

Documenting the Patient Education Protocols and Codes					
Disease	Education Topic	Level of Understanding	Time	Provider Initials	Behavior Goal
Major Depression	Medications	Good - Individual Session	10	AB	Goal set: client will take anti-depressant medications as prescribed
DEP-M-IND-10min-AB-GS; follow medication regimen					
Level of Understanding					
Good (G)	Fair (F)	Poor (P)	Refuse (R)	Group (Gp)	
Verbalizes understanding.	Verbalizes need for more education.	Does not verbalize understanding.	Refuses Education	Education provided in group. Unable to evaluate individual response	
Verbalizes decision or desire to change (plan of action indicated).	Undecided about making a decision or a change.	Refuses to make a decision or needed changes.			
Able to return demonstrate correctly	Return demonstration indicates need for further teaching.	Unable to return demonstrate			
Behavior Goal					
Goal Set (GS)	Goal Met (GM)	Goal Not Met (GNM)			
State a plan; State a plan how to maintain at least one _____; Write a plan of management; Plan to change _____; A plan to test _____(blood sugar); Choose at least one change to follow _____; Demonstrate _____ and state a personal plan for _____; Identify a way to cope with _____;	Behavior Goal Met	Behavior Goal Not Met			

To view the complete Patient Education Protocols and Codes Manual, visit:
www.ihs.gov
 Click on Nationwide Programs and Initiatives, *look in the upper right-hand corner*, and then click on the link to the Patient Education Protocols and Code Manual. You may download this pamphlet from the link.

For additional information, contact:
 Mary Wachacha at mwachach@hqe.ihs.gov,
 Denise Grenier at Denise.Grenier@ihs.gov,
 Drs. Michale Ratzlaff or Kelton Oliver at mdratzlaff@southcentralfoundation.org, or
 Juan Torrez at Juan.Torrez@ihs.gov



Patient and Family Education Protocols and Codes (PEPC)

Behavioral Health Codes

11th Edition
 January 2005

Why Use the Codes?

Patient education is integral to the provision of quality behavioral health care. Both the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and the Commission on Accreditation of Rehabilitation Facilities (CARF) have standards for education specific to the client's needs and the care, treatment, and services provided. JCAHO states "Clients and, as appropriate, their families are educated to improve individual outcomes by promoting healthy behavior and appropriately involving clients in their care, treatment, and service decisions."

Use of the IHS Patient and Family Education Codes (PEPC) helps behavioral health clinicians, nurses, physicians, and other health care providers to document and track patient education. While it is frequently desirable to spend 15, 30 or even 60 minutes making an assessment of need, providing education and then documenting the encounter, the reality of a busy clinical practice often requires us to do this in a more abbreviated fashion. The codes offer the educator a quick method of documenting that education took place during a client encounter.

Important Change In The 11TH Edition

The mnemonic CD for Chemical Dependency has been changed to AOD – Alcohol and Other Drugs. The change was made at the request of behavioral health subject matter experts and reflects current terminology in the field. The mnemonic “CD” will remain active for a transition period and historical data will not be lost. However, it is advisable to begin using the new AOD mnemonic now.

2005 Behavioral Health Codes

The codes listed below are some of the most commonly used behavioral health codes. The complete list of behavioral health related codes can be found in the Patient Education Protocols and Codes Manual.

AF ADMINISTRATIVE FUNCTIONS

AF-B	Benefits Of Updating Charts
AF-CON	Confidentiality
AF-FU	Follow-up
AF-REF	Referral Process
AF-RI	Patient Rights and Responsibilities

ADM ADMISSION TO HOSPITAL

ADM-CUL	Cultural/Spiritual Aspects of Health
ADM-EQ	Equipment
ADM-OR	Orientation
ADM-PM	Pain Management
ADM-POC	Plan Of Care
ADM-RI	Patient Rights And Responsibilities

RST

RST-EQ	Equipment
RST-L	Patient Information Literature
RST-M	Medications
RST-S	Safety and Injury Prevention

STI

STI-C	Complications
STI-CUL	Cultural/Spiritual Aspects of Health
STI-FU	Follow-up
STI-I	Information
STI-L	Patient Information Literature
STI-M	Medications
STI-P	Prevention
STI-SM	Stress Management
STI-TE	Tests
STI-TX	Treatment

