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Faculty and Staff Health Promotion District Questionnaire

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Special Instructions

- 1. This questionnaire focuses on your district practices and policies.
- 2. When we use the word "policy," we mean any mandate issued by the local school board or other local agency that affects faculty and staff health promotion in schools throughout your district. Please consider any policies officially adopted at the district level. These include policies developed by your district, or those based on model policies developed by your state or elsewhere.
- 3. We recognize that there may be some exceptions, but please answer the questions based on what is customary in your district. Please do not consider <u>school</u> practices or policies when answering the questions. (We will ask about <u>school</u> practices and policies when we collect information from schools across the country.)
- 4. Please include activities or services offered by your state, district, schools, or by anyone outside the school system. However, please consider only those activities or services that are offered to faculty and staff <u>because</u> they work at schools in your district.
- 5. Do not include those activities or services that faculty and staff receive through their personal employee health plans or insurance programs.
- 6. If you would like more information about this study or would like clarification of any questions in this survey, please call Tim Smith at 1-800-647-9664, extension 6095.

Wellness Workshops and Employee Assistance Programs

1.	During the past 12 months, has your district provided any funding for or sponsored "wellness workshops?" By "wellness workshops," we mean seminars, classes, or other activities focusing on ways to improve or maintain physical health or overall well-being.
	Yes1
	No2
2.	During the past 12 months, has your district provided any funding for or sponsored an Employee Assistance Program (EAP) for school faculty and staff? EAPs provide services designed to assist employees experiencing personal or social problems that can impact work performance, physical health, or overall well-being.
	Yes1
	No2

Other Health Promotion Activities and Services

3. During the past 12 months, has your district provided any funding for or sponsored the following screenings for school faculty and staff?

		Yes	No
1.	Hearing problems	1	2
2.	Vision problems	1	2
3.	Oral health problems	1	2
4.	Tuberculosis (TB)	1	2
5.	Height and weight or body mass	1	2
6.	Serum cholesterol level	1	2
7.	Blood pressure level	1	2
8.	Diabetes		
9.	Skin cancer	1	2
10	. Breast cancer	1	2
11	Colorectal cancer	1	2

	Yes	No
1. Alcohol or other drug use treatment	1	2
2. Tobacco use cessation	1	2
3. Nutrition and dietary behavior counseling	1	2
4. Weight management	1	2
5. Physical activity and fitness counseling	1	2
6. Stress management		
7. Identification of or counseling for mental or emoti-		
disorders, such as anxiety or depression		2
8. Identification of or referral for physical, sexual, or		
emotional abuse		2
9. Crisis intervention for personal problems		
10. Human immunodeficiency virus (HIV) testing and		
counseling		2
11. Referrals for child care		
12. Identification of or referral for dental problems	1	2
13. Prenatal education		
14. Identification or treatment of sexually transmitted		
diseases (STDs)	1	2
During the past 12 months, has your district provided physical activity <u>programs</u> for school faculty and staff, leagues, or walking or jogging clubs?		
Yes		
No	2	
Has your district adopted a policy stating that indoor of equipment that could be used for physical activity will and staff to use? Please include any school facilities of swimming pools, weight-lifting equipment, and cardio	be made availab r equipment such	le for scho
Yes	1	

No2

Activities and Services Coordination and Planning

7.	Does someone in your district oversee or coordinate health promotion activities or services for school faculty and staff throughout the district? Faculty and staff health promotion activities or services focus on prevention of physical illnesses or injuries, promotion of physical fitness, promotion of mental health, or other activities or services designed to assist school faculty and staff experiencing problems that can impact job performance, physical health, or overall well-being.
	Yes
8.	Has your district adopted a policy stating that <u>each school</u> will have someone to oversee or coordinate health promotion activities or services for their faculty and staff?
	Yes
9.	During the past 12 months, which of the following organizations or agencies have helped provide the health promotion activities or services for school faculty and staff sponsored or funded by your district?
	If your district does not provide any health promotion activities or services for school faculty and staff, mark this box \square and skip to Question 11.
	Yes No
	1. Local health department 1 2 2. Local hospital 1 2
	3. Local mental health or social services agency
	4. University or medical school
	5. Managed care organization 12
	6. Health organization, such as the American Heart

Activities and Services Coordination and Planning

10. Which of the following objectives are considered when planning health promotion activities or services for school faculty and staff?

		Yes	No
1.	Reducing the number of sick days used	1	2
2.	Reducing the use or cost of health insurance benefits.	1	2
3.	Reducing the number of faculty and staff injuries	1	2
4.	Improving faculty and staff morale	1	2
5.	Creating an environment in which faculty and staff		
	serve as "healthy" role models for students	1	2

Required Examinations and Screenings

11.	Next, we would like to ask about policies your district has adopted on health examinations and screenings that school faculty and staff are required to receive <u>prior to employment</u> .
	Which one of the following statements best describes the requirements for <u>physical health</u> <u>examinations</u> of school faculty and staff in your district?
	Physical health examinations are required of all school faculty and staff prior to employment
12.	Which one of the following statements best describes the requirements for <u>tuberculosis (TB)</u> screening of school faculty and staff in your district?
	TB screening is required of all school faculty and staff prior to employment

13.	Which one of the following statements best describes the requirements for <u>illegal drug use</u> screening of school faculty and staff in your district?
	Drug screening is required of all school faculty and staff prior to employment
	person will have at the school2
	Drug screening is required depending on something other
	than the person's position
	Drug screening is <u>not required</u> of any school faculty or staff prior to employment4
14.	These last questions ask about health examinations and screenings that school faculty and staff are required to receive <u>periodically while they are employed</u> .
	Which one of the following statements best describes the requirements for <u>physical health</u> <u>examinations</u> of school faculty and staff while they are employed?
	Physical health examinations are periodically required of
	all school faculty and staff while employed
	Physical health examinations are periodically required
	depending on the position the person has at the school2 Physical health examinations are periodically required
	depending on something other than the person's
	position3
	Physical health examinations are <u>not required</u> of any school
	faculty or staff while employed4
15.	Which one of the following statements best describes the requirements for tuberculosis (TB)
	screening of school faculty and staff while they are employed in your district?
	TB screening is periodically required of all school faculty and staff while employed
	TB screening is periodically required depending on the
	position the person has at the school2
	TB screening is periodically required depending on
	something other than the person's position3
	TB screening is <u>not required</u> of any school faculty or
	staff while employed4

16.	Which one of the following statements best describes the requirements for illegal drug use
	screening of school faculty and staff in your district?

Drug screening is periodically required of all school	
faculty and staff while employed	1
Drug screening is periodically required depending on the	
position the person has at the school	2
Drug screening is periodically required depending on	
something other than the person's position	3
Drug screening is <u>not required</u> of any school faculty or	
staff while employed.	4

If you would like to provide any additional comments, please use the space below. Thank you very much for taking the time to participate in this study.

Additional Comments

Please return this questionnaire to:

Don Evers Research Triangle Institute P.O. Box 12194 Research Triangle Park, NC 27709