



Official Business  
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Mountain Plains Health Consortium  
P.O. Box 187  
Ft. Meade, SD 57741



## Mountain Plains Health Consortium

### 2008 CHR First Responder, Basic and Refresher Schedule

<u>Date</u>	<u>Class</u>	<u>ST</u>	<u>Code</u>
Jan 14-19	CHR First Responder	AZ	08 - 006
Feb 25-29	CHR Refresher	OK	08 - 021
Feb 25-Mar 7	CHR Basic	OK	08 - 022
Mar 24-29	CHR First Responder	CA	08 - 007
April 1-3	CHR FR Refresher	UT	08 - 010
April 14-18	CHR Refresher	UT	08 - 011
April 14-25	CHR Basic	UT	08 - 012
Apr 22-24	CHR FR Refresher	CA	08 - 009
April 29-May 1	CHR FR Refresher	OR	08 - 013
May 5-10	CHR First Responder	WA	08 - 014
May 19-24	CHR First Responder	ND/MN	08 - 015
June 16-20	CHR Refresher	WA	08- 016
June 16-27	CHR Basic	WA	08 - 017
July 8-10	CHR FR Refresher	KS	08 - 018
July 21-26	CHR First Responder	KS	08 - 019
Aug 12-14	CHR FR Refresher	MT	08 - 020

Mountain Plains Health Consortium  
PO Box 187 Ft. Meade, SD 57741  
Telephone 1-605-720-7117 Fax: 1-605-720-7119  
E-mail: heds@heds.org  
Website: <http://www.heds.org>

## Travel Reimbursement Guidelines

### Tribes who have left their shares with IHS Headquarters:

- Lodging for room and tax only at the conference center will be billed direct to MPHC. Neither the CHR nor his/her program has to pay for the hotel room to attend the training. **MPHC will provide a rooming list to the hotel so the CHR does not need to make his/her sleeping room reservations.**
- Meals & Incidentals (M&IE), up to the GSA M&IE rates for the training location;
- Attendees should take enough money for meals the travel day before the training and the 1<sup>st</sup> training day. We will reimburse this amount to you or your program when you submit a travel reimbursement form.
- Attendees will receive a VISA (or similar) gift card with the balance of funds for meals and incidentals at the training itself.
- Travel to and from the conference (lesser of ground or air), will be reimbursed upon completion of this training. The following guidelines apply:
  - Ground Travel:
    - ✦ A maximum of 800 miles round trip per federal mileage rates will be paid for ground travel if a privately owned vehicle is utilized.
  - Air Travel: If air travel is required, you must make your coach reservations at least 3 weeks prior to the departure date. You may need to also take money (about \$75) to pay for taxi or shuttle service from the airport to the hotel.

### Tribes who have taken their shares from IHS Headquarters:

- Will be responsible for all their expenses including lodging, travel and M&IE.
- MPHC will provide a rooming list to the hotel so the CHR does not need to make his/her sleeping room reservations.

**FREE training to Tribes  
which have left IHS  
Headquarters Shares!!**

**Please Type or Print Legibly**

Use Class Code: \_\_\_\_\_ 1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_ Last four of Soc.Sec. NO.:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

CHR Program: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Supervisor: \_\_\_\_\_ Email: \_\_\_\_\_

Telephone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ FAX: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Smoker \_\_\_\_\_ Non-Smoker \_\_\_\_\_ Handicapped

Mail Registration to: MPHC \*  
 PO Box 187 \* Ft. Meade, SD 57741-0187  
 FAX it to:605-720-7119 Telephone: 605-720-7117



**Mountain Plains  
 Health Consortium**

**Requirements to attend  
 training:**

You must have and send with your application a photocopy of a *current Health Care Provider (HCP)* card from American Heart Association, CPR PRO from American Safety & Health Institute (ASHI), or a Professional Rescuer card from one of the following: National Safety Council (NSC) or American Red Cross

Check our website for  
 updates:  
<http://www.heds.org>

**CHR Basic** begins with 1 week self-study prior to attending a 2-week live workshop covering a variety of topics including but not limited to: Anatomy and Physiology, Public Health, Cancer, Hypertension and heart disease, diabetes, dental issues, environmental health issues, Fetal Alcohol Syndrome, Addiction and drug abuse, child/elder abuse and domestic violence, Suicide awareness, Patient assessment and vital signs, wound care and dressing changes, infection control and PCC training as well as communication techniques.

**CHR Refresher** training provides an opportunity for seasoned CHRs and CHR Supervisors to update their skills, knowledge, and capacity to obtain further information on program administration and resources for health promotion/disease prevention.

**CHR First Responder** training teaches Recognition of emergencies, Delivery of life/limb saving treatment, Recognition and provision of supportive care for a variety of medical/traumatic situations. Nationally certified curriculum utilized.

**Indian Health Service Headquarters  
 CHR shares is the source of funding  
 for CHR Basic, Refresher and First Responder training.**

**2008 Deadline Dates**

<u>Class</u>	<u>Title</u>	<u>Cutoff</u>
1/14-1/19	CHR First Responder	<b>11/9/07</b>
2/25-2/29	CHR Refresher	12/17/07
2/25-3/7	CHR Basic	<b>11/9/07</b>
3/24-3/29	CHR First Responder	1/14/08
4/1-4/3	CHR FR Refresher	1/21/08
4/14-4/18	CHR Refresher	2/4/08
4/14-4/25	CHR Basic	12/21/07
4/22-4/24	CHR FR Refresher	2/12/08
4/29-5/1	CHR FR Refresher	2/19/08
5/5-5/10	CHR First Responder	2/25/08
5/19-5/24	CHR First Responder	3/10/08
6/16-6/20	CHR Refresher	4/7/08
6/16-6/27	CHR Basic	2/25/08
7/8-7/10	CHR FR Refresher	4/28/08
7/21 -7/26	CHR First Responder	5/12/08
8/12-8/14	CHR FR Refresher	6/3/08

**Register today!!!  
 Classes fill quickly!!**

