APPENDIX C

Summary Briefs

ATSDR
AGENCY FOR TOXIC SUBSTANCES AND DISEASE REGISTRY

ORRHES Brief

Oak Ridge Reservation Health Effects Subcommittee

Dose Reconstruction Feasibility Study Oak Ridge Health Study Phase I Report

Site: Oak Ridge Reservation
Study area: Oak Ridge Area
Time period: 1942–1992
Conducted by: Tennessee Department of Health and the Oak Ridge Health Agreement Steering Panel

Purpose

The Dose Reconstruction Feasibility Study had two purposes: first, to identify past chemical and radionuclide releases from the Oak Ridge Reservation (ORR) that have the highest potential to impact the health of the people living near the ORR; and second, to determine whether sufficient information existed about these releases to estimate the exposure doses received by people living near the ORR.

Background

In July 1991, the Tennessee Department of Health initiated a Health Studies Agreement with the U.S. Department of Energy (DOE). This agreement provides funding for an independent state evaluation of adverse health effects that may have occurred in populations around the ORR. The Oak Ridge Health Agreement Steering Panel (ORHASP) was established to direct and oversee this state evaluation (hereafter called the Oak Ridge Health Studies) and to facilitate interaction and cooperation with the community. ORHASP was an independent panel of local citizens and nationally recognized scientists who provided direction, recommendations, and oversight for the Oak Ridge Health Studies. These health studies focused on the potential effects from off-site exposures to chemicals and radionuclides released at the reservation since 1942. The state conducted the Oak Ridge Health Studies in two phases. Phase 1 is the Dose Reconstruction Feasibility Study described in this summary.

Methods

The Dose Reconstruction Feasibility Study consisted of seven tasks. During Task 1, state investigators identified historical operations at the ORR that used and released chemicals and radionuclides. This involved interviewing both active and retired DOE staff members about past operations, as well as reviewing historical documents (such as purchase orders, laboratory records, and published operational reports). Task 1 documented past activities at each major facility, including routine operations, waste management practices, special projects, and accidents and incidents. Investigators then prioritized these activities for further study based on the likelihood that releases from these activities could have resulted in off-site exposures.

During Task 2, state investigators inventoried the available environmental sampling and research data that could be used to estimate the doses that local populations may have received from chemical and radionuclide releases from the ORR. These data, obtained from DOE and other federal and state agencies (such as the U.S. Environmental Protection Agency, Tennessee Valley

Authority, and the Tennessee Division of Radiological Health), were summarized by environmental media (such as surface water, sediment, air, drinking water, groundwater, and food items). As part of this task, investigators developed abstracts which summarize approximately 100 environmental monitoring and research projects that characterize the historical presence of contaminants in areas outside the ORR.

Based on the results of Tasks 1 and 2, investigators identified a number of historical facility processes and activities at ORR as having a high potential for releasing substantial quantities of contaminants to the off-site environment. These activities were recommended for further evaluation in Tasks 3 and 4.

Tasks 3 and 4 were designed to provide an initial, very rough evaluation of the large quantity of information and data identified in Tasks 1 and 2, and to determine the potential for the contaminant releases to impact the public's health. During Task 3, investigators sought to answer the question: How could contaminants released from the Oak Ridge Reservation have reached local populations? This involved identifying the exposure pathways that could have transported contaminants from the ORR site to residents.

Task 3 began with compiling a list of contaminants investigated during Task 1 and Task 2. These contaminants are listed in Table 1. The contaminants in the list were separated into four general groups: radionuclides, nonradioactive metals, acids/bases, and organic compounds. One of the first steps in Task 3 was to eliminate any chemicals on these lists that were judged unlikely to reach local populations in quantities that would pose a health concern. For example, acids and bases were not selected for further evaluation because these compounds rapidly dissociate in the environment and primarily cause acute health effects, such as irritation. Likewise, although chlorofluorocarbons (Freon) were used in significant quantities at each of the ORR facilities, they were judged unlikely to result in significant exposure because they also rapidly disassociate. Also, some other contaminants (see Table 2) were not selected for further evaluation because they were used in relatively small quantities or in processes that are not believed to be associated with significant releases. Investigators determined that only a portion of contaminants identified in Tasks 1 and 2 could have reached people in the Oak Ridge area and potentially impacted their health. These contaminants, listed in Table 3, were evaluated further in Tasks 3 and 4.

The next step in Task 3 was to determine, for each contaminant listed in Table 3, whether a complete exposure pathway existed. A complete exposure pathway means a plausible route by which the contaminant could have traveled from ORR to off-site populations. Only those contaminants with complete exposure pathways would have the potential to cause adverse health effects. In this feasibility study, an exposure pathway is considered complete if it has the following three elements:

- A source that released the contaminant into the environment;
- A transport medium (such as air, surface water, soil, or biota) or some combination of these media (e.g., air → pasture → livestock milk) that carried the contaminant off the site to a location where exposure could occur; and
- An exposure route (such as inhalation, ingestion, or—in the case of certain radionuclides that emit gamma or beta radiation—immersion) through which a person could come into contact with the contaminant.

