



Patient and Family Education Protocols and Codes (PEPC)

Prenatal/Perinatal Codes

11th Edition
January 2005

Documenting the Patient Education Protocols and Codes

Disease	Education Topic	Level of Understanding	Time	Provider Initials	Behavior Goal
Obesity	Exercise	Group	30	XYZ	Goal set: patient will add 30 minutes of exercise to daily routine

OBS-EX-GP-30min-XYZ-GS; Add 30 minutes of exercise to daily routine

Level of Understanding

Good (G)	Fair (F)	Poor (P)	Refuse (R)	Group (Gp)
Verbalizes understanding. Verbalizes decision or desire to change (plan of action indicated). Able to return demonstrate correctly	Verbalizes need for more education. Undecided about making a decision or a change. Return demonstration indicates need for further teaching.	Does not verbalize understanding. Refuses to make a decision or needed changes. Unable to return demonstrate	Refuses Education	Education provided in group. Unable to evaluate individual response

Behavior Goal

Goal Set (GS)	Goal Met (GM)	Goal Not Met (GNM)
State a plan; State a plan how to maintain at least one _____; Write a plan of management; Plan to change _____; A plan to test _____ (blood sugar); Choose at least one change to follow _____; Demonstrate _____ and state a personal plan for _____; Identify a way to cope with _____;	Behavior Goal Met	Behavior Goal Not Met

To view the complete Patient Education Protocols and Codes Manual, visit:

www.ihs.gov.

Click on Nationwide Programs and Initiatives, *look in the upper right-hand corner*, and then click on the link to the Patient Education Protocols and Code Manual. You may down-load this pamphlet from the link.

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Why Use the Codes?

Use of the codes helps nurses, physicians and other health care providers to document and track patient education. While it is frequently desirable to spend 15, 30 even 60 minutes making an assessment of need, providing education and then documenting the encounter, the reality of a busy clinical practice often requires us to do this in a more abbreviated fashion. The codes allow the educator a quick method of documenting that education took place during a given patient visit. The codes are then transferred to the health summary which informs everyone using the chart that a given patient received education on specific topics. The codes are limited in that they do not detail the exact nature of the education. However, using these codes consistently will show the pattern of education provided and encourage subsequent health professionals to do the appropriate follow-up. For instance, a typical health summary for a diabetic patient might show the following history of patient education:

07/19/04 DM-Nutrition, poor understanding, 10 min. (Provider Initials) GS: Pt. will include 5 veg/fruit/day

10/27/04 DM-Foot care, good understanding, 7 min. (Provider Initials)GM: Pt included 5 veg/fruit/day

11/07/04 DM-Exercise, good understanding, 15 min. (Provider Initials) GS: Pt. will walk 5 dys/wk/30 min.

A reasonable interpretation of this summary tells you that this patient is trying to understand management of their diabetes.

SOAP Charting and the Codes

Use of the codes *does not* preclude writing a SOAP note on educational encounters. Whenever a health professional spends considerable time providing education in a one-on-one setting, that visit should be recorded as an independent, stand-alone visit. The primary provider can incorporate the educational information into their SOAP note and use the code to summarize the visit and get the information onto the health summary. If the patient sees both a physician and a nurse during the same visit and the nurse completes a lengthy educational encounter, two PCC forms should be used—one for the physician visit and one for the nursing visit. In that particular case the patient had two primary care encounters during the same day.

SIDS-SHS Second-Hand Smoke

SPE

SURGICAL PROCEDURES AND ENDOSCOPY

SPE-C Complications
 SPE-CUL Cultural/Spiritual Aspects of Health
 SPE-EQ Equipment
 SPE-FU Follow-up
 SPE-IS Incentive Spirometry
 SPE-L Patient Information Literature
 SPE-PM Pain Management
 SPE-PO Postoperative
 SPE-PR Preoperative
 SPE-PRO Procedures
 SPE-TCB Turn, Cough, Deep Breath
 SPE-TE Tests
 SPE-WC Wound Care

TO

TOBACCO USE

TO-C Complications
 TO-CUL Cultural/Spiritual Aspects of Health
 TO-DP Disease Process
 TO-EX Exercise
 TO-FU Follow-up
 TO-L Patient Information Literature
 TO-LA Lifestyle Adaptations
 TO-M Medications
 TO-QT Quit
 TO-RTC Readiness to Change
 TO-SCR Screening
 TO-SHS Second-Hand Smoke
 TO-SM Stress Management

UTI

URINARY TRACT INFECTION

UTI-AP Anatomy and Physiology
 UTI-DP Disease Process
 UTI-FU Follow-up
 UTI-HY Hygiene
 UTI-L Patient Information Literature
 UTI-M Medication
 UTI-MNT Medical Nutrition Therapy
 UTI-N Nutrition
 UTI-P Prevention
 UTI-PM Pain Management
 UTI-SM Stress Management
 UTI-TE Tests

