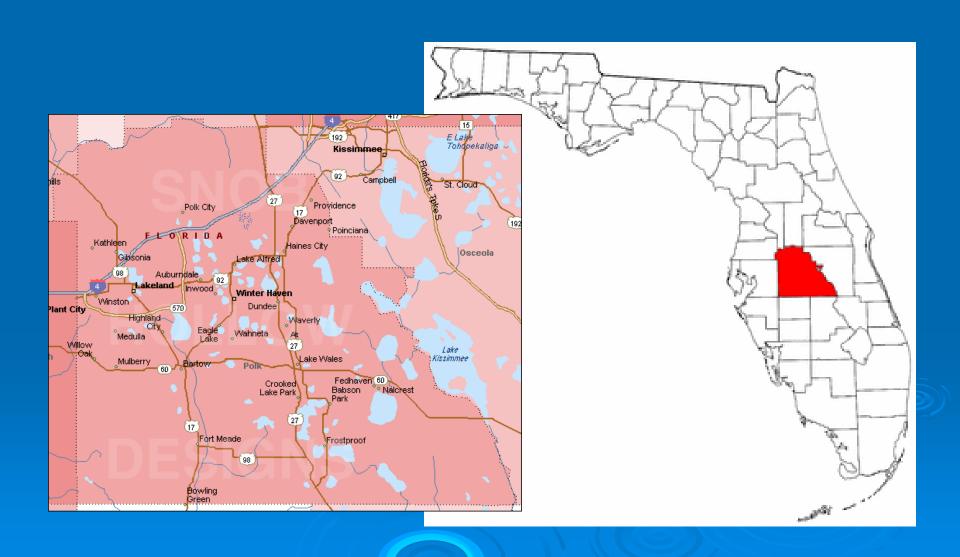
Development of a Health Impact Assessment Protocol for Polk County, Florida

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National Environmental Public Health Leadership Institute 2005-2006

Polk County, Florida



2005 Population Figures for Polk County

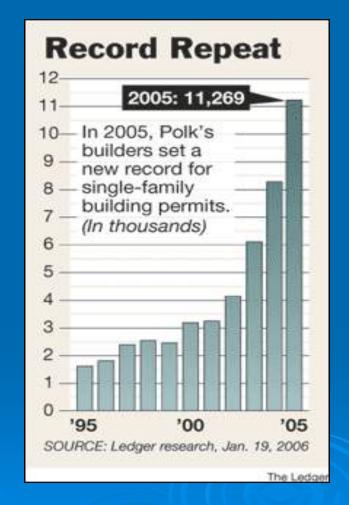
Final 2005 population estimates for Polk County, completed by economists from the University of Florida Bureau of Economic and Business Research, shows Polk's growth rate continuing at a rapid

Polk's growth rate continuing at a rapid pace through the first half of the decade. In the five years after the 2000 U.S. Census, Polk County posted a 12 percent increase in population while the state had a 12.1 percent increase.

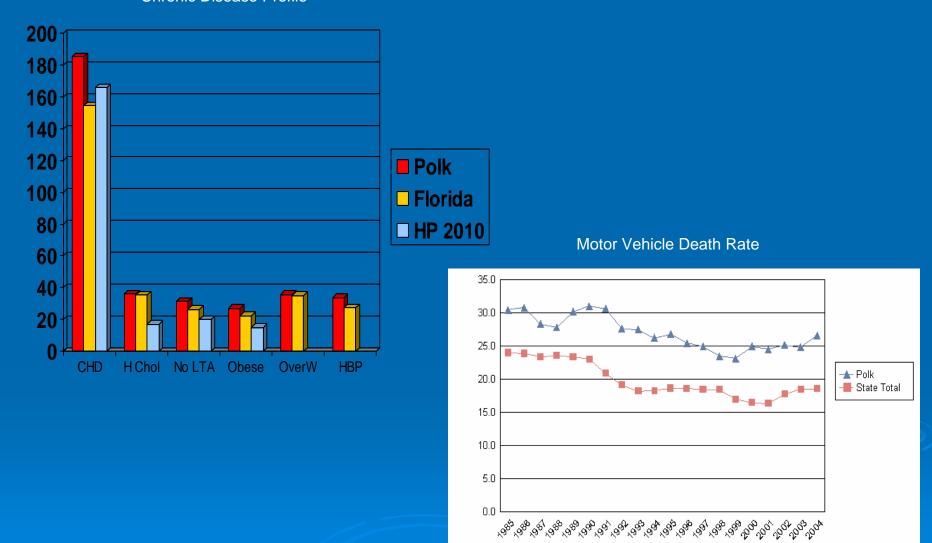
Lake Wales is still the fastest-growing municipality in Polk, followed by Haines City and Davenport, then Lakeland and