In examining whether complete exposure pathways existed, investigators considered the characteristics of each contaminant and the environmental setting at the ORR. Contaminants that lacked a source, transport medium, or exposure route were eliminated from further consideration because they lacked a complete exposure pathway. Through this analysis, investigators identified a number of contaminants with complete exposure pathways.

During Task 4, investigators sought to determine qualitatively which of the contaminants with complete exposure pathways appeared to pose the greatest potential to impact off-site populations. They began by comparing the pathways for each contaminant individually. For each contaminant, they determined which pathway appeared to have the greatest potential for exposing off-site populations, and they compared the exposure potential of the contaminant's other pathways to its most significant pathway. They then divided contaminants into three categories—radionuclides, carcinogens, and noncarcinogens—and compared the contaminants within each category based on their exposure potential and on their potential to cause health effects. This analysis identified facilities, processes, contaminants, media, and exposure routes believed to have the greatest potential to impact off-site populations. The results are provided in Table 4.

The Task 4 analysis was intended to provide a preliminary framework to help focus and prioritize future quantitative studies of the potential health impacts of off-site contamination. These analyses are intended to provide an initial approach to studying an extremely complex site. However, care must be taken in attempting to make broad generalizations or draw conclusions about the potential health hazard posed by the releases from the ORR.

In Task 5, investigators described the historical locations and activities of populations most likely to have been affected by the releases identified in Task 4. During Task 6, investigators compiled a summary of the current toxicologic knowledge and hazardous properties of the key contaminants. Task 7 involved collecting, categorizing, summarizing, and indexing selected documents relevant to the feasibility study.

Study Group

A study group was not selected.

Exposures

Seven completed exposure pathways associated with air, six completed exposure pathways associated with surface water, and ten completed exposure pathways associated with soil/sediment were evaluated for radionuclides and chemical substances (metals, organic compounds, and polycyclic aromatic hydrocarbons) released at the ORR from 1942 to 1992.

Outcome Measures

No outcome measures were studied.

Conclusions

The feasibility study indicated that past releases of the following contaminants have the greatest potential to impact off-site populations.

- **Radioactive iodine**
  The largest identified releases of radioactive iodine were associated with radioactive lanthanum processing from 1944 through 1956 at the X-10 facility.

- **Radioactive cesium**
  The largest identified releases of radioactive cesium were associated with various chemical separation activities that took place from 1943 through the 1960s.

- **Mercury**
  The largest identified releases of mercury were associated with lithium separation and enrichment operations that were conducted at the Y-12 facility from 1955 through 1963.

- **Polychlorinated biphenyls**
  Concentrations of polychlorinated biphenyls (PCBs) found in fish taken from the East Fork Poplar Creek and the Clinch River have been high enough to warrant further study. These releases likely came from electrical transformers and machining operations at the K-25 and Y-12 plants.

State investigators determined that sufficient information was available to reconstruct past releases and potential off-site doses for these contaminants. The steering panel (ORHASP) recommended that dose reconstruction activities proceed for the releases of radioactive iodine, radioactive cesium, mercury, and PCBs. Specifically they recommended that the state should continue the tasks begun during the feasibility study, and should characterize the actual release history of these contaminants from the reservation; identify appropriate fate and transport models to predict historical off-site concentrations; and identify an exposure model to use in calculating doses to the exposed population.

The panel also recommended that a broader-based investigation of operations and contaminants be conducted to study the large number of ORR contaminants released that have lower potentials for off-site health effects, including the five contaminants (chromium VI; plutonium-239, -240, and -241; tritium; arsenic; and neptunium-237) that could not be qualitatively evaluated during Phase 1 due to a lack of available data. Such an investigation would help in modifying or reinforcing the recommendations for future health studies.

Additionally, the panel recommended that researchers explore opportunities to conduct epidemiologic studies investigating potential associations between exposure doses and adverse health effects in exposed populations.

TABLE 1

LIST OF CONTAMINANTS INVESTIGATED DURING TASK 1 AND TASK 2

X-10	K-25	Y-12
Radionuclides		
Americium-241 Argon-41 Barium-140 Berkelium Californium-252 Carbon-14 Cerium-144 Cesium-134,-137 Cobalt-57,-60 Curium-242,-243,-244 Einsteinium Europium-152,-154,-155 Fermium Iodine-129, -131, -133 Krypton-85 Lanthanum-140 Niobium-95 Phosphorus-32 Plutonium-238, -239, -240, -241 Protactinium-233 Ruthenium-103, -106 Selenium-75 Strontium-89, -90 Tritium Uranium-233,-234, -235, -238 Xenon-133 Zirconium-95	Neptunium-237 Plutonium-239 Technetium-99 Uranium-234, -235, -238	Neptunium-237 Plutonium-239, -239, -240, -241 Technetium-99 Thorium-232 Tritium Uranium-234, -235, -238
Nonradioactive Metals		
None initially identified	Beryllium Chromium (trivalent and hexavalent) Nickel	Arsenic Beryllium Chromium (trivalent and hexavalent) Lead Lithium Mercury
Acids/Bases		
Hydrochloric acid Hydrogen peroxide Nitric acid Sodium hydroxide Sulfuric acid	Acetic acid Chlorine trifluoride Fluorine and fluoride compounds Hydrofluoric acid Nitric acid Potassium hydroxide Sulfuric acid	Ammonium hydroxide Fluorine and various fluorides Hydrofluoric acid Nitric acid Phosgene
Organic Compounds		
None initially identified	Benzene Carbon tetrachloride Chloroform Chlorofluorocarbons (Freons) Methylene chloride Polychlorinated biphenyls 1,1,1-Trichloroethane Trichloroethylene	Carbon tetrachloride Chlorofluorocarbons (Freons) Methylene chloride Polychlorinated biphenyls Tetrachloroethylene 1,1,1-Trichloroethane Trichloroethylene

TABLE 2

CONTAMINANTS NOT WARRANTING FURTHER EVALUATION IN TASK 3 AND TASK 4

Radionuclides
Americium-241
Californium-252
Carbon-14
Cobalt-57
Cesium-134
Curium-242, -243, -244
Europium-152, -154, -155
Phosphorus-32
Selenium-75
Uranium-233
Berkelium
Einsteinium
Fermium
Nonradioactive Metals
Lithium
Organic Compounds
Benzene
Chlorofluorocarbons (Freons)
Chloroform
Acids/Bases
Acetic acid
Ammonium hydroxide
Chlorine trifluoride
Fluorine and various fluoride compounds
Hydrochloric acid
Hydrogen peroxide
Hydrofluoric acid
Nitric acid
Phosgene
Potassium hydroxide
Sulfuric acid
Sodium hydroxide

TABLE 3

CONTAMINANTS FURTHER EVALUATED IN TASK 3 AND TASK 4

Radionuclides	Nonradioactive Metals	Organic Compounds
Argon-41	Arsenic	Carbon tetrachloride
Barium-140	Beryllium	Methylene chloride
Cerium-144	Chromium (trivalent and hexavalent)	Polychlorinated biphenyls
Cesium-137	Lead	Tetrachloroethylene
Cobalt-60	Mercury	1,1,1-Trichloroethane
Iodine-129, -131, -133	Nickel	Trichloroethylene
Krypton-85		
Lanthanum-140		
Neptunium-237		
Niobium-95		
Plutonium-238, -239, -240, -241		
Protactinium-233		
Ruthenium-103, -106		
Strontium-89, 90		
Technetium-99		
Thorium-232		
Tritium		
Uranium-234 -235, -238		
Xenon-133		
Zirconium-95		

TABLE 4

HIGHEST PRIORITY CONTAMINANTS, SOURCES, TRANSPORT MEDIA, AND EXPOSURE ROUTES

Contaminant	Source	Transport Medium	Exposure Route
Iodine-131, -133	X-10 Radioactive lanthanon (RaLa) processing (1944-1956)	Air to vegetable to dairy cattle milk	Ingestion
Cesium-137	X-10 Various chemical separation processes (1944-1960s)	Surface water to fish Soil/sediment Soil/sediment to vegetables; livestock/game (beef); dairy cattle milk	Ingestion Ingestion Ingestion
Mercury	Y-12 Lithium separation and enrichment operations (1955-1963)	Air Air to vegetables; Livestock/game (beef); dairy cattle milk Surface water to fish Soil/sediment to livestock/game (beef); vegetables	Inhalation Ingestion Ingestion Ingestion
Polychlorinated biphenyls	K-25 and Y-12 Transformers and machining	Surface water to fish	Ingestion

ATSDR
AGENCY FOR TOXIC SUBSTANCES AND DISEASE REGISTRY

ORRHES Brief

Oak Ridge Reservation Health Effects Subcommittee

Screening-Level Evaluation of Additional Potential Materials of Concern, July 1999—Task 7

Site: Oak Ridge Reservation
Study area: Oak Ridge Area
Time period: 1942–1990
Conducted by: Tennessee Department of Health and the Oak Ridge Health Agreement Steering Panel

Purpose

The purpose of this screening-level evaluation was to determine whether additional contaminants that existed at Oak Ridge Reservation (ORR), other than the five already identified in the Oak Ridge Dose Reconstruction Feasibility Study (iodine, mercury, polychlorinated biphenyls [PCBs], radionuclides, and uranium), warrant further evaluation of their potential for causing health effects in off-site populations.