WH

WOMEN'S HEALTH

WH-AP Anatomy and Physiology
 WH-BE Breast Exam
 WH-CUL Cultural/Spiritual Aspects of Health
 WH-FU Follow-up
 WH-HY Hygiene
 WH-KE Kegel Exercise
 WH-L Patient Information Literature
 WH-MNT Medical Nutrition Therapy
 WH-MP Menopause
 WH-MS Menses
 WH-N Nutrition
 WH-OS Osteoporosis
 WH-PAP Pap Smear
 WH-PMS Premenstrual Syndrome
 WH-PRO Procedures
 WH-RS Reproductive System
 WH-SM Stress Management
 WH-STI Sexually Transmitted Infections
 WH-TE Tests

PDEP-LA Lifestyle Adaptations
PDEP-M Medications
PDEP-MNT Medical Nutrition Therapy
PDEP-N Nutrition
PDEP-SM Stress Management
PDEP-TX Treatment

PN **PRENATAL**

PN-1T First Trimester
PN-2T Second Trimester
PN-3T Third Trimester
PN-ADM Admission to Hospital
PN-AOD Alcohol and Other Drugs
PN-BH Behavioral Health
PN-C Complications
PN-CUL Cultural/Spiritual Aspects of Health
PN-DC Dental Caries
PN-DV Domestic Violence
PN-EX Exercise
PN-FU Follow-up
PN-GD Growth and Development
PN-GDM Gestational Diabetes
PN-GEN Genetic Testing
PN-HIV Human Immunodeficiency Virus
PN-L Patient Information Literature
PN - M Medications
PN-MNT Medical Nutrition Therapy
PN-N Nutrition
PN-NJ Neonatal Jaundice
PN-PIH Pregnancy Induced Hypertension And Pre-Eclampsia
PN-PM Pain Management
PN-PTL Preterm Labor
PN-S Safety and Injury Prevention
PN-SCR Screening

PN-SF Introduction of the Infant to Solid Foods
PN-SHS Second-Hand Smoke
PN-SOC Social Health
PN-STI Sexually Transmitted Infections
PN-TE Tests
PN-TO Tobacco
PN-VBAC Vaginal Birth after Cesarean Section

STI **SEXUALLY TRANSMITTED INFECTIONS**

STI-C Complications
STI-CUL Cultural/Spiritual Aspects of Health
STI-FU Follow-up
STI-I Information
STI-L Patient Information Literature
STI-M Medications
STI-P Prevention
STI-SM Stress Management
STI-TE Tests
STI-TX Treatment

SIDS **SUDDEN INFANT DEATH SYNDROME**

SIDS-CUL Cultural/Spiritual Aspects of Health
SIDS-I Information
SIDS-L Patient Information Literature
SIDS-P Prevention
SIDS-S Safety and Injury Prevention

2005 Prenatal/Perinatal Codes

ANS **ANESTHESIA**

ANS - C Complications
ANS-EQ Equipment
ANS - FU Follow-up
ANS-INT Intubation
ANS-IS Incentive Spirometry
ANS - L Literature
ANS-PM Pain Management
ANS - PO Postoperative
ANS-PR Preoperative
ANS-PRO Procedures
ANS-TCB Turn, Cough, Deep Breath

BF **BREASTFEEDING**

BF-AP Anatomy and Physiology
BF-BB Benefits Of Breastfeeding
BF-BC Breast Care
BF-BP Breastfeeding Positions
BF-CS Collection And Storage Of Breast-Milk
BF-EQ Equipment
BF-FU Follow-up
BF-GD Growth and Development
BF-HC Hunger Cues
BF-L Patient Information Literature
BF-LA Lifestyle Adaptations
BF-M Maternal Medications
BF-MK Milk Intake
BF-MNT Medical Nutrition Therapy
BF-N Nutrition (Maternal)
BF-NJ Neonatal Jaundice
BF-ON Latch-On
BF-SF Introduction To Solid Foods
BF-SM Stress Management

BF-T Teething
BF-W Weaning

CHN **CHILD HEALTH NEW-BORN (0-60 DAYS)**

CHN-FU Follow-up
CHN-GD Growth and Development
CHN-I Information
CHN-L Patient Information Literature
CHN-MNT Medical Nutrition Therapy
CHN-N Nutrition
CHN-NJ Neonatal Jaundice
CHN-PA Parenting
CHN-S Safety and Injury Prevention
CHN-SF Introduction to Solid Foods
CHN-SHS Second-Hand Smoke

