Training & Resource Center

IL Department of Public Health 828 South Second Street, 2nd Floor Springfield, IL 62704 Gina Swehla, Division Chief Phone: 217/524-6817 Fax: 217/557-7843



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Women and Arthritis

May 11, 2005 1:00pm – 2:00pm (ct)

Goal: To provide state and local health agency staff, providers, and caregivers a better understanding of the specific needs of their female clients with arthritis.

Objectives: Participants will be able to:

- Describe several types of arthritis that primarily affect women and the symptoms associated with each type.
- Understand the importance of early diagnosis and appropriate management of arthritis to enhance their quality of life.
- Understand how appropriate physical activity can be an important part of arthritis management.
- Describe three evidence-based Arthritis Foundation programs that can help women with arthritis.
- Describe other resources that are available to women with arthritis.

Target Audience: Local health departments/agencies, health care providers, critical access/rural hospitals,

AHEC sites, schools of public health, medical schools, health professions schools, AF state and branch sites, county medical socialites, allied health professions schools,

pharmacy groups, social workers and vocational rehabilitation workers.

Faculty: Sharon Green, Deputy Director Office of Women's Health, Illinois Dept. of Public Health Jan Costello, Chief, Division of Information and Education, Office of Women's Health, Illinois Department of Public Health

Charlotte Harris, MD, Assoc. Professor. Department of Internal Medicine, Rush-Presbyterian St. Luke's Medical Center

Rowland W. Chang, MD, MPH, Professor, Preventive Medicine, Medicine and Physical Medicine and Rehabilitation, Northwestern University Feinberg School of Medicine

Paula Reeves, Director, Southern Illinois Branch Office, Arthritis Foundation

Jennifer Durkin, Patient Services Coordinator, Lupus Foundation of Illinois

Wendy R. Housel, Arthritis Foundation Volunteer

Darby Tio, MSW, Executive Director, Lupus Foundation of Illinois

CEU's: One credit hour of CEU's has been applied for through Oakton Community College, Des Plaines, II.

Site Registration: See attached.

HOW TO LOCATE A SATELLITE SITE

- 1. Locate a satellite downlink site in your community, with a steerable dish, that can receive either C or KU-bands. Most hospitals, community colleges, some local health departments, and high schools have steerable dishes. (If you need help identifying a site, please call Vicky Ritz at 217/785-4475).
- 2. After identifying a site, make sure that they can accommodate you for this particular date/time. You will need to arrive approximately 30 minutes before air time to set the room up, i.e., make sure program is tuned-in, set out sign-in sheet, handouts, etc.
- 3. Fill out the attached form and fax it to Vicky Ritz at 217/557-7843.
- 4. Specific coordinates and materials (if applicable) will be e-mailed or mailed to you approximately 7 days prior to the program. At that time you need to forward the coordinates to the technical person at your site.

How To Register:

To register your site and receive materials, please <u>fax</u> the form below to: 217/557-7843 (If you have any questions, call Vicky Ritz at 217/785-4475.)

_____ **ATTN:** Vicky Ritz SITE REGISTRATION DEADLINE: April 11, 2005 RE: **Women and Arthritis** Please print County: Facilitator Name: ____ Agency/Organization: Mailing Address: Phone Number: _____ Fax Number: _____ E-Mail address: _____ Site Location (if different from above): Address: Is site open for other people to attend? Yes ____ No ____ If Yes, what is the seating capacity of room: Estimated number of attendees: