

# **Predoctoral Psychology Internship**

**VA Medical Center**

**Northport, New York**



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**The information in this document is provided for staff and interested parties of the Department of Veterans Affairs Northport Medical Center Predoctoral Psychology Internship Program.**

## **Introduction**

The Northport VA Medical Center is situated on a large, beautiful campus just outside the seaport village of Northport, Long Island. The location offers the advantages of a suburban setting within easy reach of both New York City and rural towns and farms of eastern Long Island. Cultural opportunities abound, not only because of the proximity to New York City, but because of the major universities on Long Island including the State University of New York at Stony Brook, Adelphi University, Hofstra University, Long Island University, and St. John's University. Long Island also supports its own Philharmonic Orchestra and a variety of museums and historic sites.

Opened in 1928 as a psychiatric hospital, the VA Medical Center at Northport was converted to a full service Medical Center in 1971. Currently, the Northport VAMC provides inpatient medical, surgical, and psychiatric treatment. There is also nursing home care and residential treatment for substance abuse and PTSD. Over 301,000 medical and psychiatric outpatient visits were made last year to the Medical Center and to its Community Based Outpatient Care Clinics throughout Long Island. The Northport VAMC is accredited by the Joint Commission and is a clinical campus of the School of Medicine, Health Sciences Center, State University of New York at Stony Brook.

The predoctoral internship, which is fully accredited by the American Psychological Association, has been maintained at the Northport VAMC for 30 years. The program was fully re-accredited at our most recent site visit in 2002. Training is highly valued, not only within the Psychology Service but also throughout the medical center. The Northport campus also participates in the Employee Education System, which provides continuing education programs for staff. These programs are often relevant to the work of the psychologist, and provide an additional training resource to the psychology intern at Northport. The Northport VAMC Psychology Service is approved by the American Psychological Association to sponsor continuing education for psychologists.

All male and female veterans are eligible to utilize the VAMC for their mental and physical health needs. Although the patients seen are most often adult males, the intern will have the opportunity to work with our steadily increasing population of female veterans, as well as spouses of veterans.

The Northport VAMC attracts veterans from throughout the New York City metropolitan area. The Psychology Service Training program is committed to training interns in working with our culturally diverse population.

The Psychology Service at the Northport VA Medical Center is an autonomous service headed by a Chief, and includes 16 full-time psychologists and two part-time psychologists. The range of professional activities conducted is exceptionally wide. Generally, psychologists are members of multidisciplinary treatment teams and, in some cases, are directors of treatment programs. Staff members conduct psychological and neuropsychological assessments and provide psychotherapy and behavioral treatments. Psychologists also provide consultation to other health care providers. Psychologists and interns have personal computers in their offices for access to the computerized patient record system, e-mail, Internet, psychological testing, research, and word processing. The medical library coordinates with local libraries and all VA libraries to provide literature searches and obtain requested materials for our staff.

## **The Psychology Internship**

The philosophy of this internship focuses on the training needs and interests of the intern. Rather than having a prescribed series of rotations, each intern works with the Training Committee to construct an individualized program from among the many experiences available here. To acquaint interns with the Northport VA Medical Center, and to assist them in preparing their schedule of rotations, the first two weeks are devoted to orientation. During this time the interns

visit units and programs where staff psychologists are assigned and observe the functioning of the unit. Interns also visit other sites in order to gain information that will be useful to them during the internship year. In addition, seminars and discussions are scheduled to answer questions and to review and explain medical center procedures and forms and patient records. The orientation phase is an extremely valuable part of the internship program. Interns learn about staff members' orientations and about the intern's role at various sites. After the orientation period, each intern meets with members of the Training Committee to discuss preferences for training sites and to set up his or her schedule for the year.

