

2009 OPA Calendar of Events

January 2009

Cervical Cancer Screening Month— www.cervicalcancercampaign.com

Cervical Health Awareness Month— www.nccc-online.org

National Clean Up Your Computer Month— specterweb.com

National Glaucoma Awareness Month— www.preventblindness.org

National Poverty in America Awareness Month— www.povertyusa.org

National Volunteer Blood Donor Month — www.aabb.org

- 1** **New Year's Day**
- 1** **Emancipation Proclamation Took Effect (1863)**
- 5** **111th Congress Assembles**
- 16** **Religious Freedom Day**
- 16** **Gulf War I Began (1991)**
- 18-24** **Healthy Weight Week**— www.healthyweight.net
- 19** **Martin Luther King Jr. Day (Observed)**
- 20** **Presidential Inauguration – 44th President of United States**
- 22** **Women's Healthy Weight Day**— www.healthyweight.net
- 25** **Intravenous Nurses Day** – www.insl.org
- 25-31** **National Nurse Anesthetist Week**– www.aana.com
- 27** **Vietnam Peace Agreement Signed (1973)**
- 30** **Tet Offensive Began (1968)**

2009 OPA Calendar of Events

February 2009

- Age-Related Macular Degeneration/Low Vision Awareness Month— www.preventblindness.org
- American Heart Month— www.americanheart.org, www.goredforwomen.org
- Black History Month— asalh.org
- Wise Health Care Consumer Month— www.healthylife.com
- Relationship Wellness Month — www.wordsofwellness.com

- 1-7 National Patient Recognition Week – www.nprw.com
- 1-7 National Burn Awareness Week – www.shrinershq.org, www.burnawarenessweek.org
- 2 Ground Hog Day
- 3 Four Chaplains Memorial Day (1943)
- 4 Navy Cross Created (1919)
- 4 USO Founded (1941)
- 8-14 National Salute to Hospitalized Veterans –
<http://www.volunteer.va.gov/NatlSaluteHospVets.asp>
- 8-14 Cardiovascular Professionals Week – www.acp-online.org
- 8-14 National Cardiac Rehabilitation Week – www.aacvpr.org
- 11 World Day for the Sick – www.nacc.org
- 12 Lincoln's Birthday (1809)
- 13 Marine Corps Women's Reserve Created (1943)
- 13 1st Medal of Honor Awarded (1861)
- 14 Valentine's Day
- 15-21 National Engineers Week- www.eweek.org
- 16 Presidents' Day
- 20 National Woman's Heart Day – www.womansheartday.org
- 22 Washington's Birthday (1732)
- 22-28 National Eating Disorders Awareness Week— www.myneda.org,
www.NationalEatingDisorders.org
- 23 Desert Storm Ground War Began (1991)
- 24 Fat Tuesday – Mardi Gras
- 25 Ash Wednesday
- 26 Chinese New Year
- 27 Kuwait Liberation Day (1991)

2009 OPA Calendar of Events

March 2009

- American Red Cross Month— www.redcross.org
- Brain Injury Awareness Month— www.biausa.org
- Hemophilia Awareness Month— www.hemophilia.org
- Irish-American Heritage Month— www.irishamericanheritage.com
- National Colorectal Cancer Awareness Month— www.preventcancer.org
- National Eye Donor Month— www.restoresight.org
- National Kidney Month— www.kidney.org
- National Multiple Sclerosis Education and Awareness Month — www.msfocus.org
- National Nutrition Month— www.eatright.org
- National Social Work Month— www.socialworkers.org; www.naswdc.org
- National Women's History Month— www.nwhp.org
- Spiritual Wellness Month— http://wordsofwellness.com/Spiritual_Wellness.htm
- Deaf History Month (March 13 to April 15)—www.folda.net/nlsd

