

NHANES 99+
Codebook for Data Collection (1999-2000)
June 2002

Blood Pressure Section of SP Questionnaire (BPQ)
Person level data -- use Interview Weights for analysis

SEQN	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Respondent sequence number	
English Text: Respondent sequence number.		
English Instructions: < blank >		
Codes:		

BPQ010	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Last blood pressure reading by doctor	
English Text: About how long has it been since {you/SP} last had {your/his/her} blood pressure taken by a doctor or other health professional? Was it . . .		
English Instructions: < blank >		
Codes:		
1 = Less than 6 months ago, 2 = 6 months to 1 year ago, 3 = More than 1 year to 2 years ago, 4 = More than 2 years ago, or 5 = Never? (Skip to: BPQ055) 7 = Refused (Skip to: BPQ055) 9 = Don't know		

BPQ020	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Ever told you had high blood pressure	

English Text: {Have you/Has SP} ever been told by a doctor or other health professional that {you/s/he} had hypertension, also called high blood pressure?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No (Skip to: BPQ055)
- 7 = Refused (Skip to: BPQ055)
- 9 = Don't know (Skip to: BPQ055)

BPQ030	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told had high blood pressure - 2+ times	

English Text: {Were you/Was SP} told on 2 or more different visits that {you/s/he} had hypertension, also called high blood pressure?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPQ040a	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Taking prescription for hypertension	

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to . . . take prescribed medicine?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPO040b	Version Info	Target
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	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to control weight for hypertension	
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to ...control {your/his/her} weight or lose weight?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ040c	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to reduce sodium for hypertension	
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to ...cut down on salt or sodium in {your/his/her} diet?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ040d	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to exercise more for hypertension	
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to ...exercise more?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		

9 = Don't know

BPQ040e	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to reduce alcohol for hypertension	
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to ...cut down {your/his/her} alcohol consumption?		
English Instructions: < blank >		
Codes: 1 = Yes 2 = No 7 = Refused 9 = Don't know		

BPQ040f	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to do other things for hypertension	
English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to ...do something else?		
English Instructions: < blank >		
Codes: 1 = Yes 2 = No 7 = Refused 9 = Don't know		

BPQ043a	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Told to stop smoking for hypertension	
English Text: What else?		
English Instructions: CODE ALL THAT APPLY		
Codes: 1 = Stop smoking		

7 = Refused
9 = Don't know

BPQ043b	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to increase potassium for hyprtnsn	
English Text: What else?		
English Instructions: CODE ALL THAT APPLY		
Codes: 2 = Increase potassium intake		

BPQ043c	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told of other diet changes for hyprtnsn	
English Text: What else?		
English Instructions: CODE ALL THAT APPLY		
Codes: 3 = Other changes in diet		

BPQ043d	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to do other things for hyprtnsn	
English Text: What else?		
English Instructions: CODE ALL THAT APPLY		
Codes: 4 = Other		

BPQ045	Version Info	Node Sequence
		Version 1.0
English Instructions: BOX 1B. CHECK ITEM BPQ.045: IF 'YES' (CODE 1) IN BPQ.040A, B, C, D, OR E, CONTINUE. OTHERWISE, GO TO BOX 2.		

BPQ050a	Version Info	Target
		Version 1.1
Hard Edits	SAS Label	
	Now taking prescribed medicine	
English Text: HELP AVAILABLE (Are you/Is SP) now taking prescribed medicine		
English Instructions: CAPI INSTRUCTION: DISPLAY EACH ACTIVITY CODED "YES" (CODE 1) FROM BPQ.040. DISPLAY FOR EACH ACTIVITY SHOULD READ AS FOLLOWS: RESPONSES: YES = 1, NO = 2, REFUSED = 7, DON" T KNOW = 9.		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ050b	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Now controlling weight	
English Text: (Are you/Is SP) now controlling (your/his/her) weight or losing weight?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ050c	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Now reducing salt/sodium	
English Text: (Are you/Is SP) now cutting down on salt or sodium in (your/his/her) diet?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		

9 = Don't know

BPQ050d	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Now exercising more	
English Text: (Are you/Is SP) now exercising more?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ050e	Version Info	Target
	Version 1.0	B(16 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Now reducing alcohol consumption	
English Text: (Are you/Is SP) now cutting down on (your/his/her) alcohol consumption?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ055	Version Info	Node Sequence
	Version 1.0	448
English Instructions: BOX 2. CHECK ITEM BPQ.055: IF SP AGE >= 20, CONTINUE. OTHERWISE, GO TO END OF SECTION.		

BPQ060	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Ever had blood cholesterol checked	

English Text: {Have you/Has SP} ever had {your/his/her} blood cholesterol checked?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No (Skip to: BPQ110a)
- 7 = Refused (Skip to: BPQ110a)
- 9 = Don't know (Skip to: BPQ110a)

BPQ070	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	When blood cholesterol last checked	

English Text: About how long has it been since {you/SP} last had {your/his/her} blood cholesterol checked? Has it been...

