Patient and Provider Attitudes in the Healthcare Context

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BACKGROUND:

Management of patients with co-morbid hypertension (HTN) and diabetes (DM) is a costly and clinically challenging task within the VA health system. The general objective of the proposed research is to assess patient and provider attitudes toward care and to examine the degree to which similarity of attitudes held by VA patients being treated for comorbid hypertension and diabetes and by their primary medical care providers, is a determinant of patient satisfaction, patient regimen adherence, and adequacy of diabetic and blood pressure control.

OBJECTIVES:

Four interrelated study objectives will be addressed. **Aim 1:** The proposed research will determine the relationship between patient-provider attitudinal symmetry and patient satisfaction. **Aim 2:** The proposed research will determine the relationship between patient-provider attitudinal symmetry and patient medication adherence (determined using pharmacy records) and more general self-reported treatment adherence. **Aim 3.** The proposed research will determine the relationship between patient-provider attitudinal symmetry and clinical measures of blood pressure (as reflected in clinic blood pressure readings) and glycemic control (as reflected in HbA1c values). **Aim 4.** If (as predicted) a significant effect for attitudinal symmetry on clinical outcomes is found, the proposed research will reexamine the effects of attitudinal symmetry after adjusting for patient self-reported adherence and satisfaction. This will allow for a determination of the extent to which the effect of attitudinal symmetry on BP or HbA1c is accounted for (mediated by) differences in patient self-reported adherence and/or satisfaction.

METHODS:

The primary objective of the proposed research is to assess patient and provider attitudes toward care and to examine the degree to which similarity of attitudes held by VA patients being treated for comorbid diabetes and hypertension and by their primary medical care providers is a determinant of patient satisfaction, patient adherence, and adequacy of blood pressure and diabetic control. This observational study will test the effects of attitudinal symmetry over an 18 month period. The study will be conducted at 2 VA medical centers (VAMCs) and their affiliated community-based outpatient clinics (CBOCs) in VISNs 23 and 12. The study will enroll approximately 55 primary-care provider participants and 660 linked, randomly selected primary care patients with previous diagnoses of comorbid diabetes and hypertension who are being followed by a participating provider.

FINDINGS / RESULTS: No results to report at this time.

PUBLICATIONS: None at this time.