



**MEC Examination  
Frequencies for Individual Foods File (DRXIFF)  
May 2004**

Food/individ.component number(sequent#)				
DRXILINE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 to 49	127840	100.00	127840	100.00



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Dietary recall status				
DRDDRSTS	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : Reliable and meet minimum criteria	125226	97.96	125226	97.96
2 : Reliable but not meet minimum criteria	1104	0.86	126330	98.82
4 : Breast-fed infant or child	1510	1.18	127840	100.00



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Mode of interview				
DRDINTMD	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	17	0.01	17	0.01
1 : In-person	103424	80.90	103441	80.91
2 : Telephone	24399	19.09	127840	100.00



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Intake day of week				
DRDDAY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : Sunday	17426	13.63	17426	13.63
2 : Monday	11847	9.27	29273	22.90
3 : Tuesday	10601	8.29	39874	31.19
4 : Wednesday	15917	12.45	55791	43.64
5 : Thursday	16561	12.95	72352	56.60
6 : Friday	31849	24.91	104201	81.51
7 : Saturday	23639	18.49	127840	100.00



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Language SP/Proxy used mostly				
DRALANG	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	69	0.05	69	0.05
1 : English	105922	82.86	105991	82.91
2 : Spanish	20348	15.92	126339	98.83
3 : English and Spanish	1295	1.01	127634	99.84
4 : Other	206	0.16	127840	100.00



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Combination food number(sequential#)				
DRXCCMN	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	56969	44.56	56969	44.56
1	20686	16.18	77655	60.74
2	18823	14.72	96478	75.47
3	14117	11.04	110595	86.51
4	8720	6.82	119315	93.33
5	4584	3.59	123899	96.92
6	2287	1.79	126186	98.71
7	949	0.74	127135	99.45
8	401	0.31	127536	99.76
9	178	0.14	127714	99.90
10	82	0.06	127796	99.97
11	26	0.02	127822	99.99
12	6	0.00	127828	99.99
13	12	0.01	127840	100.00



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Combination food type				
DRDCCMTY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 : Non-combination food	56969	44.56	56969	44.56
1 : Baby food combo	1284	1.00	58253	45.57
2 : Dried beans w/adds	462	0.36	58715	45.93
3 : Beverage combo	8901	6.96	67616	52.89
4 : Bread/baked products w/adds	5606	4.39	73222	57.28
5 : Cereal mix/cereal w/adds	6253	4.89	79475	62.17
6 : Chips w/adds	827	0.65	80302	62.81
7 : Crackers w/adds	531	0.42	80833	63.23
8 : Desserts w/adds	1247	0.98	82080	64.21
9 : Eggs w/adds	685	0.54	82765	64.74
10 : Fish w/adds	629	0.49	83394	65.23
11 : Frozen meal	324	0.25	83718	65.49
12 : Fruit combo	835	0.65	84553	66.14
13 : Grains w/adds	1022	0.80	85575	66.94
14 : Meat w/adds	1445	1.13	87020	68.07
15 : Mixed dish	5833	4.56	92853	72.63
17 : Poultry w/adds	1739	1.36	94592	73.99
18 : Salads (greens based)	5042	3.94	99634	77.94
19 : Salads (non-greens based)	515	0.40	100149	78.34
20 : Sandwiches	16373	12.81	116522	91.15
21 : Soup combo	1229	0.96	117751	92.11
22 : Tortilla w/adds	4808	3.76	122559	95.87
23 : Vegetable combo	4614	3.61	127173	99.48
90 : Other foods eaten together	667	0.52	127840	100.00



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Meal time of eating (HH:MM)				
DRD020	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0:00 to 23:59	127840	100.00	127840	100.00





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Coded meal name				
DRD030	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : Breakfast	21390	16.73	21390	16.73
2 : Brunch	1335	1.04	22725	17.78
3 : Lunch	26739	20.92	49464	38.69
4 : Snack/beverage	26641	20.84	76105	59.53
5 : Dinner/supper	32031	25.06	108136	84.59
6 : Infant feeding	4067	3.18	112203	87.77
7 : Extended consumption	1599	1.25	113802	89.02
8 : Other	55	0.04	113857	89.06
9 : Desayuno (Spanish)	2184	1.71	116041	90.77
10 : Almuerzo (Spanish)	2255	1.76	118296	92.53
11 : Comida (Spanish)	3964	3.10	122260	95.64
12 : Merienda (Spanish)	839	0.66	123099	96.29
13 : Cena (Spanish)	3643	2.85	126742	99.14
14 : Entre comida/bebida (Spanish)	718	0.56	127460	99.70
15 : Bocadillo (Spanish)	106	0.08	127566	99.79
16 : Botana (Spanish)	270	0.21	127836	100.00
99 : Don't know	4	0.00	127840	100.00



