Figure 11.1. Percentage of persons of all ages who assessed their health as excellent or very good: United States, 1997-2005


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded persons with unknown health status (about $0.5 \%$ of respondents each year). Beginning with the 2003 data, the National Health Interview Survey (NHIS) transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Release" and Table III in the Appendix for more details.

DATA SOURCE: Family Core component of the 1997-2005 NHIS. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

In 2005, the percentage of persons who assessed their health as excellent or very good was 66.5\% (95\% confidence interval = 65.98$67.11 \%$ ), which was the same as the 2004 estimate of $66.5 \%$.

From 1997 through 2001, the annual percentage of persons who assessed their health as excellent or very good remained similar: $68.5 \%$ in 1997, $69.1 \%$ in 1998, $68.7 \%$ in 1999, $68.3 \%$ in 2000, and $68.4 \%$ in 2001. The annual estimates decreased from 2001 to 2004 ( $66.5 \%$ ) and remained stable in 2005.

Figure 11.2. Percent distribution of respondent-assessed health status, by sex for all ages: United States, 2005


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 290 persons ( $0.3 \%$ ) with unknown health status.

DATA SOURCE: Family Core component of the 2005 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

For both sexes combined, most persons assessed their health as either excellent ( $35.5 \%$ ) or very good ( $31.1 \%$ ). A smaller percentage of persons assessed their health as good ( $24.1 \%$ ). Fewer persons assessed their health as fair (7.0\%) or poor (2.3\%).

- Compared with males, females were less likely to assess their health as excellent and more likely to assess their health as good, fair, or poor.

Figure 11.3. Percentage of persons of all ages who assessed their health as excellent or very good, by age group and sex: United States, 2005


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 290 persons ( $0.3 \%$ ) with unknown health status.

DATA SOURCE: Family Core component of the 2005 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

For both sexes combined, the percentage of persons who assessed their health as excellent or very good decreased with age: $81.8 \%$ for those under 18 years, $65.8 \%$ for those aged 18-64 years, and $38.3 \%$ for those aged 65 years and over.

- For adults aged 18-64 years and 65 years and over, the percentage of persons who assessed their health as excellent or very good was higher for men than women.

Figure 11.4. Age-sex-adjusted percentage of persons of all ages who assessed their health as excellent or very good, by race/ ethnicity: United States, 2005


NOTES: Health status data were obtained by asking respondents to assess their own health and that of family members living in the same household as excellent, very good, good, fair, or poor. The analyses excluded 290 persons ( $0.3 \%$ ) with unknown health status. Estimates are age-sex adjusted to the 2000 projected U.S. standard population using three age groups: under 18 years, $18-64$ years, and 65 years and over.

DATA SOURCE: Family Core component of the 2005 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

After adjusting for age and sex, the percentage of persons who assessed their health as excellent or very good was 58.1\% for Hispanic persons, $70.0 \%$ for non-Hispanic white persons, and $57.5 \%$ for non-Hispanic black persons.

The health of Hispanic persons and nonHispanic black persons was less likely to be assessed as excellent or very good than that of non-Hispanic white persons.

## Data tables for figures 11.1-11.4:

Data table for figure 11.1. Percentage of persons of all ages who assessed their health as excellent or very good: United States, 1997-2005

| Year | Percent | 95\% confidence interval |
| :--- | :---: | :---: |
| $\mathbf{1 9 9 7}$ | 68.5 | $68.0-69.1$ |
| $\mathbf{1 9 9 8}$ | 69.1 | $68.6-69.6$ |
| $\mathbf{1 9 9 9}$ | 68.7 | $68.1-69.3$ |
| $\mathbf{2 0 0 0}$ | 68.3 | $67.7-68.8$ |
| $\mathbf{2 0 0 1}$ | 68.4 | $67.9-69.0$ |
| $\mathbf{2 0 0 2}$ | 67.4 | $66.8-68.0$ |
| $\mathbf{2 0 0 3}$ | 67.5 | $66.9-68.0$ |
| $\mathbf{2 0 0 4}$ | 66.5 | $66.0-67.1$ |
| $\mathbf{2 0 0 5}$ | 66.5 | $65.98-67.11$ |

NOTES: Beginning with the 2003 data, the National Health Interview Survey (NHIS) transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Release" and Table III in the Appendix for more details.