Background

In July 1991, the Tennessee Department of Health in cooperation with the U.S. Department of Energy initiated a Health Studies Agreement to evaluate the potential for exposures to chemical and radiological releases from past operations at ORR. The Oak Ridge Dose Reconstruction Feasibility Study was conducted from 1992 to 1993 to identify those operations and materials that warranted detailed evaluation based on the risks posed to off-site populations. The feasibility study recommended that dose reconstructions be conducted for radioactive iodine releases from X-10 radioactive lanthanum processing (Task 1), mercury releases from Y-12 lithium enrichment (Task 2), PCBs in the environment near Oak Ridge (Task 3), and radionuclides released from White Oak Creek to the Clinch River (Task 4). In addition, the study called for a systematic search of historical records (Task 5), an evaluation of the quality of historical uranium effluent monitoring data (Task 6), and additional screening of materials that could not be evaluated during the feasibility study (Task 7).

The Oak Ridge Health Agreement Steering Panel (ORRHES) was established to direct and oversee the Oak Ridge Health Studies and to facilitate interaction and cooperation with the community. This group is composed of local citizens and nationally recognized scientists.

Methods

During the Task 7 Screening-Level Evaluation, three different methods (qualitative screening, the threshold quantity approach, and quantitative screening) were used to evaluate the importance of materials with respect to their potential for causing off-site health effects. Twenty-five materials or groups of materials were evaluated. Please see Table 1 for a summary of the methods used to evaluate each material/group of materials.

- *Qualitative screening*—All materials used on ORR were qualitatively screened for quantities used, forms used, and/or manners of use. If it was unlikely that off-site releases were sufficient to pose an off-site health hazard, then these materials were not evaluated quantitatively. If off-site exposures were likely to have occurred at harmful levels, then the materials were evaluated quantitatively.

- *Threshold quantity approach*—When information was insufficient to conduct quantitative screening, inventories of materials used at ORR were estimated based on historical records and interviews of workers. These estimated inventories of materials were

determined to be either above or below a conservatively calculated health-based threshold quantity. If the estimates for a material were below the calculated threshold quantity, then it was determined to be highly unlikely to have posed a risk to human health through off-site releases.

- *Quantitative screening*—The quantitative screening used a two-level screening approach to identify those materials that could produce health risks (i.e., doses) to exposed people that are clearly below minimum levels of health concern (Level I Screen) and above minimum levels of health concern (Refined Level I Screen). Health-based decision guides were established by the Oak Ridge Health Agreement Steering Panel and represent minimum levels of health concern.

  — The Level I Screening calculates a screening index for a maximally exposed reference individual who would have received the highest exposure. This conservative (protective) screening index is not expected to underestimate exposure to any real person in the population of interest. If the estimated Level I screening index was below the ORRHES decision guide, then the hazard to essentially all members of the population, including the maximally exposed individual, would be below the minimum level of health concern. In addition, the Level I screening index would be so low that further detailed study of exposures is not warranted because the screening index is below the threshold for consideration of more extensive health effects studies. However, if during the Level I Screening, the screening index was above the ORRHES decision guide, then the contaminant was further evaluated using Refined Level I Screening.

  — The Refined Level I Screen calculates a less conservative, more realistic screening index by using more reasonable exposure parameters than the Level I Screen. In addition, depending upon the contaminant, a less conservative environmental concentration was sometimes used. However, the transfer factors and toxicity values remained the same for both screening levels. The Refined Level I Screening maintains considerable conservatism because of these conservative transfer factors and toxicity values.

  If the Refined Level I screening index was below the ORRHES decision guide, then the hazard to most members of the population would be below minimum levels of health concern. In addition, the Refined Level I screening index would be so low that further detail study of exposure is not warranted because the screening index is below the threshold for consideration of more extensive health effects studies and was given a low priority for further study. However, if during the Refined Level I Screening, the screening index was above the ORRHES decision guide, then the contaminant was determined to be of high priority for a detail evaluation.

Study Group

The screening evaluation focuses on the potential for health effects to occur in off-site residents. The Level I Screen estimates a dose for the hypothetical maximally exposed individual who would have received the highest exposure and would have been the most at-risk. The Refined Level I Screen estimates a dose for a more typically exposed individual in the targeted population. The study group for exposure from lead were children because they are particularly sensitive to the neurological effects of lead.

Exposures

Quantitative screening used mathematical equations to calculate a screening index (theoretical estimates of risk or hazard) from multiple exposure pathways, including inhalation; ground exposure (for radionuclides); ingestion of soil or sediment; and ingestion of vegetables, meat, milk, and/or fish.

Outcome Measures

No outcome measures were studied.

Results

Screening-level analyses were performed for seven carcinogens. They were evaluated according to source, resulting in 10 separate analyses. Three of the Level I Screen analyses (Np-237 from K-25, Np-237 from Y-12, and tritium from Y-12) yielded results that were below the decision guides. Refined Level I Screens were performed on the other seven carcinogenic assessments. The results of five separate analyses (beryllium from Y-12, chromium VI from ORR, nickel from K-25, technetium-99 from K-25, and technetium-99 from Y-12) were below the decision guides, and two analyses (arsenic from K-25 and arsenic from Y-12) were above the decision guides.

