

Hiking and Primitive Camping

1. Be sure that you have a good lightweight rain outfit, a lightweight tent, small first-aid kit, a warm sleeping bag in winter months, a reliable way to start a fire, an accurate map and compass, and sufficient food and water to last your entire trip.
2. Register at trailheads and let someone know where you are going and when you plan to return. It's a good idea to leave your name, address and vehicle information at the nearest Forest Service office. Obtain the latest weather information before setting out.
3. Please carry out what you take in. Buried trash may be dug up and scattered by animals in the forest. Bury your body waste in a shallow hole, 4-6 inches deep in a location no closer than 100 feet to the nearest water.
4. Don't underestimate the ruggedness of the terrain and the physical exertion it will require. Be aware of the symptoms of heat exhaustion and hypothermia.
5. Bring with you a means to purify water if you intend to use "natural" water for cooking or drinking. During dry periods, you may need to carry water with you. Higher elevations do not have frequent water supply sources during dry weather.
6. Take bug repellent for ticks and insects.

Safety First

- Stay on the trail.
- Share your travel plans. Make a trail plan and stick to it. Let someone know where you are going and when you expect to return.
- Travel with a partner.
- Be prepared. Carry navigational aides, water and emergency supplies.
- Stay informed of current and expected weather conditions. Water can rise quickly at streams during heavy rains.
- Do not depend on cell phones. Reception and transmission signals are intermittent within the forest.

Have Fun, but go prepared!



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Ozark-St. Francis National Forests Boston Mountain Ranger District Boston Mountain Hiking Trails

Hiking



Southern National Forests

Arkansas

September 2005

Attractions:

The Boston Mountain Ranger District is located within the heart of the Boston Mountain Range of the Ozarks. Visitors can view rugged mountain scenery and spectacular rock bluffs.

The Shores Lake/White Rock Loop Trail is a showcase of upland hardwoods and shortleaf pine groves that connects two of the more popular Forest Service recreation areas: Shores Lake and White Rock Mountain. The 13.4 mile trail treats hikers to views of majestic waterfalls and abundant wildlife. It offers an excellent weekend hike up a beautiful creek to the top of spectacular White Rock Mountain, and returns via another creek. A portion of the trail follows the Ozark Highlands Trail.

The Rim Trail, located on top of White Rock Mountain, offers visitors an exceptional view from 2,260 feet above sea level. Visitors can also view wildlife, plants, unique rock formations and historic structures built in the 1930s by the Civilian Conservation Corps (CCC). The trail is 1.3 miles and can be hiked under two hours, while taking the scenery. Extra precaution is needed while hiking the Rim Trail because of its close proximity to sheer vertical bluffs.

Surrounding Areas:

Shores Lake Recreation Area offers an 82-acre lake stocked with bass, catfish and bluegill. Accessible features include bathroom facilities, fishing piers, boat ramp, swimming beach and a pavilion.

White Rock Mountain has available three historic cabins and a lodge for rent along with camping, picnicking and hiking opportunities.

Facilities:

- White Rock Mountain offers cabins and a lodge, camping, picnicking, drinking water and vault toilets. (Cabins and lodge can be reserved by contacting the concessionaire at 479-369-4128.)
- Shores Lake Recreation Area offers a pavilion, camping, picnicking, drinking water, and restrooms with hot showers.

Fees: Current user fees and regulations are posted at the self-service pay station.

Directions to Shores Lake Trailhead:

From Mulberry take Arkansas Highway 215 north for 15 miles, then follow Forest Service Road 1505 for 0.5 mile.

Directions to White Rock Mountain Trailhead:

Take Arkansas 215 north from Mulberry for 15 miles, then follow Forest Service Road 1505 for eight miles, then turn left (west) on Forest Service Road 1003 for 2.5 miles.

