



# Summer Training Continuum

	<b>3/C</b> <b>Sailor Skills</b> <b>“Indoctrination” - 1125</b> <b>MIDN</b>	<b>2/C</b> <b>Shape Commitment</b> <b>“Education” - 1100 MIDN</b>	<b>1/C</b> <b>Div-O Practice</b> <b>“Immersion” - 1075 MIDN</b>
<b>Fleet Cruise</b> <b>(Mandatory)</b>	<u>Fleet Cruise (4 wk)</u> (Enlisted role)	<u>PROTRAMID (3 wk)</u> (Surf-Aviation / Subs / USMC) - and - <u>USNA (1 wk)</u> • Service Week (O-Dev) • AT/FP Fundamentals	<u>Fleet Cruise (4 wk)</u> Warfare Cruise & SUBTRAMID -or- Leatherneck & MAGTF
<b>Professional</b> <b>Development</b>	<u>NASS Leader</u> - or - <u>Language, Regional</u> <u>Experience, &amp; Culture (LREC)</u> - or - <u>Mandatory SS</u> - or - <u>Small Craft</u> YP STC	<u>Instructional Details</u> - or - <u>LREC</u> - or - <u>Mandatory SS</u> -or - <u>Small Craft</u> YP STC	<u>Instructional Details</u> - or - <u>Intro Flight Screening</u> - or - <u>LREC</u> - or - <u>Mandatory SS</u> - or - <u>Small Craft Leader</u> YP STC
<b>Other 1/C &amp; 2/C Professional Development Events</b> - 3/C Fleet Cruise Make-up - SUBTRAMID - MCTRAMID - FOREX (Gray Hull & Tall Ship) - USCG EAGLE - Fleet Schools - Medical & Bowman Scholar research - NOLS			