

## **Susan Malinowski, M.S.**

Susan Malinowski, MS is the Director of Education for Saratoga Hospital in Saratoga Springs, NY. She is also the co-director of Saratoga On the Move, a wellness initiative that encourages people to "move more and eat less" in efforts to combat the obesity epidemic in Saratoga County.

An accomplished public speaker, Sue has presented on a variety of health-related topics to audiences throughout New York State and Florida. After working in the field of smoking cessation for the American Lung Association and New York State Department of Health, Sue founded the Seton Health Center for Smoking Cessation in 2001. Though Sue is no longer affiliated with the Center, it continues to assist thousands of smokers every year in their quest to become smoke-free, with the innovative program she co-wrote entitled "The Butt Stops Here".

Sue received her Masters Degree in Health Education and Health Services Administration from the Sage Graduate School in 1995. She currently serves as a board member and is the immediate past president of the Northeastern New York Public Health Association. A fitness enthusiast and nationally certified instructor, Sue enjoys cycling, cross county skiing, kickboxing, pilates and body sculpting.