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Meal Place				
DRD040	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : Boat	17	0.01	17	0.01
2 : Self serve buffet	432	0.34	449	0.35
3 : Cafeteria	457	0.36	906	0.71
4 : Car	1961	1.53	2867	2.24
5 : Community feeding program	114	0.09	2981	2.33
6 : Deli	104	0.08	3085	2.41
7 : Fast food	3337	2.61	6422	5.02
8 : Friend's house	2363	1.85	8785	6.87
9 : Home	85987	67.26	94772	74.13
11 : Plane	26	0.02	94798	74.15
12 : Restaurant	8081	6.32	102879	80.47
13 : School	6901	5.40	109780	85.87
14 : Someone else's house	3622	2.83	113402	88.71
15 : Store	495	0.39	113897	89.09
16 : Take out	419	0.33	114316	89.42
17 : Work	8425	6.59	122741	96.01
18 : Day camp	68	0.05	122809	96.06
19 : Day care	863	0.68	123672	96.74
90 : Other	4168	3.26	127840	100.00



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Combination food flag				
DRDCFF	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 : Single component food	56969	44.56	56969	44.56
1 : Combo food	70871	55.44	127840	100.00



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Flag for modified recipe use				
DRDMRUF	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 : Non-modified recipe	120718	94.43	120718	94.43
1 : Modified recipe	7122	5.57	127840	100.00



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USDA food code				
DRDIFDCD	Frequency	Percent	Cumulative Frequency	Cumulative Percent
11000000 to 94000000	127840	100.00	127840	100.00



**NHANES 1999-2000 Data Release**  
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Salt adjustment flag of individual food				
DRDISODF	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : No sodium adjustment done	123345	96.48	123345	96.48
2 : Sodium value adjusted for salt use in food preparation	4495	3.52	127840	100.00



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Grams				
DRXIGRMS	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0.02 to 9000	127147	99.46	127840	100.00



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Energy (kcal)				
DRXIKCAL	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 4620	127147	99.46	127840	100.00





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Protein (gm)				
DRXIPROT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 342.42	127147	99.46	127840	100.00



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Carbohydrate (gm)				
DRXCARB	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 928.51	127147	99.46	127840	100.00



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Total fat (gm)				
DRXITFAT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 250.4	127147	99.46	127840	100.00



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Total saturated fatty acids (gm)				
DRXISFAT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 157.3	127147	99.46	127840	100.00



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**May 2004**

Total monounsaturated fatty acids (gm)				
DRXIMFAT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 93.9	127147	99.46	127840	100.00



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Total polyunsaturated fatty acids (gm)				
DRXIPFAT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 75.21	127147	99.46	127840	100.00



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Cholesterol (mg)				
DRXICHOL	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 2976.03	127147	99.46	127840	100.00



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Dietary fiber (gm)				
DRXIFIBE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 88.28	127147	99.46	127840	100.00





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Vitamin A (IU)				
DRXIVAIU	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 162023.04	127147	99.46	127840	100.00



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Vitamin A (RE)				
DRXIVARE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 36203.19	127147	99.46	127840	100.00



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Carotene (RE)				
DRXICARO	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 16202.88	127147	99.46	127840	100.00



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Thiamin (Vitamin B1) (mg)				
DRXIVB1	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 10.64	127147	99.46	127840	100.00



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Riboflavin (Vitamin B2) (mg)				
DRXIVB2	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 14.09	127147	99.46	127840	100.00



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Niacin (mg)				
DRXINIAC	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 140.06	127147	99.46	127840	100.00



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Vitamin B6 (mg)				
DRXIVB6	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 17.71	127147	99.46	127840	100.00



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Total Folate (mcg)				
DRXIFOLA	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 2156	127147	99.46	127840	100.00





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Vitamin B12 (mcg)				
DRXIVB12	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 377.26	127147	99.46	127840	100.00



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Vitamin C (mg)				
DRXIVC	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 1715.11	127147	99.46	127840	100.00



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Vitamin E (ATE) (mg)				
DRXIVE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 93.97	127147	99.46	127840	100.00



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Calcium (mg)				
DRXICALC	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 5685.04	127147	99.46	127840	100.00



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Phosphorus (mg)				
DRXIPHOS	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 5166.1	127147	99.46	127840	100.00



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Magnesium (mg)				
DRXIMAGN	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 1063.14	127147	99.46	127840	100.00



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Iron (mg)				
DRXIIRON	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 96.99	127147	99.46	127840	100.00



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Zinc (mg)				
DRXIZINC	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 584.57	127147	99.46	127840	100.00





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Copper (mg)				
DRXICOPP	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 28.66	127147	99.46	127840	100.00