## **TRAINING OBJECTIVES**

As the Northport VA is a full service medical center, psychologists participate in a broad range of assessment and treatment modalities. Our goal is to familiarize interns with the many different roles of a medical center psychologist and to ensure that they leave the program with a core of psychological skills, as described in seven major objectives of training:

1. Maintenance of the high ethical and professional standards required of a professional psychologist and familiarity with the role of a Clinical or Counseling Psychologist
2. Competence in integrating multicultural issues into psychological assessment and treatment
3. Proficiency in assessment skills including clinical interviewing, psychological testing and diagnosis
4. Treatment planning in a variety of treatment settings
5. Competence in providing psychological interventions in individual, group and family situations
6. Consultation skills for a variety of programs, populations and systems
7. Competence in integrating theory and research data with clinical practice

## **INTERN SCHEDULES**

Interns' schedules are comprised of a combination of required and elective experiences. The set of experiences that are required provides each intern an opportunity for training that encompasses a variety of modalities, settings, and patients. The elective experiences provide interns with training in areas that are more specialized or of particular interest to them.

The year is also divided into three rotation periods. During each rotation, an intern works in a specialized setting, most of which are elective. Therefore, at any one time during the internship year, an intern's time will be split among several different locations.

## **REQUIRED YEAR-LONG EXPERIENCES**

A number of hours each week will be devoted to the required year long experiences which are described below. The number of hours for each one may fluctuate throughout the year.

### **Post-Deployment Readjustment Program**

This program is geared to addressing the mental health needs of those returning from the Iraq and Afghanistan war zones. It emphasizes making mental health services accessible to active duty military personnel and veterans who have served in these war zones. As part of this experience, interns learn and practice Cognitive Processing Therapy and learn to compare and contrast it with Interpersonal Therapy and Empirically Based Psychodynamic Therapy. Interns may also attend meetings of VA Northport staff who are actively involved in developing programs

to meet the health and mental health needs of returning service members and veterans of the current war.

### **Mental Hygiene Clinic**

Interns are required to maintain a caseload of outpatient cases in the Mental Hygiene Clinic throughout the training year. The Mental Hygiene Clinic (MHC) is an outpatient psychiatric program. The population of patients is varied including the full range of psychopathology and life cycle related issues.

Each intern works with a supervising psychologist in Mental Hygiene Clinic to select referrals that are likely to be good patients for long-term psychotherapy. Interns conduct intake interviews and individual psychotherapy. Some experience with marital/family cases may be available, depending upon the types of referrals. Interns receive at least one hour of supervision per week on their cases from the MHC supervisor and can consult with the multidisciplinary treatment team staff if necessary. The supervisors in the MHC have a variety of orientations toward psychotherapy, including cognitive-behavioral , interpersonal and psychodynamic.

### **Primary Care and Inpatient/Outpatient Consultation**

Interns spend one morning a week throughout the training year with one of three primary care medical clinics. These primary care clinics provide comprehensive outpatient medical services to over 16,000 veterans annually for the full range of acute and chronic medical conditions. The intern works under supervision as an on-site psychological consultant to the medical team. Interns provide more traditional health psychology interventions, when issues of adjustment to medical conditions or noncompliance with treatment are of concern. Interns provide a) health psychology assessments b) short term therapy (which often include brief health psychology interventions such as stress management, pain management, hypnosis, smoking cessation, weight management, relaxation training), and c) referrals to other mental health services available throughout the medical center.

Interns may choose to split their Primary Care time between one of the three clinics described above and the fourth Primary Care Clinic, which is the Women's Wellness Center. The Women's Wellness Center provides treatment to women in an environment that is sensitive to their particular needs. Female veterans and other women eligible for treatment at the VAMC may choose to receive their care through this clinic instead of the other primary care clinics. The psychology intern's role as a consultant is similar to the intern's role in the other primary care clinics; providing the same range of services, including assessment, treatment, consultation and referral. While the services provided are similar, the training experience for the intern will be different, as female veterans often have medical and psychosocial needs that are distinct from those of male veterans.

