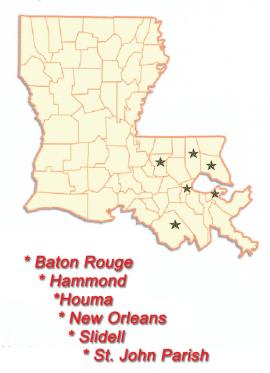
The Southeast Louisiana Veterans Health Care System offers six locations throughout southeast Louisiana providing primary care and mental health services.



We also provide dental care for eligible veterans in Baton Rouge and Mandeville

SOUTHEAST LOUISIANA VETERANS HEALTH CARE SYSTEM

1-800-935-8387

website: www.neworleans.va.gov

BE PREPARED

Hurricane
Preparedness
Guide for
Veteran Patients





As a Veteran Patient Be prepared this Hurricane Season

In the event of evacuation, you should consider:

Medications / Prescriptions

Patients should be prepared:

- Keep 15 days of medication and supplies on hand. Do not allow your supply to go below 15 days.
- For medications that require refrigeration - have a small portable cooler or ice chest ready for easy transport
- Bring prescription bottles whether full or empty of all medications that you are currently taking
- For prescription needs while evacuated; call this special Patient Information number:

1-800-507-4571

Follow-up Care/Scheduled Appointments

- Keep a record of scheduled appointments for follow-up visits, lab work and specialty care services
- For urgent care needs that require continuing care while you are evacuated call 1-800-507-4571
- Once you have returned to the Southeast Louisiana Veterans Health Care System area, please re-schedule any appointments you may have missed by calling 1-800-935-8387

Checklist of Additional Items

Two week supply of each item per person WATER - 18 1/2 gallons of water per person (1/2 gallon for drinking, 2 gallons for bathing)

FOOD - Ready-to-eat canned food

- > canned juices, milk, soup
- > Snacks: cookies, cereals, etc.
- > Soft drinks, instant coffee, tea

MEDICINE - First aid kit including: > asprin, non-asprin pain reliever, antacid, antiseptic, scissors, Mosquito repellent, etc.

Personal Hygiene/ Care Items

- Toilet paper, towels, soap, shampoo
- Personal and feminine hygiene products
- Denture needs, eyeglasses/contacts
- Sun protection, insect repellent

Other Supplies

- Battery operated radio, clock, flashlights, non-electric can opener, extra batteries
- ABC rated fire extinguisher in a small canister
- Portable cooler and ice
- Plenty of towels, plastic trash bags
- Trap or sheet plastic, duct tape, hammer and nails for temporary roof repairs
- Cleaning supplies such as bleach
- Paper napkins, plates and cups
- At least one change of clothing per person, sturdy shoes, hat and gloves
- Pillows and blankets or sleeping bags

Pets

- Canned food, newspapers or cat litter
- ID tags, collar, leash and health records
- Pet carrier and plastic sheets for floor

Be Prepared

REMINDER: The Southeast Louisiana Veterans Health Care System Facilities/Clinics will not serve as an Emergency Shelter