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Sodium (mg)				
DRDISODI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 11993.01	127147	99.46	127840	100.00



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Potassium (mg)				
DRXIPOTA	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 8382.87	127147	99.46	127840	100.00



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Selenium (mcg)				
DRXISELE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 1196.21	127147	99.46	127840	100.00



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Caffeine (mg)				
DRXICAFF	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 4120.32	127147	99.46	127840	100.00



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Theobromine (mg)				
DRXITHEO	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 1754.22	127147	99.46	127840	100.00



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Alcohol (gm)				
DRXIALCO	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 665.28	127147	99.46	127840	100.00



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Moisture (gm)				
DRXIWATE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 8568	127147	99.46	127840	100.00





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SFA 4:0 (Butanoic) (gm)				
DRXIS040	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 8.16	127147	99.46	127840	100.00



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SFA 6:0 (Hexanoic) (gm)				
DRXIS060	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 4.46	127147	99.46	127840	100.00



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SFA 8:0 (Octanoic) (gm)				
DRXIS080	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 5.95	127147	99.46	127840	100.00



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SFA 10:0 (Decanoic) (gm)				
DRXIS100	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 5.89	127147	99.46	127840	100.00



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SFA 12:0 (Dodecanoic) (gm)				
DRXIS120	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 18.53	127147	99.46	127840	100.00



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SFA 14:0 (Tetradecanoic) (gm)				
DRXIS140	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 25.73	127147	99.46	127840	100.00



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SFA 16:0 (Hexadecanoic) (gm)				
DRXIS160	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 70.26	127147	99.46	127840	100.00



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SFA 18:0 (Octadecanoic) (gm)				
DRXIS180	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 29.01	127147	99.46	127840	100.00





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MFA 16:1 (Hexadecenoic) (gm)				
DRXIM161	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 22.2	127147	99.46	127840	100.00



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MFA 18:1 (Octadecenoic) (gm)				
DRXIM181	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 92.04	127147	99.46	127840	100.00



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MFA 20:1 (Eicosenoic) (gm)				
DRXIM201	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 2.42	127147	99.46	127840	100.00



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MFA 22:1 (Docosenoic) (gm)				
DRXIM221	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 5.07	127147	99.46	127840	100.00



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PFA 18:2 (Octadecadienoic) (gm)				
DRXIP182	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 69.79	127147	99.46	127840	100.00



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PFA 18:3 (Octadecatrienoic) (gm)				
DRXIP183	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 7.26	127147	99.46	127840	100.00



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PFA 18:4 (Octadecatetraenoic) (gm)				
DRXIP184	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0	126497	98.95	127190	99.49
0.01	309	0.24	127499	99.73
0.02	100	0.08	127599	99.81
0.03	51	0.04	127650	99.85
0.04	21	0.02	127671	99.87
0.05	33	0.03	127704	99.89
0.06	26	0.02	127730	99.91
0.07	21	0.02	127751	99.93
0.08	13	0.01	127764	99.94
0.09	16	0.01	127780	99.95
0.1	9	0.01	127789	99.96
0.11	5	0.00	127794	99.96
0.12	15	0.01	127809	99.98
0.13	8	0.01	127817	99.98
0.14	4	0.00	127821	99.99
0.15	3	0.00	127824	99.99
0.16	2	0.00	127826	99.99
0.19	1	0.00	127827	99.99
0.2	1	0.00	127828	99.99
0.22	2	0.00	127830	99.99
0.27	2	0.00	127832	99.99
0.29	1	0.00	127833	99.99
0.3	1	0.00	127834	100.00
0.33	2	0.00	127836	100.00
0.35	1	0.00	127837	100.00
0.38	1	0.00	127838	100.00
0.72	1	0.00	127839	100.00
0.75	1	0.00	127840	100.00



**MEC Examination  
Frequencies for Individual Foods File (DRXIFF)  
May 2004**

PFA 20:4 (Eicosatetraenoic) (gm)				
DRXIP204	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 2.09	127147	99.46	127840	100.00





**MEC Examination  
Frequencies for Individual Foods File (DRXIFF)  
May 2004**

PFA 20:5 (Eicsapentaenoic) (gm)				
DRXIP205	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 2.96	127147	99.46	127840	100.00



**MEC Examination  
Frequencies for Individual Foods File (DRXIFF)  
May 2004**

PFA 22:5 (Docosapentaenoic) (gm)				
DRXIP225	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 1.02	127147	99.46	127840	100.00



**MEC Examination  
Frequencies for Individual Foods File (DRXIFF)  
May 2004**

PFA 22:6 (Docosahexaenoic) (gm)				
DRXIP226	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	693	0.54	693	0.54
0 to 3.16	127147	99.46	127840	100.00