- 1 Peace Corps Founded (1961)
- 3 National Anthem Day (1931)
- 1-7 National Consumer Protection Week- <http://www.consumer.gov/ncpw/>
- 1-7 Dental Assistants Recognition Week- www.ada.org/goto/assistantweek
- 1-8 National Sleep Awareness Week— www.sleepfoundation.org
- 6 World Day of Prayer
- 7 Army Distinguished Service Medal Authorized (1918)
- 8 International (Working) Women's Day— www.un.org
- 8 Daylight Saving Time Begins
- 8-14 National Patient Safety Awareness Week — www.npsf.org
- 15 VA Cabinet Status (1989) (20th Anniversary)
- 15-17 American Legion and Auxiliary Established in Paris (1919)
- 15-21 National Poison Prevention Week- www.poisonprevention.org
- 15-21 National Pulmonary Rehabilitation Week— www.aacvpr.org
- 16-22 International Brain Awareness Week— www.dana.org/brainweek
- 17 St. Patrick's Day
- 19 Operation Iraqi Freedom Anniversary (2003)
- 20 Spring Begins
- 22 Tuskegee Airmen Activated (1941)
- 22-28 Doctor-Patient Trust Week
- 24 World Tuberculosis Day — www.stoptb.org
- 24 American Diabetes Association Alert Day — www.diabetes.org/alert
- 29-4/3 23rd National Disabled Veterans Winter Sports Clinic (Snowmass, Colo.)-
<http://www.wintersportsclinic.va.gov>
- 29-4/4 National Healthcare Access Personnel Week – www.naham.org
- 30 National Doctors' Day — www.sma.org

2009 OPA Calendar of Events

April 2009

Alcohol Awareness Month— www.ncadd.org

Cancer Control Month— www.cancer.org

Counseling Awareness Month— www.counseling.org;

<http://www.athealth.com/Consumer/Issues/counselingaware.html>

National Donate Life Month— www.kidney.org; www.organdonor.gov

National Occupational Therapy Month— www.promoteot.org; www.aota.org

National Parkinsons Awareness Month— www.parkinson.org

National Sexual Assault Awareness and Prevention Month— www.rainn.org;

<http://www.nsvrc.org/saam/>

National Sexually Transmitted Diseases Education and Awareness Month—www.ashatd.org;

www.ppsinc.org

Stress Awareness Month— www.stresscure.com

3/29-4/3 23rd National Disabled Veterans Winter Sports Clinic (Snowmass, Colo.)-

<http://www.wintersportsclinic.va.gov>

3/29-4/4 National Healthcare Access Personnel Week – www.naham.org

1 April Fools Day

1-7 Medication Safety Week- www.womensheart.org

1-7 Testicular Cancer Awareness Week – www.tcaw.org

3 Marshall Plan Anniversary (1948)

3-5 Alcohol-Free Weekend— www.ncadd.org

5 Palm Sunday

6 US Entered WWI (1917)

6-12 National Public Health Week— www.apha.org

7 World Health Day- www.who.int/world-health-day; www.un.org

8 National Radiology Nurses Day – www.arna.net

8 Passover Begins at Sundown

9 National Former POW Recognition Day

9 National Alcohol Screening Day— www.NationalAlcoholScreeningDay.org;

www.mentalhealthscreening.org

10 Good Friday

10 Bataan Death March (1942)

12 Easter Sunday

12 Orthodox Palm Sunday

12-18 Patient Advocacy Week— www.shca-aha.org

12-18 Health Information Privacy and Security Week— www.ahima.org/hipsweek

12-18 National Heimlich Maneuver Week – www.heimlichinstitute.org

14 Paralyzed Veterans of America Established (1946)

15 Income Tax Due

19 Orthodox Easter Sunday

19 Oklahoma City Bombing (1995)

19-25 National Electroneurodiagnostic Week – www.aset.org

19-25 Medical Laboratory Professionals Week— www.labweek.org

19-25 National Volunteer Week— www.pointsoflight.org; jimcolemanltd.com/volunteer

