



IT'S ABOUT DOING
WHAT YOU THOUGHT
YOU COULDN'T



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NATIONAL VETERANS
SUMMER
SPORTS
CLINIC



www.summersportsclinic.va.gov

DEPARTMENT OF VETERANS AFFAIRS

THE DEPARTMENT OF VETERANS AFFAIRS PROUDLY

PRESENTS ITS NEWEST NATIONAL REHABILITATION SPECIAL EVENT —

THE NATIONAL VETERANS SUMMER SPORTS CLINIC IN SAN DIEGO

SEPTEMBER 28 - OCTOBER 3



The Summer Sports Clinic introduces recently injured veterans to adventure sports and recreational activities, such as sailing, surfing, kayaking, cycling (hand and tandem), and track and field events. Complimenting the therapy provided in daily rehabilitation programs, the Clinic gives veterans a glimpse into the many adaptive recreational opportunities awaiting them.

The Perfect Location

Known for its strong military presence and ideal coastal climate, San Diego is the perfect location for the Clinic. The San Diego VA Healthcare System, host of this unique event, offers a tremendous base of comprehensive medical and physical rehabilitation expertise and strong community volunteer support. The bottom line is a healthy, healing setting for this one-of-a-kind event.

A Week Long Journey

The Clinic promises a week-long journey of exploration and accomplishment in water and summer sports for veterans from across the country with an array of injuries ranging from brain trauma and polytrauma, to spinal cord injury and limb loss. The event provides early intervention for veterans battling back from injury. Clinic participants will improve overall well-being by strengthening their bodies and learning first-hand their potential for full and rewarding lives.

Building New Skills

Participating in activities that are exciting and fun transforms hope to confidence. Veterans renew old skills and build new ones as the Summer Sports Clinic hones the hard work and motivation of their ongoing rehabilitation. Adaptation to a new way of life without giving up activities of the past or compromising a fulfilling future is the ultimate goal. Through the recreational activities and unconventional therapies the Clinic offers, veterans will prove to themselves that facing and taking command of change can be truly liberating, sometimes in unexpected ways.