

Learn About Your Health

Find the health information you need on MedlinePlus. Learn about diseases, drugs, research, and other important health issues. Read health information in your native language.



<http://medlineplus.gov>

Use What You Learn

Everyone can use good health information. With MedlinePlus, you can:

- Help a friend or family member make a health decision
- Learn more about treatment options for many health conditions
- Know what questions to ask your doctor
- Find doctors, dentists, and hospitals in your area!

Need Help?

Librarians can help you find the health information you need so you know the right questions to ask your doctor and make good decisions. Visit your local public library, call the NN/LM office toll-free at **800-338-7657** or visit the web site at

<http://nnlm.gov>

About MedlinePlus

MedlinePlus is a web site that offers free, high quality health information in **English, Spanish**, and more than 40 other languages. Trained professionals choose materials that are current, accurate, and reliable.

MedlinePlus was created for consumers by the National Library of Medicine.



This brochure was developed by NN/LM staff; it may be freely reproduced from the Internet at:

<http://nnlm.gov/training/resources/mptri.pdf>

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MedlinePlus[®]
Trusted Health Information for You

<http://medlineplus.gov>

Have you or a family member ever been in a situation like this?



Maria's doctor told her she has diabetes. She wants to find out more about the medications to help her manage her disease.

Julian hurt his knee while mountain biking. He wants to know his options including arthroscopic surgery and other treatments.



Clara has to do a school assignment about the causes of asthma and how to treat it.

What You Can Find

Health Topics

Get information about diseases, health conditions, and staying well.

- Find out what a disease does to your body and how to treat it.
- Learn about clinical studies that you can join to help find a cure.
- Locate organizations that sponsor support groups and information about a particular disease or condition.
- **New!** Find health information in more than 40 languages on many health topics.

Drugs and Supplements

Find out about your prescription, over-the-counter medicines, herbs, and supplements.

- Learn how to take a drug and what it does to your body.
- Find out about the side effects of a drug.
- Find information about safety and effectiveness of herbs and supplements.

News

Read the latest news about research that affects your health.

- Covers many health topics like cancer, high blood pressure, and vitamins.
- New articles are added every day, and stories are available for up to 90 days.

MedlinePlus Homepage: <http://medlineplus.gov>

MedlinePlus®
Trusted Health Information for You

A service of the U.S. NATIONAL LIBRARY OF MEDICINE
and the NATIONAL INSTITUTES OF HEALTH

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español

Health Topics
Start here with 750 topics on conditions, diseases and wellness

Drugs & Supplements
About your prescription and over-the-counter medicines, herbs and supplements

Medical Encyclopedia
Includes pictures and diagrams

Dictionary
Spellings and definitions of medical words

News
Current health news and press announcements

Directories
Find doctors, dentists and hospitals

Go Local
A service for finding local resources for health-related issues

Other Resources
Local health services, libraries, organizations, international sites and more

Multiple Languages
Health information in over 40 languages

Current Health News

- ▶ [Fruits, Vegetables, Teas May Cut Smokers' Cancer Risk](#)
- ▶ [Hispanic Workers Dying at Higher Rates Than Others](#)
- ▶ [Long-Term Pesticide Exposure May Increase Risk of Diabetes](#)
- ▶ [More news](#)

Featured Site

Protect your skin when you're out in the sun. [Learn more](#)

In the Spotlight

New on [Go Local](#): Find health services in your hometown in:
▶ [Georgia](#)

Interactive Tutorials
Over 165 slideshows with sound and pictures

ClinicalTrials.gov
Studies for new drugs and treatments

NIH SeniorHealth
Health information for older adults

Surgery Videos
Videos of surgical procedures

NEW [What's New](#)

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Special Features

Interactive Tutorials are slideshows that tell you about a health condition or medical test.

Easy-to-Read pages use plain language to help you understand diseases and conditions.

Email Announcement Lists alert you when new topics are added to the web site.

Medical Encyclopedia

Perfect for doing homework for school! The encyclopedia has pictures and diagrams to help you understand medical words, tests and procedures.

Important!

Be sure to talk to your doctor or nurse if you have questions about your health!