21 Yom Hashoah (Holocaust Day)

22 Earth Day

22 Administrative Professionals Day— www.iaap-hq.org

23 Take Our Daughters And Sons To Work Day— www.DaughtersandSonstoWork.org

30 Fall of Saigon (1975)

2009 OPA Calendar of Events

May 2009

Asian Pacific American Heritage Month— www.apaha.org
Allergy and Asthma Awareness Month— www.breatherville.org; www.ppsinc.org
Hepatitis Awareness Month— www.hepatitisfoundation.org
Huntington's Disease Awareness Month— www.hdsa.org
Mental Health Month— www.mentalhealthamerica.net; www.nmha.org
National Arthritis Month— www.arthritis.org
National High Blood Pressure Education Month— www.nhlbi.nih.gov
Lupus Awareness Month- www.lupus.org
National Melanoma/Skin Cancer Detection and Prevention Month— www.skincancer.org;
www.aad.org; www.melanomamonday.org
Oncology Nursing Month- www.ons.org
National Osteoporosis Awareness and Prevention Month— www.nof.org
National Trauma Awareness Month—www.amtrauma.org
Older Americans Month— www.aoa.gov/pressobservances/oam/oam.aspx
Stroke Awareness Month- www.stroke.org; www.strokeassociation.org

1 **May Day**
1 **USA Law Day**— www.lawday.org
3-9 **North American Occupational Safety and Health Week**- www.asse.org
3-9 **Public Service Recognition Week**— www.excelgov.org;
http://www.excelgov.org/uploads/PSRW08/How_To_Celebrate.pdf
3-9 **Anxiety and Depression Awareness Week**— www.freedomfromfear.org
4-11 **Dystonia Awareness Week**— www.dystonia-foundation.org
5 **Cinco de Mayo**
5 **American Medical Association Founded (1847)**
6 **Asthma Awareness Day on Capital Hill**— www.breatherville.org
6 **National Nurses Day**
6-12 **National Nurses Week**— www.nursingworld.org
7 **National Day of Prayer**
7 **Official End of Vietnam War (1975)**
8 **V-E Day (1945)**
10 **World Lupus Day**— www.lupus.org; www.worldlupus.day.org
10 **Mother's Day**
10 **Day of Vesak - Buddhism**
10-16 **National Hospital Week**- www.imprintmall.com/hospitalweek/
10-16 **National Nursing Home Week**— www.nnhw.org
10-16 **National Police Week**— www.nleomf.com; www.aphf.org
12 **Florence Nightingale's Birthday (1820-1910)**
13 **National Nightshift Workers Day**
14 **WAAC Anniversary (1942)**
15 **National Critical Care Awareness and Recognition Day**— www.sccm.org
15 **Peace Officer Memorial Day**
17 **Armed Forces Day**
17-23 **National Emergency Medical Services (EMS) Week**— www.acep.org/emswk
17-23 **National Medical Transcriptionist Week**— www.aamt.org
20 **National Employee Health and Fitness Day**— www.physicalfitness.org
21 **American Red Cross Founded (1881)**
22 **National Maritime Day**
25 **Memorial Day (Observed)**
27 **National Senior Health and Fitness Day**— www.fitnessday.com
30 **Memorial Day (Traditional)**

2009 OPA Calendar of Events

June 2009

Cancer from the Sun Month— www.ppsinc.org
Fireworks Eye Safety Months (June 1 – July 31) —www.aao.org/eyemd
Myasthenia Gravis Awareness Month— www.myasthenia.org
National Aphasia Awareness Month— www.aphasia.org
National Hernia Awareness Month— www.herniainfo.com
National Safety Month— www.nsc.org
National Scleroderma Awareness Month— www.scleroderma.org
Vision Research Month— www.preventblindness.org

