

## EXPERIENCES FROM THE LABORATORY

## Introduction

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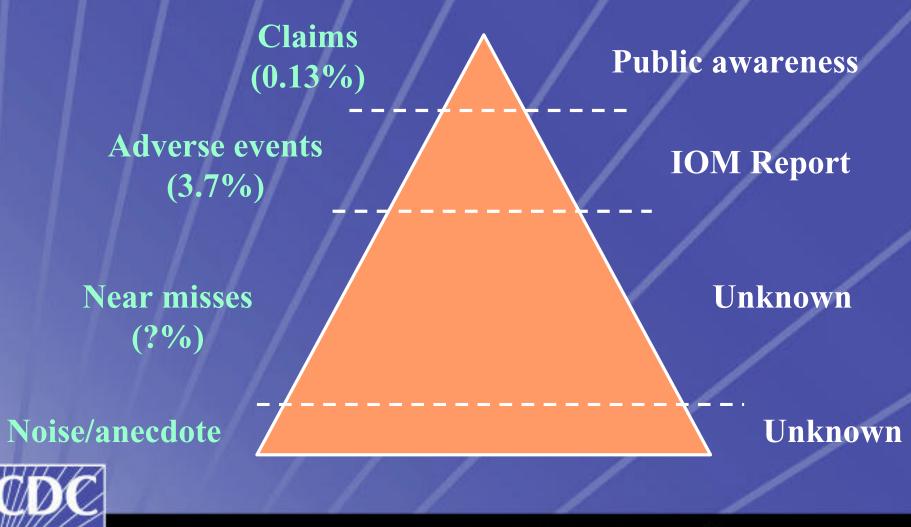
## The Laboratory Is a Key Partner in Patient Safety

#### **Objectives**:

- Highlight US patient safety initiatives
- Present some perspectives on laboratory testing mistakes and their impact on patient care
- Describe initiatives that were undertaken by the laboratory community in order to improve the quality of laboratory services and enhance patient safety



## Medical Errors



## A Few Responses to IOM Reports

- **National Health Care Quality Report -2003** 
  - Measures to follow Healthy People 2010 Framework
  - Medical Specialties
  - Pharmacy Links between Pharmacy, Laboratory, and Care Providers
- Professional Organizations
  - NCCLS Closing the Gap: Error Proofing the System 2002
- Laboratories
  - Quest Become a Six Sigma Company by 2004
- Congress

• H.R. 4889 - Patient Safety Improvement Act of 2002



## How To Improve Patient Safety

LEADERSHIP

CULTURE

LEARNING AND IMPROVEMENT

**BUSINESS PROCESS** 

**PRODUCTION PROCESS** 



# Laboratory Testing Errors

- Understand where laboratory testing errors occur
- Evaluate the impact of laboratory testing errors on patient care
- Describe common study findings and their limitations
- Laboratory initiatives that improve patient care
- Experiences from other industries that can be applied to the laboratory in order to further improve patient safety



## The Total Testing Process: Laboratory Testing Errors

----> Perceived need for test **Test request requisition Pre-analytic** 32-75% **Patient preparation** phase **Specimen acquisition** Specimen processing Analytic phase Specimen analysis 4-32% **Report** generation **Post-analytic Report retrieval** 9-55% phase Report interpretation

> Howanitz and Howanitz, Clin. Lab. Med, 3:541-551, 1983 Bonini et al. Clinical Chemistry 48:5, 691-698, 2002

## **CDC**

## Laboratory Testing Errors: Examples (1)

**1987** – Private hospital reviewed 336 medical records of patients involved in 304 incidents where hospital QA practices were violated (*Ross JW and Boone DJ.* 1989 Institute on Critical Issues in Health Laboratory Practice. DuPont Press p 173, 1989)

- ♦ 70% not affected
- ♦ 24% not harmed, but subjected to unnecessary procedure
- ♦ 6% not harmed , but placed at increased risk of harm
- Pre-analytical 46%; Analytical 7%, Post-Analytical 47%
- Non-laboratory personnel involved in 29% of incidents
- 37.5/100,000 patients placed at risk because of mistakes in testing process



## Laboratory Testing Errors: Examples (2)

**1991** – 5470 participants were surveyed in CAP Blood Bank PT Program about monitoring of 24 steps in the transfusion process (Boone DJ at al., Transfusion medicine monitoring practices. Arch Pathol Lab Med, 119:999-1006, 1995)

- ♦ 25% response rate (>30% nation's blood supply)
- ◆ 7% of institutions monitored all 24 steps
- ◆ 8% of institutions did not monitor any of the steps
- Defects found: pre-analytical 41%; analytical 4%, Post-Analytical 55%
- Monitoring could not be linked to prevention of complications
- ♦ 1% of defects in ABO or Rh testing