In addition, psychologists and interns within Primary Care receive referrals from the broad spectrum of specialty medical-surgical units and clinics such as neurology, vascular, orthopedics, or general surgery. Similar consultation services are provided to these clinics as in primary care, though many of these referrals go directly to one of the several ongoing outpatient health psychology (smoking cessation, weight management, and pain management). In all cases, psychologists and interns strive to empower patients to become responsible for their own health outcomes with a view toward prevention.

Interns also respond to consults from the inpatient medical units. This provides interns with the unique opportunity to provide psychological services bedside to a range of acutely medically ill patients.

## **Primary Care/Mental Health (PC/MH)**

PC/MH is a relatively new program at the Northport VAMC and was set up to provide easily accessible mental health evaluation, referrals and treatment in a primary care setting. The professional team consists of a psychologist and a psychiatrist. Each intern devotes two hours each week to PC/MH, one of which is set aside for walk-ins. Whether the veteran has a previously scheduled appointment, or is seen as a walk-in, the PC/MH staff member or intern is often the first mental health provider that the veteran has seen.

## **REQUIRED ROTATIONS**

The internship year is divided into three rotation periods of approximately four months apiece. A full time rotation in the Psychosocial Rehabilitation Recovery Center (PRRC) is required. The other rotation experiences are half time, so that an intern would work in two different settings during each rotation period. At least one part time rotation in the Psychology Testing Center is required. Interns are also required to participate in the Smoking Cessation Program one afternoon a week during one rotation.

### **Psychosocial Rehabilitation Recovery Center (PRRC)**

The PRRC is an outpatient program for veterans with mental health disorders. Administered by a Psychologist/Director, the program provides a therapeutic milieu as well as individualized treatment planning by a multidisciplinary treatment team which includes staff from Psychology, Social Work, Nursing, Vocational Rehabilitation, Recreation Therapy, and Chaplain Services. Peer support technicians are also on the staff and offer a unique perspective for our veterans. Based upon a recovery model, it provides a structured, supportive environment within which veterans are helped to develop the skills and confidence necessary to live satisfying lives. The recovery environment promotes a sense of trust in others and belief in the power of active involvement, productivity and self-reliance. Veterans share responsibility for their own treatment. Therapeutic activities include group and individual therapy, psycho educational programs, skills training groups, socialization recreation and self-help activities. Veterans are scheduled to attend the program from one to five days per week depending on their needs as assessed by the treatment team. Interns attend community and staff meetings, lead and co-lead groups, and participate fully in treatment planning and implementation.

### **Psychology Testing Center**

Each intern is required to participate in the Psychology Testing Center part-time during at least one rotation period. The intern develops skills in providing consultation to other health care providers and in designing and administering an assessment battery that addresses a specific referral question. The majority of the referrals are for neuropsychological assessment, but the intern will also conduct psychodiagnostic assessments during the course of the rotation. The intern is supervised in all aspects of the evaluation, including the clinical interview, administration and interpretation of appropriate test batteries, and report writing. This rotation can be designed for interns requiring either basic or advanced training. Interns will also be involved in the assessment of veterans with possible Traumatic Brain Injuries due to their recent military service in Iraq or Afghanistan.

### **Smoking Cessation Program**

Primary Care staff from Psychology and Medicine offers an integrated program in Smoking Cessation through the Primary Care clinics. This program is a mandatory experience within

Health Psychology. A psychologist, psychology interns, a physician and medical residents staff the clinic. Psychological and medical treatment is offered to all patients interested in quitting smoking. The clinic provides comprehensive assessment, treatment and follow-up support in a group and individual format.

## **ELECTIVE ROTATIONS**

### **Health Psychology**

Following is a description of the training experiences available within the health psychology rotation.

#### ***Stress Management***

The Stress Management Program is a psycho educational group which receives referrals from health care providers throughout the Medical Center. Participants learn about stress and related topics, including relationships, healthy choices, and anger. Interns co-facilitate the group.

#### ***Pain Management***

Psychology Service has an integral role in the treatment of pain among our veteran patients. Interns co-facilitate the pain management group and conduct pain assessments of new referrals to the group. They have the opportunity to provide pain management treatment on an individual basis. They also attend the monthly Pain Management Committee meetings.

