

# Sodium in Refrigerated Serum – NHANES 2001-2002

## Collaborative Laboratory Services, L.L.C.

### 0. Public Release Data Set Information

This document details the Lab Protocol for NHANES 2001-2002 data.

Two laboratories performed this testing during 2001-2002. In order to maintain confidentiality of the participants the quality control summary statistics and graphs were combined to mask the individual analysis dates from the two laboratories. Methods for both labs are included in this release. Most methods for Lab18 analytes are in one combined file. Methods Lab40 are described in a separate file for each analyte tested.

A list of the released analytes follows:

<b>Lab</b>	<b>Analyte</b>	<b>SAS Label</b>	<b>Description</b>
I40_b	LBXSNASI	Sodium: SI (mmol/L)	Sodium

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### 1. SUMMARY OF TEST PRINCIPLE AND CLINICAL RELEVANCE

The LX system utilizes indirect (or diluted) I.S.E. methodology to determine the concentration of sodium in biological fluids. The LX determines sodium ion concentration by measuring electrolyte activity in solution. When the sample/buffer mixture contacts the electrode, sodium ions undergo an ion exchange in the hydrated outer layer of the glass electrode. As the ion exchange takes place, a change in voltage (potential) is developed at the face of the electrode. The potential follows the Nernst equation and allows the calculation of sodium concentration in a solution.

Sodium measurements are used in the diagnosis and treatment of diseases involving electrolyte imbalance.

### 2. SAFETY PRECAUTIONS

Consider all plasma or serum specimens potentially positive for infectious agents including HIV and the hepatitis B virus. We recommend the hepatitis B vaccination series for all analysts working with whole blood and/or plasma. Observe universal precautions; wear protective gloves, laboratory coats. Place disposable plastic, glass, and paper (pipette tips, gloves, etc.) that contact plasma and any residual sample material in a biohazard bag and keep these bags in appropriate containers until disposal by maceration chlorination. Wipe down all work surfaces with Sani-Cloth HB, Germicidal Disposable Wipe when work is finished.

Handle acids and bases with extreme care; they are caustic and toxic. Handle organic solvents only in a well-ventilated area or, as required, under a chemical fume hood.

Reagents and solvents used in this study include those listed in Section 6. Material safety data sheets (MSDSs) for these chemicals are readily accessible as hard copies in the lab.

### 3. COMPUTERIZATION; DATA SYSTEM MANAGEMENT

- a. Microsoft Excel software on a PC and our Laboratory Information Systems (L.I.S.) are used to manage the data. The test are analyzed on a Beckman Synchron LX20. When all ordered tests are completed for each sample, the results are printed out by Beckman Synchron LX20 instrument. The LX20 is interfaced to the Laboratory Information Systems (L.I.S.) with a bi-directional interface. After results have printed at the LX20 printer, the results will go to the L.I.S. Host Interface Workstation to be collated and then certified by qualified analyst.
- b. A statistical evaluation of the runs are accomplished with Microsoft Excel software on a PC. An Adhoc report of the completed runs data is saved to a floppy disk in a comma delimited format (csv) text file. The file is opened and copied to an Excel spreadsheet for evaluation. The Excel spreadsheet results file data are copied to the shipment file and saved as a comma delimited file (csv) and e-mailed to Westat within 21 days of sample receipt.
- c. The Excel files containing all raw data and results are backed up once a week using a CD writer or Zip drive for storage. Files stored on the L.I.S. network are automatically backed up nightly to tape.
- d. Documentation for data system maintenance is contained in printed copies of data records, as well as in "system log" files on the local hard drives used for the archival of data.

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**4. SPECIMEN COLLECTION, STORAGE, AND HANDLING PROCEDURES; CRITERIA FOR SPECIMEN REJECTION**

- a. Interferences:
  - 1) No interference from bilirubin <4+ lipemia, or hemolysis.
  - 2) On samples with  $\geq 4+$  lipemia, perform sodium on Lipoclear-treated serum.
- b. Separated serum or plasma should not remain at +15°C to +30°C longer than 8 hours. If assays are not completed within 8 hours, serum or plasma should be stored at +2°C to +8°C. If assays are not completed within 48 hours, or the separated sample is to be stored beyond 48 hours, samples should be frozen at -15°C to -20°C. Frozen samples should be thawed only once. Analyte deterioration may occur in samples that are repeatedly frozen and thawed.
- c. Fasting is not required.
- d. A minimum of 0.6 mL serum is needed for the Multi-Analyte Panel.
- e. Sample volume for individual test is 40  $\mu$ L added to 1.27 mL buffer reagent and 40  $\mu$ L added to 3.23 mL reference reagent. Sample volume prior to June 10, 2002 was 62  $\mu$ L.
- f. Sample is run singly as part of Multi-analyte Biochemistry Panel.

