

**National PBM Drug Monograph**  
**Alpha<sub>1</sub>-Proteinase Inhibitor Human (Zemaira®)**  
**VHA Pharmacy Benefits Management Strategic Healthcare Group**  
**and Medical Advisory Panel**

**INTRODUCTION**

Zemaira was approved in July 2003 and is the third alpha<sub>1</sub>-proteinase inhibitor (A<sub>1</sub>-PI) to enter the market. Prolastin has been available since 1989 and Aralast was approved in December 2002.

A<sub>1</sub>-PI is indicated for chronic augmentation and maintenance therapy in individuals with alpha<sub>1</sub>-proteinase inhibitor deficiency (also referred to as alpha<sub>1</sub>-antitrypsin deficiency) and clinical evidence of emphysema. Alpha<sub>1</sub>-proteinase inhibitor deficiency is an autosomal, co-dominant, hereditary disorder characterized by low serum and lung levels of A<sub>1</sub>-PI. There are many genetic variants of A<sub>1</sub>-PI deficiency, only some of which result in very low levels of A<sub>1</sub>-PI. The more severe types are the PiZZ, PiZ(null) and Pi(null)(null) phenotypes.

Alpha-1 proteinase inhibitor is needed to inhibit neutrophil elastase (NE), which degrades protein components of the alveolar wall. Serum A<sub>1</sub>-PI levels less than 11µM (80mg/dL) are associated with the risk of prematurely developing emphysema. It is hoped that increasing A<sub>1</sub>-PI, via augmentation therapy, will ameliorate the progression of emphysema. Unfortunately, there are no randomized controlled trials definitively showing the clinical efficacy of augmentation therapy with A<sub>1</sub>-PIs. Currently, outcome data comes from patients enrolled in alpha 1- antitrypsin deficiency registries.

Certain phenotypes are uncommonly associated with development of liver disease or cirrhosis. Replacement with A<sub>1</sub>-PI is not thought to ameliorate the development of liver disease.

**UTILIZATION**

Currently, none are listed on the VANF or on the VISN formularies. Table 1 shows VA use of A<sub>1</sub>-PI over a 1-year period.

**Table 1. A<sub>1</sub>-PI use (Q1fy03-q4fy03)**

	<b>Total Rxs</b>	<b>Total quantity</b>	<b>30-day Rxs</b>
A <sub>1</sub> -PI 1000mg	238	903,745	242
A <sub>1</sub> -PI 500mg	50	250	50

**PURIFICATION**

A<sub>1</sub>-PI is derived from pooled human plasma. The product undergoes a viral reduction process, via pasteurization and 2 sequential ultrafiltration steps, to remove and/or inactivate enveloped and non-enveloped viruses. This viral reduction process has been validated using *in vitro* studies with the following viral agents: HIV, HAV, Bovine Viral Diarrhea Virus (BVDV) as model virus for HCV, Canine Parvovirus (CPV) as a model for Parvovirus B19, and Pseudorabies Virus (PRV) as a non-specific model virus.

**CLINICAL TRIALS**

There are no published clinical trials using Zemaira. The following information was obtained from the product package insert. The FDA transcripts have not been posted to the FDA website. The manufacturer, Aventis Behring was contacted and asked to provide more in depth details of the study. They replied that they were unable to do so.

The following study demonstrates comparability of Zemaira to Prolastin using trough serum alpha-1 proteinase inhibitor levels as the primary outcome of interest. In a randomized, double-blind study, 44 patients with A<sub>1</sub>-PI deficiency received Zemaira or Prolastin 60mg/kg once weekly for 10 weeks. After the 10-week period, all patients received Zemaira for 14 weeks. Ninety-seven of patients had the PiZZ phenotype.