English Instructions: < blank >

Codes:

- 1 = Less than 1 year ago,
- 2 = 1 year but less than 2 years ago,
- 3 = 2 years but less than 5 years ago, or
- 4 = 5 years or more?
- 7 = Refused
- 9 = Don't know

BPQ080	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Doctor told you - high cholesterol level	

English Text: {Have you/Has SP} ever been told by a doctor or other health professional that {your/his/her} blood cholesterol level was high?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No (Skip to: BPQ110a)
- 7 = Refused (Skip to: BPQ110a)
- 9 = Don't know (Skip to: BPQ110a)

BPQ090a	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to eat less fat for cholesterol	
English Text: To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional... to eat fewer high fat or high cholesterol foods?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ090b	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to reduce weight for cholesterol	
English Text: [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to control (your/his/her) weight or lose weight?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ090c	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to exercise more for cholesterol	
English Text: [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to increase (your/his/her) physical activity or exercise?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		

7 = Refused
9 = Don't know

BPQ090d	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Told to take prescriptn for cholesterol	
English Instructions: {To lower {your/his/her} blood cholesterol, {have/has} {you/SP} ever been told by a doctor or other health professional}... to take prescribed medicine?		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ095	Version Info	Node Sequence
		Version 1.0
English Instructions: BOX 3. CHECK ITEM BPQ.095: IF 'YES' (CODE 1) TO BPQ.090A, B, C OR D, CONTINUE WITH BPQ.100. OTHERWISE, GO TO BOX 6.		

BPQ100a	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Now eating fewer high fat foods	
English Text: (Are you/Is SP) now following this advice to eat fewer high fat or high cholesterol foods?		
English Instructions: CAPI INSTRUCTIONS: DISPLAY EACH ACTIVITY CODED AS 'YES' (CODE 1) IN BPQ.090 A-D.		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ100b	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	

Now controlling weight

English Text: (Are you/Is SP) now following this advice to control (your/his/her) weight or lose weight?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPQ100c	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Now increasing exercise	

English Text: (Are you/Is SP) now following this advice to increase (your/his/her) physical activity or exercise?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPQ100d	Version Info	Target
		Version 1.0
Hard Edits	SAS Label	
	Now taking prescribed medicine	

English Text: (Are you/Is SP) now following this advice to take prescribed medicine?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPQ110a	Version Info	Target
		Version 1.0

Hard Edits	SAS Label
	Eating fewer high fat foods on own
English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} to lower {your/his/her} blood cholesterol, {have you/has s/he} made any major changes on {your/his/her} own. Specifically {do you/does s/he} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?	
English Instructions: CAPI INSTRUCTIONS: DISPLAY "EVEN THOUGH YOU HAVE NEVER HAD YOUR BLOOD CHOLESTEROL CHECKED" ONLY IF BPQ.060 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7). DISPLAY "EVEN THOUGH A DOCTOR OR OTHER HEALTH PROFESSIONAL HAS NEVER TOLD YOU THAT YOUR BLOOD CHOLESTEROL IS HIGH" ONLY IF BPQ.080 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7).	
Codes: 1 = Yes 2 = No 7 = Refused 9 = Don't know	

BPQ110b	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Controlling weight on own	
English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} to lower {your/his/her} blood cholesterol, {have you/has s/he} made any major changes on {your/his/her} own. Specifically {have you/has s/he} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?		
English Instructions: < blank >		
Codes: 1 = Yes 2 = No 7 = Refused 9 = Don't know		

BPQ110c	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Increasing exercise on own	

English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} to lower {your/his/her} blood cholesterol, {have you/has s/he} made any major changes on {your/his/her} own. Specifically {have you/has s/he} increased {your/his/her} physical activity or exercise in order to lower {your/his/her} blood cholesterol?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

BPQ115	Version Info	Node Sequence
	Version 1.0	465

English Instructions: BOX 6. CHECK ITEM BPQ.115: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, B, OR C, CONTINUE WITH BOX 7. OTHERWISE, GO TO END OF SECTION.

BPQ117	Version Info	Node Sequence
	Version 1.0	466

English Instructions: BOX 7. CHECK ITEM BPQ.117: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, CONTINUE. OTHERWISE, GO TO BOX 8.

BPQ120	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Eating fewer high fat foods on own	

English Text: Even though a doctor or other health professional has never told {you/SP} to eat fewer high fat or high cholesterol foods, to lower {your/his/her} blood cholesterol, {have you/has he/she} made any major changes on {your/his/her} own? Specifically, {do you/does he/she} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?

English Instructions: < blank >

Codes:

- 1 = Yes
- 2 = No
- 7 = Refused
- 9 = Don't know

	Version Info	Node Sequence
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BPQ125	Version 1.0	468
	English Instructions: BOX 8. CHECK ITEM BPQ.125: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090B, CONTINUE. OTHERWISE, GO TO BOX 9.	

BPQ130	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Controlling weight on own	
English Text: Even though a doctor or other health professional has never told {you/SP} to control {your/his/her} weight or lose weight, to lower {your/his/her} blood cholesterol, {have you/has he/she} made any major changes on {your/his/her} own? Specifically, {have you/has he/she} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		
9 = Don't know		

BPQ135	Version Info	Node Sequence
	Version 1.0	470
English Instructions: BOX 9. CHECK ITEM BPQ.135: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090C, CONTINUE. OTHERWISE, GO TO END OF SECTION.		

BPQ140	Version Info	Target
	Version 1.0	B(20 Yrs. - 120 Yrs.)
Hard Edits	SAS Label	
	Increasing exercise on own	
English Text: Even though a doctor or other health professional has never told {you/SP} to increase {your/his/her} physical activity or exercise, to lower {your/his/her} blood cholesterol, {have you/has he/she} made any major changes on {your/his/her} own? Specifically, {have you/has he/she} increased {your/his/her} physical activity or exercise in order to lower {your/his/her} blood cholesterol?		
English Instructions: < blank >		
Codes:		
1 = Yes		
2 = No		
7 = Refused		

9 = Don't know
