

Hepatitis C

Recommendations



Management and Treatment of Hepatitis C Viral Infection (2006)
Review of management, treatment, patient selection, and monitoring
www.hepatitis.va.gov/vahep?page=prtop04-gd-2006-00



Management and Treatment of Hepatitis C Virus Infection in HIV-Infected Adults (2005)
Recommendations from the VA Hepatitis C Resource Center Program and National Hepatitis C Program Office
www.hepatitis.va.gov/vahep?page=prtop06-gd-01



Evaluation and Management of Patients with Chronic Hepatitis C
Pocket card and slide set covering risk factors, management, prevention, vaccination, treatment. Print copies available from EES (#F60286)
www.hepatitis.va.gov/vahep?page=prtop03-ct-01



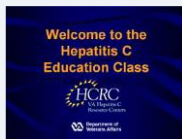
Evaluating Liver Test Abnormalities: Understanding the Pathophysiology of Liver Disease
Web-based course for midlevel health care providers
www.hepatitis.va.gov/vahep?page=prtop02-ed-01

Vaccination



Vaccination Against Hepatitis A and B (rev 9/08)
Poster and pocketcard for deciding which patients should receive these vaccines. Print copies available from EES: poster (#F60762); pocketcard (#F60763)
www.hepatitis.va.gov/vahep?page=prtop07-ct-01

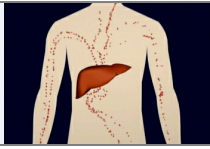
Patient Education



Hepatitis C Education Class
*Course guide, slide set and script, slideshow and audio covering what hepatitis C is, risk factors, liver health, treatment. Print copies of course guide, **Conducting and Coordinating a Patient Education Class on Hepatitis C**, available from EES (#F60644)*
www.hepatitis.va.gov/vahep?page=prtop05-pe-01



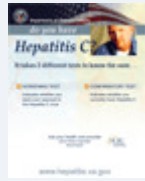
All About Your Liver
A guide for HCV education in populations with cognitive difficulties (SPMI, Day Treatment, brain injury, methadone dosing, etc.) presented in smaller segments and more interactively. Print copies available from EES (#F60645)
www.hepatitis.va.gov/vahep?page=prtop05-pe-02



Living with Hepatitis C: Patient Education Video

26-min streaming video in 4 parts on the liver; hepatitis A, B, and C; treatment; and healthy living

www.hepatitis.va.gov/vahep?page=prtyp-video-00



Do You Have Hepatitis C? It Takes 2 Different Tests to Know for Sure

Patient flyers on the need for confirmatory tests

www.hepatitis.va.gov/vahep?page=prtop02-pe-02



Hepatitis C: An Introductory Guide for Patients

A primer on hepatitis C, including information on the liver's functions, laboratory tests, and treatment. Print copies available from Hines (#IB 10-212, P96229)

www.hepatitis.va.gov/vahep?page=basics-hcv-booklet



ABCs of Hepatitis

A 2-page guide to the symptoms, treatment, and prevention of hepatitis A, B, and C

<http://www.hepatitis.va.gov/vahep?page=prtop07-pe-01>



Patient Education Brochures

This series is designed to educate veterans and their families on all aspects of the liver and hepatitis A, B, and C. Print copies available from EES (check website for order numbers)

www.hepatitis.va.gov/vahep?page=pttyp-brochures-00



Patient Education Wallet Cards

Wallet-sized cards on hepatitis A, B, and C, healthy living, transmission, and testing

<http://www.hepatitis.va.gov/vahep?page=pttyp-cards-00>



Managing Side Effects of Hepatitis C Treatment

This guide is intended to help patients understand and manage the side effects of interferon therapy.

www.hepatitis.va.gov/vahep?page=treat-effects-booklet

Support, Mental Health, and Substance Use



Initiating and Maintaining a Hepatitis C Support Group

A 48-page guide for any provider wishing to conduct a support group for patients with HCV. Print copies available from Hines (#IB 10-176, P95968)

www.hepatitis.va.gov/vahep?page=prtop03-ed-01



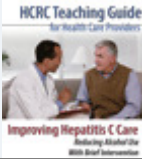
Depression and Its Impact in Hepatitis C Infection