DATA SOURCE: NHIS, 1997-2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 11.2. Percent distribution of respondent-assessed health status, by sex for all ages: United States, 2005

| Health status and sex | Percent | 95\% confidence interval |
| :---: | :---: | :---: |
| Excellent |  |  |
| Total | 35.5 | 34.91-36.07 |
| Male | 36.5 | 35.90-37.20 |
| Female | 34.5 | 33.85-35.10 |
| Very good |  |  |
| Total | 31.1 | 30.59-31.52 |
| Male | 31.3 | 30.75-31.84 |
| Female | 30.8 | 30.30-31.36 |
| Good |  |  |
| Total | 24.1 | 23.69-24.57 |
| Male | 23.6 | 23.10-24.12 |
| Female | 24.6 | 24.13-25.11 |
| Fair |  |  |
| Total | 7.0 | 6.81-7.27 |
| Male | 6.4 | 6.17-6.72 |
| Female | 7.6 | 7.34-7.88 |
| Poor |  |  |
| Total | 2.3 | 2.16-2.41 |
| Male | 2.1 | 1.93-2.26 |
| Female | 2.5 | 2.31-2.61 |

DATA SOURCE: National Health Interview Survey, 2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 11.3. Percentage of persons of all ages who assessed their health as excellent or very good, by age group and sex: United States, 2005

| Age and sex | Percent | 95\% confidence interval |
| :--- | :---: | :---: |
| Total |  |  |
| Male | 81.8 | $81.08-82.59$ |
| Female | 81.3 | $80.31-82.25$ |
| Total $\mathbf{1 8 - 6 4}$ years | 82.4 | $81.57-83.27$ |
| Male | 65.8 | $65.20-66.42$ |
| Female | 66.9 | $66.16-67.57$ |
| 65 years and over | 64.8 | $64.09-65.48$ |
| Total | 38.3 | $37.02-39.55$ |
| Male | 39.9 | $38.37-41.48$ |
| Female | 37.1 | $35.64-38.50$ |
| All ages: crude ${ }^{\mathbf{1}}$ |  |  |
| Total | 66.5 | $65.98-67.11$ |
| Male | 67.8 | $67.21-68.48$ |
| Female | 65.3 | $64.69-65.91$ |
| All ages: age-adjusted ${ }^{\mathbf{2}}$ |  |  |
| Total | 66.5 | $65.92-67.00$ |
| Male | 67.2 | $66.56-67.79$ |
| Female | 65.8 | $65.25-66.40$ |

${ }^{1}$ Crude estimates are presented in the figure.
${ }^{2}$ Estimates are age adjusted to the 2000 projected U.S. standard population using three age groups: under 18 years, 18-64 years, and 65 years and over.

DATA SOURCE: National Health Interview Survey, 2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 11.4. Age-sex-adjusted percentage of persons of all ages who assessed their health as excellent or very good, by race/ ethnicity: United States, 2005

| Race/ ethnicity | Percent $^{\mathbf{1}}$ | 95\% confidence interval |
| :--- | :---: | :---: |
| Hispanic or Latino | 58.1 | $56.79-59.36$ |
| Not Hispanic or Latino: |  |  |
| White, single race | 70.0 | $69.35-70.63$ |
| Black, single race | 57.5 | $56.22-58.85$ |

${ }^{1}$ Estimates are age-sex adjusted to the 2000 projected U.S. standard population using three age groups: under 18 years, 18-64 years, and 65 years and over.

DATA SOURCE: National Health Interview Survey, 2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

