Instructions For Administration of
Mini-Mental State Examination

Orientation

1. Ask for the Date. Then ask specifically for parts omitted, eg, "Can you also tell me what season it is?" Score one point for each correct answer.
2. Ask in turn, "Can you tell me the name of this hospital?" (town, county, etc.) Score one point for each correct answer.

Registration

Ask the patient if you may test his/her memory. Then say the names of 3 unrelated objects, clearly and slowly, about one second for each. After you have said all 3, ask the patient to repeat them. This first repetition determines his/her score (0-3) but keep saying them until he/she can repeat all 3, up to 6 trials. If all 3 are not eventually learned, recall cannot be meaningfully tested.

Attention and Calculation

Ask the patient to spell the word "world" backwards. The score is the numbers of letters in correct order (eg, DLROW=5; DLRW=4; DLORW, DLW=3; OW=2; DRLWO=1).

Recall

Ask the patient if he/she can recall the 3 words you previously asked him/her to remember. Score 0 – 3.

Language

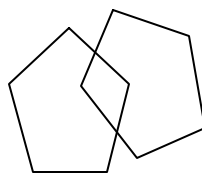|	
Naming:	Show the patient a wristwatch and ask him/her what it is. Repeat for pencil. Score 0 – 2.
Repetition:	Ask the patient to repeat the sentence after you. Allow only one trial. Score 0 – 1.
3-stage command:	Give the patient a piece of plain blank paper and repeat the command. Score 1 point for each part correctly executed.
Reading:	On a blank piece of paper print the sentence, "Close your eyes," in letters large enough for the patient to see clearly. Ask him/her to read it and do what it says. Score 1 point only if he actually closes his eyes.
Writing:	Give the patient a blank piece of paper and ask him/her to write a sentence for you. Do not Dictate a sentence; it is to be written spontaneously. It must contain a subject and verb and be sensible. Correct grammar and punctuation are not necessary.
Copying:	On a clean piece of paper, draw intersecting pentagons, each side about 1 in., and ask him/her to copy it exactly as it is. All 10 angles must be present and 2 must intersect to score 1 point. Tremor and rotation are ignored.

Mini-Mental State Examination (MMSE)

Maximum Score	Score	
		ORIENTATION
5	( )	What is the (year) (season) (date) (day) (month)?
5	( )	Where are we: (state) (county) (town or city) (hospital) (floor).
		REGISTRATION
3	( )	Name 3 Common objects (eg, "apple," "table," "penny"). Take 1 second to say each. Then ask the patient to repeat all 3 after you have said them. Give 1 point for each correct answer. Then repeat them until he/she learns all 3. Count trials and record. Trials:
		ATTENTION AND CALCULATION
5	( )	Spell "world" backwards. The score is the number of letters in correct order (D__L__R__O__W__).
		RECALL
3	( )	Ask for the 3 objects repeated above. Give 1 point for each correct answer. [Note: recall cannot be tested if all 3 objects were not remembered during registration]
		LANGUAGE
2	( )	Name a "pencil," and "watch." (2 points)
1	( )	Repeat the following, "no ifs, ands, or buts." (1 point)
3	( )	Follow a 3-stage command: "Take a paper in you right hand, fold it in half, and put it on the floor." (3 points)
		Read and obey the following:
1	( )	Close your eyes. (1 point)
1	( )	Write a sentence. (1 point)
1	( )	Copy the following design. (1 point)

Total score   _____

No construction problem.