**5. PROCEDURES FOR MICROSCOPIC EXAMINATIONS; CRITERIA FOR REJECTION OF INADEQUATELY PREPARED SLIDES**

*Not applicable for this procedure*

**6. EQUIPMENT AND INSTRUMENTATION, MATERIALS, REAGENT PREPARATION, CALIBRATORS (STANDARDS), AND CONTROLS**

- a. Instrumentation: Beckman Synchron LX20
- b. Materials
  - 1) Beckman Synchron CX Micro Sample Tube (*Part #448774*)
  - 2) S/P Plastic Transfer Pipet (*Cat. #P5214-10*)
  - 3) S/P Brand Accutube Flange Caps (*Cat. #T1226-37*)
- c. Reagent Preparation:
  - 1) No preparation required.
  - 2) ISE Electrolyte Buffer Reagent (*Part #467915*).
  - 3) ISE Electrolyte Reference Reagent (*Part #467935*).
  - 4) Once opened reagents are stable for 30 days. Unopened reagents are stable until expiration date when stored at room temperature.
  - 5) Avoid contact of reagent with skin, eyes, or clothing. In case of spill, flush with large amounts of water.
- d. Standards Preparation: No preparation required.
  - 1) Beckman Synchron LX Aqua Calibrators 1,2,3 (*Part #471288, 471291 and 471294*).
- e. Control Material
  - 1) Beckman Triad Custom Unassayed Chemistry Control Serum (*Part #465405*)
    - ∪ In use through August 23, 2002.
  - 2) Bio-Rad Liquid Unassayed Multiqual (*Cat. #697, 699*).
    - ∪ In use from August 24, 2002
    - ∪ Thaw new bottle weekly. Mix very well, using rocker prior to use.
    - ∪ Thawed control is stable 7 days. Mix well prior to each use.

**7. CALIBRATION AND CALIBRATION VERIFICATION PROCEDURES**

- a. Calibrators: Beckman Synchron LX Aqua Calibrators 1,2, 3.
- b. Calibration frequency: 24 hours.
- c. Calibration is required when a reagent is replaced.
- d. Calibration also required after certain parts replacement and maintenance procedures.
- e. Refer to instrument specific *Operation Procedure* or *Quick Reference Guide* for programming a calibration.

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**8. PROCEDURE OPERATING INSTRUCTIONS; CALCULATIONS; INTERPRETATION OF RESULTS**

- a. Preliminaries
  - 1) Enter test in L.I.S. as a part of a panel according to procedure listed in this document (See *Attachment A*).
- b. Sample Preparation
  - 1) Procedure for labeling CX sample tubes and transferring serum (See *Attachment B*).
- c. Operation
  - 1) Refer to Operation Procedures for programming controls/patients and loading sectors/racks in the Beckman LX20 Chemistry Information Manual, 2001 (See *Attachment C* for specific procedure for NHANES samples).
- d. Recording of Data
  - 1) Operator will review results and collate and certify in the L.I.S.
  - 2) Operator will place printouts in box labeled for NHANES samples.
  - 3) Project supervisor will do an Adhoc Report onto a floppy disk in a comma delimited text file from the L.I.S.
  - 4) Comma delimited file is opened in Excel on a PC and copied into another Excel file to further evaluate the data.
  - 5) A printout of the Excel spreadsheet for each container ID results is made and comments noted.
  - 6) Project supervisor reviews the results. If problems noted with patient results or QC, Project Supervisor investigates and discusses issues if necessary with Laboratory Director. Repeat samples if necessary.
  - 7) Daily log sheets are completed and any problems or issues noted.
  - 8) Repeat values are used when match the original results within 3 cv's.
- e. Replacement and Periodic Maintenance of Key Components  
(See *Attachment AB* for LX20 Maintenance Schedule).
- f. Calculations  
Synchron LX Systems perform all calculations internally to produce the final reported result. The system will calculate the final result for sample dilutions made by the operator when the dilution factor is entered into the system during sample programming.

**9. REPORTABLE RANGE OF RESULTS**

- a. Analytical Range:
  - 1) 100-200 mmol/L or mEq/L
  - 2) Samples out of analytical range high should be diluted with deionized water and reanalyzed. Enter dilution factor at sample information screen or multiply printout by dilution factor to obtain final result.
  - 3) Limits of detection (LOD) are established by Beckman Coulter and linearity data verifies the reportable range. Detection of results below the reportable range is not relevant and formal limit of detection study is unnecessary.
  - 4) Sensitivity is defined as the lowest measurable concentration which can be distinguished from zero with 95% confidence. Sensitivity for the sodium determination is 100 mmol/L.
  - 5) 0 is not a reportable value.

