physical education?.....	1.....	2.....
e. Encouraging family involvement in physical activity?.....	1.....	2.....
f. Administering or using fitness tests?.....	1.....	2.....
g. Helping students develop individualized physical activity plans?.....	1.....	2.....
h. Injury prevention and first aid?.....	1.....	2.....
i. Teaching physical education to students with long-term physical, medical, or cognitive disabilities?	1.....	2.....

j. Teaching individual or paired activities or sports?	1.....	2
k. Teaching team or group activities or sports?	1.....	2
l. Teaching movement skills and concepts?.....	1.....	2
m. Assessing or evaluating student performance in physical education?.....	1.....	2
n. Developing and using student portfolios for physical education?.....	1.....	2
o. Teaching methods to promote inclusion and active participation of overweight children during physical education?	1.....	2
p. Chronic health conditions, for example asthma or diabetes, including recognizing and responding to severe symptoms or reducing triggers?.....	1.....	2

Sample Copy-Do Not Complete

Collaboration

Now I'm going to ask you about collaboration among physical education staff and other staff in your district.

72a. During the past 12 months, have district-level physical education staff worked on physical education activities with district-level health education staff?

- Yes1
- No.....2
- District does not have district-level health education staff3

72b. What about with district-level health services staff?

- Yes1
- No.....2
- District does not have district-level health services staff.....3

72c. What about with district-level mental health or social services staff?

- Yes1
- No.....2
- District does not have district-level mental health or social services staff3

72d. What about with district-level nutrition or food service staff?

- Yes1
- No.....2
- District does not have district-level nutrition or food service staff3

72e. What about with district-level general curriculum coordinators or supervisors?

- Yes1
- No.....2
- District does not have district-level general curriculum coordinators or supervisors3

73. During the past 12 months, have district physical education staff worked on physical education activities with staff or members from...

	Yes	No
a. A local health department?	1	2
b. A local hospital?	1	2
c. A local mental health or social services agency?.....	1	2
d. A health organization, such as the American Heart Association or the American Cancer Society?.....	1	2
e. A local college or university?	1	2
f. A local business?.....	1	2
g. A local parks or recreation department?	1	2
h. A local youth organization, such as the YMCA, Boys or Girls Clubs, or the Boy Scouts or Girl Scouts?	1	2
i. A local service club, such as the Rotary Club?.....	1	2
j. A local health or fitness club?.....	1	2

Sample Copy-Do Not Complete

Promotion

The next question asks about physical education promotion that might occur in your district.

74. During the past 12 months, has your district...

	Yes	No
a. Provided families with information on school physical education?.....	1.....	2.....
b. Offered any physical education or physical activity programs to families?.....	1.....	2.....
c. Provided district or school personnel—for example classroom teachers, administrators, or school board members—with information on school physical education?	1.....	2.....
d. Sought positive media attention for the physical education program?.....	1.....	2.....

Evaluation

The next questions ask about different aspects of school physical education that might have been evaluated during the past two years.

75. During the past two years, have the following aspects of physical education in your district been evaluated?

	Yes	No	N/A
a. Physical education policies	1.....	2.....	3.....
b. Physical education curricula	1.....	2.....	3.....
c. Physical education staff development or in-service programs.....	1.....	2.....	3.....

Interscholastic Sports Coaches

The next questions ask about interscholastic sports in your district.

76. Has your district adopted a policy stating that head coaches of interscholastic sports will...

	Yes	No
a. Have previous coaching experience in any sport?.....	1.....	2.....
b. Have previous coaching experience in the sports they will be coaching?	1.....	2.....
c. Have a teaching certificate?	1.....	2.....
d. Complete a coaches' training course?.....	1.....	2.....
e. Be certified in first aid?.....	1.....	2.....
f. Be certified in cardiopulmonary resuscitation or CPR?	1.....	2.....
g. Be employed by the school or school district?	1.....	2.....

77. Has your district adopted a policy stating that assistant coaches or volunteer athletic aides will complete a training course?

Yes	1.....
No.....	2.....
Schools in this district do not have assistant coaches/volunteer athletic aides	3.....

78. During the past two years, has your district provided any funding for or offered staff development to coaches of interscholastic sports?

Yes	1.....
No.....	2.....

Physical Education Coordinator

79. Currently, does someone in your district oversee or coordinate physical education?
- Yes1
No.....2 → That is the last question. Thank you very much for taking the time to complete this questionnaire.

80. Are you this person?
- Yes1
No.....2 → That is the last question. Thank you very much for taking the time to complete this questionnaire.

The last few questions ask about your educational background.

81. Do you have an undergraduate degree?
- Yes1
No.....2 → SKIP TO Q87A

82. What did you major in?
MARK ALL THAT APPLY
- Physical education1
Health education2
Other education3
Kinesiology, exercise
physiology, or exercise science.....4
Other5

83. Did you have an undergraduate minor?
- Yes1
No.....2 → SKIP TO Q85

84. What did you minor in?

MARK ALL THAT APPLY

- Physical education1
- Health education2
- Other education.....3
- Kinesiology, exercise physiology, or
exercise science.....4
- Other5

85. Do have a graduate degree?

- Yes1
- No.....2 →SKIP TO Q87A

86. In what area or areas?

MARK ALL THAT APPLY

- Physical education1
- Health education2
- Other education.....3
- Kinesiology, exercise physiology, or
exercise science.....4
- Other5

87a. Are you certified, licensed, or endorsed by the state to teach physical education at the elementary school level?

- Yes1
- No.....2
- State does not offer certification, licensure,
or endorsement to teach physical
education at the elementary school level3

87b. What about at the middle or junior high school level?

- Yes1
- No.....2
- State does not offer certification, licensure, or endorsement to teach physical education at the middle/junior high school level.....3

87c. What about at the senior high school level?

- Yes1
- No.....2
- State does not offer certification, licensure, or endorsement to teach physical education at the senior high school level3

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this survey, please call 800-287-1815.

Sample Copy-Do Not Complete