**Table 2. Trough Serum A<sub>1</sub>-PI levels**

Steady state trough serum antigenic A <sub>1</sub> -PI level at weeks 7-11	
Zemaira (n=30)	17.7 ± 2.5µM (13.9 – 23.2)
Prolastin (n=14)	19.1 ± 2.2µM (14.7 – 23.1)
Mean ± SD (range)	

A subgroup of 15 patients underwent bronchoalveolar lavage at baseline and week 11. Measurements in epithelial lining fluid (ELF) included antigenic A<sub>1</sub>-PI, free neutrophil elastase (NE), A<sub>1</sub>-PI: NE complexes, and functional A<sub>1</sub>-PI (anti-neutrophil elastase capacity, ANEC). Free neutrophil elastase was immeasurably low in all samples.

**Table 3. Epithelial Lining Fluid Analytes**

	Zemaira (n=10)	Prolastin (n=5)
Δ A <sub>1</sub> -PI (nM)	1358.3 [822.6, 1894]	949.9 [460, 1439.7]
Δ A <sub>1</sub> -PI: NE complexes (nM)	118 [39.9, 196.1]	287.1 [49.8, 524.5]
Δ ANEC (nM)	-588.1 [-2032.3, 856.1]	497.5 [-392.3, 1387.2]
Post-tx ANEC (nM)	1725	1418
Mean [95% CI]		

**SAFETY**

The following adverse events were observed in 1% of patients: asthenia, injection site pain, dizziness, headache, paresthesia, and pruritus.

A retrospective analysis of COPD exacerbation was performed in the clinical trial previously described. There was a 44% difference in exacerbation rate between the 2 products with a wide confidence interval of [95% CI 8%, 70%]. Over the entire 24-week study, which includes the open-label phase (n=30), 7 patients had a total of 11 exacerbations of COPD.

**Table 4. COPD exacerbation during 10-week blinded portion of study**

	Zemaira	Prolastin
COPD exacerbation (n/%)	6 (20%)	9 (64%)
Total # of COPD exacerbations	7	11

**CONTRAINDICATIONS/WARNINGS**

A<sub>1</sub>-PI is contraindicated in individuals with selective IgA deficiencies who have antibodies against IgA. These patients may experience severe reactions such as anaphylaxis.

Zemaira is contraindicated in individuals with a history of anaphylaxis or severe systemic response to A<sub>1</sub>-PI products.

Several measures have been taken to reduce the risk of viral transmission. Despite these measures, the product may still carry the risk of transmitting infectious agents.

**DOSAGE AND ADMINISTRATION**

The recommended dose is 60mg/kg administered once weekly. At this dose, serum A<sub>1</sub>-PI levels are maintained above the target threshold of 11µM. The IV rate of administration is 0.08mL/kg/min as determined by patient comfort. In general, the infusion should take approximately 15 minutes.

Each vial contains approximately 1000mg of functionally active A<sub>1</sub>-PI that must be reconstituted with 20ml of sterile water for injection. Several vials may be needed to provide the required dose. Allow product to reach room temperature prior to reconstitution. Once reconstituted, transfer the solution from the vials into an empty IV bag or glass IV bottle. Use within 3 hours of reconstitution.

## PRODUCT COMPARISON

All 3 products are available as single-use vials.

	<b>Zemaira</b>	<b>Aralast</b>	<b>Prolastin</b>
Volume of sterile water for injection needed to reconstitute 1000mg	20ml	50ml	40ml
Time needed to infuse product at a rate of 0.08ml/kg/hr	~ 15 minutes	~ 37.5 minutes	~ 30 minutes
Product storage	May be stored up to 77°F and is stable for the period indicated by the expiration date on the label. Avoid freezing	Store at 35-46°F or at temperatures not to exceed 77°F. Once removed from refrigeration, must be used within 1 month. Do not freeze.	Store at 36-46°F or at temperatures not to exceed 77°F. Avoid freezing.
Cost	1000mg- \$300/vial	Has not yet been offered 500mg 1000mg	1000mg - \$150/vial 500mg - \$80/vial

## RECOMMENDATION

The recommendation is to not add to the National or the VISN formularies.