**10. QUALITY CONTROL (QC) PROCEDURES**

- a. Blind QC Specimens are included in the samples received from NHANES.
- b. Beckman Triad Custom Unassayed Chemistry Controls Levels 2 and 3 are assayed in early A.M. and if a new reagent pack is loaded, controls are assayed again. One level is assayed in middle of the day and both control levels are assayed after running NHANES sample.
- c. BioRad Liquiud Unassayed Multiquel Controls Levels 1 and 3 are substituted for Beckman Triad controls as of August 24, 2002 for CDC-NHANES runs to allow long term control use. Multiquel controls are analyzed at beginning and end of runs with CDC-NHANES samples.
- d. Acceptable Answer:
  - 1) Controls must be within  $\pm 2$  S.D.
  - 2) Refer to Quality Control Flow Chart for action decisions guidelines (See *Attachment I*).

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**11. REMEDIAL ACTION IF CALIBRATION OR QC SYSTEMS FAIL TO MEET ACCEPTABLE CRITERIA**

Remedial action for out of control conditions include examination of the pipetting and detection equipment and examination of reagent materials. The QC parameters are compared to the patient means to look for confirmatory or disconfirmatory evidence. When the 2 2s and/or 1 3s rules are violated, samples are repeated following corrective maintenance or reagent changes.

**12. LIMITATIONS OF METHOD; INTERFERING SUBSTANCES AND CONDITIONS**

- a. Hemoglobin has no significant interference.
- b. Bilirubin has no significant interference.
- c. Lipemia has no significant interference if <4+ lipemia.
- d. Lithium demonstrates a positive interference.
- e. Benzalkonium chloride or methylbenzethonium chloride demonstrates a negative interference.
- f. Refer to References for other interferences caused by drugs, disease and preanalytical variables.

**13. REFERENCE RANGES (NORMAL VALUES)**

**Sodium**

<i>Serum or Plasma Age Group</i>	<i>mmol/L (mEq/L)</i>
0-1 month	131-143
1 mo. - 1 Y	131-145
1-5 Y	132-143
5-10 Y	135-143
>10 Y	136-144

Reference Range values were established from wellness participants with an age mix similar to our patients. These data were analyzed using non-parametric techniques described by Reed (Clin Chem 1971;17:275) and Herrera (J Lab Clin Med 1958;52:34-42) which are summarized in recent editions of Tietz' textbook. Descriptions appear in Clin Chem 1988;34:1447 and Clinics in Laboratory Medicine June 1993;13:481.

Pediatric Reference Range Guidelines for Synchron Systems- Multicenter study using data from Montreal, Quebec, Miami, FL and Denver, CO. Beckman 1995

**14. CRITICAL CALL RESULTS ("PANIC VALUES")**

**Values less than 115 or greater than 160 mEq/L are called for CLS patients. For this study results less than 122.1 or greater than 153.9 mEq/L will be faxed to NHANES.**

**15. SPECIMEN STORAGE AND HANDLING DURING TESTING**

Specimens arrive refrigerated. Specimens are kept refrigerated until ready to transfer to CX multi sample tubes. Capped CX sample tubes are kept refrigerated until ready to put on instrument.

Specimen vials are returned to container and refrigerated after transfer of aliquot and double checking of pour off tubes. Specimen vial container is placed in -70°C Freezer after testing is complete. CX sample tubes are refrigerated, then frozen after analysis.

**16. ALTERNATE METHODS FOR PERFORMING TEST OR STORING SPECIMENS IF TEST SYSTEM FAILS**

Samples will remain in refrigerator until instrument is back in operation.

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**17. TEST RESULT REPORTING SYSTEM; PROTOCOL FOR REPORTING CRITICAL CALLS (IF APPLICABLE)**

The collaborating agency with access to patient identifiers or the responsible medical officer is notified by FAX by the Project Supervisor of any critical values. Copies of Faxes sent concerning abnormal results are kept in a folder by the supervisor for the duration of the study.

Test results that are not abnormal are reported to the collaborating agency at a frequency and by a method determined by the study coordinator. Generally, data from this analysis are compiled with results from other analyses and sent to the responsible person at the collaborating agency as a comma delimited file, either through electronic mail or other electronic means.

All data are reported electronically to Westat within 21 days of receipt of specimens.

Internet FTP transfer of files or dial up modem transfer options are available.

**18. TRANSFER OR REFERRAL OF SPECIMENS; PROCEDURES FOR SPECIMEN ACCOUNTABILITY AND TRACKING**

In general, when specimens are received, the specimen ID number, and a name identifying the container ID and slot number is entered into the Laboratory Information System (L.I.S.) database. New barcodes are printed and the specimens stored in a refrigerator. Samples are aliquoted to a CX-Micro Sample tube with the new barcodes. The specimen ID is read off of the tube by a barcode reader. Tracked in the database are the date and time of entry into the L.I.S., date and time analysis completed, and who certified the results.