SB

SB-CUL	Cultural/Spiritual Aspects of Health
SB-FU	Follow-up
SB-L	Patient Information Literature
SB-PSY	Psychotherapy
SB-SCR	Screening
SB-SM	Stress Management
SB-TX	Treatment
SB-WL	Wellness

TO

TO-C	Complications
TO-CUL	Cultural/Spiritual Aspects of Health
TO-DP	Disease Process
TO-EX	Exercise
TO-FU	Follow-up

RESTRAINTS

Equipment
Patient Information Literature
Medications
Safety and Injury Prevention

SEXUALLY TRANSMITTED INFECTIONS

Complications
Cultural/Spiritual Aspects of Health
Follow-up
Information
Patient Information Literature
Medications
Prevention
Stress Management
Tests
Treatment

SUICIDAL BEHAVIOR

Cultural/Spiritual Aspects of Health
Follow-up
Patient Information Literature
Psychotherapy
Screening
Stress Management
Treatment
Wellness

TOBACCO USE

Complications
Cultural/Spiritual Aspects of Health
Disease Process
Exercise
Follow-up

TO-L	Patient Information Literature
TO-LA	Lifestyle Adaptations
TO-M	Medications
TO-QT	Quit
TO-RTC	Readiness to Change
TO-SCR	Screening
TO-SHS	Second-Hand Smoke
TO-SM	Stress Management

TB

TB-CUL	Cultural/Spiritual Aspects of Health
TB-DOT	Directly Observed Therapy
TB-DP	Disease Process
TB-FU	Follow-up
TB-L	Patient Information Literature
TB-M	Medications
TB-P	Prevention
TB-PPD	Screening Skin Test
TB-TE	Tests

WL

WL-ADL	Activities of Daily Living
WL-CUL	Cultural/Spiritual Aspects of Health
WL-EX	Exercise
WL-FU	Follow-up
WL-HY	Hygiene
WL-L	Patient Information Literature
WL-LA	Lifestyle Adaptations
WL-MNT	Medical Nutrition Therapy
WL-N	Nutrition
WL-S	Safety and Injury Prevention
WL-SCR	Screening
WL-SM	Stress Management
WL-SX	Sexuality
WL-TE	Tests

HIV-HM Home Management
 HIV-HY Hygiene
 HIV-L Patient Information Literature
 HIV-LA Lifestyle Adaptations
 HIV-M Medications
 HIV-MNT Medical Nutrition Therapy
 HIV-N Nutrition
 HIV-P Prevention
 HIV-PN Prenatal
 HIV-S Safety
 HIV-SM Stress Management
 HIV-TE Tests
 HIV-TX Treatment

DEP **MAJOR DEPRESSION**
 DEP-CUL Cultural/Spiritual Aspects of Health
 DEP-DP Disease Process
 DEP-EX Exercise
 DEP-FU Follow-up
 DEP-L Patient Information Literature
 DEP-M Medications
 DEP-PSY Psychotherapy
 DEP-SCR Screening
 DEP-SM Stress Management
 DEP-WL Wellness

M **MEDICATIONS**
 M-DI Drug Interaction
 M-FU Follow-up
 M-I Information
 M-L Patient Information Literature
 M-PRX Medication Dispensation To Proxy

PM **PAIN MANAGEMENT**
 PM-AP Anatomy and Physiology
 PM-CUL Cultural/Spiritual Aspects of Health

PM-DP Disease Process
 PM-EQ Equipment
 PM-EX Exercise
 PM-FU Follow-up
 PM-L Patient Information Literature
 PM-LA Lifestyle Adaptations
 PM-M Medications
 PM-MNT Medical Nutrition Therapy
 PM-N Nutrition
 PM-P Prevention
 PM-PSY Psychotherapy
 PM-TE Tests
 PM-TX Treatment

PNL **PERINATAL LOSS**
 PNL-C Complications
 PNL-CUL Cultural/Spiritual Aspects of Health
 PNL-DP Disease Process
 PNL-FU Follow Up
 PNL-GP Grieving Process
 PNL-L Literature
 PNL-M Medications
 PNL-MNT Medical Nutrition Therapy
 PNL-N Nutrition
 PNL-PM Pain Management
 PNL-SM Stress Management
 PNL-TX Treatment

