

*Department of Veterans Affairs Employee Education System*

*and*

*The National Center for Posttraumatic Stress Disorder (NCPTSD)*

present

COURSE NO. 07.ST.MH.PTSD1016.A

**CULTURAL DIMENSIONS IN TREATMENT  
OF HISPANIC VETERANS WITH POSTTRAUMATIC STRESS DISORDER (PTSD)**

EES WEB-BASED TRAINING EDUCATIONAL ACTIVITY

Originally Released  
February 1, 2007

Review  
October 1, 2008

Expiration  
October 1, 2009

**Purpose:** Hispanic Americans are a diverse people in languages and in culture. This course provides an overview of issues that providers need to consider in their planning and provision of services to the Hispanic client. Using case examples, the author provides a review of PTSD symptoms, discusses the role of primary/secondary language, family, role, assessment considerations and other topics in order to familiarize or enhance the provider's trans-cultural competencies. This course is meant to enhance the provider's trans-cultural competencies in the planning and provision of services to Hispanic-American clients.

**Outcome Objectives:** After viewing the presentation, the participant will be able to:

1. relate the symptoms of PTSD
2. interpret the salient features and frequently encountered themes of the Hispanic culture in their provision of services to Hispanic individuals.
3. incorporate basic assessment and treatment issues when providing services to Hispanic individuals.

**Target Audience:** Mental health leadership/clinicians, OIF/OEF outreach coordinators and clinical managers, psychiatrists, psychologists, social workers, nurses, primary care clinicians, and others involved in the provision of services,

outreach/communication, or program planning for veteran populations (such as OIF/OEF) and others who have suffered traumatic stress.

**Accreditation/  
Approval:**

**Accreditation Council for Continuing Medical Education (ACCME)**

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**American Nurses Credentialing Center (ANCC)**

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**California Board of Registered Nursing (CA BRN)**

The VA Employee Education System is accredited as a provider of continuing education in nursing by the California Board of Registered Nursing.

**American Psychological Association (APA)**

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

**Continuing  
Education Credit:**

**Accreditation Council for Continuing Medical Education (ACCME)**

The VA Employee Education System designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Association of Social Work Boards (ASWB)**

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. [www.aswb.org](http://www.aswb.org). ASWB Approval Period: 4/7/07 - 4/1/10. Social workers should contact their regulatory board to determine course approval. Social workers will receive 1.0 continuing education clock hour in participating in this course.

**American Nurses Credentialing Center (ANCC)**

VA Employee Education System designates this educational activity for 1.0 contact hour in continuing nursing education.

*NOTE: The California (CA) Board of Registered Nursing (BRN) will not accept ANCC credit toward the renewal of CA licensure, unless the CA licensed nurse-participants are physically outside of the state of CA when they commence and complete ANCC accredited educational activities.*

**California Board of Registered Nursing (CA BRN)**

This continuing education activity has been presented by the VA Employee Education System for 1.0 contact hour. Provider approved by the California Board of Registered Nursing: Provider Number **CEP 4714**.

**American Psychological Association (APA)**

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for 1.0 hour of continuing education credit. The Employee Education System maintains responsibility for this program and its content. *This program is co-sponsored by the VA Employee Education System and the National Center for Posttraumatic Stress Disorder (NC-PTSD). The VA EES is approved by the American Psychological Association to sponsor continuing education for psychologists. The VA EES maintains responsibility for this program and its content.*

**National Board for Certified Counselors (NBCC)**

“The VA Employee Education System is approved by the National Board for Certified Counselors (NBCC) to offer continuing education accreditation for National Certified and Licensed Counselors. We adhere to NBCC Continuing Education Guidelines. This program is approved for 1.0 contact hour. Provider #5927.”

A certificate of attendance will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate from EES, participants must: register and complete an evaluation online; participate in 100% of the educational activity; and generate, per instructions, their own certificate at the conclusion of the activity. EES cannot issue certificates for less than 100% participation, as required by accrediting body regulations.

***Report of  
Training:***

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

**Faculty and Planning Committee**

- \* Diane Castillo, PhD
  - + Coordinator, Women's Stress Disorder Treatment Team
  - VA Health Care System
  - Albuquerque, NM
- \* Tina Lee, M.D.
  - Psychiatrist
  - National Center for PTSD
  - Education and Clinical Laboratory Division
  - Menlo Park, CA
  - Planning Committee Member for ACCME
- \* Matt Friedman, M.D.
  - Executive Director
  - National Center for PTSD
  - Executive Division
  - White River Junction, VT
- \* Pamela Swales, PhD
  - Psychologist
  - National Center for PTSD
  - Educational and Clinical Laboratory Division
  - VA Palo Alto Health Care System
  - Menlo Park, CA
  - Planning Committee Member for APA
- \* Deborah Grizzard, RN, MN
  - Chief Nurse, Mental Health
  - VA Palo Alto Health Care System
  - Palo Alto, CA
  - Planning Committee Member for ANCC
- \* Linda S. Truman
  - Project Manager
  - St. Louis Employee Education Resource Center
  - St. Louis, MO
- \* Fred Gusman, MSW
  - Director of Social Work
  - National Center for PTSD
  - Education and Clinical Laboratory Division
  - VA Palo Alto Health Care System
  - Menlo Park, CA
  - Planning Committee Member for ASWB

\* Denotes planning committee

+ Denotes faculty

**Project Manager:** Linda S. Truman  
Project Manager  
St. Louis Employee Education Resource Center  
St. Louis, MO

**Project Support Assistant:** Christine Thompson  
Lead Project Support Assistant  
St. Louis Employee Education Resource Center  
St. Louis, MO

**Media Support:** Ron Farson  
New Media Specialist  
St. Louis Employee Education Resource Center  
St. Louis, MO

**Post-test:** A certificate of completion cannot be printed until the post-test and evaluation are completed. A link to print a certificate can be accessed at the end of the course evaluation.

A score of 80 percent on the post-test is required before a certificate can be printed.

The test takes approximately 1 hour to complete. Post-test scores are available immediately after the post-test is completed. There is no limit on the number of times a participant may take the post-test to receive a passing score.

**Deadline Date:** *This program will be reviewed by September 30, 2008 and will not be authorized for continuing education credit after September 30, 2009. Information on participation may be obtained from Linda Truman, Project Manager, St. Louis Employee Education Resource Center, 1 Jefferson Barracks Drive, Bldg. 2, phone 314-894-5736.*

***The Rehabilitation Act of 1973, as amended:***

The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Linda Truman, Project Manager, EES, St. Louis Employee Education Resource Center, phone 314-894-5736, e-mail [Linda.truman1@va.gov](mailto:Linda.truman1@va.gov).

***Disclosure(s)***

The VA Employee Education System (EES) must insure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly EES sponsored educational activities. All prospective faculty & planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes but is not limited to such things as personal receipt of grants or research support, employee or consultant status, stock holder, member of speakers bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

**Each faculty and planning committee member reported having no relevant \* financial relationships with any commercial interest. This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.**

\*The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.