1 Heimlich Maneuver Introduced (1974), 35th Anniversary
1-5 National Veterans Golden Age Games (Birmingham, Ala.) –
www.goldenagegames.va.gov
1-6 National Headache Awareness Week— www.headaches.org
1-7 Sun Safety Week- www.sunsafetyalliance.org
2 Healthcare Recruiter Recognition Day- www.nahcr.com
6 D-Day (1944)
7 National Cancer Survivors Day— www.ncsdf.org
7-13 National Vascular Nursing Week— www.svnnet.org
10 Alcoholics Anonymous Founded (1935)
11-18 National Nursing Assistants Week—www.cna-network.org
14-20 National Flag Week
14 Flag Day—June 14 (1777)
14 U.S. Army Established by Congress (1775)
15 Native American Citizenship Day (1924)
15-19 National Healthcare Risk Management Week— www.ashrm.org
15-21 National Men’s Health Week— www.menshealthweek.org
21 Father's Day
21 Summer Begins
21-27 Helen Keller Deaf-Blind Awareness Week— www.hkncinfo.org; www.hknc.com
22 GI Bill Signed into law (1944)
25 Korean War Began (1950)
27 National HIV Testing Day— www.hivtest.org www.napwa.org

2009 OPA Calendar of Events

July 2009

Bioterrorism/Disaster Education and Awareness Month – www.ppsinc.org

Cell Phone Courtesy Month – www.etiquetteexpert.com

Fireworks Safety Months (June 1–July 31) – www.preventblindness.org

Hemochromatosis Screening Awareness Month– www.irondisorders.org

International/National Group B Strep Awareness Month– www.groupbstrepinternational.org;
www.thejessecause.org

National Recreation and Parks Month – www.nrpa.org

UV Safety Month– <http://www.aao.org/aaosite/eyemd/uv.cfm>

- 1 Medicare Anniversary (1968)
- 2 U.S. Constitution Took Effect (1788)
- 2 Civil Rights Act of 1964
- 2 U.S. Army Air Corps (1926)
- 4 Independence Day
- 6 Air Force Cross Created (1960)
- 10 Dental Awareness Day- www.agd.org
- 12-18 National Therapeutic Recreation Week- www.nrpa.org
- 13-18 28th National Veterans Wheelchair Games (Spokane, Wash.) -
<http://www.wheelchairgames.va.gov>
- 16 Atomic Bomb Tested (1945)
- 19-25 National Hospitality House Week- www.nahhh.org
- 21 VA Created (1930)
- 26 Desegregation of U.S. Army (1944), all U.S. Armed Forces (1948)
- 26 Department of Defense (1947)
- 27 Korean War Armistice (1953)
- 28 World War I Began (1914)

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August 2009

- **Cataract Awareness Month** — www.ao.org/eyemd; www.preventblindness.org
- **National Immunization Awareness Month** — www.cdc.gov/nip/events/niam
- **Neurosurgery Outreach Month**— www.aans.org ; www.neurosurgerytoday.org
- **Psoriasis Awareness Month** — www.psoriasis.org
- **Spinal Muscular Atrophy Awareness Month** — www.curesma.com; www.fsma.org

- 4** **Coast Guard Day (1790)**
- 6** **Atomic Bomb on Hiroshima (1945)**
- 7** **Purple Heart (1782)**
- 7** **Desert Shield Anniversary (1990)**
- 9** **Atomic Bomb on Nagasaki (1945)**
- 9-15** **National Health Center Week-** www.healthcenterweek.org
- 14** **Navajo Code Talkers Day-** www.navajonationcouncil.org
- 22** **Ramadan begins at sundown (ends Sept. 20)**
- 23** **Health Unit Coordinator Day –** www.nahuc.org
- 26** **Women's Equality Day (1920)**
- 28** **March on Washington Anniversary (1963) “I Have a Dream” speech**
- 29** **Hurricane Katrina hit Central Gulf Coast (2005)**
- 30-Sept 5** **Minority Enterprise Development Week-** <http://www.azmbec.com/MEDWeek.html>

2009 OPA Calendar of Events

September 2009

Cholesterol Education Month— www.nhlbi.nih.gov
Gynecologic Cancer Awareness Month— www.wcn.org
Healthy Aging Month— www.healthyaging.net
Leukemia, Lymphoma and Melanoma Awareness Month— www.lls.org
National Alcohol and Drug Addiction Recovery Month— www.recoverymonth.gov
National Osteopathic Medicine Month— www.osteopathic.org
National Preparedness Month— www.ready.gov/america
National Sickle Cell Awareness Month— www.sicklecelldisease.org
Pain Awareness Month— www.theacpa.org
Prostate Health Month— www.urologrhealth.org
Thyroid Cancer Awareness Month— <http://www.thyca.org/awareness.htm>
National Reye's Syndrome Awareness Month – www.reyessyndrome.org
National Hispanic Heritage Month (Sept 15-Oct 15)— www.somosprimos.com/heritage.htm

