





**PROVEN TRACK RECORD OF QUALITY
cARE**

I. PROVEN TRACK RECORD OF CARE

- **QUALITY FACILITIES**
- **QUALITY STAFF**
- **QUALITY PROGRAMS**
- **QUALITY SUPPORT**

**PROVEN TRACK RECORD OF QUALITY
cARE**

QUALITY FACILITIES

- **30 Primary Buildings on site**
- **Major Renovation to 10 Buildings...
1989 to 2003**
- **\$80M Expended for Renovation**





PROVEN TRACK RECORD OF QUALITY
cARE

QUALITY FACILITIES

*Office of Inspector General Cited the
WACO VA as "Best Practices" in design
and construction of Building 94 for
Acute Psychiatric Care.*

January 10-13, 2005



**PROVEN TRACK RECORD OF QUALITY
cARE**

QUALITY STAFF

- **Average of more than 17 years of tenure of service**
- **39 Physicians**
- **High evaluations for the past 10 years by the Office of the Inspector General**
- **Accredited by the CARF**

**PROVEN TRACK RECORD OF QUALITY
cARE**

QUALITY PROGRAMS

- **BLIND REHABILITATION**
 - Vocational Training
- **OUT-PATIENT CLINIC**
- **NURSING HOME CARE (NHC)**
- **PHARMACY**
- **ACUTE PSYCHIATRIC CARE**
- **INTERMEDIATE PSYCHIATRIC CARE**
- **RESIDENTIAL REHABILITATION FOR**
 - Severely mentally ill life enhancement (smile)
 - Post traumatic stress disorder (PTSD)

Waco is the Only Residential PTSD in Texas



**PROVEN TRACK RECORD OF QUALITY
cARE**

QUALITY SUPPORT

- Comprehensive Care Available Less Than 3 Miles
 - Providence Hospital
 - Hillcrest Hospital
 - Area Trauma Center
 - DePaul Crisis Center
- Temple VA, 40 miles
- Family Practice Clinic
- Homeless Coalition
- Group Homes
 - 34 in Waco
 - 128 in Area
- Non-Profits
- State Agencies

II. PREPARED TO MEET NEW CHALLENGES...

- **IMPACT OF THE WAR ON TERROR/PTSD**
- **WOMEN VETERANS**
- **RESEARCH**
- **BLIND REHABILITATION**

IMPACT OF THE WAR ON TERROR/PTSD

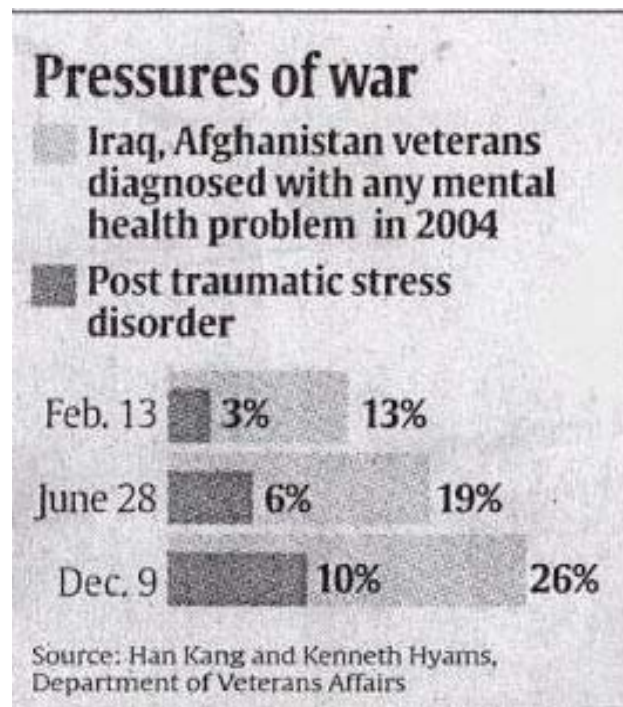
- **Increasing Number of Vets Requiring Care**
- **Younger Combat Vets may require longer or more specialized care**
- **Reserves and National Guard receive 2 years of care following combat**

IMPACT OF THE WAR ON TERROR/PTSD

Mental disorders are on the rise among Afghanistan, Iraq veterans -- Funding cuts could Overburden system.

Large funding cuts in VA Psychiatry Programs over the past several years and a limited number of doctors trained in PTSD could signal big trouble ahead cautions Bruce Kaghan, Staff Physician at West Los Angeles VA Hospital.

