- U.S. Department of Health and Human Services
- U.S. Department of Housing and Urban Development
- U.S. Department of Veterans Affairs
- U.S. Department of Labor

# Improving Access to Mainstream Services for Individuals and Families with Children Experiencing Homelessness

American Samoa April 13-16, 2004 Guam and the Northern Mariana Islands April 20-23, 2004

# **Resource Binder Table of Contents**

# **Background, Characteristics and Needs**

Culhane, D. and Kuhn, R. (1998) Patterns and determinants of public shelter utilization among homeless adults in New York City and Philadelphia. *Journal of Policy Analysis and Management*, 17(1): 23-43.

Metraux, S., Culhane, D.P. (1999). Family Dynamics, Housing and Recurring Homelessness Among Women in New York City Homeless Shelters. *Journal of Family Issues* 20(3): 371-396.

National Alliance to End Homelessness. (2003) *Toolkit for Ending Homelessness*. Washington, DC: The National Alliance to End Homelessness.

Robertson, M.J., Toro, P.A. (1999) Homeless youth: Research, intervention, and policy. In Fosburg, L.B., Dennis, D.L. (eds.), *Practical Lessons*. Washington, DC: HHS & HUD.

Shinn, M., Rog, D., Culhane, D. (2004) Family Homelessness: Background, Research Findings and Policy Options. (DRAFT) Washington, DC: U.S. Interagency Council on Homelessness.

Substance Abuse and Mental Health Services Administration. (2003). *Blueprint for Change: Ending Chronic Homelessness for Persons with Serious Mental Illnesses and/or Co-Occurring Substance Use Disorders*. Rockville, MD: Substance Abuse and Mental Health Services Administration.

U.S. Department of Health and Human Services. (2003) *Ending Chronic Homelessness: Strategies for Action*. Washington, DC: U.S. Department of Health and Human Services.

# **Prevention**

Massachusetts Housing and Shelter Alliance. (2002). *Essential Tools for Discharge Planning*. Nashville, TN: National Health Care for the Homeless Council. (selected parts)

Sard, B. (2001). *Using TANF Funds for Housing-Related Benefits to Prevent Homelessness*. Washington, DC: Center on Budget and Policy Priorities.

Susser, E., Valencia, E., Conover, S., Felix, A., Tsai, W., Wyatt, R.J. (1997) Preventing recurrent homelessness among mentally ill men: A "critical time" intervention after discharge from a shelter. *American Journal of Public Health* 87(2): 256-262.

# **Housing and Housing Assistance**

Beyond Shelter. (2002). *Housing First: Ending and Preventing Family Homelessness*. Los Angeles, CA: Beyond Shelter, Inc.

Culhane, D., Metraux, S., and Hadley, T. (2002) Public service reductions associated with placement of homeless persons with severe mental illness in supportive housing. *Housing Policy Debate*, 13(1): 107-163.

Lipton, F.R., Siegel, C., Hanningan, A., Samuels, J., and Baker, S. (2000) Tenure in supportive housing for homeless persons with severe mental illness. *Psychiatric Services*, 51(4): 479-486.

Osher, F.C. and Dixon, L.B. (1996) Housing for persons with co-occurring mental and addictive disorders. *New Directions for Mental Health Services*, 70: 53-64.

Tsemberis, S., and Eisenberg, R.F. (2000) Pathways to housing: Supported housing for street-dwelling homeless individuals with psychiatric disabilities. *Psychiatric Services*, 51(4): 487-493.

# **Support Services**

#### Outreach & engagement

Lam, J.A., Rosenheck, R. (1999). Street outreach for homeless persons with serious mental illness: Is it effective? *Medical Care* 37(9): 894-907.

Morse, G.A., et al. (1996). Outreach to homeless mentally ill people: Conceptual and clinical considerations. *Community Mental Health Journal* 32(3): 261-274.

Tommasello, A.C., Myers, C.P., Gillis, L., Treherne, L.L., Plumhoff, M. (1999) Effectiveness of outreach to homeless substance abusers. *Evaluation and Program Planning* 22(3): 295-303.

#### Case management/multi-disciplinary treatment teams

Cox, G.B., Walker, D., Freng, S.A., Short, B.A., Meijer, L, Gilchrist, L. (1998) Outcome of a controlled trial of the effectiveness of intensive case management for chronic public inebriates. *Journal of Studies on Alcohol* 59(5): 523-532.

Meisler, N., Blankertz, L., Santos, A.B., McKay, C. (1997). Impact of Assertive Community Treatment on homeless persons with co-occurring severe psychiatric and substance use disorders. *Community Mental Health Journal* 33(2): 113-122.

Morse, G. (1999). A review of case management for people who are homeless: Implications for practice, policy, and research. In Fosburg, L.B., Dennis, D.L. (eds.) *Practical Lessons: The 1998 National Symposium on Homelessness Research.* Delmar, NY: National Resource Center on Homelessness and Mental Illness.

National Center on Family Homelessness. (2003) *Social Supports for Homeless Mothers*. Newton Centre, MA: National Center on Family Homelessness.