1 **WWII Began (1939) 70th Anniversary**
2 **V-J Day Anniversary (1945)**
6-10 **National Veterans Tee Tournament (Coralville, Iowa)-**
7 **Labor Day**
7-13 **National Suicide Prevention Week–** www.suicidology.org
11 **Patriot Day (2001)**
13-19 **Nephrology Nurses Week –** www.annanurse.org
13-19 **National Assisted Living Week –** www.ncal.org
13-19 **National Healthcare Environmental Services and Housekeeping Week-**
www.ashes.org
17 **Citizenship Day**
17 **VFW Ladies Auxiliary Organized (1914)**
17-23 **Constitution Week**
18 **U.S. Air Force Established (1947)**
18 **National POW/MIA Recognition Day**
18 **Rosh Hashanah begins at sundown**
20-25 **National Veterans Summer Sports Clinic (San Diego) -**
<http://www.summersportsclinic.va.gov/> (dates tentative)
20-26 **National Surgical Technologists Week—** www.ast.org
20-26 **Prostate Cancer Awareness Week—** www.pcaw.com
20-26 **National Rehabilitation Awareness Celebration Week—** www.nraf-rehabnet.org
22 **Fall Begins**
24 **Hurricane Rita hit Texas-Louisiana coastline (2005)**
25 **Disabled American Veterans Established (1920)**
27 **Yom Kippur begins at sundown**
27-Oct. 3 **National Adult Immunization Awareness Week —** www.NFID.org
29 **Veterans of Foreign Wars Established (1899)**
30 **Gold Star Mothers Day (1940)**
30 **National Women's Health and Fitness Day—** www.fitnessday.com

2009 OPA Calendar of Events

October 2009

National American Pharmacy Month- www.pharmacist.com/aphm
German-American Heritage Month- www.gmbookchest.com/pages/heritage.html
Liver Awareness Month— www.liverfoundation.org
National Chiropractic Month- www.acatoday.org
Long Term Care Planning Month— www.LTCmonth.com
National Breast Cancer Awareness Month— www.nbcam.org
National Dental Hygiene Month— www.adha.org/ndhm/index.html
National Disability Employment Awareness Month— www.abilityone.gov
National Hispanic Heritage Month (Sept 15-Oct 15)— www.somosprimos.com/heritage.htm
National Medical Librarians Month— www.mlanet.org
National Physical Therapy Month— www.apta.org/nptm
National Spina Bifida Awareness Month— www.sbaa.org
Polish-American Heritage Month— www.polishamericancenter.org

1-8 Gerontological Nurses Week— www.ngna.org
4-10 National Health Care Resource and Materials Management Week- www.ahrmm.org
4-10 Mental Illness Awareness Week— www.nami.org
4-10 National Newspaper Week— www.nammanagers.com
4-10 Nuclear Medicine Week— www.snm.org/nmw
4-10 National Fire Prevention Week— www.nfpa.org; www.firepreventionweek.org
5-11 Healthcare Food Service Workers week – www.ashfsa.org
5-11 2008 National Veterans Creative Arts Festival (San Antonio, Texas) –
www.creativeartsfestival.va.gov
6-12 National Physician Assistants Week— www.aapa.org
8 Bipolar Disorder Awareness Day— www.nami.org
10 World Mental Health Day— www.wmhd.net
11-17 Emergency Nurses Week— www.ena.org
12 Columbus Day (Observed)
12-17 National Nephrology Technician/Technologist Week – www.dialysistech.net
13 U.S. Navy Established (1775)
16 National Boss Day
16 National Mammography Day— www.nbcam.com
18-24 Hearing Aid Awareness Week- www.ihsinfo.org
18-24 National Health Care Quality Week— www.nahq.org
18-24 International Infection Prevention Week— www.apic.org
19-23 National Medical Assistants Week – www.amtl.com
25-31 Respiratory Care Week— www.aarc.org
25-31 Pastoral Care Week— www.pastoralcareweek.org
25-31 National Healthcare Facilities and Engineering Week— www.ashe.org
28 Lung Health Day— www.aarc.org
29 Internet Created (1969)
31 Halloween

