

Table A-1. Prevalence of BMI 25+ by age, sex and survey

	20-29 y	30-39 y	40-49 y	50-59 y	60-69 y	70-79 y*	80+ y†	Total (20+)	Age-adjusted total (20-74)
<u>Men:</u>									
NHES I	39.9	49.6	53.6	54.1	52.9	36.0	-	48.9	48.2
NHANES I	38.6	58.1	63.6	58.4	55.6	52.7	-	53.5	52.9
NHANES II	37.0	52.6	60.3	60.8	57.4	53.3	-	51.5	51.4
NHANES III	43.1	58.1	65.5	73.0	70.3	63.1	50.6	59.4	59.3
<u>Women:</u>									
NHES I	17.0	32.8	42.3	55.0	63.1	57.4	-	41.5	38.7
NHANES I	23.2	35.0	44.6	52.2	56.2	55.9	-	41.0	39.7
NHANES II	25.0	36.8	44.4	52.8	56.5	58.2	-	41.6	40.8
NHANES III	33.1	47.0	52.7	64.4	64.0	57.9	50.1	50.7	49.6
<u>Total:</u>									
NHES I	27.9	41.1	47.8	54.6	58.3	47.4	-	45.1	43.3
NHANES I	30.9	45.9	53.8	55.3	56.0	54.5	-	47.0	46.1
NHANES II	30.9	44.6	52.0	56.5	56.9	56.1	-	46.4	46.0
NHANES III	38.3	52.6	59.0	68.5	66.9	60.1	50.3	54.9	54.4

* For NHANES I and NHANES II, the estimates in this category are for persons ages 70-74 only because the upper age limit for the survey was 74 years.

† Data for this age group only available from NHANES III

* For NHANES I and NHANES II, the estimates in this category are for persons ages 70-74 only because the upper age limit for the survey was 74 years.

† Data for this age group only available from NHANES III

Table A-2. Prevalence of BMI 30+ by age, sex and survey

	20-29 y	30-39 y	40-49 y	50-59 y	60-69 y	70-79 y*	80+ y†	Total (20+)	Age-adjusted total (20-74)
<u>Men:</u>									
NHES I	9.0	10.4	11.9	13.4	7.7	8.6	-	10.5	10.4
NHANES I	8.0	13.3	14.2	15.3	10.3	11.1	-	12.0	11.8
NHANES II	8.1	12.1	16.4	14.3	13.5	13.6	-	12.3	12.3
NHANES III	12.5	17.2	23.1	28.9	24.8	20.0	8.0	19.5	19.9
<u>Women:</u>									
NHES I	6.1	12.1	17.1	20.4	27.2	21.9	-	16.2	15.1
NHANES I	8.2	15.1	17.6	22.0	24.0	21.9	-	16.7	16.1
NHANES II	9.0	16.8	18.1	22.6	22.0	19.4	-	16.8	16.5
NHANES III	14.6	25.8	26.9	35.6	29.8	25.0	15.1	25.0	24.9
<u>Total:</u>									
NHES I	7.5	11.3	14.6	17.0	18.0	15.7	-	13.4	12.8
NHANES I	8.1	14.2	15.9	18.7	17.9	17.3	-	14.4	14.1
NHANES II	8.6	14.5	17.3	18.7	18.1	16.9	-	14.7	14.5
NHANES III	13.5	21.5	25.0	32.3	27.5	22.9	12.6	22.3	22.5

* For NHANES I and NHANES II, the estimates in this category are for persons ages 70-74 only because the upper age limit for the survey was 74 years.

† Data for this age group only available from NHANES III

Table A-3. Prevalence of overweight (BMI \geq 25.0) and obesity (BMI \geq 30.0) by race-ethnic group: United States, 1988

	Age group (years)							Total		
	20-29	30-39	40-49	50-59	60-69	70-79	80+	Age-adjusted		
								Crude	20+y	20-74 y
<u>BMI \geq 25.0</u>										
<u>Men</u>										
Non-Hispanic white	41.7	58.7	67.0	72.9	72.2	64.8	51.9	60.6	59.5	59.6
Non-Hispanic black	50.1	54.0	63.9	65.4	62.2	53.7	48.5	56.7	56.9	57.5
Mexican-American	49.9	68.2	78.5	80.6	71.8	65.4	60.5	63.9	66.7	67.1
<u>Women</u>										
Non-Hispanic white	27.7	41.1	48.3	62.8	61.9	55.9	49.5	47.4	45.8	45.5
Non-Hispanic black	50.0	63.0	75.0	78.1	79.5	76.4	54.2	66.0	66.4	66.5
Mexican-American	52.7	66.7	77.5	76.9	78.5	61.0	50.9	65.9	66.6	67.6
<u>BMI \geq 30.0</u>										
<u>Men</u>										
Non-Hispanic white	12.0	17.1	22.7	30.6	25.3	20.4	7.7	19.9	19.5	20.0
Non-Hispanic black	19.1	20.3	22.3	21.5	25.6	19.5	11.1	20.7	20.7	21.3
Mexican-American	13.3	17.9	32.9	37.1	26.6	18.5	4.4	20.6	22.5	23.1
<u>Women</u>										
Non-Hispanic white	13.1	22.4	22.6	33.5	28.3	23.7	14.3	22.7	22.2	22.4
Non-Hispanic black	23.4	35.5	44.6	50.1	45.4	38.3	20.5	36.7	36.8	37.4
Mexican-American	22.4	34.7	44.7	43.0	39.1	24.3	19.1	33.3	33.4	34.2

Table A-4. Prevalence of overweight (BMI \geq 25.0) and obesity (BMI \geq 30.0) by Hispanic subgroup, ages 20-74 y: Hispanic, HANES, 1982-84

	Age group (years)						Total	
	20-29	30-39	40-49	50-59	60-69	70-74	Crude	Age-adjusted
<u>BMI \geq 25.0</u>								
<u>Men</u>								
Mexican American	42.5	61.9	74.0	68.0	67.5	55.4	57.0	59.7
Cuban	49.8	46.8	74.1	58.5	57.6	56.2	57.7	55.7
Puerto Rican	39.3	58.2	69.3	73.7	64.7	61.1	57.0	58.1
<u>Women</u>								
Mexican-American	39.6	59.6	67.6	72.7	78.9	64.9	57.4	60.1
Cuban	28.4	43.4	63.1	64.5	65.0	62.8	53.0	49.4
Puerto Rican	32.1	54.9	62.6	73.8	76.4	70.2	53.0	56.3
<u>BMI \geq 30.0</u>								
<u>Men</u>								
Mexican American	10.9	15.9	15.9	21.5	16.9	14.0	14.6	15.4
Cuban	16.8	7.2	12.4	16.1	10.5	17.9	13.3	13.1
Puerto Rican	7.9	9.7	16.3	14.8	13.8	9.4	11.4	11.6
<u>Women</u>								
Mexican-American	13.8	23.3	31.6	33.8	35.9	26.3	23.8	25.4
Cuban	6.1	11.7	22.3	28.0	23.6	23.8	18.4	16.5
Puerto Rican	11.7	21.9	26.1	29.5	35.1	42.2	21.6	23.6

SOURCE: National Center for Health Statistics, unpublished tabulations