Arsenic was released into the air from the burning of coal at several coal-fired steam plants located on the Oak Ridge Reservation and into the soil, sediment, and surface water from coal piles and disposal of fly ash from the steam plants. Lead was likely released into soil, sediment, and surface water from the disposal of liquid waste into the Y-12 storm sewers and may have been released into the air from process stacks and the plant ventilation system.

Screening-level analyses were performed for seven noncarcinogens. These, too, were evaluated according to source, resulting in eight separate analyses. One Level I Screen analysis (beryllium from Y-12) yielded results that were below the decision guide. Refined Level I Screens were performed on the other seven noncarcinogenic assessments. Four analyses (chromium VI from ORR, copper from K-25, lithium from Y-12, and nickel from K-25) were below the decision guides and three analyses (arsenic from K-25, arsenic from Y-12, and lead from Y-12) were above the decision guides.

Three materials (niobium, zirconium, and tetramethylammoniumborohydride [TMAB]) were evaluated using the threshold quantity approach because information was insufficient to perform quantitative screening. None of the three was determined to be present in high enough quantities at the Y-12 Plant to have posed off-site health hazards.

Conclusions

Based on the qualitative and quantitative screening, the materials were separated into three classes in terms of potential off-site health hazards: not candidates for further study, potential candidates for further study, and high priority candidates for further study. (as shown in Table 2).

- *Not candidates*—Five materials at the K-25 and 14 materials used at the Y-12 Plant were determined to not warrant further study. All of these chemicals were eliminated because either (1) quantitatively, they fell below Level I Screening decision guides; (2) not enough material was present to have posed an off-site health hazard according to the threshold quantity approach; or (3) qualitatively, the quantities used, forms used, and/or manners of usage were such that off-site releases would not have been sufficient to cause off-site health hazards.

- *Potential candidates*—Three materials at the K-25 (copper powder, nickel, and technetium-99), three materials used at the Y-12 Plant (beryllium compounds, lithium compounds, and technetium-99), and one material used at ORR (chromium VI) were determined to be potential candidates for further study. These materials were identified as potential candidates because (1) their Level I Screening indices exceeded the decision guides and (2) their Refined Level I Screening indices did not exceed the decision guides.

- *High priority candidates*—One material used at the K-25 (arsenic) and two at the Y-12 Plant (arsenic and lead) were determined to be high priority candidates for further study. They were chosen as high priority materials because their Refined Level I Screening indices exceeded the decision guides.

Two issues remaining from the Dose Reconstruction Feasibility Study were evaluated during Task 7: the possible off-site health risks associated with asbestos and the composition of plutonium formed and released to the environment.

- *Asbestos*—Asbestos could not be fully evaluated during the feasibility study; therefore, it was qualitatively evaluated during this task for the potential for off-site releases and community exposure. Available information on the use and disposal of asbestos, as well as off-site asbestos monitoring, was summarized. None of the investigations performed to date have identified any asbestos-related exposure events or activities associated with community exposure, making it very unlikely that asbestos from ORR has caused any significant off-site health risks.

- *Plutonium*—The records that documented the rate of plutonium release did not specify the isotopic composition of the product formed. As a result, during the feasibility study, the project team made the assumption that the plutonium that was formed and released was plutonium-239. If incorrect, this assumption could have significant ramifications on the screening of past airborne plutonium releases. Therefore, the composition of the plutonium formed and released was evaluated further during this task. Plutonium inventory from X-10 was calculated, and plutonium-239 was found to comprise at least 99.9% of the plutonium present in Clinton Pile fuel slugs. This result confirmed that the assumptions made in the feasibility study did not introduce significant inaccuracy into the screening evaluation that was conducted.

TABLE 1

Summary of Screening Methods Used for Each Material

Qualitative Screening			
Material	**Source**	**Notes**	
Boron carbide, boron nitride, yttrium boride, titanium boride, rubidium nitrate, triplex coating, carbon fibers, glass fibers, and four-ring polyphenyl ether	ORR	Evaluated based on quantities used, forms used, and manners of usage.	
Tellurium	Y-12	Evaluated based on quantities used, forms used, and manners of usage.	
Threshold Quantity Approach			
Material	**Source**	**Media**	**Threshold Values**
Niobium	Y-12 Used in production of two alloys, mulberry and binary	Air Surface water	Evaluated using a reference dose derived from an LD50, an empirically derived dispersion factor for airborne releases from Y-12 to Scarboro, and estimated average East Fork Poplar Creek (EFPC) flow rates.
Tetramethylammoniumboro-hydride (TMAB)	Y-12 Use classified	Air Surface water	Inventory quantities and specific applications remain classified.
Zirconium	Y-12 Used in production of an alloy, mulberry	Air Surface water	Evaluated using a reference dose derived from an ACGIH Threshold Limit Value for occupational exposure, an empirically derived dispersion factor for air released from Y-12 to Scarboro, and estimated average EFPC flow rates.