#### Health and behavioral health

McMurray-Avilla, M., Gelberg, L., and Breakey, W.R., (1999) Balancing act: Clinical practices that respond to the needs of homeless people, In Fosburg, L., and Dennis, D. (eds.). *Practical Lessons: The 1998 National Symposium on Homelessness Research*. Washington, DC: HUD and HHS.

Zerger, S. (2002) Substance Abuse Treatment: What Works for Homeless People?: A Review of the Literature. Nashville, TN: National Health Care for the Homeless Council.

#### Consumer involvement

Glasser, N. (1999). Giving voice to homeless people in policy, practice, and research. In Fosburg, L.B., Dennis, D.L. (eds.) *Practical Lessons: The 1998 National Symposium on Homelessness Research*. Delmar, NY: National Resource Center on Homelessness and Mental Illness.

# **Employment and Income Support**

Shaheen, G., Williams, F., Dennis, D. (eds). (2003) Work as a Priority: A Resource for Employing People Who Have a Serious Mental Illness and Who Are Homeless. Rockville, MD: Center for Mental Health Services.

Richer, E., Kubo, H., Frank, A. (2003). *All in One Stop? The Accessibility of Work Support Programs at One-Stop Centers*. Washington, DC: Center for Law and Social Policy.

Rosen, J., Hoey, R. and Steed, T. (2001) Food stamps and SSI benefits: Removing access barriers for homeless people. *Clearinghouse Review* 34: 679-696.

### **Education and Childcare**

National Center for Homeless Education. (2002). *The Educational Rights of Students in Homeless Situations: What LEA Administrators Must Know.* Greensboro, NC: National Center for Homeless Education.

National Coalition for the Homeless. (2001). *Education of Homeless Children and Youth Fact Sheet*. Washington, DC: National Coalition for the Homeless.

National Head Start Training and Technical Assistance Resource Center. (1999). *Serving Homeless Families: Descriptions, Effective Practices, and Lessons Learned.* Arlington, VA: National Head Start Training and Technical Assistance Resource Center.

# **Systems Change**

National Technical Assistance Center for State Mental Health Planning. (2000) *The Change Agent's Toolbox*. Alexandria, VA: National Technical Assistance Center for State Mental Health Planning.

Rosenheck, R., Morrissey, J., Lam, J., Calloway, M., Johnsen, M., Goldman, H., Randolph, F., Blasinsky, M., Fontana, A., Calsyn, R., Teague, G. (1998). Service system integration, access to services and housing outcomes in a program for homeless persons with severe mental illness. *American Journal of Public Health*, 88(11): 1610-1615.

Wilkins, C., Greiff, D., Proscio, T. (2003) *Laying a New Foundation: Changing the Systems that Create and Sustain Supportive Housing*. New York, NY: Corporation for Supportive Housing.

# **Mainstream Resources/Funding**

Bazelon Center for Mental Health Law. (2003) *Recovery in the Community (Volume II): Program and Reimbursement Strategies for Mental Health and Rehabilitative Approaches Under Medicaid.* Washington, DC: Bazelon Center for Mental Health Law.

Bazelon Center for Mental Health Law. (2001) *Recovery in the Community: Funding Mental Health Rehabilitative Approaches Under Medicaid.* Washington, DC: Bazelon Center for Mental Health Law.

Corporation for Supportive Housing (2002) Financing the Support in Supportive Housing: Challenges and Opportunities in the Medicaid Program. New York, NY: Corporation for Supportive Housing.

Charles and Helen Schwab Foundation. (2003) *Holes in the Safety Net: Mainstream Systems and Homelessness*. San Mateo, CA: Charles and Helen Schwab Foundation.

Post, P. (2001). *Casualties of Complexity: Why Homeless People Are Not Enrolled in Medicaid*. Nashville, TN: National Health Care for the Homeless Council.

Shirk, C. (2003). *Shaping Public Programs Through Medicare, Medicaid, and SCHIP Waivers: The Fundamentals.* Washington, DC: National Health Policy Forum, 2003.

Straka, D., Tempel, C., Lipson, K. (2001). *Using TANF Funds to Finance Essential Services in a Supportive Housing Program for Homeless Families and Young Adults*. New York, NY: Corporation for Supportive Housing.

Substance Abuse and Mental Health Services Administration. (2003). *How States Can Use SAMHSA Block Grants to Support Servies for People Who Are Homeless*. Rockville, MD: Substance Abuse and Mental Health Services Administration.

Technical Assistance Collaborative. (2001) *How To Be a "Player" in the Continuum of Care: Tools for the Mental Health Community.* Boston, MA: Technical Assistance Collaborative, Inc.

Technical Assistance Collaborative. (1999) Seizing the Moment: Using HUD's Consolidated Plan to Identify Affordable Housing Opportunities for Homeless People with Serious Mental Illnesses. Delmar, NY: National Resource Center on Homelessness and Mental Illness.

# **Other Resources**

- -Key websites listing
- -VA programs fact sheet
- -Eligible services for targeted & non-targeted programs
- -How to mainstream from the ground up