## Laboratory Testing Errors: Examples (3)

1993 – Survey of 124 primary care clinicians in 49 practices, who reported all laboratory testing problems detected during a 6 month period (*Nutting PA et al. Problems in laboratory testing in primary care. JAMA;* 275:635-639, 1996)

- ♦ 180 problems reported (110 per 100,000 patient visits)
- Problems found: pre-analytical 56%; analytical 13%, post-analytical 39%
- ◆ 27% of problems had an impact on patient care
- 34 per 100,000 patient visits incur mistakes that impact care



## Laboratory Testing Problems In Primary Care

TEST	TYPE OF PROBLEM	SITE	OUTCOME
HIV	FN error	Referral Laboratory	Delayed Diagnosis
Urine	FP error	Referral	Ultrasound
Pregnancy		Laboratory	Performed
Potassium	Delayed	Referral	Hospitalize
	Report	Laboratory	Patient
Urine	FN error	Office	Treatment
Culture		Laboratory	Delayed

*Nutting PA et al*. *Problems in laboratory testing in primary care. JAMA 1996; 275:635-639.* 



## Accuracy of Laboratory Tests Based On Q-Probe Studies

- Ordering the right test 53%
- Transmission of orders 97.1%
- Patient preparation 79% digoxin testing after dosing
- Patient ID 97.3% wristbands
- Procurement of specimen 93% collected
- Specimen acceptable 99.6%
- Results charted 96.6%
  - Physician response to elevated Ca<sup>++</sup> 53% no response

#### Accurate testing for 163/1000 patients

Dr. Peter Howanitz, 1994



## **JCAHO: Sentinel Events Studies**

- 1. Inpatient Suicides 17.1%
- 2. **Operative/post operative complications 12.2%**
- Medication error 11.5%
- 4. Delay in treatment 5.3%
- 5. Transfusion error 2.6% (ABO incompatibility)

n = 1000 events Event = Unexpected death, injury, or risk

Joanne Born, 2002



## JCAHO: Root Causes of Sentinel Events

1. **Communication – 63%** 

- 2. **Orientation/Training 58%**
- 3. Lack of Information 20%
- 4. Staffing Levels 18%
- 5. Competency -12%
- 6. Compliance with procedures 12%

Note: 75% of transfusion events were linked to orientation/training and 25% to staffing

Joanne Born, 2002



# Perspective: Risk of Viral Infection Per Unit of Blood Products (1980-2003)

**HBV:** HCV: **HIV:** 

**1980s** 1:2100 1:200 1:100 **Compare with:** 

**1990s** 1:63,000 1:103,000 1:493,000

2000s 1:220,000 1:600,000 1:1,800,000

**Risk of acute hemolytic reaction** Risk of dying while in hospital from something else than trans.Tx Risk of dying in a plane crash

1:25,000

1:6,000 1:7,000,000



## Errors in Laboratory Medicine: Limitation of Studies

- **Focus mostly on analytical errors**
- Inappropriate test ordering and interpretation is difficult to capture
  - Errors are often difficult to detect
    - Goldschmidt and Lent found that 75% of test errors still fall within the reference interval
    - ◆ 12.5% absurd and 12.5% effect on patient health
- New tests may not have a gold standard
  - **Complaints vs. testing process review**

Bonini et al. Clinical Chemistry 48:5, 691-698, 2002



### Errors in Laboratory Medicine: Common Elements of Studies

- No common nomenclature blunder, mistake, problem, defect, error
- Similar distribution of errors in total testing process
- Method of data collection influences results:
  - # Complaints < # Testing Process Review
- No definition of allowable error rate

Bonini et al. Clinical Chemistry 2002; 48:5, 691-698



### Errors In Laboratory Medicine: Needs For The Future

- **Definitions errors and their causes**
- Defined relationships between error and actual or potential patient outcome
- Standardization of methods risks stated in common terminology
- Adopt techniques of other industries focused error prevention/reduction
- Measures for critical errors rare
- Cultural change human and system risks

Bonini et al. Clinical Chemistry 2002; 48:5, 691-698



#### SAFER • HEALTHIER • PEOPLE™

## Errors In Laboratory Medicine: More Studies Are Needed!

**Barriers:** 

- ♦ Public awareness legal issues
- ♦ IRB issues
- ♦ Funding
- ◆ Lack of shared information



# Lessons Learned From the Laboratory

- Expertise on the accuracy of diagnostic testing
- QA/QC, proficiency testing
- Standard setting organizations
- Accreditation programs
- Licensing, certification and training programs
- Regulatory oversight: CLIA'88
- Voluntary reporting of adverse events: transfusion medicine (MERS-TM)