**By Marilyn Elias
USA TODAY
March 31, 2005**



IMPACT OF THE WAR ON TERROR/PTSD

- Demand for veterans health services has climbed 34 percent in the past four years.
- VA budget has not kept pace with inflation and rising costs.
- Returning Iraq-war vets putting even more strain on the system
- Doctor's estimate 15 to 20% of returning vets will suffer some degree of PTSD.

Waco has the only inpatient PTSD Unit in Texas

--NEWSWEEK, January 31, 2005

Military: An After war in Waco

By T. Trent GeGex



PREPARED TO MEET NEW CHALLENGES

IMPACT OF THE WAR ON TERROR/PTSD

- More than 50% Vietnam Vets diagnosed with PTSD -- 1.7 Million from 1967 to 2004
- 17.1% after service in Kuwait and Iraq
- 25% after 2003 Gulf War

"Hidden Toll of the War in Iraq: Mental Health and The Military"

By Stephen L. Robinson, Executive Director

National Gulf War Resource Center, September 2004

IMPACT OF THE WAR ON TERROR/PTSD

- Active duty fear career stigma and decline to seek mental health services *within* system
- 31% of Male Vets from Vietnam diagnosed with PTSD...5 to 10 years after service
- Many vets seen by VA are poor and at a disproportionately higher risk for mental health problems

USA TODAY, *March 31, 2005*



PREPARED TO MEET NEW CHALLENGES

WOMEN VETERANS

WOMEN COMBAT RETURNEES...and PTSD

- 216,000 Women on Active Duty and 151,000 Women in Serving in National Guard and Reserves
- 8 to 10% suffer from PTSD and Sexual Trauma
- Women more likely to develop PTSD: **2 to 1**

Paula Schnurr, Executive Director, VA's National Center for PTSD, quoted by Chicago Tribune in February 2005

WOMEN VETERANS

- Expand Existing Residential PTSD Treatment Program to Include Growing Numbers of Women Combat Veterans
- Encourage VETS HELPING VETS to include Women Combat Veterans
 - **Volunteers Supporting and Supplementing VA Staff**
 - **Vets serving as Peer Support for Psycho-Social Rehab**



PREPARED TO MEET NEW CHALLENGES

RESEARCH

- Waco VA and Texas A&M Health Science Center on Research
- Open spaces and tranquil setting
- Waco has the only inpatient PTSD unit in Texas
- Waco has Expertise and Professional Staff
- Congressman Edwards is seeking a \$3 Million appropriation for Post Traumatic Stress Disorder



PREPARED TO MEET NEW CHALLENGES

BLIND REHABILITATION

91% Occupancy Rate

- One of 10 National Centers
- ***National Referral Center***
- 30 Years of Quality Service
- Waiting List: 2,400 Nationwide, 72 at Waco, Standard Waiting Time 14 Weeks
- Full 3-Year CARF Accreditation
- Comprehensive Eye Clinic
- Residential Program for Age Related Macular Degeneration
- Computer Training Program
- Vocational Training
- Proximity to Metropolitan Community for Training