#### ***Weight Management***

The Psychology Weight Group, which has been ongoing for approximately ten years, addresses the needs of veterans whose obesity is adversely affecting their health. Cognitive-behavioral, group dynamics, group support, and other approaches are used to help veterans lose weight. No one diet is favored; the group helps the participants maintain an eating strategy and exercise regime that makes sense for them. An intern choosing this experience would co-facilitate this group with one of our health psychologists.

### **Geriatric Programs**

Treatment focusing on geriatric patients occurs on five specialized Extended Care Units. The residents of these units present varied medical, physical and psychiatric conditions, including cardiac and respiratory conditions, sequelae of stroke, dementia, schizophrenia, and major depression. The two psychologists assigned to the Extended Care Units conduct cognitive, emotional, and behavioral assessments on newly admitted residents. In addition, they provide individual, group and family therapy as well as ongoing consultation to staff as part of the units' interdisciplinary treatment teams. Two of the units are long-term skilled nursing facilities for veterans with primarily medical diagnoses. One of the five units provides palliative care as well as respite services for homebound veterans. Two of the units are home to aging veterans with psychiatric diagnoses who are medically stable. Interns who select this rotation work with their supervisor to design an experience that matches their interests.

### **Substance Abuse Residential Rehabilitation Treatment Program (SARRTP)**

The SARRTP is a residential treatment program for substance abusers who require a structured and therapeutic environment. The 30 residents participate in substance abuse treatment, vocational rehabilitation and self-help groups. The program provides a unique opportunity for the intern to address cultural issues within a diverse community. Interns function as members of a small interdisciplinary team, which includes staff from Psychology, Vocational Rehabilitation, Social Work and paraprofessionals. They participate in team meetings, community meetings and

screening of new residents. They provide group and individual therapy to residents. Interns also co-facilitate a cognitive-behavioral Anger Management group.

### **Post-Traumatic Stress Disorder (PTSD) Program**

The PTSD Program is comprised of a 90 Day Residential Program and an Out-patient After-care program. The program treats combat veterans with a diagnosis of PTSD with or without substance abuse/dependence. The residential program provides intensive group and individual psychotherapy and other therapeutic interventions toward development of insight and skills for coping with combat-related PTSD symptoms and maintenance of abstinence and sobriety. Intern will have the opportunity to participate in detailed assessments, individual psychotherapy, group therapy, co-therapy, treatment planning and consultation with the PTSD treatment team. Intern will have the opportunity to sharpen clinical skills in the treatment of PTSD and substance abuse.

### **Dual Diagnosis Recovery Center**

The Dual Diagnosis Recovery Center is an evidenced-based interdisciplinary outpatient treatment program that aims to improve the quality of life for veterans with co-occurring severe and persistent mental illness and active substance use disorders by integrating substance abuse services with traditional mental health care. The core philosophy of the DDRC rests on the principles of bio-psychosocial rehabilitation, combining pharmacological, psychological, educational, and social interventions to assist the veteran to stabilize his/her illness and when possible, to establish a meaningful role in the community. Interventions will be culturally sensitive, dignifying, and respectful of individuality. DDRC therapists endeavor to establish therapeutic relationships with veterans that are free of power struggles, collaborative, draw upon existing strengths, and are focused on instilling hope. Interns participating in the DDRC rotation will be involved in the provision of individual and group psychotherapy services under appropriate supervision.

## **OTHER SETTINGS TO WHICH PSYCHOLOGISTS ARE ASSIGNED**

Our Psychology Service has been undergoing a period of expansion, based on the Department of Veterans Affairs commitment to enhancing mental health services. This has been reflected in an increase in the number of different training sites that are offered. However, there are several sites to which psychologists are assigned where we are not currently training interns. This includes areas to which psychology has expanded recently, as well as sites in which the training experience might be redundant with other areas. However, a brief description of these areas is included.

