

Trails

Plumas National Forest

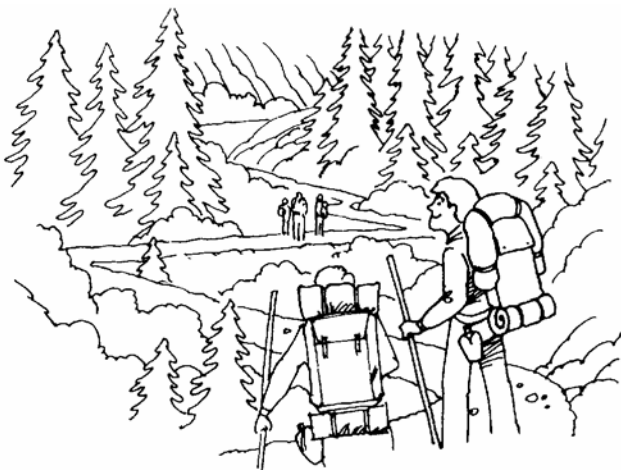


Welcome to one of your most beautiful National Forest's. The Plumas National Forest is uniquely located on the boundary between the rugged Sierra Nevada and the fringes of the Cascade Range. The Forest's diverse 1.2 million acres provides a magnificent backdrop for a quality hiking experience.

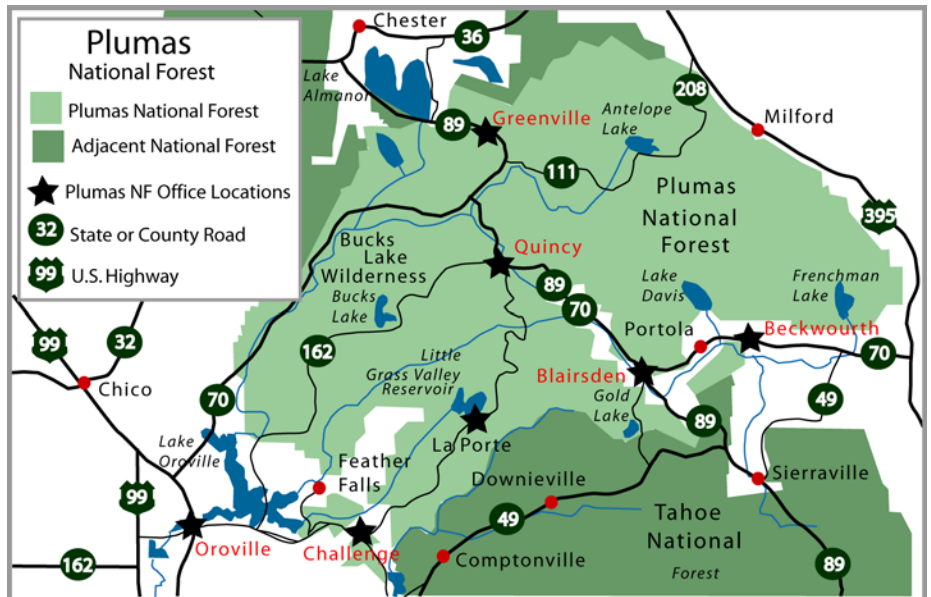
Hiking Information

The Plumas National Forest offers close to 300 miles of trails suited for every taste and ability. "Whether you are looking for a leisurely stroll or a strenuous hike, what better way to enjoy the forest than first-hand. Hiking on our many trails offers you the opportunity to experience beautiful scenery and catch a glimpse of wildlife that you might otherwise miss.

The attached sheets will offer detailed information of each trail. Included will be trail length, level



Pack It In! Pack It Out!



Pacific Crest Trail (PCT)

The Pacific Crest Trail spans 2,650 miles from Mexico to Canada. About 75 miles extends across the Plumas National Forest, crossing two major canyons, (the Middle Fork and North Fork of the Feather River). Elevations range from 2400 to 7000 feet. Due to snow at the higher elevations it is usually mid-June before it is feasible to hike in this area. Whether you decide to only hike a short distance of the trail or tackle the entire 2,650 miles, you will experience some of the most breathtaking scenery in the United States.

Leave No Trace

Practicing a Leave No Trace ethic is very simple; "make it hard for others to see or hear you and" Leave No Trace of your visit.

Be a responsible outdoor recreationist

Appreciate and respect public recreation areas



United States
Department of
Agriculture



Forest Service
Pacific Southwest Region
Plumas National Forest
www.fs.fed.us/r5/plumas

Plumas National Forest
P.O. Box 11500 Quincy, Ca. 95971
Phone: (530) 283-2050
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Use Common Sense

- ✓ Carry a first-aid kit with you, and have a working knowledge of the use of the components in the kit.
- ✓ Before departing gather as much information about the area as possible.
- ✓ Leave a detailed travel plan with a responsible person.
- ✓ Always carry a map with you. The most widely used maps for hiking are the forest map and topographical maps.
- ✓ It is never wise to hike alone.
- ✓ Choose a hike within the capabilities of your group.
- ✓ If you think you are lost, stop traveling at once, stay calm, and decide upon a course of action.
- ✓ A series of three signals, such as whistles, shouts, or light flashes is universally recognized as a distress signal.

Campfire Permits

Campfire permits are required for fires built outside of developed campgrounds from May 1 through the end of fire season. (usually Oct. 31) Campfire permits can be obtained from the Calif. Dept of Forestry, Bureau of Land Management, and the U.S. Forest Service.



PLEASE...Be Careful With Fire

Watch Out For These Critters, Conditions, & Situations

Ticks are common throughout wooded, brushy, and grassy areas. To protect yourself wear clothing with a snug fit around your waist, wrist, and ankles. Layers of clothes helps keep ticks from reaching your body. Use a strong insect repellent.

Rattlesnakes are common below 6,000 feet elevation. While hiking watch where you put your hands and feet, especially when stepping over logs or climbing in rocky areas. Carry a snake bite kit with you and know how to use it.

Poison Oak is a common plant in this area. It has a triple leaf pattern with prominent veins and a shiny surface. Learn to recognize it and avoid contacting it.

Hypothermia is the abnormal lowering of the body's internal temperature. This condition is caused by exposure to cold and aggravated by wet, wind, and exhaustion. Before hiking become familiar with the causes, symptoms, and treatment of hypothermia.

Weather in the mountains can be very unpredictable. Thunderstorms are common throughout the summer months. Don't be caught on mountain tops, under large solitary trees, or near open water during a lightning storm.

Water quality testing is not preformed on open water sources such as lakes, streams, and springs. For untreated water sources boil or treat before using.

For more Information call one of our Forest Service Offices

Beckwourth RD (530) 836-2575
Mt. Hough RD (530) 283-0555
Greenville Info Center (530) 284-7126
Feather River RD (530) 534-6500
Challenge Visitor Center (530) 675-1146

PLEASE OBSERVE ALL RECREATION AND CAMPING RULES, AND REMEMBER, ALL STATE AND COUNTY ORDINANCES APPLY TO NATIONAL FOREST

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