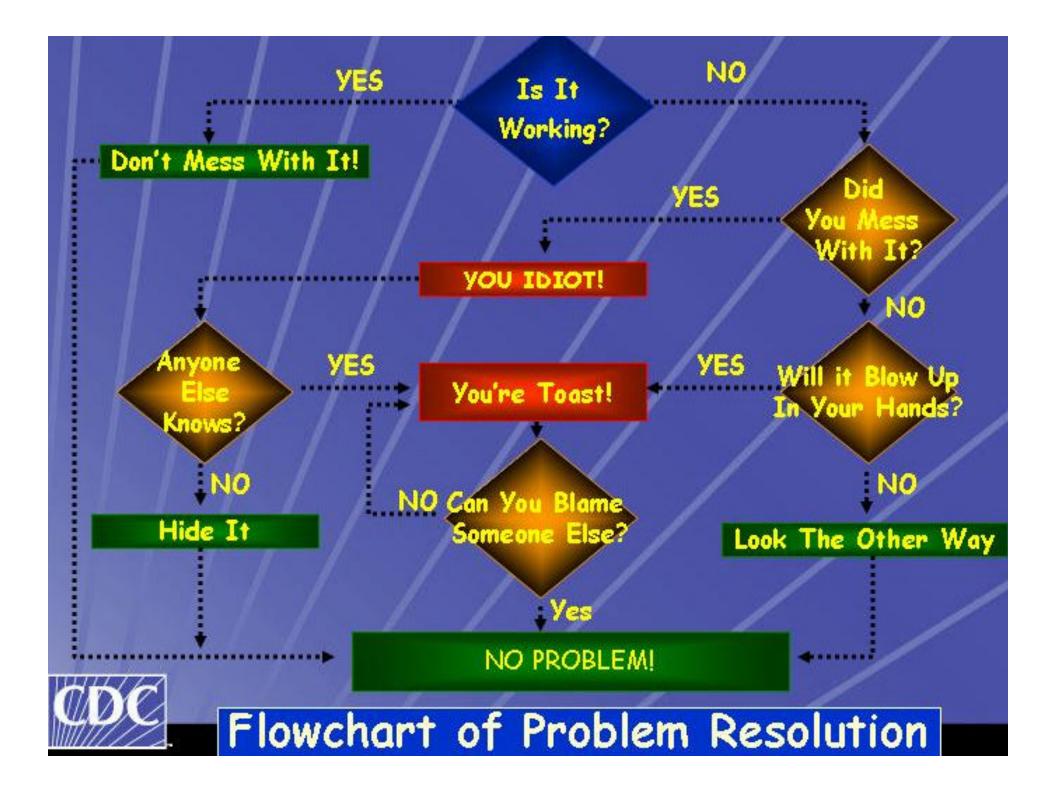


# Lessons For The Laboratory

Lessons from other industries:

- Aviation industry
- Car manufacturing industry
- Lessons from a medical specialty:
  - Anesthesia Patient Safety Foundation
- Lessons from a large healthcare organization:
  - Creating a culture of safety in the VA





## CDC Sponsored Institutes On Critical Issues In Clinical Laboratory Practice

- 1984 "The Impact of Alternative Reimbursement Methods on Laboratory Practice" - where, what, how, whom, how well
- 1986 "Managing the Quality of Laboratory Test Results in a Changing Health Care Environment" - quality in total testing process
- 1989 "Improving the Quality of Health Management Through Clinician and Laboratorian Teamwork" partnership
- 1995 "Frontiers in Laboratory Practice Research" beyond CLIA



**2003 – Quality Institute – Making the Laboratory a Key Partner in Patient Safety** 

# Why a QI Conference?

Healthcare system changes affect clinical laboratory services:

- Access,
- ♦ Cost,

- Quality, and
- Patient safety
- Significant role of clinical laboratory services in the healthcare system
- Improvement in clinical laboratory service depends on better collaboration and coordination within the healthcare system





## QI Conference: Experiences Section

- Present examples of organizational activities within the clinical laboratory setting that have enhanced patient safety:
  - Primary care
  - Independent laboratories
  - University hospital laboratories
  - Professional/accrediting organizations



## Laboratory Safety and Quality in Primary Care: Evidence and Evolution

**Robert Phillips MD MSPH** 

The Robert Graham Center: Policy Studies in Family Practice and Primary Care





## The Power of Six Sigma Quality

Kenneth Freeman Chairman and CEO Quest Diagnostics, INC





CAP Q-Probes and Q-Tracks: 15 Years of Laboratory Quality Indicator Development



Richard J. Zarbo, MD, DMD



Reducing Medical Errors by Providing Expert Advice in the Selection and Interpretation of Laboratory Tests

Michael Laposata, M.D., Ph.D.

Director of Clinical Laboratories Massachusetts General Hospital Professor, Harvard Medical School

