

# Summary

VA Stars & Stripes Healthcare Network recognizes mental health programs as uniquely important to our veterans' overall health. We offer a wide range of mental health services, with a special emphasis on providing assistance to homeless veterans, service members returning from a combat area (such as Afghanistan or Iraq), or veterans with PTSD, substance use disorders, or serious mental illness.

We are dedicated to providing care that is veteran and family-centered, research-based, well coordinated, and focused on recovery.



Mental Health Points of Contact		
Medical Center	Point of Contact	Toll-free Number
Altoona	Rodolfo Medina	1-877-626-2500 ext. 7522
Butler	Marcia Schoeffel	1-800-362-8262 ext. 2486
Clarksburg	Pricilla McMurry	1-800-733-0512 ext. 3558
Coatesville	Stephen Cavicchia	1-800-290-6172 ext. 4238
Erie	Kathy Mahood	1-800-274-8387 ext. 2061
Lebanon	Frank Wilson	1-800-409-8771 ext. 5969
Philadelphia	Robert Greenstein	1-800-949-1001 ext. 4490
Pittsburgh	Jeffrey Peters	1-866-482-7488 ext. 835160
Wilkes-Barre	Jyoti Shah	1-877-928-2621 ext. 7241
Wilmington	Anthony Zaza	1-800-461-8262 ext. 5225

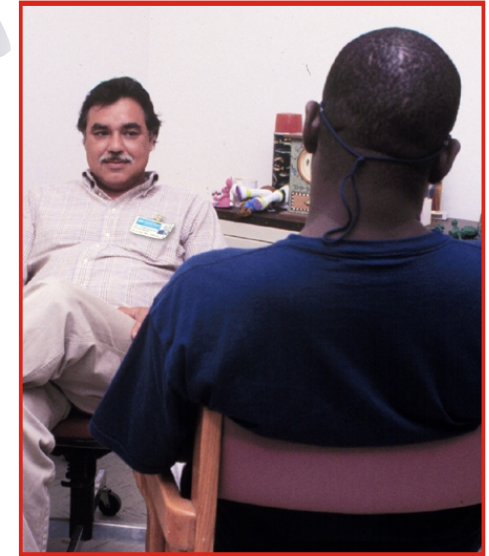
Center of Excellence for Substance Abuse Treatment and Education  
&  
Mental Illness Research, Education, and Clinical Center  
David Oslin  
1-800-949-1001, ext. 5894

Network Mental Health Contacts  
Anthony Behm  
1-800-274-8387, ext. 2020  
Vince Kane  
1-800-461-8262, ext. 4750

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# Mental Health Services for Veterans



Addressing Needs, Promoting Recovery

VA Stars & Stripes Healthcare Network



U.S. Department of Veterans Affairs

## VA Approach to Mental Health Care

Through decades of research and treatment, the VA health care system has learned much about how to help veterans fully recover from mental illness and lead fulfilling lives. To achieve this goal, VA care focuses on (1) increasing the individual's ability to cope successfully with life's challenges, (2) building resilience, and (3) facilitating recovery.



## Our Network's Mental Health Care Mission

The mission of the VA Stars & Stripes Healthcare Network Mental Health Service is to provide the highest quality mental health services to veterans treated by our facilities. To accomplish this, we use a *recovery-based* treatment model. The "Recovery Model" helps veterans with mental illness make choices, learn decision-making and problem-solving skills, and maintain healthy relationships. The model serves to promote the highest level of wellness, happiness, and life satisfaction for the veteran.

### Service Delivery

Network mental health care services are delivered by working closely with our medical school affiliates, community partners, and research and clinical "Centers of Excellence." The latter include our *Mental Illness Research, Education, and Clinical Center* and *Center of Excellence for Substance Abuse Treatment and Education*, each of which engages in a variety of activities that help improve treatment approaches and patient outcomes.

## Mental Health Programs

VA Stars & Stripes Healthcare Network Mental Health Service offers a broad spectrum of mental health programs for veterans.

Programs include:

- Inpatient mental health care
- Residential rehabilitation, including domiciliary care
- Case management for the severely mentally ill
- Geriatric treatment
- Post-Traumatic Stress Disorder (PTSD) and treatment for military sexual trauma
- Substance use disorders services
- Vocational rehabilitation and therapeutic work services
- Homeless veterans outreach, case management, and transitional housing
- Community residential care
- Outreach to veterans returning from Operation Enduring Freedom and Operation Iraqi Freedom