



# Richmond Veterans Affairs Medical Center Post-Graduate Year 1 Pharmacy Residency



## Richmond VAMC

- 427 bed Tertiary Referral Center
- Academic affiliation with VCU / Medical College of Virginia
- Over 42,000 Veterans cared for annually
- 33,300 Outpatient Visits monthly

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### The PGY1 Residency at Richmond VAMC is a Primary Care Focus Program.

Pharmacists completing this residency will be able to effectively manage their own practice and function competently and confidently in multiple health care environments. These pharmacists will exercise skill in educating other health care professionals, patients, and students on drug related topics. They will demonstrate a style of practice which reflects self-initiation, problem solving, self-assessment and advancement of the profession of pharmacy. Graduates of the program should be able to develop, implement and maintain clinical pharmacy services in a variety of primary healthcare delivery settings. Program graduates should possess the capabilities of recognizing, stimulating and participating in administrative and clinical research and will be qualified to assume a leadership position in clinical pharmacy. Upon completion of the program, these pharmacists will possess marketable skills for the current and future job environment.

### Clinical Pharmacy Services

- **Since 1972**
- **Anticoagulation Clinic:** over 1200 outpatients enrolled
- **Primary Care Clinics**
- **Home Based Primary Care**
- **Community Based Outpatient Clinics**
- **Drug Information**

### Components of Residency Experience

**Primary Care Clinics** (see Residents' Schedule page 3)

#### **Projects**

MUE  
P&T agenda, monograph review  
Newsletters

#### **Presentations**

Bimonthly PSAP Discussions  
Clinical Pharmacy Seminars  
Eastern States Residency Conference

#### **Teaching**

VCU / MCV School of Pharmacy Lectures  
VCU / MCV School of Pharmacy Student Precepting  
Teaching and Learning Certificate Program  
through VCU / MCV School of Pharmacy  
Patient Education  
Staff Education

### ***to contact us***

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# Richmond Veterans Affairs Medical Center

## Preceptors & Residents



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### Residency Preceptors

**Mark Bernas, PharmD**

Clinical Pharmacy Specialist

[Mark.Bernas@VA.Gov](mailto:Mark.Bernas@VA.Gov)

Practice areas: Anticoagulation, Internal Medicine

**Meredyth Nelson, PharmD, MSHA**

Chief, Pharmacy Service

[Meredyth.Nelson@VA.Gov](mailto:Meredyth.Nelson@VA.Gov)

Practice areas: Management, Home Based Primary Care

**Meredith Bremer, PharmD, BCPS**

Clinical Pharmacy Specialist

[Meredith.Bremer@VA.Gov](mailto:Meredith.Bremer@VA.Gov)

Practice areas: Primary Care, Non-Formulary Drug Request Reviewer

**William Rock, PharmD, CACP**

Director, Anticoagulation Clinic

[William.Rock@VA.Gov](mailto:William.Rock@VA.Gov)

Practice areas: Anticoagulation

**Brandi Cummings, PharmD, BCPS**

Director, Pharmacy Residency Program

[brandi.cummings@va.gov](mailto:brandi.cummings@va.gov)

Practice areas: Primary Care Clinics, Anticoagulation

**Allison Johnson, PharmD**

Clinical Pharmacy Specialist

[Allison.Johnson@va.gov](mailto:Allison.Johnson@va.gov)

Practice areas: Anticoagulation, Primary Care, Community Based Outpatient Clinic

**William Lipps, PharmD**

Chief, Pharmacotherapy Section

[William.Lipps@VA.Gov](mailto:William.Lipps@VA.Gov)

Practice areas: Secretary to P&T Committee, Drug Information, Non-Formulary Drug Request Reviewer, Geriatrics

**Ximena Valdez, PharmD**

Clinical Pharmacy Specialist

[Ximena.Valdez@va.gov](mailto:Ximena.Valdez@va.gov)

Practice areas: Anticoagulation, Primary Care

**Heather Musolin Sudduth, PharmD**

Clinical Pharmacy Specialist

[Heather.Musolin@VA.Gov](mailto:Heather.Musolin@VA.Gov)

Practice areas: Home Based Primary Care, Anticoagulation, Primary Care

**Melissa Williams, PharmD**

Clinical Pharmacy Specialist

[Melissai.Williams@VA.Gov](mailto:Melissai.Williams@VA.Gov)

Practice areas: Home Based Primary Care, Anticoagulation, Primary Care, Teaching liaison with VCU / MCV School of Pharmacy

### Residents 2008 • 2009

	<b>School of Pharmacy</b>	<b>Email Address</b>
<b>Linda M. Johnson, PharmD</b>	Howard University	<a href="mailto:Linda.Johnson9@VA.Gov">Linda.Johnson9@VA.Gov</a>
<b>Leela Kodali, PharmD</b>	University of Tennessee, Memphis	<a href="mailto:Leela.Kodali@VA.Gov">Leela.Kodali@VA.Gov</a>
<b>Kimberly D. Martin, PharmD</b>	Hampton University	<a href="mailto:Kimberly.Martin@VA.Gov">Kimberly.Martin@VA.Gov</a>
<b>Erica A. Wonson, PharmD</b>	Northeastern University	<a href="mailto:Erica.Wonson@VA.Gov">Erica.Wonson@VA.Gov</a>