ENHANCED CARE TO VETERANS AND REDUCED COSTS

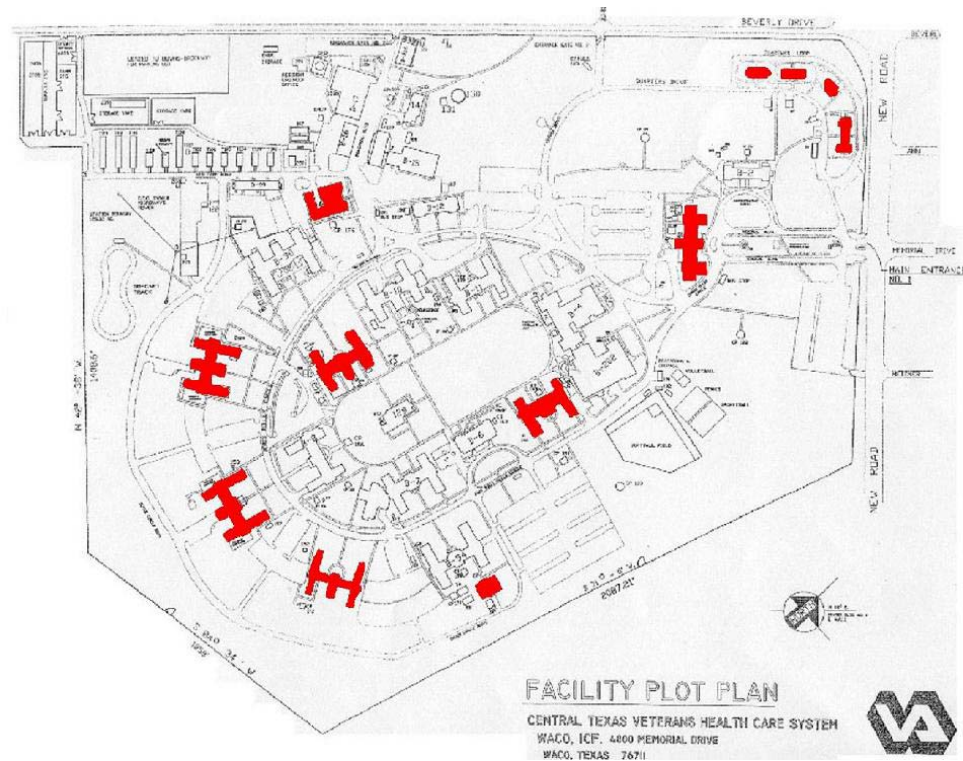
III. ENHANCED CARE TO VETERANS AND REDUCED COSTS

- **REDUCE OVERHEAD**
- **BRING ADDITIONAL CARE AND SERVICES**
- **“One Voice” TO FACILITATE**

ENHANCED CARE TO VETERANS AND REDUCED COSTS

REDUCE OVERHEAD

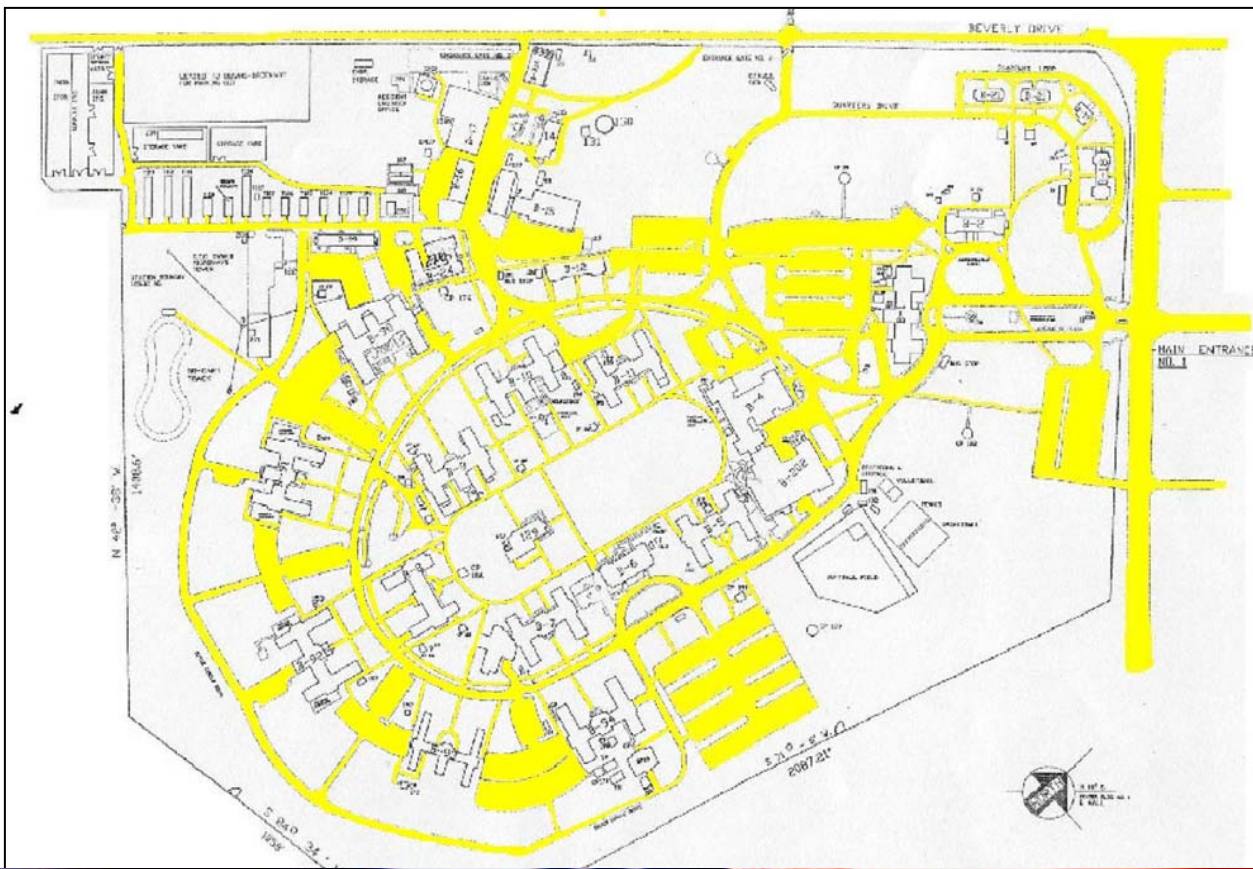
Community will work to provide enhanced services through utilization of significant areas of vacant space