TABLE 1
Summary of Screening Methods Used for Each Material (continued)

Quantitative Screening			
Material	**Source**	**Media**	**Exposure Values**
Arsenic Level I Screen and Refined Level I Screen	K-25 Y-12 Released as a naturally occurring product in coal, which was used in coal-fired steam plants	Air	Based on coal use and dispersion modeling to Union/Lawnville (K-25) and Scarboro (Y-12).
		Surface water	Used maximum in Poplar Creek (K-25) and the 95% upper confidence limit (UCL) on the mean concentration in McCoy Branch (Y-12).
		Soil/sediment	Used sediment core concentration detected in Poplar Creek to represent the early 1960s (K-25) and the 95% UCL on the mean concentration in McCoy Branch (Y-12).
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.
Beryllium compounds Level I Screen and Refined Level I Screen	Y-12 Used in production	Air	Used Y-12 stack monitoring data and an empirical dispersion factor for releases to Scarboro.
		Surface water	Used maximum concentration measured in EFPC.
		Soil	Used maximum concentration measured in EFPC.
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.
Copper Level I Screen and Refined Level I Screen	K-25 Use of copper powder is classified	Air	Based on airborne concentrations measured at the most-affected on-site air sampler that were adjusted according to the ratio of dispersion model results at that sampler to those at Union/Lawnville.
		Surface water	Used maximum concentration measured during the Clinch River Remedial Investigation.
		Soil/sediment	Used highest mean concentration in Clinch River.
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer factor and an ATSDR bioconcentration factor.

TABLE 1
Summary of Screening Methods Used for Each Material (continued)

Quantitative Screening (continued)			
Material	**Source**	**Media**	**Exposure Values**
Hexavalent chromium (Chromium VI) Level I Screen and Refined Level I Screen	ORR Used in cooling towers to control corrosion	Air	Based on modeling of emission and drift from K-25 cooling towers to Union/Lawnville.
		Surface water	Used maximum concentration measured in Poplar Creek before 1970.
		Soil	Used average concentration of total chromium measured during the EFPC Remedial Investigation; assumed to be 1/6 (16.7%) chromium VI.
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.
Lead EPA's Integrated Exposure Uptake Biokinetic model	Y-12 Used in production of components, in paints, and as radiation shielding	Air	Estimated from background concentrations of lead prior to mid-1970s.
		Surface water	Used maximum concentration measured in EFPC (a higher concentration was detected near Y-12; however it was considered to be anomalous).
		Soil/sediment	Used maximum concentration measured in the EFPC Remedial Investigation, the 95% UCL, and the 95% UCL multiplied by 3.5 for a higher past concentration.
		Food items	Based on concentrations in air, soil, and water and biotransfer and bio-concentration factors from literature.
Lithium Level I Screen and Refined Level I Screen	Y-12 Used in lithium isotope separation, chemical, and component fabrication	Air	Used stack sampling data from two lithium processing buildings and an empirical dispersion factor for releases to Scarboro.
		Surface water	Used highest quarterly average measured in EFPC.
		Soil/sediment	Used maximum concentration measured in the EFPC floodplain.
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.

TABLE 1
Summary of Screening Methods Used for Each Material (continued)

Quantitative Screening (continued)			
Material	**Source**	**Media**	**Exposure Values**
Neptunium-237 Level I Screen	K-25 Y-12 Found in recycled uranium	Air	Based on levels in recycled uranium, an estimated release fraction, and dispersion modeling to Union/Lawnville (K-25) and Scarboro (Y-12).
		Surface water	Based on reported releases to Clinch River (K-25) and EFPC (Y-12), corrected for dilution.
		Soil/sediment	Used maximum concentrations detected in Clinch River (K-25) and EFPC (Y-12).
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.
Nickel Level I Screen and Refined Level I Screen	K-25 Used in the production of barrier material for the gaseous diffusion process	Air	Based on the 95% UCL for the year of the highest measured concentrations in on-site air samplers and dispersion modeling to Union/Lawnville.
		Surface water	Used 95% UCL for the year of the highest concentrations in Clinch River.
		Soil/sediment	Used highest mean concentration in Clinch River.
		Food items	Based on concentrations in air, soil, and water and NCRP biotransfer and bioconcentration factors.
Technetium-99 Level I Screen and Refined Level I Screen	K-25 Y-12 Product of fission of uranium atoms and from neutron activation of stable molybdenum-98	Air	Used an average of concentrations modeled to Union/Lawnville (K-25) and Scarboro (Y-12).
		Surface water	Used maximum concentration detected in Clinch River (K-25) and EFPC (Y-12).
		Soil/sediment	Used maximum concentration from the K-25 perimeter and EFPC (Y-12).
		Food items	Based on concentrations in air, soil, and water and biotransfer and bioconcentration factors from literature.