| 200 | 5 UNIV. OF FLA. ESTIMATE | 2000 U.S. CENSUS | NUMERICAL INCREASE | PERCENT |
|-----------------|-----------------------------|---------------------|-----------------------|---------|
| Florida | 17,918,227 | 15,982,824 | 1,935,403 | 12.1% |
| Polk County | 541,840 | 483,924 | 57,916 | 12.0 |
| Auburndale | 11,975 | 11,032 | 943 | 8.5 |
| Bartow | 16,043 | 15,340 | 703 | 4.6 |
| Davenport | 2,307 | 1,924 | 383 | 19.9 |
| Dundee | 2,957 | 2,912 | 45 | 1.5 |
| Eagle Lake | 2,521 | 2,496 | 25 | 1.0 |
| Fort Meade | 5,833 | 5,691 | 142 | 2.5 |
| Frostproof | 2,959 | 2,975 | -16 | -0.6 |
| Haines City | 15,905 | 13,174 | 2,731 | 20.7 |
| Highland Park | 246 | 244 | 2 | 0.8 |
| Hillcrest Heigh | nts 260 | 266 | -6 | -2.2 |
| Lake Alfred | 4,043 | 3,890 | 153 | 3.9 |
| Lake Hamilton | 1,405 | 1,304 | 101 | 7.7 |
| Lake Wales | 12,390 | 10,194 | 2,196 | 21.5 |
| Lakeland | 90,851 | 78,452 | 12,399 | 15.8 |
| Mulberry | 3,433 | 3,230 | 203 | 6.3 |
| Polk City | 1,738 | 1,516 | 222 | 14.6 |
| Winter Haven | 28,724 | 26,487 | 2,237 | 8.4 |
| Unincorporate | d 338,250 | 302,797 | 35,453 | 11.7 |

SOURCE: The Bureau of Economic and Business Research, University of Florida, 2005 estimates and The U.S. Census Bureau's 2000 census.



Chronic Disease Profile



What can we do about it?

Educational efforts and programs

Change the design of where we live, work and play.

Who is involved?

- Health Department medical community
- > Planners growth management
- Developers builders, designers
- > Politics planning commission, BOCC
- Communities PACE-EH process

How do we change?

- Most of Polk's development is PUDs and subdivisions
- Institute a Health Impact Assessment (HIA) process for those types of developments

HIA tool

- Point system based on design components that increase physical activity and build a sense of community
 - Sidewalks, green space, "walkability", landscaping, recreation facility, proximities, construction standards, connectivity, etc.

How do we do HIA?

- Active participation in the existing development review process
- ➤ Current DRC, limited
- > Future Incentives
 - rule revisions

Incentives

- > Threshold score earns
- designation as a "Healthy Design Community"
- expedited permitting

Rule Revisions

- Development Review Committee (DRC) attendance and participation
- Polk County Land Development Code (LDC) revision to include HIA process

Expected Results

- Increased physical activity
- > Less traffic
- Improved health status indicators
- > Healthier communities
- Increased property values
- Enhanced presence of HD (EH)

National Goals Supported

Healthy People 2010

- Area 7, Community-based programs
- Area 8, Environmental Health, outdoor air, drinking water, healthy homes sections
- Area15, Injury Prevention
- Area 22, Physical Activity and Fitness

> 10 Essential Services of EH

 Monitor Health; Inform, Educate, Empower; Mobilize Community Partnerships; Develop Policies

National Strategy to Revitalize EPH Services

 Promote Strategic Partnerships; PACE-EH; Identify Stakeholders; Regular Communication Timothy G. Mayer, RS, MPH Environmental Administrator Polk County Health Department 2090 East Clower Street Bartow, Florida 33830-6741

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