Web-based course for midlevel health care providers

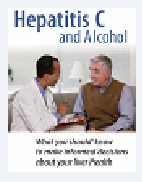
www.hepatitis.va.gov/vahep?page=prtop03-ed-04




Toolkit: Reducing Alcohol Use with Brief Intervention
The toolkit contains the following provider guide and patient education materials for motivational interviewing of HCV patients with problem drinking.
www.hepatitis.va.gov/vahep?page=prtop03-wp-01-res




HCRC Teaching Guide for Health Care Providers
This 20-page guide provides an overview for the provider on how to conduct brief intervention to reduce alcohol use among patients with hepatitis C; resource for Reducing Alcohol use with Brief Intervention
www.hepatitis.va.gov/vahep?page=prtop03-wp-01




Hepatitis C and Alcohol
Tri-fold patient educational brochure highlighting the dangers of heavy alcohol use on liver disease; resource for Reducing Alcohol Use with Brief Intervention. Print copies available from Hines (#IB 10-205, P96217)
www.hepatitis.va.gov/vahep?page=prtop03-alc_brochure



Drinking Diary Card and Change Plan
Patients can record their alcohol use over a 4-week period on this wallet card as a way to monitor their drinking behavior; resource for Reducing Alcohol Use with Brief Intervention
www.hepatitis.va.gov/vahep?page=prtop03-alc_walletcard




Motivational Counseling Card
Scripts offering a helpful way to begin a patient-centered discussion about lifestyle issues impacting liver health, such as heavy drinking; resource for Reducing Alcohol Use with Brief Intervention.
www.hepatitis.va.gov/vahep?page=prtop03-alc_counselcard

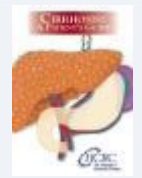


AUDIT-C Feedback Card
A graphic to provide patients normative feedback about their level of alcohol use compared to other veterans based on their AUDIT-C score; resource for Reducing Alcohol Use with Brief Intervention
www.hepatitis.va.gov/vahep?page=prtop03-audit_c

End-Stage Liver Disease



Treatment of Patients with Cirrhosis and Portal Hypertension
 (2003; updated version due out in 2009)
Literature review and summary of recommended interventions. Print copies available from Hines (#IB 10-177, P95969)
www.hepatitis.va.gov/vahep?page=prtop08-01-gd-01




Cirrhosis: A Patient's Guide
This 30-page patient handbook explains basic facts about the liver and the liver disease cirrhosis. Print copies available from Hines (#IB 10-199, P96211)
www.hepatitis.va.gov/vahep?page=prtop08-01-pe-01



Considering a Liver Transplant: From a Veteran's Point of View
Patient booklet on liver transplant
www.hepatitis.va.gov/vahep?page=trans-book

Field Practice and Data



Survey to Assess Hepatitis C Care in VHA (2007)
Results of hepatitis C clinicians' survey designed to provide a better understanding of how hepatitis C care is provided throughout VHA.
vaww.hepatitis.va.gov/vahep?page=prin-survey-hcv

Ordering Information for Print Products

From HINES (order numbers begin with "IB/P"):

Depending on your facility, order via your Forms and Publications Control Officers or Supply/Warehouse staff who have access to "FPOrders," the automated ordering system for the Service and Distribution Center (SDC) at Hines. For a facility listing of Forms and Publications Officers, go to <http://vaww1.va.gov/vhacio/comm/index.cfm>.

From EES (order numbers begin with "F"):

With the VA Learning University (VALU) and Employee Education System (EES) product ordering system, all VA employees can order products and have them shipped directly to the individual who requested it or to themselves. The order form is in the VA Learning Management System (VA LMS) on the description page of all orderable products.

As a user, all you have to do is:

1. Find the product in the VA LMS (<https://www.lms.va.gov/plateau/user/login.jsp>)
2. Click on the title of the product to go to the description page
3. Click on the "Order this Product" link under the "Related Documents" tab at the bottom of the page to open the order form.
4. Follow the instructions on the document.

The distribution staff will process the order and send you a confirmation email and tracking number. Due to VA policy, products cannot be shipped to home addresses. For questions and/or more information about the ordering process, please contact the distribution team by sending an email to EESDistribution@va.gov.

For questions about EES product availability, please contact Mary Fakes (Mary.Fakes@va.gov).