For more information, contact:

Boston Mountain Ranger District
1903 N. 18th Street
Ozark, AR 72949
(479) 667-2191



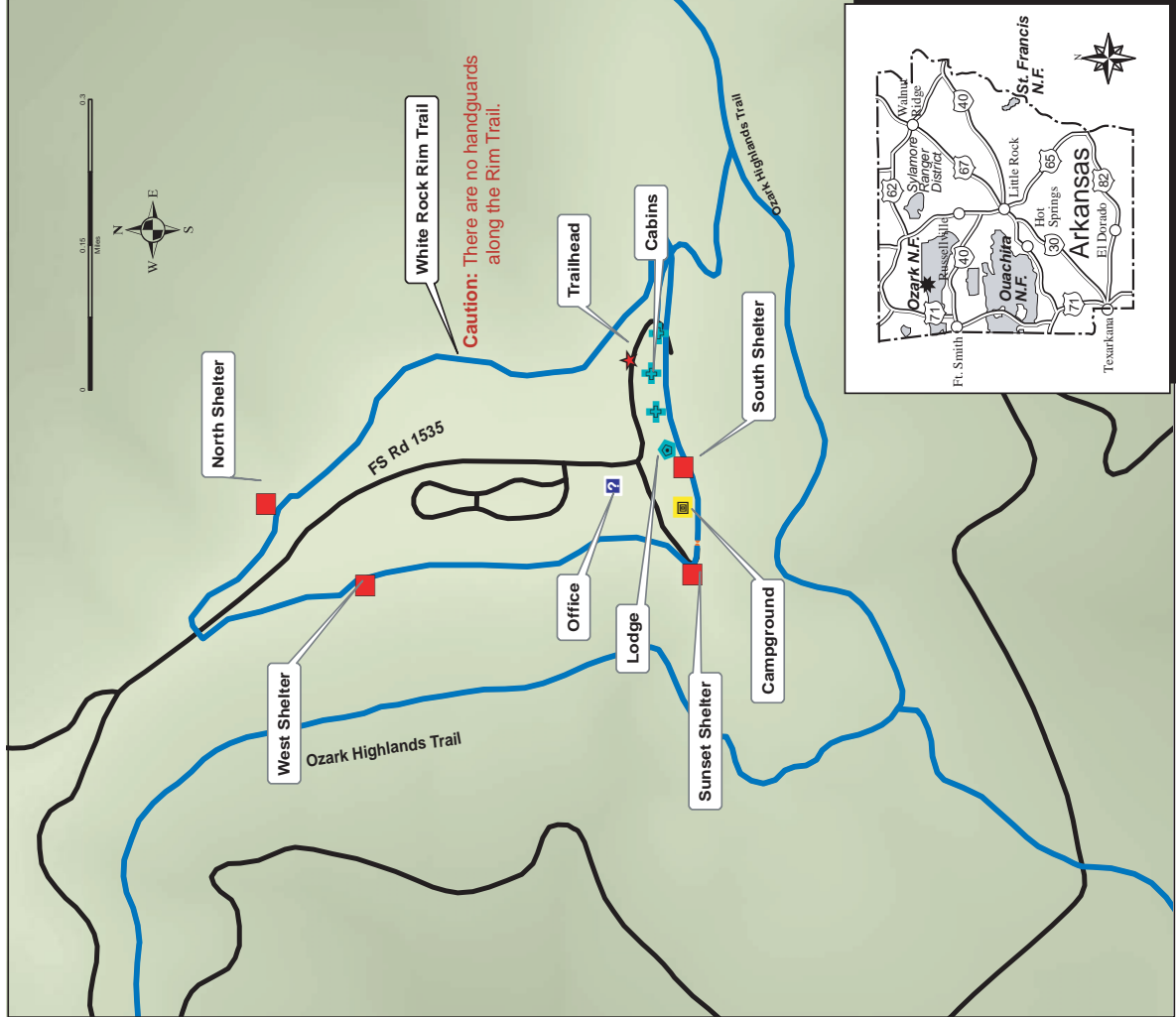
Ozark-St. Francis National Forests <http://www.aokforests.com>

605 W. Main Street, Russellville, AR 72801

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Rim Trail

Ozark-St. Francis National Forests



Shores Lake - White Rock Loop Trail

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