# Richmond Veterans Affairs Medical Center

## Residents' Schedule



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	Monday	Tuesday	Wednesday	Thursday	Friday
AM	<b>1° care:</b> Residents 2, 3, & <b>AC:</b> Resident 1	<b>CBOC:</b> Resident 3 <b>AC:</b> Resident 4 <b>Management:</b> Resident 1 <b>Clinical Pharmacy Seminar:</b> Monthly	<b>PSAP: q 2 weeks</b> <b>DI:</b> Resident 3 <b>AC:</b> Resident 1 <b>Elective:</b> Resident 4 <b>HBPC:</b> Resident 2	<b>CBOC:</b> Resident 3 <b>AC:</b> Resident 2 <b>Management:</b> Resident	<b>DI:</b> Resident 3 <b>Elective:</b> Resident 4 <b>Management:</b> Resident 1 <b>Journal Club</b> 1st Friday @ month <b>Grand Rounds</b> every Friday
PM	<b>AC:</b> Resident 3 <b>Elective:</b> Resident 4	<b>1° care:</b> Residents 1 & <b>CBOC:</b> Resident 3 <b>HBPC:</b> Resident 2	<b>DI:</b> Resident 3 <b>AC:</b> Residents 1 & 4 <b>HBPC:</b> Resident 2	<b>1° care:</b> Residents 1 & <b>AC:</b> Resident 4 <b>CBOC:</b> Resident 3	<b>1° care:</b> Residents 2 & 4 <b>AC:</b> Resident 2

### Legend:

#### Primary Care Clinic: 1° care

Residents and preceptors staff this clinic providing management of chronic disease states with a focus on the *Metabolic Syndrome: Hypertension, Dyslipidemias, Diabetes, Impaired Fasting Glucose, Tobacco use, Lack of Exercise.*

#### HBPC: Home Based Primary Care

Residents pair with a clinical pharmacist and perform initial and quarterly pharmacotherapy evaluations of patients who receive home based primary care. Besides primary care, issues addressed are primarily geriatric conditions and polypharmacy. Pharmacist clinicians meet to discuss recommendations once a week during interdisciplinary team rounds.

#### AC: Anticoagulation Clinic

This is our oldest Pharmacotherapy Clinic. The AC serves over 1200 veterans. We focus on oral anticoagulation, acute treatment of venous thromboembolism, and peri-procedural management of anticoagulation.

#### Community Based Outpatient Clinic: CBOC

CBOCs are satellite clinics affiliated with a larger VAMC hospital. The CBOCs provide primary care services and some specialty services to Veterans. Clinical Pharmacists provide patient counseling, medication dispensing, and direct patient care at these locations. Currently, the Richmond VAMC has a CBOC in Charlottesville, VA and Fredericksburg, VA.

#### PSAP Discussions:

Bimonthly, residents and preceptors meet to discuss a PSAP (Pharmacotherapy Self Assessment Program) chapter. This prepares residents for the BPS exam after completion of the residency.

#### Drug Information / Medication Utilization Evaluation (MUE): DI

During 1 month, each resident rotates with the Chief of Pharmacotherapy / Secretary of the P&T committee. Residents assist with Drug Information Questions, Non-Formulary Drug Request Evaluation, and MUE.

#### Clinical Pharmacy Seminar: (2<sup>nd</sup> Tuesday of each month)

Monthly, clinical pharmacy specialists and residents present a seminar to a target audience of pharmacy staff.

#### Weekend Staffing:

Residents work one weekend day every 2 weeks in the inpatient pharmacy, 8-hour shifts Saturdays & Sundays. Weekend frequency depends on number of residents each year.

#### Internal Medicine: (1 month)

Residents round with a medicine team consisting of an attending physician, resident, interns, and medical students. Pharmacy residents improve drug information skills, learn about acute medical states, and have an opportunity to perform more in depth physical assessment.

#### Management Rotation: (2 month rotation)

The resident works closely with the Chief of Pharmacy to gain perspective on administrative responsibilities of pharmacy service. The resident attends a variety of upper management meetings and assists the Chief of Pharmacy with administrative projects.

#### Elective Experiences:

Each resident will have dedicated time to select elective experiences. During a 2-3 month interval, a resident may dedicate 3 half-days (mornings or afternoons) per week to elective experiences. Experiences include most services at our teaching institution.



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## Application process



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**Due Date:** January 5, 2009

**Eligibility:** applicants must be US citizens

- ✓ Completed Veterans Affairs [Application for Associated Health Occupations](#)
- ✓ Letter of Intent
- ✓ Curriculum Vitae
- ✓ Transcripts from pre-pharmacy and pharmacy studies. These do not need to be official transcripts.
- ✓ Three reference letters or [ASHP reference forms](#)
  - Letters preferred
  - Input from preceptors from clinical rotations preferred
  - Preceptors may send letters by email or facsimile

**How to Submit:**

- ✓ Traditional US mail (preferred)
- Electronic Mail
- Facsimile

**Formal Interview:**

- Candidates will be contacted about a formal interview

**Selection:**

- Residency selection is made through ASHP Resident Matching Program (The Match). The Match is administered on behalf of the ASHP by [National Matching Services Inc.](#)

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