CB **CHILDBIRTH**

CB-AP Anatomy and Physiology
CB-C Complications
CB-CUL Cultural/Spiritual Aspects of Health
CB-EQ Equipment
CB-EX Exercises, Relaxation & Breathing
CB-FU Follow-up
CB-L Literature
CB-LB Labor Signs
CB-M Medications
CB-NJ Neonatal Jaundice
CB-OR Orientation
CB-PM Pain Management
CB-PRO Procedures, Obstetrical
CB-RO Role Of Labor And Delivery

Partner/Coach
 CB-TE Tests
 CB-VBAC Vaginal Birth after Cesarean Section

DV DOMESTIC VIOLENCE

DV-CUL Cultural/Spiritual Aspects of Health
 DV-DP Disease Process
 DV-FU Follow-up
 DV-L Patient Information Literature
 DV-P Prevention
 DV-PSY Psychotherapy
 DV-S Safety and Injury Prevention
 DV-SCR Screening
 DV-SM Stress Management
 DV-TX Treatment

FP FAMILY PLANNING

FP-AP Anatomy and Physiology
 FP-DIA Diaphragm
 FP-DPO Depot Medroxyprogesterone Injections
 FP-FC Foam And Condoms
 FP-FU Follow-up
 FP-IC Implant Contraception
 FP-IUD Intrauterine Device
 FP-L Patient Information Literature
 FP-MNT Medical Nutrition Therapy
 FP-MT Methods
 FP-N Nutrition
 FP-OC Oral Contraceptives
 FP-ST Sterilization

FF FORMULA FEEDING

FF-FS Formula Feeding Skills

FF-I Information
 FF-L Patient Information Literature
 FF-ME Maternal Engagement
 FF-NJ Neonatal Jaundice
 FF-S Safety Outcomes
 FF-SF Introduction to Solid Foods

GENE GENETIC DISORDERS

GENE-BH Behavioral and Social health
 GENE-C Complications
 GENE-EQ Equipment
 GENE-FU Follow-up
 GENE-I Information
 GENE-L Patient Information Literature
 GENE-LA Lifestyle Adaptations
 GENE-MNT Medical Nutrition Therapy
 GENE-N Nutrition
 GENE-P Prevention
 GENE-PA Parenting
 GENE-PT Physical Therapy
 GENE-S Safety and Injury Prevention
 GENE-SM Stress Management
 GENE-TE Tests

HIV HUMAN IMMUNODEFICIENCY VIRUS

HIV-C Complications
 HIV-CUL Cultural/Spiritual Aspects of Health
 HIV-DP Disease Process
 HIV-EQ Equipment
 HIV-FU Follow-up
 HIV-HM Home Management
 HIV-HY Hygiene
 HIV-L Patient Information Literature

HIV-LA Lifestyle Adaptations
 HIV-M Medications
 HIV-MNT Medical Nutrition Therapy
 HIV-N Nutrition
 HIV-P Prevention
 HIV-PN Prenatal
 HIV-S Safety
 HIV-SM Stress Management
 HIV-TE Tests
 HIV-TX Treatment

NJ NEONATAL JAUNDICE

NJ-C Complications
 NJ-DP Disease Process
 NJ-P Prevention
 NJ-TE Tests
 NJ-TX Treatment

PM PAIN MANAGEMENT

PM-AP Anatomy and Physiology
 PM-CUL Cultural/Spiritual Aspects of Health
 PM-DP Disease Process
 PM-EQ Equipment
 PM-EX Exercise
 PM-FU Follow-up
 PM-L Patient Information Literature
 PM-LA Lifestyle Adaptations
 PM-M Medication
 PM-MNT Medical Nutrition Therapy
 PM-N Nutrition
 PM-P Prevention
 PM-PSY Psychotherapy
 PM-TE Tests
 PM-TX Treatment

PNL PERINATAL LOSS

PNL-C Complications
 PNL-CUL Cultural/Spiritual Aspects of Health
 PNL-DP Disease Process
 PNL-FU Follow Up
 PNL-GP Grieving Process
 PNL-L Literature
 PNL-M Medications
 PNL-MNT Medical Nutrition Therapy
 PNL-N Nutrition
 PNL-PM Pain Management
 PNL-SM Stress Management
 PNL-TX Treatment

PP POSTPARTUM

PP-C Complications
 PP-CUL Cultural/Spiritual Aspects of Health
 PP-FU Follow-up
 PP-I Information
 PP-INF Infant Care
 PP-KE Kegel Exercise
 PP-L Patient Information Literature
 PP-M Medications
 PP-MNT Medical Nutrition Therapy
 PP-NJ Neonatal Jaundice
 PP-PM Pain Management
 PP-SF Introduction of the Infant to Solid Foods
 PP-WC Wound Care

PDEP POSTPARTUM DEPRESSION

PDEP-DP Disease Process
 PDEP-FU Follow-up
 PDEP-L Patient Information Literature