City of Waco, Texas

<http://www.waco-texas.com>



City of Waco
will assume
responsibility for
maintenance of
roads and
parking at Waco
VA Campus.

RECOVERY, REHABILITATION, REINTEGRATION



ENHANCED CARE TO VETERANS AND REDUCED COSTS

BRING ADDITIONAL CARE AND SERVICES

- **Beacon House**
- **Central Texas Youth Services Bureau**
- **Expanded Blind Rehab**
- **Family Practice**
- **Hillcrest Hospital**
- **PTSD Center for Women**
- **Salvation Army**
- **Texas State Technical College**
- **Veteran Housing**
 - **Transitional**
 - **Single Room Occupancy**
 - **Emergency Shelter**
 - **Family Residential**
- **Veterans' Care and Services**
 - **Counseling Services**
 - **Family Counseling**
 - **Job Skills Training**
 - **Long-term Acute Care**
 - **Educational Opportunities**
 - **Sources of Referrals**



Texas

ENHANCED SERVICES TO VETERANS

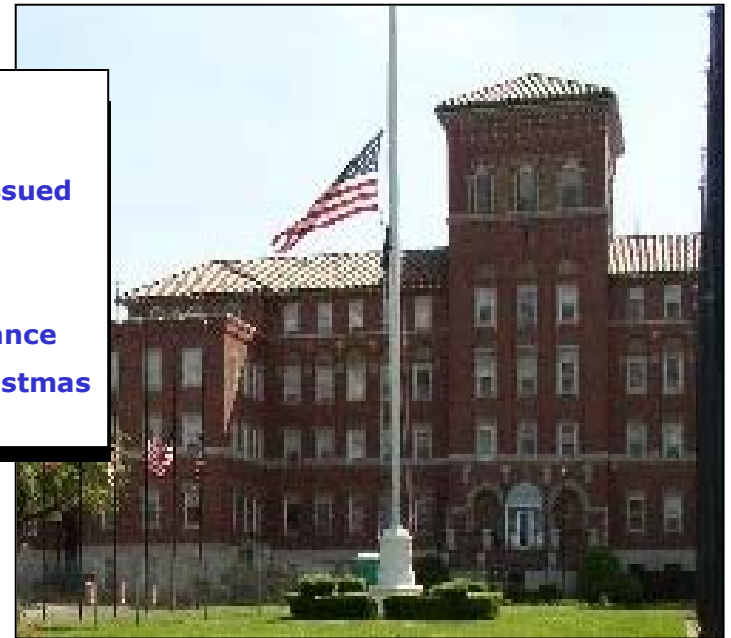
- Emergency Shelter and Canteen
- Transitional Housing Program
- Prescription Assistance
- Assistance for food, utilities, rent/housing
- Pre-release Program for Federal Prison inmates
- Residential for Families

<http://www.salvationarmysouth.org/TX.htm>



2004 Statistics

26,590 Meals
\$25,000 Grocery Cards Issued
631 Families
2,187 Night Lodging
480 Rental/Utility Assistance
6,000 Children Given Christmas



RECOVERY, REHABILITATION, REINTEGRATION

United Veterans Beacon House

Army – Navy – Marines – Air Force – Coast Guard

Enhancing Our Nation's Veterans

http://www.vvnw.org/Veteran_Services/Beacon_House/uvbh.htm

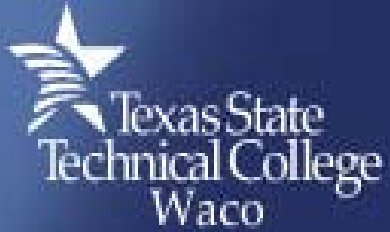


The United Veterans Beacon provide:

- Transitional housing for homeless Veterans
- Advocacy
- Education
- Retraining & Employment



RECOVERY, REHABILITATION, REINTEGRATION

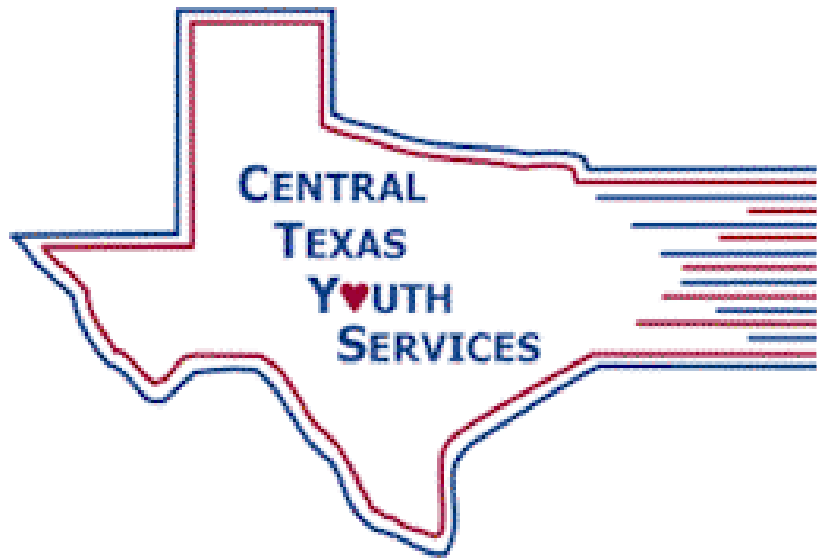


JOB SKILLS



<http://waco.tstc.edu/index.php>

RECOVERY, REHABILITATION, REINTEGRATION



ALONE

Nowhere to go...

Someone to talk to

<http://www.centraltexasyouthservices.org>

Family
Counseling



RECOVERY, REHABILITATION, REINTEGRATION

HILLCREST

Waco, Texas



<http://www.hillcrest.net>



Long-term acute care

RECOVERY, REHABILITATION, REINTEGRATION

ENHANCED CARE TO VETERANS AND REDUCED COSTS





ENHANCED CARE TO VETERANS AND REDUCED COSTS

DISTANCE LEARNING OPPORTUNITIES

- ❖ **Central Texas College**
- ❖ **Hill College**
- ❖ **McLennan Community College**
- ❖ **Texas A&M University System**
- ❖ **Temple College**
- ❖ **Texas State Technical College**
- ❖ **Texas Woman's University**
- **Job Skills Training**
- **Continuing Ed**
- **Healthcare Accreditation**
- **Annual Accreditation**
- **Associate Degrees**
- **4-Year Programs**
- **MS and PhD**

GREATER WACO CHAMBER



“We will speak with One Voice”

RECOVERY, REHABILITATION, REINTEGRATION



ENHANCED CARE TO VETERANS AND REDUCED COSTS

REDUCE OVERHEAD, BRING ADDITIONAL CARE AND SERVICES, AND SPEAK WITH ONE VOICE

- City of Waco **STEPS UP** to Share Costs of Maintenance
- Community Support to **ENHANCE** Veterans' Services
- Single Organization to **SIMPLIFY** Lease Usage
- **Mental Health Care**
- **Family Counseling**
- **Emergency Relief**
- **Education**
- **Job Skills Training**
- **Long-term Care**
- **Nursing Home**
- **Residential Housing**





**PROVEN TRACK RECORD OF QUALITY
cARE**

RECOMMENDED OPTIONS

- **Waco Should become a center of excellence for mental health including PTSD care and research, and expansion of PTSD care for women**
- **Maintain and expand acute, intermediate and residential rehabilitation programs**
- **Evaluate the value added by the local peer counseling effort**
- **Significantly expand the blind rehabilitation program**
- **Locate proposed expanded outpatient services on campus**
- **Consider total cost of any relocation option including impact on patient care resulting from disruptions in staffing and long standing community support**



**PROVEN TRACK RECORD OF QUALITY
cARE**

RECOMMENDED OPTIONS

- **Evaluate economic impact of a total reduction of vacant space**
- **Evaluate the economic benefits of an accelerated lease process**
- **Assess the value of the City of Waco's offer to maintain pavement surfaces**