### **Home-Based Primary Care (HBPC)**

The HBPC team provides comprehensive, interdisciplinary primary care services in the homes of veterans with complex and chronic, disabling disease. In addition to doctors and nurses, these veterans also receive visits from social workers, recreational therapists, physical therapists and the team psychologist. The goals of HBPC are to assist the veteran and caregiver to avoid hospitalizations and to prevent premature nursing home placement. The HBPC psychologist functions as the primary mental health provider of the team, providing mental health prevention, assessment, treatment, management and professional consultation services. For example, the psychologist may help to assess the cognitive and emotional factors related to a veteran's compliance or noncompliance with their medical treatment. The psychologist also provides individual and family therapy, assesses competency when necessary, provides caregiver support, and addresses end of life issues. The psychologist will usually continue to meet with the veteran if he or she is admitted for respite or an inpatient stay.

## **Community Based Outpatient Clinics (CBOC)**

The CBOC's are smaller clinics designed to provide a full range of services to veterans who may find it difficult to travel to Northport VAMC for their treatment. Psychologists assigned to the CBOC's provide individual and group psychotherapy as well as referrals to programs at the Northport VAMC.

## **Acute Admissions Units**

The Northport VAMC maintains two acute units for psychiatric admissions. The goal of these units is to provide short term intensive treatment to veterans in order to facilitate their return to the community. Each unit is administered by Psychiatry Service and operates on the multidisciplinary team concept.

## **SUPERVISION**

A major strength of this program is its commitment to supervision. Supervision for an experience or rotation is provided by the staff psychologist assigned to the particular program or unit where the intern has been placed. Interns can expect to have at least three supervisors at any one time and, therefore, receive a minimum of three hours of individual supervision each week. Interns are provided additional formal and informal supervision as needed. Interns also receive an hour of group supervision each week in the Intern Psychotherapy Case Conference and an hour of group supervision each week in the OEF/OIF Post-Deployment Adjustment Case Conference. The psychology staff at the Northport VA represents diverse theoretical orientations including cognitive-behavioral, psychodynamic, and interpersonal. Many psychology staff members have recently taken advantage of opportunities to receive training in empirically based treatment methods and in the recovery model.

## **SEMINARS**

To integrate clinical and academic knowledge, interns attend training seminars approximately once weekly. These seminars vary in length and are presented by the Northport VA staff from both within and outside of the Psychology Service.

### **SEMINAR SCHEDULE for 2008 - 2009**

#### **WEEKLY**

**Psychotherapy Case Conference**

**OEF/OIF Post-Deployment Adjustment Case Conference**

**Intern Training Issues Luncheon**

#### **TIME LIMITED**

**Suicide Assessment and Prevention**

**Military Culture**

**Inpatient Neuropsychology**



**Psychodiagnostics**

**Ethics**

**Motivational Interviewing**

**Countertransference/ Transference**

**Traumatic Brain Injury**

**Couples Therapy**

**Multicultural Aspects of Psychotherapy**

**Vocational Rehabilitation**

**Thematic Apperception Test**

**Psychopharmacology**

**Military Sexual Trauma**

**Neuropsychological Assessment Case Conference**

**Group Therapy**

**Pain Management**

**Posttraumatic Stress Disorder**

**Cultural Diversity Case Conference**

**Dual Diagnosis**

**Cognitive Therapy**

**Psychology of Aging**

**Recovery Model Concepts**

**Spirituality**

## **RESEARCH OPPORTUNITIES**

Staff psychologists at Northport have collaborated with faculty at major universities in areas of research including personality and neuropsychological assessment, hypertension, learned helplessness and depression, post-traumatic stress disorder, and efficacy of substance abuse treatment programs. Diverse research populations exist at the Medical Center. Several of the staff psychologists are available for consultation or participation in all phases of dissertation and other research. Through the Medical Center Library there is access to the standard professional journals, as well as the capacity for computer searches for the literature. Interns may participate in ongoing research projects or may conduct their own research under staff supervision if they receive approval from the Medical Center Research Committee. SPSS and other statistical packages are available on the PC's housed in the Psychology Testing Center. In addition, upon the approval of the Training Committee, interns may use internship time to conduct their own dissertation research.