TABLE 1
Summary of Screening Methods Used for Each Material (continued)

Quantitative Screening (continued)			
Material	**Source**	**Media**	**Exposure Values**
Tritium Level I Screen	Y-12 Used in deuterium gas production and lithium deuteride recovery operations	Surface water	Evaluated based on deuterium inventory differences and the peak tritium concentration in the deuterium that was processed at Y-12; the release estimate was used with the International Atomic Energy Agency method for tritium dose assessment, assuming all the tritium that escaped was released to EFPC.

TABLE 2
Categorization of Materials Based on Screening Results

Contaminant Source	Not Candidates for Further Study (Level I result was below the decision guide)	Potential Candidates for Further Study (Refined Level I result was below the decision guide)	High Priority Candidates for Further Study (Refined Level I result was above the decision guide)
K-25	Neptunium-237 (cancer) Evaluated qualitatively (quantities, forms, and manner of use were not sufficient): • Carbon fibers • Four-ring polyphenyl ether • Glass fibers • Triplex coating	• Copper powder (noncancer) • Nickel (cancer) • Nickel (noncancer) • Technetium-99 (cancer)	• Arsenic (cancer) • Arsenic (noncancer)
Y-12 Plant	• Beryllium compounds (noncancer) • Neptunium-237 (cancer) • Tritium (cancer) Evaluated using Threshold Quantity Approach (not enough material was present): • Niobium (noncancer) • TMAB • Zirconium (noncancer) Evaluated qualitatively (quantities, forms, and manner of use were not sufficient): • Boron carbide • Boron nitride • Rubidium nitrate • Rubidium bromide • Tellurium • Titanium boride • Yttrium boride • Zirconium	• Beryllium compounds (cancer) • Lithium compounds (noncancer) • Technetium-99 (cancer)	• Arsenic (cancer) • Arsenic (noncancer) • Lead (noncancer) Arsenic was released into the air from the burning of coal at several coal-fired steam plants located on the Oak Ridge Reservation and into the soil, sediment, and surface water from coal piles and disposal of fly ash from the steam plants. Lead was likely released into soil, sediment, and surface water from the disposal of liquid waste into the Y-12 storm sewers and may have been released into the air from process stacks and the plant ventilation system.
ORR (all complexes)		• Chromium VI (cancer) • Chromium VI (noncancer)	

Introduction

Fish are an important part of a healthy diet. They are a lean, low-calorie source of protein. Some sport fish caught in the nation's lakes, rivers, oceans, and estuaries, however, may contain chemicals that could pose health risks if these fish are eaten in large amounts.

The purpose of this brochure is not to discourage you from eating fish. It is intended as a guide to help you select and prepare fish that are low in chemical pollutants. By following these recommendations, you and your family can continue to enjoy the benefits of eating fish.

Fish taken from polluted waters might be hazardous to your health. Eating fish containing chemical pollutants may cause birth defects, liver damage, cancer, and other serious health problems.

Chemical pollutants in water come from many sources. They come from factories and sewage treatment plants that you can easily see. They also come from sources that you can't easily see, like chemical spills or runoff from city streets and farm fields. Pollutants are also carried long distances in the air.

Fish may be exposed to chemical pollutants in the water, and the food they eat. They may take up some of the pollutants into their bodies. The pollutants are found in the skin, fat, internal organs, and sometimes muscle tissue of the fish.

What can I do to reduce my health risks from eating fish containing chemical pollutants ?

Following these steps can reduce your health risks from eating fish containing chemical pollutants. The rest of the brochure explains these recommendations in more detail.

1. ***Call your local or state environmental health department.*** Contact them before you fish to see if any advisories are posted in areas where you want to fish.
2. ***Select certain kinds and sizes of fish for eating.*** Younger fish contain fewer pollutants than older, larger fish. Panfish feed on insects and are less likely to build up pollutants.
3. ***Clean and cook your fish properly.*** Proper cleaning and cooking techniques may reduce the levels of some chemical pollutants in the fish.

Health Note

Advisories are different from fishing restrictions or bans or limits. Advisories are issued to provide ***recommendations*** for limiting the amount of fish to be eaten due to levels of pollutants in the fish.

A Message from the Administrator

Christine Todd Whitman

I believe water is the biggest environmental issue we face in the 21st Century in terms of both quality and quantity. In the 30 years since its passage, the Clean Water Act has dramatically increased the number of waterways that are once again safe for fishing and swimming. Despite this great progress in reducing water pollution, many of the nation's waters still do not meet water quality goals. I challenge you to join with me to finish the business of restoring and protecting our nation's waters for present and future generations.