PDEP **POSTPARTUM DEPRESSION**
 PDEP-DP Disease Process
 PDEP-FU Follow-up
 PDEP-L Patient Information Literature
 PDEP-LA Lifestyle Adaptations
 PDEP-M Medications
 PDEP-MNT Medical Nutrition Therapy
 PDEP-N Nutrition
 PDEP-SM Stress Management
 PDEP-TX Treatment

ADM-S Safety And Accident Prevention
ADV **ADVANCE DIRECTIVES**
 ADV-I Information
 ADV-L Patient Information Literature
 ADV-LW Living Will
 ADV-POA Durable Power Of Attorney For Health Care
 ADV-RI Patient Rights And Responsibilities

AOD **ALCOHOL AND OTHER DRUGS**
 AOD-C Complications
 AOD-CCA Continuum Of Care
 AOD-CUL Cultural/Spiritual aspects of health
 AOD-DP Disease Process
 AOD-EX Exercise
 AOD-L Patient information literature
 AOD-LA Lifestyle Adaptations
 AOD-M Medications
 AOD-MNT Medical Nutrition Therapy
 AOD-N Nutrition
 AOD-P Prevention
 AOD-PLC Placement
 AOD-SCR Screening
 AOD-SM Stress Management
 AOD-TE Tests
 AOD-WL Wellness

ALZ **ALZHEIMER'S DISEASE**
 ALZ-DP Disease Process
 ALZ-FU Follow-up
 ALZ-HM Home Management
 ALZ-L Patient Information Literature
 ALZ-LA Lifestyle Adaptations
 ALZ-LW Living Will
 ALZ-M Medications

ALZ-MNT Medical Nutrition Therapy
 ALZ-N Nutrition
 ALZ-PCL Placement
 ALZ-S Safety and Accident Prevention
 ALZ-SM Stress Management
 ALZ-TE Tests
 ALZ-TX Treatment

ADD **ATTENTION DEFICIT HYPERACTIVITY DISORDER**
 ADD-DP Disease Process
 ADD-FU Follow-up
 ADD-GD Growth and Development
 ADD-L Patient Information Literature
 ADD-LA Lifestyle Adaptations
 ADD-M Medications
 ADD-MNT Medical Nutrition Therapy
 ADD-N Nutrition
 ADD-TE Tests
 ADD-TX Treatment

BH **BEHAVIORAL AND SOCIAL HEALTH**
 BH-ADL Activities of Daily Living
 BH-ANA Abuse and Neglect, Adult
 BH-ANC Abuse and Neglect, Child
 BH-CM Case Management
 BH-CUL Cultural/Spiritual Aspects of Health
 BH-DP Disease Process
 BH-EX Exercise
 BH-FU Follow-up
 BH-HOU Housing
 BH-IR Information and Referral
 BH-L Patient Information Literature
 BH-M Medications
 BH-PLC Placement
 BH-RI Patient Rights and Responsibilities

BH-SM	Stress Management
BH-TE	Tests
BH-TH	Therapy
BH-TLM	Tele-Mental Health
BH-TR	Transportation
BH-WL	Wellness
<u>CD</u>	<u>CHEMICAL DEPENDENCY</u>
Refer to AOD—Alcohol and Other Drugs	
<u>CPM</u>	<u>CHRONIC PAIN</u>
CPM-CUL	Cultural/Spiritual Aspects of Health
CPM-DP	Disease Process
CPM-EQ	Equipment
CPM-EX	Exercise
CPM-FU	Follow-Up
CPM-L	Patient Information Literature
CPM-LA	Lifestyle Adaptations
CPM-M	Medications
CPM-PSY	Psychotherapy
CPM-S	Safety
CPM-SM	Stress Management
CPM-TE	Tests
CPM-TX	Treatment
<u>DCH</u>	<u>DISCHARGE FROM HOSPITAL</u>
DCH-EQ	Equipment
DCH-FU	Follow-up
DCH-HM	Home Management
DCH-L	Patient Information Literature
DCH-LA	Lifestyle Adaptations
DCH-M	Medications
DCH-MNT	Medical Nutrition Therapy
DCH-N	Nutrition
DCH-POC	Plan Of Care
DCH-PRO	Procedures