2009 OPA Calendar of Events

November 2008

American Diabetes Month— www.diabetes.org
Epilepsy Awareness Month— www.epilepsyfoundation.org
National Alzheimer's Disease Month— www.alz.org
National American Indian Heritage Month— www.indians.org
National Family Caregivers Month— www.thefamilycaregiver.org/about
National Hospice Month— www.nahc.org
National Pancreatic Cancer Awareness Month— www.pancan.org

1 Daylight Savings Time Ends
1-7 Medical-Surgical Nurses Week — www.medsurgnurse.org
1-7 National Urology Nurses Week- www.suna.org
1-7 National Health Information and Technology Week— www.ahima.org/hitweek/
1-7 Allied Health Professions Week — www.asahp.org
1-7 National Diabetes Education Week— www.aadenet.org; www.diabeteseducator.org
3 Election Day
8 X-Ray Discovery Day (1895)
8-14 National Radiologic Technology Week— www.asrt.org/nrtw
8-14 Lung Cancer Awareness Week— www.ons.org
8-14 Perioperative Nurse Week— www.aorn.org
10 U.S. Marine Corps Established (1775)
11 Veterans Day
13 Fall of Kabul, Afghanistan (2001)
14 World Diabetes Day- www.un.org
15 America Recycles Day – www.americarecyclesday.org
19 Great American Smokeout— www.cancer.org
26 Thanksgiving Day
30 Computer Security Day— www.computersecurityday.com

2009 OPA Calendar of Events

December 2009

National Drunk and Drugged Driving Prevention Month— www.nhtsa.dot.gov

Safe Toys and Celebrations Month— www.aao.org

Spiritual Literacy Month— www.one-river.com

Colorectal Cancer Education and Awareness Month- www.ppsinc.org

- 1** **World AIDS Day**— www.worldaidsday.org; www.AIDS.gov
- 1** **Civil Air Patrol Founded (1941)**
- 1-7** **Aplastic Anemia & MDS Awareness Week** – www.aamds.org
- 7** **National Pearl Harbor Remembrance Day (1941)**
- 8** **US Entered WWII (1941)**
- 10** **AMVETS (American Veterans of World War II) Founded (1944)**
- 10-17** **Human Rights Week**
- 12** **Chanukah Begins at Sundown (Continues thru Dec. 19)**
- 15** **Bill of Rights Day (1789)**
- 18** **Islamic New Year**
- 20** **Operation Just Cause Began (1989)**
- 21** **Winter Begins**
- 24** **Christmas Eve**
- 25** **Christmas**
- 26** **Kwanzaa Begins (Dec. 26-Jan. 1)**
- 28** **Pledge of Allegiance Recognized (1945)**
- 31** **New Year's Eve**

2009 OPA Calendar of Events

January 2010

Cervical Health Awareness Month— www.cancer.org and www.thegcf.org

National Clean Up Your Computer Month- www.nccc-online.org

National Glaucoma Awareness Month— www.preventblindness.org

National Poverty in America Awareness Month- www.povertyusa.org

National Thyroid Awareness Month— www.aace.com

National Volunteer Blood Donor Month — www.aabb.org

- 1** **New Year's Day**
- 1** **Emancipation Proclamation Took Effect (1863)**
- 4** **112th Congress Assembles**
- 16** **Religious Freedom Day**
- 16** **Gulf War I Began (1991)**
- 18** **Martin Luther King Jr. Day**
- 27** **Vietnam Peace Agreement Signed (1973)**
- 30** **Tet Offensive Began (1968)**