Microsoft Excel spreadsheets are used to keep records and track specimens with the data taken from the Laboratory Information System. Logs are kept including information of when samples arrive, are processed and tested, when frozen after testing, and when returned to NHANES for long term storage.

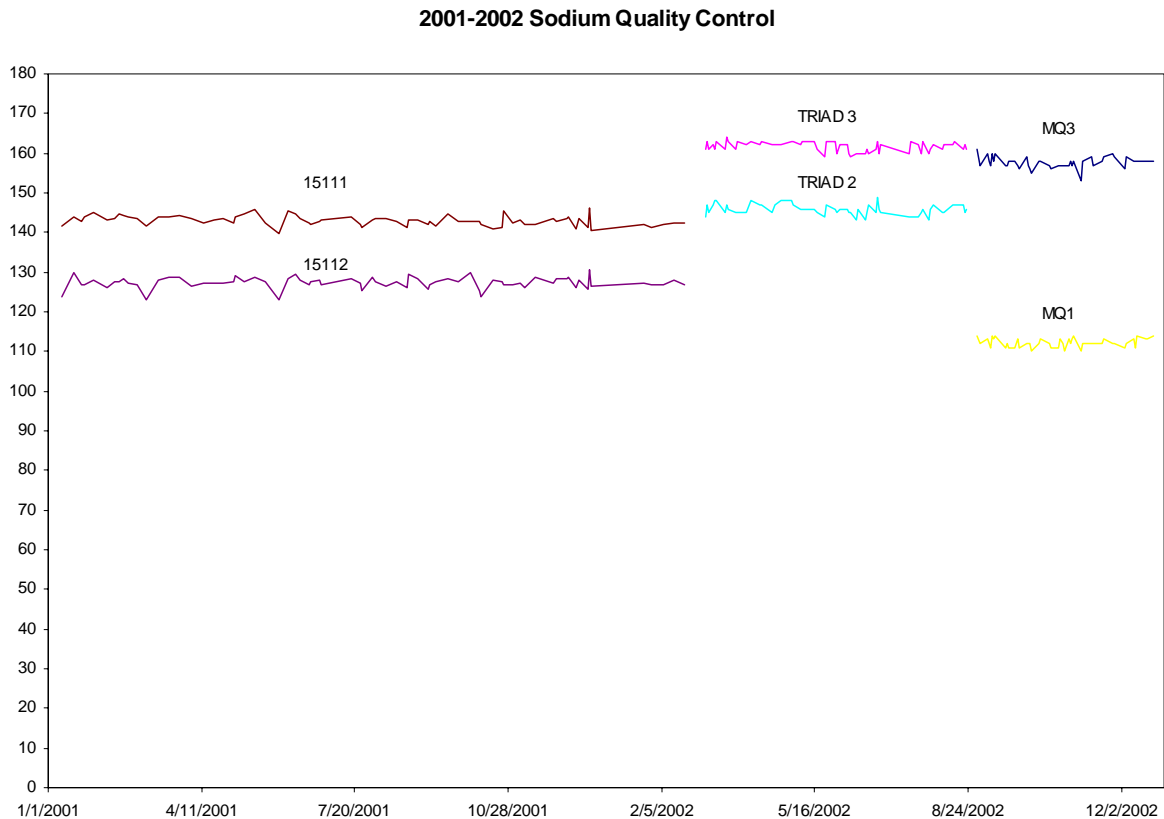
The Project supervisor is responsible for keeping a logbook containing the ID numbers of specimens prepared incorrectly, those with labeling problems, and those with abnormal results, together with information about these discrepancies. It is recommended that records, including related QA/QC data, be maintained for 10 years after completion of the NHANES study.

**19. SUMMARY STATISTICS AND QC GRAPHS**

**Summary Statistics for Sodium by Lot**

<b>Lot</b>	<b>N</b>	<b>Start Date</b>	<b>End Date</b>	<b>Mean</b>	<b>Standard Deviation</b>	<b>Coefficient of Variation</b>
15112	71	1/10/2001	2/20/2002	127.3	1.45	1.1
15111	71	1/10/2001	2/20/2002	143.0	1.28	0.9
TRIAD 2	57	3/6/2002	8/23/2002	145.8	1.4	0.9
TRIAD 3	57	3/6/2002	8/23/2002	161.6	1.2	0.8
MQ1	46	8/30/2002	12/23/2002	112.2	1.1	1.0
MQ3	46	8/30/2002	12/23/2002	157.7	1.4	0.9

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