DCH-REF	Referral
DCH-RI	Patient Rights And Responsibilities
DCH-S	Safety
DCH-TE	Testing
DCH-TX	Treatment
<u>DV</u>	<u>DOMESTIC VIOLENCE</u>
DV-CUL	Cultural/Spiritual Aspects of Health
DV-DP	Disease Process
DV-FU	Follow-up
DV-L	Patient Information Literature
DV-P	Prevention
DV-PSY	Psychotherapy
DV-S	Safety and Injury Prevention
DV-SCR	Screening
DV-SM	Stress Management
DV-TX	Treatment
<u>ELD</u>	<u>ELDER CARE</u>
ELD-CUL	Cultural/Spiritual Aspects of Health
ELD-DP	Disease Process/Aging
ELD-EQ	Equipment
ELD-EX	Exercise
ELD-FU	Follow-up
ELD-L	Patient Information Literature
ELD-LA	Lifestyle Adaptations
ELD-M	Medications
ELD-MNT	Medical Nutrition Therapy
ELD-N	Nutrition
ELD-S	Safety and Injury Prevention
ELD-SM	Stress Management
<u>EOL</u>	<u>END OF LIFE</u>
EOL-CUL	Cultural/Spiritual Aspects of Health
EOL-DP	Disease Process

EOL-EQ	Equipment
EOL-GP	Grieving Process
EOL-L	Patient Information Literature
EOL-LA	Lifestyle Adaptations
EOL-LW	Living Will
EOL-M	Medications
EOL-MNT	Medical Nutrition Therapy
EOL-N	Nutrition
EOL-PM	Pain Management
EOL-PSY	Psychotherapy
EOL-SM	Stress Management
EOL-TX	Treatment
<u>FMS</u>	<u>FIBROMYALGIA SYNDROME</u>
FMS-CUL	Cultural/Spiritual Aspects of Health
FMS-DP	Disease Process
FMS-EX	Exercise
FMS-FU	Follow-up
FMS-L	Patient Information Literature
FMS-LA	Lifestyle Adaptations
FMS-M	Medications
FMS-PM	Pain Management
FMS-SM	Stress Management
FMS-TE	Tests
<u>GAD</u>	<u>GENERALIZED ANXIETY DISORDER</u>
GAD-C	Complications
GAD-CUL	Cultural/Spiritual Aspects of Health
GAD-DP	Disease Process
GAD-EX	Exercise
GAD-M	Medications
GAD-SM	Stress Management
GAD-TX	Treatment
<u>HA</u>	<u>HEADACHES</u>
HA-AP	Anatomy and Physiology

HA-C	Complications
HA-DP	Disease Process
HA-FU	Follow-up
HA-L	Patient Information Literature
HA-LA	Lifestyle Adaptations
HA-M	Medications
HA-MNT	Medical Nutrition Therapy
HA-N	Nutrition
HA-P	Prevention
HA-PSY	Psychotherapy
HA-SM	Stress Management
HA-TE	Tests
HA-TX	Treatment
<u>HEP</u>	<u>HEPATITIS A, B, C</u>
HEP-AP	Anatomy and Physiology
HEP-C	Complications
HEP-CUL	Cultural/Spiritual Aspects of Health
HEP-DPA	Disease Process Hep A
HEP-DPB	Disease Process- Hep B
HEP-DPC	Disease Process Hep C
HEP-FU	Follow-up
HEP-L	Literature
HEP-LA	Lifestyle Adaptations
HEP-M	Medications
HEP-MNT	Medical Nutrition Therapy
HEP-N	Nutrition
HEP-P	Prevention
HEP-TE	Tests
HEP-TX	Treatment
<u>HIV</u>	<u>HUMAN IMMUNODEFICIENCY VIRUS</u>
HIV-C	Complications
HIV-CUL	Cultural/Spiritual Aspects of Health
HIV-DP	Disease Process
HIV-EQ	Equipment
HIV-FU	Follow-up