For More Information

For more information about reducing your health risks from eating fish that contain chemical pollutants, contact your local or state health or environmental protection department. You can find the telephone number in the blue section of your local telephone directory.

You may also contact:

U.S. Environmental Protection Agency
Office of Water
Fish and Wildlife Contamination Program (4305T)
1200 Pennsylvania Avenue, NW
Washington, DC 20460

web address: www.epa.gov/ost/fish

United States Environmental Protection Agency
Office of Water (4101M)
EPA 823-F-02-005 • April 2002

In celebration of the 30th anniversary of the Clean Water Act, EPA presents

A Guide to Healthy Eating of the Fish You Catch

★ 2002 ★ 30 YEARS OF CLEAN WATER
Celebration & Recommitment

ATSDR
AGENCY FOR TOXIC SUBSTANCES AND DISEASE REGISTRY

Catching Fish

How can I find out if the waters that I fish in are polluted?

It's almost impossible to tell if a water body is polluted simply by looking at it. However, there are ways to find out.

First, look to see if warning signs are posted along the water's edge. If there are signs, follow the advice printed on them.

Second, even if you don't see warning signs, call your local or state health or environmental protection department and ask for their advice. Ask them if there are any advisories on the kinds or sizes of fish that may be eaten from the waters where you plan to fish. You can also ask about fishing advisories at local sporting goods or bait shops where fishing licenses are sold.

If the water body has not been tested, follow these guidelines to reduce your health risks from eating fish that might contain small amounts of chemical pollutants.

Health Note

Some chemical pollutants, such as mercury and PCBs, can pose greater risks to women of childbearing age, pregnant women, nursing mothers, and young children. This group should be especially careful to greatly reduce or avoid eating fish caught from polluted waters.

Do some fish contain more pollutants than others?

Yes. You can't look at fish and tell if they contain chemical pollutants. The only way to tell if fish contain harmful levels of chemical pollutants is to have them tested in a laboratory. Follow these simple guidelines to lower the risk to your family:

- If you eat gamefish, such as lake trout, salmon, walleye, and bass, eat the smaller, younger fish (within legal limits). They are less likely to contain harmful levels of pollutants than larger, older fish.
- Eat panfish, such as bluegill, perch, stream trout, and smelt. They feed on insects and other aquatic life and are less likely to contain high levels of harmful pollutants.
- Eat fewer fatty fish, such as lake trout, or fish that feed on the bottoms of lakes and streams such as catfish and carp. These fish are more likely to contain higher levels of chemical pollutants.

Cleaning Fish

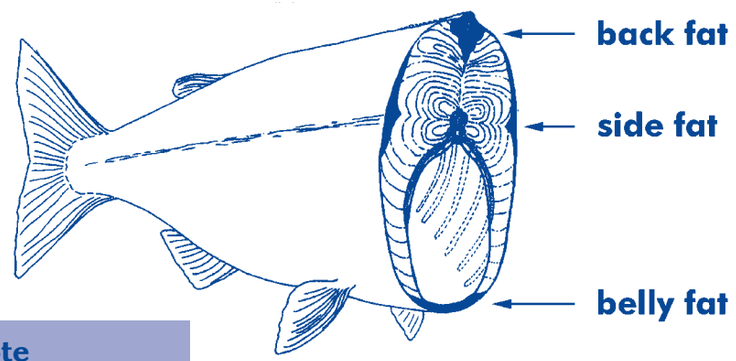
Can I clean my fish to reduce the amount of chemical pollutants that might be present?

Yes. It's always a good idea to remove the skin, fat, and internal organs (where harmful pollutants are most likely to accumulate) before you cook the fish.

As an added precaution:

- Remove and throw away the head, guts, kidneys, and the liver.

Trim away the skin and fatty tissue before cooking to reduce the level of some pollutants in the fish you eat.



Health Note

Mercury is found throughout the tissue in fish, so these cleaning and cooking techniques will not reduce the amount of mercury in a meal of fish.

- Fillet fish and cut away the fat and skin before you cook it.
- Clean and dress fish as soon as possible.

Remember that with any fresh meat, always follow proper food handling and storage techniques. To prevent the growth of bacteria or viruses, keep freshly caught fish on ice and out of direct sunlight.

Cooking Fish

Can I cook my fish to reduce my health risk from eating fish containing chemical pollutants?

Yes. The way you cook fish can make a difference in the kinds and amounts of chemical pollutants remaining in the fish. Fish should be properly prepared and grilled, baked, or broiled. By letting the fat drain away, you can remove pollutants stored in the fatty parts of the fish. Added precautions include:

- Avoid or reduce the amount of fish drippings or broth that you use to flavor the meal. These drippings may contain higher levels of pollutants.
- Eat less fried or deep fat-fried fish because frying seals any chemical pollutants that might be in the fish's fat into the portion that you will eat.
- If you like smoked fish, it is best to fillet the fish and remove the skin before the fish is smoked.