

The Southeast Louisiana Veterans Health Care System offers six locations throughout southeast Louisiana providing primary care and mental health services.



- * Baton Rouge
- * Hammond
- * Houma
- * New Orleans
- * Slidell
- * St. John Parish

We also provide dental care for eligible veterans in Baton Rouge and Mandeville

**SOUTHEAST LOUISIANA VETERANS
HEALTH CARE SYSTEM**

1-800-935-8387

website: www.neworleans.va.gov

**REMINDER: The Southeast Louisiana Veterans
Health Care System Facilities/Clinics will not
serve as an Emergency Shelter**

BE PREPARED

Hurricane Season

Hurricane
Preparedness
Guide for
Veteran Patients



SOUTHEAST LOUISIANA VETERANS
HEALTH CARE SYSTEM



As a Veteran Patient

Be prepared this Hurricane Season

In the event of evacuation, you should consider:

Medications / Prescriptions

Patients should be prepared:

- Keep 15 days of medication and supplies on hand. Do not allow your supply to go below 15 days.
- For medications that require refrigeration - have a small portable cooler or ice chest ready for easy transport
- Bring prescription bottles - whether full or empty of all medications that you are currently taking
- For prescription needs while evacuated; call this special Patient Information number:

1-800-507-4571

Follow-up Care/Scheduled Appointments

- Keep a record of scheduled appointments for follow-up visits, lab work and specialty care services
- For urgent care needs that require continuing care while you are evacuated call **1-800-507-4571**
- Once you have returned to the Southeast Louisiana Veterans Health Care System area, please re-schedule any appointments you may have missed by calling **1-800-935-8387**

Checklist of Additional Items

Two week supply of each item per person
WATER - 18 1/2 gallons of water per person (1/2 gallon for drinking, 2 gallons for bathing)

FOOD - Ready-to-eat canned food
> canned juices, milk, soup
> Snacks: cookies, cereals, etc.
> Soft drinks, instant coffee, tea

MEDICINE - First aid kit including:
> aspirin, non-aspirin pain reliever, antacid, antiseptic, scissors, Mosquito repellent, etc.

Personal Hygiene/ Care Items

- Toilet paper, towels, soap, shampoo
- Personal and feminine hygiene products
- Denture needs, eyeglasses/contacts
- Sun protection, insect repellent

Other Supplies

- Battery operated radio, clock, flashlights, non-electric can opener, extra batteries
- ABC rated fire extinguisher in a small canister
- Portable cooler and ice
- Plenty of towels, plastic trash bags
- Trap or sheet plastic, duct tape, hammer and nails for temporary roof repairs
- Cleaning supplies such as bleach
- Paper napkins, plates and cups
- At least one change of clothing per person, sturdy shoes, hat and gloves
- Pillows and blankets or sleeping bags

Pets

- Canned food, newspapers or cat litter
- ID tags, collar, leash and health records
- Pet carrier and plastic sheets for floor

Be Prepared

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