## **PSYCHOLOGY STAFF AND CLINICAL ASSIGNMENTS**

GREGORY ALEXANDER, Ph.D. – University of Oregon

*Assignment:* Acute Psychiatric Admission Units

ROSEMARIE CARLSON, Ph.D. – University of Houston

Post – Doctoral Certificate in Psychoanalysis and Psychotherapy, G.F. Derner  
Institute of Advanced Psychological Studies, Adelphi University

*Assignment:* Primary Care/Health Psychology Program, Women's Wellness  
Center

WILLIAM CHENEY, Ph.D. – New School for Social Research

*Assignment:* Psychology Testing Center, Neuropsychology, Polytrauma Team

JANET ESCHEN, Ph.D. – Fordham University

*Assignment:* Training Director; Program Director – SARRTP

DAVID GATELY, Ph.D. – The Ohio State University

Post-Doctoral Certificate in Psychoanalysis and Psychotherapy, G. F. Derner  
Institute of Advanced Psychological Studies, Adelphi University

*Assignment:* Dual Diagnosis Recovery Center

HEATHER JUBY, Ph.D. – Columbia University

*Assignment:* Home-Based Primary Care, Extended Care Units

STEPHEN LONG, Ph.D. – California School of Professional Psychology

Post-Doctoral Certificate in Psychoanalysis and Psychotherapy, G.F. Derner  
Institute of Advanced Psychological Studies, Adelphi University

*Assignment:* Post-Deployment Readjustment Program, Operation Enduring  
Freedom/Operation Iraqi Freedom (OEF/OIF)

MICHAEL MARINO, Ph.D. – Bowling Green State University

*Assignment:* Chief, Psychology Service; Smoking Cessation Program

W. THOMAS MCMATH, Ph.D. – Adelphi University

*Assignment:* Mental Hygiene Clinic, Compensation and Pension Examinations

VIVIAN MENDELSON, Ph.D. – Adelphi University

*Assignment:* PTSD Residential and Outpatient Program

LEROY MONROE, Ph.D. – Adelphi University

*Assignment:* SARRTP; Community Based Outpatient Clinics

CHARLES RAPS, Ph.D. – Fordham University

*Assignment:* Mental Hygiene Clinic

MARGARET RAYNE, Psy.D. – Long Island University, C. W. Post Campus  
*Assignment:* Program Director, Psychosocial Rehabilitation and Recovery Center (PRRC)

MARK A. SANDBERG, Ph.D., ABPP(Rp) – University of Miami  
Diplomat in Rehabilitation Psychology, American Board of Professional Psychology (ABPP)  
*Assignment:* Psychology Testing Center, Neuropsychology, Polytrauma Team

AMY SCOTT, Ph.D. – Nova Southeastern University  
*Assignment:* Extended Care Units, Community Based Outpatient Clinics

AMY TAL, Ph.D. – Fordham University  
*Assignment:* Psychosocial Rehabilitation and Recovery Center (PRRC)

ALAN WEISS, Ph.D. – Adelphi University  
Post-doctoral Certificate in Psychoanalysis and Psychotherapy, G. F. Derner Institute of Advanced Psychological Studies, Adelphi University  
*Assignment:* Primary Care/Health Psychology

MATHEW WILLIAMS, Ph.D. – Stony Brook University  
*Assignment:* Primary Care/Mental Health Integration Project

## **APPLICATION PROCEDURES**

The Northport VA internship is fully accredited by the American Psychological Association. Interns complete a 2080-hour, twelve-month training program from **August 31, 2009 to August 27, 2010**. The stipend is \$25,024. Medical benefits and life insurance are available.

