## Enjoy your visit to the Santa Ynez Recreation Area...

## Please Be Safe Around the Water!

- # If you cannot swim, stay in very shallow water at the river's edge.
- \* Always swim with a partner. Never swim alone.
- Supervise children <u>at all times</u> in and near the water. Remember: there are no designated swimming areas or lifeguards in Los Padres National Forest.
- Be aware of river hazards including deep pools, shallow areas, uneven footing, immersed objects such as rocks and vegetation, and strong currents.
- Never swim after consuming alcohol or using drugs.
- ♣ Do not use glass or other breakable containers in or near the water.
- ♣ Never jump or dive into the water. The water may be shallower than it appears; there may be rocks or other hazards under the surface that you cannot see.
- Do not slide down rocks into the water. You may lose control and be seriously injured.
- Stay away from waterfalls. The rocks next to and under falls can be slippery and loose.
- While rafting, tubing, kayaking, or engaging in other water craft activities always wear a life vest and a helmet.

Please help protect water quality in the Santa Ynez River. Water from this river is part of the municipal water supply for communities in Santa Barbara County. Use the trash receptacles provided. Better yet, take your trash with you when you leave. Keep diapers out of the water and dispose of them properly. Use the restrooms provided. If you do not use a restroom, bury body waste and used paper at least 50 yards away from the river. Thank you for your cooperation!