## **APPLICANT REQUIREMENTS**

- 1 All applicants must be citizens of the United States.
- 2 All applicants must be matriculated in an APA-approved clinical or counseling doctoral psychology program.
- 3 Applicant should have at least 400 intervention and assessment practicum hours.
- 4 Applicants should have training and career goals that fit with the mission of the training program.
- 5 Letters of recommendation should indicate a high quality applicant.
- 6 Experience with standard cognitive, objective personality and projective tests is preferred.

Note: A CERTIFICATION OF REGISTRATION STATUS, CERTIFICATION OF U.S. CITIZENSHIP, and DRUG SCREENING are required to become a VA intern or VA postdoctoral fellow. The Federal Government requires that male applicants to VA positions who were born after 12/31/59 must sign a Pre-appointment Certification Statement for Selective Service Registration before they are employed. All interns will have to complete a Certification of Citizenship in the United States prior to beginning the internship. VA will not consider applications from anyone who is not currently a U.S. citizen. VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns and Fellows are not required to be tested prior to beginning work, but once on staff they are subject to random selection as are other staff. Interns and Fellows are also subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.

## **APPLICATION PROCESS: MATERIALS TO BE SUBMITTED**

- 1 APPIC Application for Psychology Internship (AAPI) – Part 1. The application is available at the APPIC Website: <http://www.appic.org/>.
- 2 APPIC Application for Psychology Internship (AAPI) – Part 2. An additional statement or letter from your university training director is NOT required.
- 3 Curriculum Vitae.
- 4 Official transcript for doctoral course work.
- 5 Three letters of recommendation.

The Northport VA internship participates in the APPIC Matching Program. In order to be eligible to match for this program, applicants must register for the Matching Program. Completed applications for admission for the 2009-2010 training year must be received by December 1, 2008. The Training Committee attempts to interview as many candidates as possible. All applicants who submit a complete set of application materials will be notified of their interview status by December 15, 2008. We do not conduct telephone interviews.

**OUR COMPUTER MATCHING CODE NUMBER IS 148111**

**All application materials should be forwarded to:**

Janet Eschen, Ph.D., Director of Training  
Psychology Service (116B)  
Northport VAMC  
79 Middleville Road  
Northport, NY 11768-2290

**Contact Information for APA and APPIC**

Office of Program Consultation & Accreditation  
American Psychological Association  
750 First Street, NE  
Washington, DC 20002-4242  
Phone: (800) 374-2721 or (202) 336-5500  
Web: [www.apa.org](http://www.apa.org)  
Email: see APA site at  
[www.apa.org/about/contact.html](http://www.apa.org/about/contact.html) for complete  
listing

APPIC  
10 G Street, NE  
Suite 440  
Washington, DC 20002  
Phone: 202-589-0600  
Web: [www.appic.org](http://www.appic.org)  
Email: [appic@aol.com](mailto:appic@aol.com)

**Directions to the Northport VA Medical Center**

<http://www.northport.va.gov>

Take the Long Island Expressway (I-495) to Exit 53. Follow signs to Sunken Meadow Parkway North (also known as Sagtikos Parkway)

Proceed north on the Sunken Meadow Parkway to Exit SM 5 West. Continue westbound on route 25A for approximately 2 ½ miles until you see the Norwood Plaza on your right.

Take the next left (at the blinking light) which will be Rinaldo Road. At that left, you will see a small sign for the VA Medical Center. The Medical Center is at the juncture of Rinaldo Road and Middleville Road.

Enter the VA. You will be driving through a golf course. At the end of the golf course there is a security booth at which you will need to show picture I.D. At the second STOP sign after the security booth, make a left onto 60's Blvd. You will be passing buildings 61-64. After building 64, keep to the left. You will be passing buildings 89 and 88. You will see on your left, a large parking lot. Park in this lot. Directly across the street from the parking lot is a dead end. Walk into the dead end and building 6 will be directly in front of you. The Psychology Service office is on the second floor of Building G, room 229. The phone number is 631-261-4400, ex. 2258.